

OFSAA West Regionals Track & Field
Alumni Stadium, Western University - 2025-05-29 to 2025-05-30
Performance List

Event 1 100 Meter Dash Novice Women Prelims**Thursday 2025-05-29 - 2:00 PM****West Region: 12.12 2002 Emily JOHNSON/J. F. Ross**

	Name	Team	Seed Time
1	Alyssa Tannini	St. Thomas of Villanova	12.77
2	Silken Torrie	Owen Sound District Secondary	12.79
3	Avery Andersson	St. Benedict - Cambridge	13.00
4	Samantha Vitale	Guelph - Guelph	13.02
5	Naomi Piercy	Strathroy D C I	13.05
6	Gebet Osei	Chatham-Kent Secondary School	13.19
7	Arianna Itobore	Kitchener Waterloo - Kitchener	13.20
8	Olivia Titaro	St. Benedict - Cambridge	13.21
9	Lia Hillman	Chatham-Kent Secondary School	13.23
10	Morgan Kane	St Joseph's Catholic	13.23
11	Amy Williamson	Parkside C I	13.28
12	Averie Fines	St. Patrick's Catholic H.S.	13.31
13	Brooklynn Donais	Woodstock Collegiate Institute	13.32
14	Holly Tshibas	Mother Teresa C S S	13.44
15	Tega Unukegwo	Mother Teresa C S S	13.45
16	Clara Eddy	Catholic Central-London	13.47

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Event 2 100 Meter Dash Novice Men Prelims**Thursday 2025-05-29 - 2:00 PM****West Region: 11.18 2006 Corey CRAWLEY, A.B. Lucas**

	Name	Team	Seed Time
1	Jairus Rabano	Resurrection - Kitchener	11.51
2	Kevin Arriaga Venegas	South Huron D H S	11.58
3	Romadan Chamroeun	Huron Heights - Kitchener	11.59
4	Isaiah Howes-Agbetiafa	St. John's College	11.62
5	Kirby Polius	Leamington D S S	11.66
6	Zain Ansari	Oakridge S S	11.74
7	Kosta Nikolic	Elmira - Elmira	11.75
8	Caeden Smith	Bishop MacDonnell - Guelph	11.78
9	Emmitt Richard	St. Anne High School	11.82
10	Logan Yeang	Chatham-Kent Secondary School	11.86
11	Adriel Piovette	Catholic Central-Windsor	11.87
12	Nicholas Keith	Oakridge S S	11.88
13	Caden Kreeft	St. Patrick's Catholic H.S.	11.88
14	Yaniss Lugogo	Mother Teresa C S S	11.93
15	Shane Grass-Davidson	London South S S	12.14
16	Max Surmacz	Parkside C I	12.16

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Event 3 200 Meter Dash Novice Women Prelims**Friday 2025-05-30 - 10:00 AM****West Region: 24.70 2002 Emily JOHNSON/J. F. Ross**

	Name	Team	Seed Time
1	Jordan Cheam	Centennial - Guelph	26.01
2	Silken Torrie	Owen Sound District Secondary	26.56
3	Olivia Titaro	St. Benedict - Cambridge	26.80
4	Avery Andersson	St. Benedict - Cambridge	26.86
5	Samantha Vitale	Guelph - Guelph	27.03
6	Renee Adrien	St. Anne's C S S	27.05
7	Lia Hillman	Chatham-Kent Secondary School	27.16
8	Cate Browne	St. Patrick's Catholic H.S.	27.32
9	Kayla Zelibka	Catholic Central-London	27.45
10	Lucy Schiedel	Medway H S	27.52
11	Keeghan Ische	Medway H S	27.53
12	Morgan Kane	St Joseph's Catholic	27.56
13	Emily Maleyko	St. Thomas of Villanova	27.75
14	Gebet Osei	Chatham-Kent Secondary School	27.85
15	Tega Unukegwo	Mother Teresa C S S	28.03
16	Brooklynn Donais	Woodstock Collegiate Institute	28.21

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Event 4 200 Meter Dash Novice Men Prelims**Friday 2025-05-30 - 10:00 AM****West Region: 22.55 2016****Dante Henriques, Delhi**

