



ProQuO Overseas

PROVIDING QUALITY

ABOUT US

Proquo Overseas is your trusted source for premium agricultural products, offering a diverse selection of agricultural products. We are committed to providing our customers with the highest quality goods, meticulously sourced and carefully prepared to meet international standards.

Our dedication to excellence ensures that every product from Proquo Overseas delivers exceptional taste, purity, and value. At Proquo Overseas, we take pride in being a trusted name in the global agricultural trade, offering a precisely curated portfolio of premium products that reflect the richness of India's farming heritage and the precision of modern quality standards.

PROQUO OVERSEAS is a leading exporter of premium agro products from India, headquartered in Panchkula, Haryana. With a robust operational capacity and a dedicated team of 20 seasoned professionals, we bring over 15 years of collective industry expertise to every partnership.

We specialize in delivering high-quality agricultural commodities to global markets, backed by a commitment to excellence, integrity, and innovation. Our value-added services include complimentary consulting on customs procedures and documentation, ensuring smooth and compliant international transactions.

At PROQUO OVERSEAS, our operations are anchored in a strong value system and a commitment to global best practices. From sourcing and quality assurance to packaging, logistics, and client engagement, we uphold rigorous standards across every touchpoint. Our goal is to foster enduring partnerships built on trust, transparency, and consistent performance—delivering not just products, but complete solutions tailored to the evolving needs of international markets.

OUR MISSION

At PROQUO OVERSEAS, our mission is to deliver premium agricultural products to global markets with unwavering commitment to quality, integrity, and innovation. We strive to empower our clients through reliable sourcing, transparent processes, and value-added services that simplify international trade. By blending traditional agricultural excellence with modern logistics and branding, we aim to build enduring partnerships and contribute meaningfully to the global food supply chain.



