



## Microorganisms

Microorganisms	Elements évocateurs non spécifique
Pneumococcus ( <i>Streptococcus pneumoniae</i> )	<ul style="list-style-type: none"> <li>• Age &gt; 40 ans,</li> <li>• Sudden onset,</li> <li>• General condition deterioration</li> <li>• High fever</li> </ul>
<i>Haemophilus influenzae</i> <i>Moraxella catarrhalis</i>	
<i>Mycoplasma pneumoniae</i> , <i>Chlamydia pneumoniae</i>	<ul style="list-style-type: none"> <li>• Frequent epidemic context</li> <li>• Age &lt; 40 years</li> <li>• Gradual onset</li> <li>• Preserved general condition</li> <li>• Low-grade fever</li> <li>• No response after 48–72 hours of <math>\beta</math>-lactam treatment</li> </ul>
<i>Legionella pneumophila</i>	<ul style="list-style-type: none"> <li>• Exposure risk</li> <li>• Immunosuppression, comorbidities</li> <li>• Rapidly progressive course</li> <li>• Extra-respiratory symptoms</li> <li>• No response after 48–72 hours of <math>\beta</math>-lactam treatment</li> </ul>

## Key elements of diagnosis and management

		Outpatient	Non-severe hospitalized	Severe hospitalized
Laboratory exams	CRP	✗	✗	✗
	PCT	✗	✗	✗
	Pneumococcal urinary antigen	✗	✗	✓
	Legionella urinary antigen	✗	✓ If suggestive signs <sup>a</sup>	✓
	Cytobacteriological exam of respiratory sample	✗	✓ If mucopurulent secretions <sup>b</sup>	✓ Prefer deep respiratory samples
	Blood cultures	✗	✓ Limited indications <sup>c</sup>	✓
	Multiplex PCR for influenza, RSV, COVID (epidemic period)	✗	✓	✓
	Syndromic PCR	✗	Case by case	✓
Imaging	Chest ultrasound or chest X-ray	✓	✓	✓
	Low-dose chest CT	✗	✓ If diagnostic doubt	✓ If diagnostic doubt
Treatment	Antibiothérapie probabiliste de 1 <sup>re</sup> ligne	Monotherapy with $\beta$ -lactams Or macrolid if suggestive of si évocateur de bactéries atypiques		Combination $\beta$ -lactams + macrolides
	Duration	3 days if clinical stability at day 3 ; 5 days if stability between day 3 and 5		3 to 7 days
	Clinical evaluation at 72h	✓	✓	✓
	Corticosteroids	✗	✗	✓ (ICU only)

<sup>a</sup> Suggestive arguments: exposure risk, no response after 48-72h of adequate treatment, immunosuppression, comorbidities, rapidly progressive course, extra-respiratory signs

<sup>b</sup> Send rapidly to lab

<sup>c</sup> Indications for blood cultures limited to certain situations (diagnostic doubt, immunosuppression, empiric treatment with non- $\beta$ -lactam)

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## Severity Criteria and Hospital Admission

Severe Community-Acquired Pneumonia (CAP): defined by at least 1 major or 3 minor criteria:

Severity criteria	
Major criteria	Minor criteria
<ul style="list-style-type: none"> <li>• Septic shock</li> <li>• Respiratory failure requiring mechanical ventilation</li> </ul>	<ul style="list-style-type: none"> <li>• Respiratory rate <math>\geq 30</math> breaths/min</li> <li>• PaO<sub>2</sub>/FiO<sub>2</sub> <math>\leq 250</math></li> <li>• Multilobar infiltrates (<math>\geq 2</math> lobes)</li> <li>• Plasma urea <math>\geq 7.14</math> mmol/L</li> <li>• Leukopenia (WBC <math>&lt; 4000/\text{mm}^3</math>)</li> <li>• Thrombocytopenia (<math>&lt; 100,000/\text{mm}^3</math>)</li> <li>• Hypothermia (<math>&lt; 36^\circ\text{C}</math>)</li> <li>• Hypotension requiring fluid resuscitation</li> </ul>

