

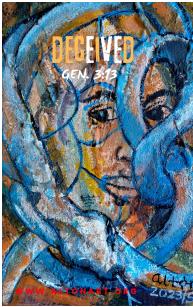
FORBIDDEN FRUIT STUDY NO. 4: EVE & BEING DECEIVED

"Let's Face It and Fix It!"

THE SCRIPTURE (KJV)

"And the Lord God said unto the woman, What is this that thou hast done? And the woman said, The serpent beguiled me, and I did eat." - Genesis 3:13

SECTION 1: THE SUMMARY TABLE (The 5-Point Mirror)

My True Colours (Hello Me!) No. 3 - Blame	The Root (The Starting Point	The Secret Treasure (Matthew 6:21)	My True Colours (The Mirror)	The Awakening (The "Hello Me!" Statement)	Stronger Family Goal
	Genesis 3:13: Victimhood: Claiming to be a victim of external forces that comes with (beguiled/decieved) to avoid taking responsibility for a known, willful choice.	Treasuring the "exemption pass" playing the victim role, instead of embracing the power and freedom of self-accountability.	Innocence: A subconscious tendency to minimize one's own role by exaggerating the influence of others (e.g., the devil, bad luck, society).	"Hello Me! I see that I am claiming Deception because I am unwilling to admit I made a conscious, willful choice to cross a boundary.	Self-Responsibility: Protecting the future of your household by refusing the temptation of victimhood and embracing the adult reality that your choices belong to you. Stop the Excuse. Start the Ownership.

SECTION 2: INTERACTIVE STUDY (The Deep Work)

Answer these questions privately to begin your restoration.

1. The Beguiling Agent

Eve said, *"The serpent beguiled me."* While the serpent was real, Eve had heard the instruction directly from God (Genesis 2:16-17).

Question 1:

- Who or what are you currently placing the blame on as the primary reason for your continued struggle (a toxic environment, a parent, a specific personality type)?
- How does this focus prevent you from changing?

2. The Illusion of No Choice

By claiming to be "beguiled" (tricked/deceived), Eve implies she had no choice. This minimizes the personal power she actually had to obey God.

Question 2: Where are you telling yourself **the lie**, "I can't help it" (e.g., with your temper, spending, or habit), thereby forfeiting your God-given power to make a better choice?

3. The Generational Damage of Victimhood

The pattern of believing we are powerless to external forces can be passed down, teaching children to blame circumstances rather than developing resilience.

Question 3:

(a) If you continue to model the language of victimhood ("It wasn't my fault," "I had no choice"), what specific lesson will you be **teaching** your children about accountability?

(b) If you continue to model the language of victimhood ("It wasn't my fault," "I had no choice"), how will it **damage** your spouse's trust?

4. The "Hello Me!" Awakening

- **Action Step:** Write your "Hello Me!" statement here. Be honest.

"Hello Me! I see that I have been claiming **Deception** by blaming..... [The external influence/excuse] because I am[Afraid of the consequence/Unwilling to do the work].

Today, I choose[Self-Responsibility/Accountability] to stop the excuse, and depend on God's strength and the grace of our Lord, Jesus Christ, to make this change permanent."

Additional Notes:

SECTION 3: CONCLUSION - "Deceived" (Genesis 3:13)

The Exposure: My True Colours: Eve

In the painting "**Deceived**" by Alton (2025), we identify the **Deception/False Innocence**—the subconscious reflex to minimize our willful participation by highlighting the influence of external forces.

The Awakening/Acceptance: Hello Me!

This is your "Hello Me!" moment. It is the awakening where you realize: "**I have been using the excuse of being deceived to avoid the uncomfortable truth that I made a willful choice.**" When you accept this, the power that the victim role had over you begins to break.

Transforming the 'Deception' into Family Strength

The "Hello Me!" moment turns the poison of excuses into the medicine of a healthy home built on empowerment. By choosing self-responsibility, you become a **living example of empowerment** for your spouse and children, showing them that their choices define their destiny.

How to Act Today on Your "Hello Me!" Moment:

1. **Stop the Excuse:** Identify one specific area where you have recently claimed you "had no choice" or "were forced" to act a certain way.
2. **Voice the Truth:** In your "Hello Me!" moment, tell a trusted partner or mentor: "**I am choosing to reject the excuse that it wasn't my fault (or I was helpless), and I take full ownership of that choice.**"
3. **Create a Safe Zone:** Use your newfound responsibility to initiate a transparent conversation, demonstrating that you are resilient and capable of overcoming external pressure.
4. Pray often, and ask God for His guidance and strength to keep you as you walk daily as an overcomer in this area of your life!

"A 'Hello Me!' moment is the end of the lie and the beginning of the legacy."

Notes:

Prepared by Alton

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