	Name	Team	Seed Time
1	Kosta Nikolic	Elmira - Elmira	23.36
2	Kevin Arriaga Venegas	South Huron D H S	23.45
3	Osman Kromah	Sandwich Secondary	23.81
4	Isaiah Howes-Agbetiafa	St. John's College	23.82
5	Kirby Polius	Leamington D S S	23.98
6	David Anderson	St. David - Waterloo	24.11
7	Reese Kanerva	John F. Ross - Guelph	24.12
8	Alex Orias	Assumption School-Brantford	24.32
9	Kalin Powell	St. Thomas of Villanova	24.52
10	Miles Hallman	Goderich D C I	24.57
11	Rocco Cory	Holy Names	24.77
12	Caden Kreeft	St. Patrick's Catholic H.S.	24.77
13	Christian Circelli	St. Thomas Aquinas S S	24.89
14	Tomiwa Owoseni	Mother Teresa C S S	24.96
15	James Bell	Medway H S	25.09
16	Kannasicho Ezepue	Catholic Central-London	25.12

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Event 5 400 Meter Dash Novice Women**Thursday 2025-05-29 - 3:00 PM****West Region: 56.03 2024-05-31 Anieu Chan, Vincent Massey**

	Name	Team	Seed Time
1	Julia Carswell	Sandwich Secondary	59.38
2	Madeline Verbeek	Ursuline	1:00.04
3	Renee Adrien	St. Anne's C S S	1:00.58
4	Samantha Demars	Strathroy D C I	1:01.39
5	Lucy Schiedel	Medway H S	1:01.44
6	Chloe McCabe	Stratford District S S	1:01.50
7	Lia Hillman	Chatham-Kent Secondary School	1:01.98
8	Kayla Zelibka	Catholic Central-London	1:02.46
9	Emily Maleyko	St. Thomas of Villanova	1:02.61
10	Nina Erak	Woodland Christian - Breslau	1:02.83
11	Sophie Grozelle	A.B. Lucas S S	1:02.85
12	Ada St. Louis	Essex District High School	1:02.94
13	Hannah Przybylski	St. James - Guelph	1:03.65
14	Hayley Muscat	Huron Heights - Kitchener	1:03.81
15	Mia Parker	Resurrection - Kitchener	1:05.58
16	Anaiah Veurink	Hagersville Secondary School T	1:06.51

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Event 6 400 Meter Dash Novice Men**Thursday 2025-05-29 - 3:00 PM****West Region: 50.86 2024-05-31 David Tomlin, Woodland Christi**

	Name	Team	Seed Time
1	Osman Kromah	Sandwich Secondary	53.83
2	Jonah Walker	Elmira - Elmira	54.12
3	Ty Tran	Great Lakes Secondary School	54.29
4	Reese Kanerva	John F. Ross - Guelph	54.52
5	Kenneth Lamb	Tecumseh Vista Academy	54.66
6	Adriel Piovette	Catholic Central-Windsor	54.67
7	Keldon St. Louis	Holy Names	55.13
8	Miles Hallman	Goderich D C I	55.27
9	David Anderson	St. David - Waterloo	55.33
10	Jonathan Burton	Our Lady of Lourdes - Guelph	55.59
11	Sunday Doboul	St. James - Guelph	55.66
12	Ryan Baldwin	Medway H S	56.28
13	Liam Micks	Stratford District S S	56.31
14	Jack Moore	Parkside C I	57.32
15	Pranav Rahul	Clarke Road S S	58.17
16	Tyler Davis	St. Michael C S S	58.82

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Event 7 800 Meter Run Novice Women**Friday 2025-05-30 - 1:00 PM****West Region: 2:10.23 2024-06-01 Anieu Chan, Vincent Massey**