French Health Authority (HAS) Hospitalization Criteria
<ul style="list-style-type: none"> <li>• Clinical tolerance : <ul style="list-style-type: none"> <li>○ Hypothermia <math>&lt; 36^\circ\text{C}</math> or hyperthermia <math>&gt; 40^\circ\text{C}</math></li> <li>○ Hypotension</li> <li>○ Respiratory rate <math>\geq 30/\text{min}</math></li> <li>○ Confusion</li> </ul> </li> <li>• Comorbidities: congestive heart failure, cerebrovascular disease, renal or hepatic disease, COPD, hospitalization within past year, prior bacterial pneumonia</li> <li>• Medico-social factors: elderly isolated person, social isolation, poor treatment adherence</li> </ul>

Comorbidities Affecting Empiric Antibiotic Choice for CAP
<ul style="list-style-type: none"> <li>• Hospitalization in previous 3 months</li> <li>• Antibiotic therapy in previous month</li> <li>• Chronic alcoholism</li> <li>• Swallowing disorders</li> <li>• Severe neurological disease with aspiration risk</li> <li>• Active neoplasia</li> <li>• Immunosuppression</li> <li>• Severe COPD (FEV<sub>1</sub> <math>&lt; 50\%</math> predicted) or chronic respiratory failure (OLD or NIV)</li> <li>• Congestive heart failure</li> <li>• Hepatic failure</li> <li>• Chronic renal failure (GFR <math>&lt; 30</math> ml/min)</li> </ul>

## Clinical Stability Criteria for Treatment Evaluation

All criteria must be met to stop antibiotics on day 3 or 5 for non-severe CAP:

Clinical Stability Criteria in Community-Acquired Pneumonia (CAP)
<ul style="list-style-type: none"> <li>• Temperature <math>\leq 37.8^\circ\text{C}</math></li> <li>• Systolic blood pressure <math>\geq 90</math> mmHg</li> <li>• Heart rate <math>\leq 100</math> bpm</li> <li>• Respiratory rate <math>\leq 24/\text{min}</math></li> <li>• SpO<sub>2</sub> <math>\geq 90\%</math> on room air or PaO<sub>2</sub> <math>\geq 60</math> mmHg on room air</li> </ul>



## Antibiotic Therapy for Non-severe CAP — Outpatient

### Antibiothérapie

	1st line	Allergy/contraindication to 1st line
No comorbidities	<ul style="list-style-type: none"> <li>Amoxicillin 1g three times daily</li> </ul>	<ul style="list-style-type: none"> <li>Pristinamycin 1g 3-times daily</li> </ul>
≥1 comorbidity	<ul style="list-style-type: none"> <li>Amoxicillin/clavulanate 1g/125mg 3 times daily</li> </ul>	<ul style="list-style-type: none"> <li>Ceftriaxone 1g daily</li> <li>Ou Cefotaxime 1g 3-times daily</li> </ul>
Suspected atypical bacteria	<ul style="list-style-type: none"> <li>Azithromycin 500 mg day 1, then 250 mg daily</li> <li>Or Clarithromycin 500 mg twice daily</li> <li>Or Spiramycin 1,5 à 3 MUI 3-times daily</li> </ul>	<ul style="list-style-type: none"> <li>Pristinamycin 1 g 3-times daily</li> <li>O Doxycycline 200 mg daily</li> </ul>
Suspected bacterial co-/superinfection of viral infection	<ul style="list-style-type: none"> <li>Amoxicillin/clavulanate 1g/125mg TID</li> </ul>	<ul style="list-style-type: none"> <li>Pristinamycin 1 g 3-times daily</li> </ul>
No other option	<ul style="list-style-type: none"> <li>Levofloxacin 500 mg daily</li> </ul>	

### In case of failure of first-line treatment:

- Failure of 1st line treatment with  $\beta$ -lactams → switch to macrolides
- Failure of 1st line treatment with macrolide → switch to  $\beta$ -lactams