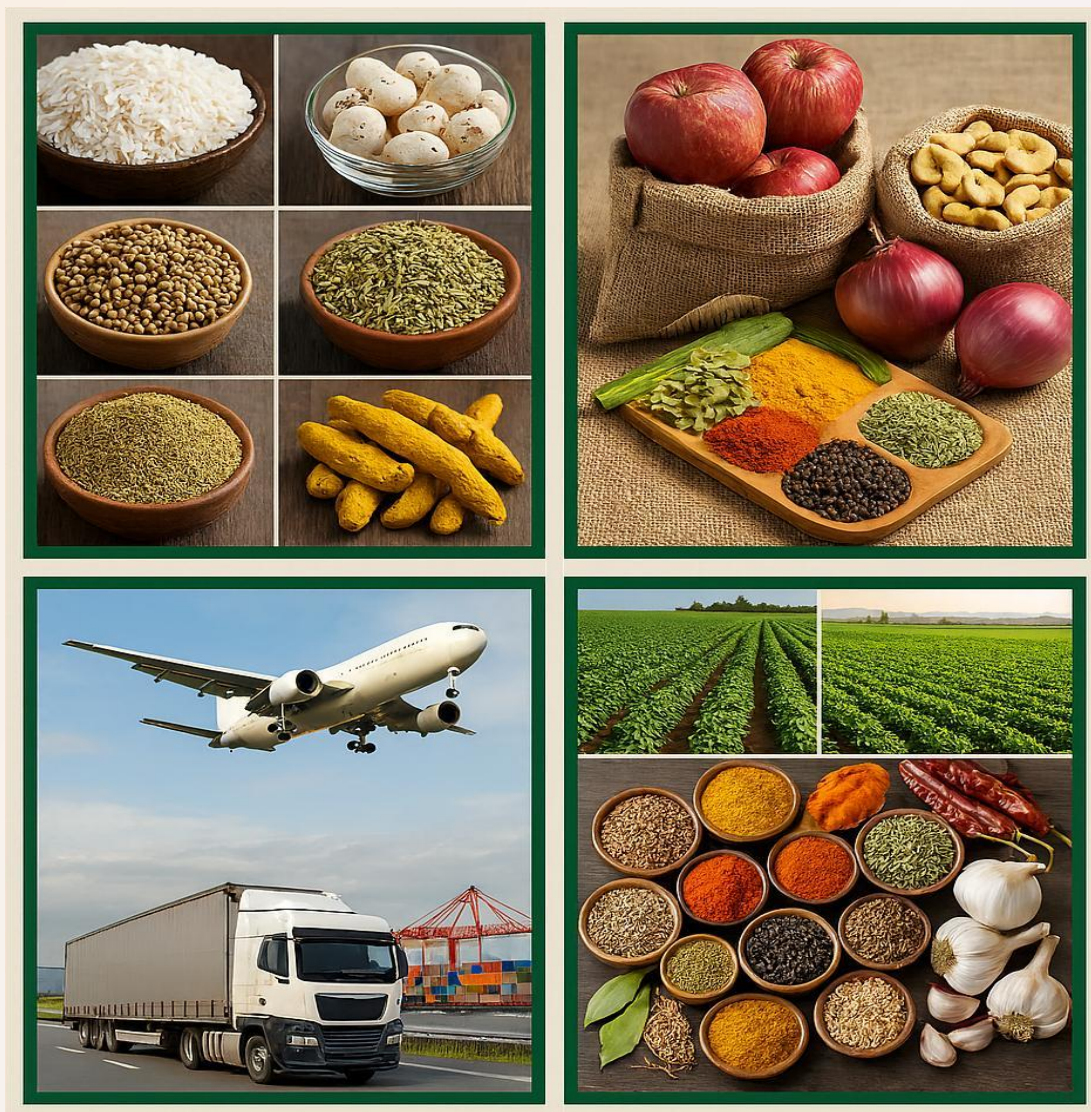
ProQuO Overseas

PROVIDING QUALITY

Beyond commerce, we are driven by a deeper purpose—to support global food security, uplift farming communities, and promote sustainable agricultural practices that benefit humanity and the planet. Through ethical trade and responsible innovation, we envision a world where nourishment, dignity, and opportunity are accessible to all.

OUR VISSION

"To become a globally trusted force in India's agricultural excellence—delivering premium, culturally rich products with integrity, innovation, and pride. We envision a future where every grain we export carries the story of quality, sustainability, and heartfelt craftsmanship, connecting farms to families across borders, while consistently exceeding customer expectations through reliability, transparency, and care."





ProQuO Overseas

PROVIDING QUALITY

Global-Standard Quality, Rooted in Tradition

We specialize in sourcing, processing, and exporting a wide range of agricultural commodities—from staple grains and aromatic spices to nutrient-rich dry fruits and wellness-focused superfoods. Every product is selected with care, handled with integrity, and packaged to preserve its natural goodness.

Our commitment to excellence is reflected in:

- Rigorous Quality Control across sourcing, processing, and packaging
- Sustainable and Ethical Practices that support farmers and ecosystems
- Custom Packaging Solutions tailored to international market needs
- Traceability and Transparency in every batch we deliver

Why Choose Proquo Overseas?

- Diverse Product Portfolio: From Basmati rice and makhana to spices, teas, fruits, Dehydrated Products and pulses
- Export-Ready Certifications: APEDA, FSSAI, IEC, ICEGATE compliance for seamless global trade
- Customer-Centric Approach: Flexible logistics, competitive pricing, and responsive service
- Innovation Meets Tradition: Offering modern snacks alongside heritage grains and spices

Whether you're a wholesaler, retailer, or health-conscious brand, Proquo Overseas is your reliable partner in delivering agricultural products that combine taste, purity, and value—with every shipment.



ProQuO Overseas

PROVIDING QUALITY

OUR PRODUCTS

Proquo Overseas – Premium Agricultural Products Portfolio

We offer a diverse and export-ready selection of agricultural goods, carefully categorized for ease of reference and tailored to meet international standards.

GRAINS

Indian grains represent nourishment and tradition, cultivated across diverse regions with care. From aromatic basmati rice and nutrient-rich millets to wholesome wheat and pulses, India's grains are prized for quality, versatility, and health benefits. At Proquo Overseas, we guarantee purity, freshness, and global-standard packaging. Each shipment reflects India's agricultural heritage and commitment to excellence, bringing sustainable nutrition to households and industries worldwide. With their natural richness and adaptability, Indian grains remain a trusted choice, delivering taste, strength, and cultural authenticity across global markets.