	Name	Team	Seed Time
1	Julia Carswell	Sandwich Secondary	2:19.88
2	Madeline Verbeek	Ursuline	2:22.04
3	Hallie Faust	Saugeen District Secondary Sch	2:22.93
4	Hayley Muscat	Huron Heights - Kitchener	2:25.91
5	Siena Naisbitt	Sir Frederick Banting S S	2:26.13
6	Mya Rypma	North Park - Brantford	2:26.67
7	Stella O'Connor	St. Thomas of Villanova	2:28.38
8	Sydney Snelling	Owen Sound District Secondary	2:30.84
9	Chloe McCabe	Stratford District S S	2:32.07
10	Charlotte Wright	Erie Migration District School	2:33.15
11	Francine Stuart-Dolmage	Kitchener Waterloo - Kitchener	2:33.35
12	Chloe Terner	London Central S S	2:34.16
13	Ava White	St. Patrick's Catholic H.S.	2:37.00
14	Charlotte Norman	Sir Frederick Banting S S	2:37.15
15	Riley Phillips	Medway H S	2:38.07
16	Allison Slegers	East Elgin S S	2:40.10

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Event 8 800 Meter Run Novice Men**Friday 2025-05-30 - 1:00 PM****West Region: 1:55.74 1989****Kevin Sullivan/Brantford-North Park**

	Name	Team	Seed Time
1	Gianfranco Rauti	St. Thomas of Villanova	2:03.47
2	Kenneth Lamb	Tecumseh Vista Academy	2:04.92
3	Tayvin Young	Sarnia Northern	2:06.22
4	Hansen DeBoer	Emmanuel Christian High School	2:07.19
5	Andy Seah Labbe	John F. Ross - Guelph	2:07.22
6	Nathan Mariuz	St. Thomas of Villanova	2:10.10
7	Liam Morin	Kincardine District Secondary	2:11.13
8	Attix Baldassi	Holy Names	2:12.49
9	Xavier Ferdinand	Resurrection - Kitchener	2:13.36
10	Cole Kaake	Saugeen District Secondary Sch	2:13.37
11	Liam Micks	Stratford District S S	2:13.66
12	Curtis Willick	Lord Dorchester S S	2:15.26
13	Emerson Yeo	Medway H S	2:17.24
14	Liam Santos	Mother Teresa C S S	2:19.80
15	Hudson Dyck	East Elgin S S	2:22.05
16	David Shonekan	Mother Teresa C S S	2:22.77

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Event 9 1500 Meter Run Novice Women**Thursday 2025-05-29 - 6:00 PM****West Region: 4:33.99 1997****Erin MCLURE / Waterloo CI**

	Name	Team	Seed Time
1	Addy Rudling	St. Thomas of Villanova	4:52.24
2	Selena Loaring	Centennial - Guelph	4:52.64
3	Hallie Faust	Saugeen District Secondary Sch	4:53.31
4	Hayley Muscat	Huron Heights - Kitchener	5:00.08
5	Mady McBeth	St. Thomas of Villanova	5:00.36
6	Myka Penninga	Emmanuel Christian High School	5:00.40
7	Morgan Reiter	Leamington D S S	5:01.68
8	Mya Rypma	North Park - Brantford	5:02.43
9	Autumn Vandermeer	Esc Gabriel-Dumont	5:03.80
10	Hallie Turpin	Woodstock Collegiate Institute	5:12.10
11	Keala Pickard	St. Patrick's Catholic H.S.	5:14.33
12	Ava White	St. Patrick's Catholic H.S.	5:15.72
13	Siena Naisbitt	Sir Frederick Banting S S	5:20.85
14	Chloe Turner	London Central S S	5:23.81
15	Nicole Dinel	Mother Teresa C S S	5:29.47
16	Charlotte Norman	Sir Frederick Banting S S	5:30.77

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Event 10 1500 Meter Run Novice Men**Thursday 2025-05-29 - 5:00 PM****West Region: 4:01.00 1989****Kevin Sullivan/Brantford-North Park**