Note: no combination of the two drug classes is recommended

## Antibiotic Therapy for Non-severe CAP — Hospitalized

### Antibiotic therapy

	1 <sup>re</sup> intention	Allergie ou contre-indication à la première ligne
No comorbidities	<ul style="list-style-type: none"> <li>Amoxicilline 1g three times daily</li> </ul>	<ul style="list-style-type: none"> <li>Ceftriaxone 1g daily</li> <li>Or Cefotaxime 1g three times daily</li> </ul>
≥ 1 comorbidité	<ul style="list-style-type: none"> <li>Amoxicillin/clavulanate 1g/125mg three times daily</li> </ul>	<ul style="list-style-type: none"> <li>Ceftriaxone 1g /j</li> <li>Or Cefotaxime 1g three times daily</li> </ul>
Atypique	<ul style="list-style-type: none"> <li>Azithromycin 500 mg day 1, then 250 mg daily</li> <li>Or Clarithromycin 500 mg twice daily</li> <li>Or Spiramycin 1,5 à 3 MUI trice daily</li> </ul>	<ul style="list-style-type: none"> <li>Doxycycline 100 mg twice daily</li> </ul>
Suspicion de co/surinfection bactérienne d'une infection virale	<ul style="list-style-type: none"> <li>Amoxicillin/clavulanate 1g/125mg three times daily</li> </ul>	<ul style="list-style-type: none"> <li>Levofloxacin 500mg daily</li> </ul>

### In case of failure of first-line treatment:

- Failure of 1st line treatment with  $\beta$ -lactams → switch to macrolides
- Failure of 1st line treatment with macrolide → switch to  $\beta$ -lactams



## Antibiotic Therapy for Severe CAP

### Antibiotic

	1st line empiric treatment	Allergy/contraindication
1st line empiric treatment	Dual therapy: <ul style="list-style-type: none"> <li>• Ceftriaxone or Cefotaxime</li> <li>• + Clarithromycin or Spiramycin</li> </ul>	<ul style="list-style-type: none"> <li>• Levofloxacin</li> </ul>
Empirical treatment of suspected PVL-producing <i>S. aureus</i> CAP	Triple therapy : <ul style="list-style-type: none"> <li>• Ceftriaxone ou Cefotaxime</li> <li>• + Clarithromycin ou Spiramycin</li> <li>• + Linezolid</li> </ul>	<ul style="list-style-type: none"> <li>• Ceftriaxone or Cefotaxime + vancomycine + Clindamycin</li> <li>• Allergy to <math>\beta</math>-lactams: Levofloxacin + Linezolid</li> </ul>
Adapted Treatment for PVL-positive MSSA	<ul style="list-style-type: none"> <li>• IV Oxacillin or Cefazolin + Clindamycin or Rifampicin</li> </ul>	<ul style="list-style-type: none"> <li>• Vancomycin + clindamycin or rifampicin</li> <li>• Or Linezolid</li> </ul>
Adapted Treatment for PVL-positive MRSA	<ul style="list-style-type: none"> <li>• Linezolid</li> </ul>	<ul style="list-style-type: none"> <li>• Vancomycin</li> <li>• + clindamycin or rifampicin</li> </ul>

### Dosages for Severe CAP in Critical Care

Drug	Dosage
Ceftriaxone	2g daily
Cefotaxime	80-100 mg/kg daily
Clarithromycine	500 mg twice daily
Clindamycine	600 mg 3-4 times/day
Spiramycine	3 MUI 3-times / day
Levofloxacin	500 mg à 1000 mg daily
Linézolide	600 mg twice daily
Rifampicine	10 mg/kg daily

### Corticosteroid therapy

- Indications: only in severe CAP (per severity definition), excluding immunosuppressed patients, aspiration pneumonia, or viral superinfection
- Protocol: Hydrocortisone hemisuccinate 200 mg initiated within 24h of severe signs onset
- Re-evaluate at day 4 and taper over total duration of 8–14 days