In addition to rice and pulses, our portfolio includes a wide selection of quality grains, such as :

- Maize
- Daliya
- Oats
- Puffed Rice
- Poha
- Sabudana
- Semolina
- Barley
- Little Millet
- Green-Yellow Millet

RICE

India is the world's largest rice exporter, contributing nearly 40% of global trade with over 20 million tons shipped annually. Renowned for purity, aroma, and nutrition, basmati rice delights with long grains and delicate flavor, while non-basmati varieties like Sona Masoori, IR 64, Ponni, and Kerala Matta meet diverse culinary needs. Exported as raw, parboiled, golden sella, and broken rice, Indian rice caters to households, industries, and health-conscious consumers worldwide. At Proquo Overseas, we uphold strict quality, hygiene, and



ProQuO Overseas

PROVIDING QUALITY

packaging standards, delivering authentic taste and India's agricultural heritage to global tables with every shipment.

✧ Rice Varieties

• BASMATI RICE

- 1121 Golden Sella Rice
- 1121 White Sella Rice
- 1121 Steam Rice
- 1121 Raw Rice
- 1401 Raw Rice
- 1718 Golden Sella Rice
- 1718 Sella Rice
- 1718 Steam Rice
- 1718 Raw Rice
- 1509 Golden Sella Rice
- 1509 Sella Rice
- 1509 Steam Rice

• NON BASMATI RICE

- PR11 Golden Sella Rice
- PR11 Sella Rice
- PR11 Steam Rice
- Sona Masori Raw RICE
- Sona Masori Steam Rice
- Sona Masori Sella Rice
- Sugandha Sella Rice
- Sugandha Golden Sella Rice
- Sugandha Steam Rice
- Sharbati Golden Sella Rice
- Sharbati Steam Rice
- Sharbati Sella Rice
- Parmal White Rice
- Parmal Parboiled Rice
- PUSA Golden Sella Rice
- IR64 Sella Rice
- IR64 Parboiled Rice
- 100% Broken Rice



ProQuO Overseas

PROVIDING QUALITY

PULSES

Indian pulses are a cornerstone of nutrition, offering protein-rich, fiber-packed goodness to diets worldwide. From chickpeas, lentils, and pigeon peas to mung beans and kidney beans, India cultivates a diverse range essential for vegetarian and health-conscious consumers. Versatile in cooking, pulses form the base of dals, soups, and flours. Proquo Overseas ensures every export reflects premium quality, purity, and careful packaging, meeting international standards. Each shipment highlights India's agricultural excellence, bringing sustainable nourishment and cultural richness to households and industries across the globe.

- White Beans
- Bengal Gram
- Split Bengal Gram
- Green Gram
- Split Green Gram
- Black Gram
- Split Black Gram
- Black Eyed Beans
- Split Red Lentils
- Split & Skinned Green Gram
- Split & Skinned Black Gram
- Red Kidney Beans
- Moth Beans
- White Peas
- Horse Gram

SUPERFOODS

India's superfoods are celebrated worldwide as natural sources of strength, wellness, and vitality. From protein-rich quinoa and chia seeds to nutrient-dense moringa, turmeric, and flaxseeds, these products combine ancient traditions with modern health needs. Packed with antioxidants, minerals, and essential nutrients, they support immunity, energy, and overall well-being. Cultivated in India's fertile soils, superfoods reflect both sustainability and authenticity. At Proquo Overseas, we ensure every export meets strict global standards of purity, hygiene, and packaging. Each shipment delivers premium quality and the essence of India's agricultural innovation, bringing functional nutrition to global markets.



