

# Adding Symbolism into Your Ceremony

## *Colours and Their Symbolic Meaning*

Colours have long been symbolic, representing qualities good and bad across various cultures. Your choice of colours for handfasting ribbons & cords, the vessels or any elements, your flowers, your accessories and even the colour/s used in clothing for you, the bridesmaids or best man can all add depth to the occasion when chosen for their symbolic meaning.

- ◆ **White** is associated with purity, concentration and peace
- ◆ **Yellow** represents happiness, optimism, charm, confidence, balance and creativity.
- ◆ **Gold** is a precious metal that is associated with intelligence, longevity wealth, magic and prosperity but most importantly respect.
- ◆ **Orange** combines the energy of red and the cheerfulness of yellow. It is associated with enthusiasm, creativity, encouragement, attraction, kindness, excitement, adventure and warmth.
- ◆ **Red** is often associated with passion, love, lust, energy and strength.
- ◆ **Pink:** means unity, truth and romance,
- ◆ **Purple** represents strength, healing, health, creativity, mystery, and wisdom.
- ◆ **Blue** is often associated with tranquillity, patience, devotion, trust and stability.
- ◆ **Green** is associated with nature, growth, and harmony. It represents balance, renewal, prosperity, fertility and nurturing.
- ◆ **Brown:** symbolises grounding, talent and home.
- ◆ **Grey/Silver** these are interchangeable today, but often, grey represented neutrality and balance, while silver represented wealth, modernity, glamour, grace, elegance. protection, creativity and inspiration
- ◆ **Black** is often associated with wisdom, vision, success, elegance, wealth, restraint and power

Other cultures may have other meanings and representations for colours. Please let me know if another culture's colours mean more to you, perhaps because you or your guests are from another culture and you want their culture represented.

# Flowers & Their Symbolic Meaning

Flowers have long represented qualities and have been gifted as wishes, used in funerals and weddings and other milestone occasions.

**Love** - Rose (all colours, but especially red), Pink Carnation, White Carnation, Red Chrysanthemum, Forget-Me-Not, Heliotrope, Gardenia

**Friendship** - Yellow Rose, Arborvitae, Alstroemeria, Geranium, Iris, Ivy

**Strength** - Snapdragon, Gladiolus, Orchid, Oak Leaf, Fennel

**Beauty** - Oleander, Amaryllis, Cherry Blossom, Daisy, Hibiscus, Calla Lily, Lady's Slipper

**Happiness** - Anthurium, Daffodil, Lily of the Valley, Red and Yellow Roses, Gerbera

**Good Fortune** - Goldenrod, Apple Blossom, Sweet Pea, Sunflower

**Sympathy** - Statice, Lily, Rose (White and Coral), Orchid, Chrysanthemum, Gladiolus

**Thoughtfulness** - Pansy, Sunflower, Freesia, Orchid, Hydrangea, Zinnia



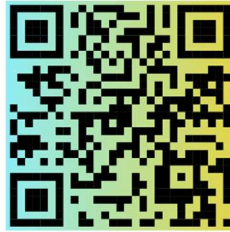
# Illnesses, Charities and Symbolism

You or your guests may have a condition or illness that is represented by a colour or particular flower. Different types of cancer has its own colours, for example, pink represents breast cancer.

Please check out this link with an A-Z of conditions and colour of ribbon used to raise awareness. It's far too vast for me to put in this booklet.

<https://fundraisingforacause.com/pages/ribbon-color-meanings?srsltid=AfmBOopOaericnmKvpdCWDAPcJfqZC1-PYYWuGgTfLUQx0MHQkfFy5>

or scan the QR code



*If a condition isn't on this vast A-Z list, google it specifically and it should come up.*

*Of course, you may have your own reason for choosing particular colours. Talk to me about it and we can make it really special for you in the ceremony.*

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*Of course, the main thing is to chat to me about anything and everything!*

*Barbs xx*