

OV TOROS FC

Return to Play Protocols

PHASE 1 -

- Individual or with members of the same household
- No contact
- Weekly virtual training for all players
- Video sessions
- Written exercises

PHASE 2 -

- Return to the field
- Individual training
- No contact
- Players are socially distanced
- Small group training introduced – not to exceed 12 players; 1-2 coach
- Groups (players, parents, coaches) not to exceed 30 participants per field
- No sharing of water or equipment
- Practice times should be set to maximize social

PHASE 3 -

- Small group training introduced – should not exceed 4v4
- Physical contact to be minimized
- Groups (players, parents, coaches) not to exceed 30 participants per field
- No sharing of water
- Practice times should be set to maximize social distancing

PHASE 4 -

- Inclusion of full team training
- Introduction of controlled scrimmages / practices games
- Physical contact
 - Controlled
 - Open play
- No limitations on number of players on the field
- No sharing of water
- Controlled return to travel play (inc. overnight stays)
 - Travel protocols must be followed

PHASE 5 -

- Full return to play
- No restrictions on training sessions
- No sharing of water
- Games and tournament play may resume
- Maintain social distancing as much as possible
- Adhere to Club's safety protocols

**OV Toros will provide adjustments to our Phased approach to accommodate any request*