ProQuO Overseas

PROVIDING QUALITY

- Fox Nuts
- Matcha
- Pumpkin Seeds
- Chia Seeds
- Honey
- Popcorn
- Sunflower Seeds
- Watermelon Seeds
- Flax Seeds
- Soya Chunks
- Psyllium Seeds
- Roasted Yellow Chana
- Alum (Phitkari)
- Jagery
- Basil Seeds

SPICES

Indian spices are the soul of global cuisine, renowned for aroma, flavor, and medicinal value. From turmeric, cumin, and coriander to cardamom, black pepper, and chili, India cultivates a diverse range that enhances taste and promotes wellness. Known as the “land of spices,” India supplies nearly half of global demand, making its exports highly sought after. At Proquo Overseas, we deliver spices with uncompromising quality and precision, ensuring freshness and authenticity in every pack. Our offerings bring India’s vibrant flavors and wellness traditions to kitchens and industries worldwide.

- Cumin Seeds
- Corriander Seeds
- Sesame Seeds
- Turmeric Powder
- Chilli Powder
- Cardamom
- Carom Seeds
- Black Pepper
- Cinnamon
- Saffron
- Fennel Seeds
- Bay Leaves



ProQuO Overseas

PROVIDING QUALITY

- Cloves
- Star Anise
- Mustard Seeds
- Whole Red Chilli
- Turmeric Finger

CONDIMENTS & SEASONINGS

Indian condiments and seasonings add depth, aroma, and balance to global cuisines, complementing spices with unique flavors and wellness benefits. From mineral-rich rock salt, sea salt, and black salt to traditional enhancers like asafoetida (hing), tamarind, curry leaves, and fenugreek leaves (kasuri methi), these products are prized for their authenticity and versatility. Blended seasonings such as garam masala, chaat masala, and sambar powder further showcase India's culinary heritage. At Proquo Overseas, we ensure every export meets strict international standards of purity, hygiene, and packaging, delivering trusted quality that enriches kitchens and industries worldwide with flavor and tradition.

- Salt
- Tamarind
- Curry Leaves
- Fenugreek
- Asafoetida (Hing)

DEHYDRATED PRODUCTS

Dehydrated products from India combine convenience, nutrition, and long shelf life, making them ideal for global markets. From dehydrated fruits and vegetables to herbs, spices, and powders, these products retain natural flavor, aroma, and nutrients through advanced drying techniques. Widely used in packaged foods, ready-to-eat meals, and health-conscious diets, they offer versatility and reliability. At Proquo Overseas, we ensure exports meet international standards of hygiene, purity, and packaging, delivering consistent quality worldwide. Each shipment reflects India's agricultural innovation, bringing sustainable nourishment and authentic taste to households and industries across the globe.

- Dehydrated Carrot
- Dehydrated Ginger
- Dehydrated Onion
- Dehydrated Garlic



ProQuO Overseas

PROVIDING QUALITY

- Dehydrated Mango Powder
- Dehydrated Beetroot
- Dehydrated Bitter Gourd

TEA & INFUSIONS

India is one of the world's foremost tea exporters, renowned for its diverse varieties and centuries-old heritage. From the bold, malty flavors of Assam and the delicate floral notes of Darjeeling to the brisk Nilgiri and antioxidant-rich green teas, Indian tea is cherished globally for its quality and character. Cultivated in lush plantations across the country, each variety offers unique taste profiles and wellness benefits. At Proquo Overseas, we ensure our tea exports meet strict international standards of purity, hygiene, and packaging. Every shipment delivers authentic flavor and India's timeless tea culture to households and industries worldwide.

- Black Tea (Whole)
- Black Tea (Broken)
- Green Tea (Whole)
- Green Tea (Broken)

HERBS

Indian herbs are treasured worldwide for their aroma, flavor, and medicinal properties, forming an essential part of culinary and wellness traditions. From basil, mint, and parsley to rosemary, thyme, oregano, and dill, these herbs enhance taste while offering natural health benefits. Dried and fresh herbs are widely used in teas, seasonings, sauces, and therapeutic blends, making them versatile across cuisines and industries. At Proquo Overseas, we ensure our herb exports meet strict international standards of purity, hygiene, and packaging. Each shipment delivers authentic quality, reflecting India's agricultural excellence and bringing sustainable flavor and wellness to global markets.

- Curry Leaves Powder
- Basil Leaves Powder
- White Musli Powder
- Aritha Powder
- Mint Leaves Powder
- Hritaki Powder



ProQuO Overseas

PROVIDING QUALITY

- Shikakai Powder
- Rose Petal Powder
- Henna Powder
- Lemon Peel Powder
- Mulethi Powder
- Aloe Vera Powder
- Multani Mittli Powder
- Amla Powder
- Neem Leaves Powder
- Ashwagandha Powder

FRESH FRUITS

Indian fruits embody vibrant flavors, rich nutrition, and cultural heritage. From world-famous mangoes and antioxidant-rich pomegranates to refreshing guavas, bananas, and papayas, India's orchards produce treasures cherished globally. Each fruit carries traditional value and natural goodness, making them ideal for health-conscious consumers. At Proquo Overseas, we deliver farm-fresh authenticity with international standards of hygiene and packaging. Our exports bring the essence of India's agricultural excellence to global tables, ensuring customers enjoy superior taste, nutrition, and cultural richness in every bite.

- Apple
- Grapes
- Pomegranate
- Mango
- Banana
- Orange
- Coconut
- Pears
- Litchi
- Guava
- Apricot
- Custard Apple
- Dragon Fruit



ProQuO Overseas

PROVIDING QUALITY

DRY FRUITS

Indian dry fruits are prized worldwide for their rich taste, nutrition, and versatility. From almonds, cashews, and walnuts to raisins, pistachios, dates, and apricots, these products offer natural energy, essential vitamins, and healthy fats. Dry fruits are widely used in snacks, desserts, confectionery, and health-focused diets, making them a staple in both households and industries. At Proquo Overseas, we ensure our dry fruit exports meet strict international standards of purity, hygiene, and packaging. Each shipment delivers premium quality and authenticity, reflecting India's agricultural excellence and bringing wholesome nourishment to global markets.

- Walnuts
- Pine Nuts
- Dates
- Almond
- Raisins

VEGETABLES

Indian vegetables are valued worldwide for their freshness, nutrition, and diversity, forming an essential part of healthy diets. From onions, potatoes, and tomatoes to okra, cauliflower, and leafy greens, India cultivates a wide range of produce that meets global culinary needs. Rich in vitamins, minerals, and fiber, these vegetables support wellness while offering versatility across cuisines. At Proquo Overseas, we ensure exports meet international standards of hygiene, packaging, and quality, delivering farm-fresh authenticity to global markets. Each shipment reflects India's agricultural excellence, bringing sustainable nourishment and authentic taste to households and industries across the world.

- Okra
- Green Chilli
- Mushroom
- Broccoli
- Potato
- Drumsticks
- Bitter Gourd
- Bell Pepper
- Spring Onion



ProQuo Overseas

PROVIDING QUALITY

- Onion
- Lemon
- Mint
- Pumpkin

Each product is sourced with care, processed under strict quality standards, and packaged to preserve freshness and purity. Whether you're seeking bulk supply or customized packaging, Proquo Overseas delivers excellence across every category.

OUR SERVICES

Complete Logistics Management

We handle inland transport, port operations, and international shipping, coordinating every step of the supply chain under one roof.

Documentation & Compliance

All shipments are supported with comprehensive export paperwork, including bills of lading, certificates of origin, phytosanitary and fumigation certificates, and customs clearance.

Sea, Air & Multimodal Shipping

Flexible freight options are available to suit your timelines and budgets, whether you require bulk sea shipments, urgent air cargo, or multimodal solutions.

Global Reliability

With Proquo Overseas you gain a single, dependable partner for sourcing, packaging, compliance, and logistics—delivering India's agricultural excellence to your doorstep.



ProQuO Overseas

PROVIDING QUALITY



Proquo Overseas is a trusted exporter of premium Indian agricultural products, specializing in sourcing, packaging, compliance, and global logistics. From rice and pulses to spices and superfoods, we deliver quality and authenticity with every shipment—ensuring seamless service and cultural excellence from India to the world.



VISIT US Gandhidham, Gujrat, India
Panchkula, Haryana, India
CALL US +91 95883 67774
WEBSITE WWW.PROQUOOVERSEAS.COM
E-MAIL info@proquooverseas.com

ProQuOverseas

PROVIDING QUALITY