	Name	Team	Seed Time
1	Gianfranco Rauti	St. Thomas of Villanova	4:14.79
2	Tayvin Young	Sarnia Northern	4:18.32
3	Hansen DeBoer	Emmanuel Christian High School	4:20.83
4	Andy Seah Labbe	John F. Ross - Guelph	4:23.63
5	Oliver Hershey	Owen Sound District Secondary	4:24.13
6	Liam Reynolds	Sarnia Northern	4:27.58
7	Liam Morin	Kincardine District Secondary	4:29.41
8	Nathan Mariuz	St. Thomas of Villanova	4:30.96
9	Max Naccarato	St. Thomas of Villanova	4:31.20
10	Jacob Schubotz	Père-René-De-Galinée	4:31.80
11	Thomas Mott	St. Michael C S S	4:32.15
12	Curtis Willick	Lord Dorchester S S	4:35.31
13	Liam Micks	Stratford District S S	4:35.31
14	Caleb Hurley	St. Michael C S S	4:42.12
15	Liam Santos	Mother Teresa C S S	4:45.75
16	Emerson Yeo	Medway H S	4:49.09

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Event 11 3000 Meter Run Novice Women**Friday 2025-05-30 - 2:30 PM****West Region: 9:48.0h 1986****Jennifer ARMSTRONG / London-South**

	Name	Team	Seed Time
1	Selena Loaring	Centennial - Guelph	10:38.47
2	Myka Penninga	Emmanuel Christian High School	10:43.51
3	Addy Rudling	St. Thomas of Villanova	10:45.64
4	Morgan Reiter	Leamington D S S	10:55.99
5	Autumn Vandermeer	Esc Gabriel-Dumont	11:07.57
6	Mady McBeth	St. Thomas of Villanova	11:08.61
7	Maelle Dufour	L'Essor	11:15.03
8	Isabella Karczewski	Brantford - Brantford	11:28.42
9	Kara Emmons	Strathroy D C I	11:31.72
10	Cara Williams	Waterloo CI	11:32.35
11	Stella Kings	Assumption School-Brantford	11:32.70
12	Katie Nurse	Erie Migration District School	11:48.07
13	Nicole Dinel	Mother Teresa C S S	11:52.39
14	Natalie Sutherland	Woodstock Collegiate Institute	11:58.62
15	Olivia Jansen	St. Thomas Aquinas S S	11:59.25
16	Emmalyn Vink	Mitchell D H S	12:12.84

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Event 12 3000 Meter Run Novice Men**Friday 2025-05-30 - 2:30 PM****West Region: 8:47.3h 1979****Chris BREWSTER / London-Cath. Cen.**

	Name	Team	Seed Time
1	Thomas Mott	St. Michael C S S	9:28.48
2	Gianfranco Rauti	St. Thomas of Villanova	9:39.39
3	Oliver Hershey	Owen Sound District Secondary	9:43.62
4	Tayvin Young	Sarnia Northern	9:50.86
5	Dezmyn Hannivan	Grey Highlands Secondary	9:51.70
6	Ben Prins	Kitchener Waterloo - Kitchener	9:52.20
7	Kyle Currie	Brantford - Brantford	9:54.57
8	Liam Reynolds	Sarnia Northern	9:55.01
9	Jacob Schubotz	Père-René-De-Galinée	9:59.04
10	Max Naccarato	St. Thomas of Villanova	10:05.71
11	Caleb Hurley	St. Michael C S S	10:06.83
12	Karson Gervais	St Joseph's Catholic	10:12.32
13	Jack Rice	Parkside C I	10:27.63
14	Hudson Welsh	Stratford District S S	10:38.05
15	Lucas De Wit	St. Michael C S S	10:40.58
16	Wyatt Clark	Sir Frederick Banting S S	10:41.00

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Event 13 80 Meter Hurdles 30" Novice Women Prelims**Thursday 2025-05-29 - 1:00 PM****West Region: 11.52 1996 Jessica ZELINKA / London-Banting**

	Name	Team	Seed Time
1	Jordan Cheam	Centennial - Guelph	12.17
2	Alyssa Tannini	St. Thomas of Villanova	12.45
3	Kaylin Shea	St. Benedict - Cambridge	12.49
4	Arianna Itobore	Kitchener Waterloo - Kitchener	12.60
5	Averie Fines	St. Patrick's Catholic H.S.	12.65
6	Layla Marchand	F.J. Brennan	13.32
7	Ava McFadden	St. Thomas Aquinas S S	13.33
8	Holly Tshibasus	Mother Teresa C S S	13.44
9	Izzy Distefano	Holy Names	13.54
10	Lillian Eichenberger	Strathroy D C I	13.66
11	Alexis Morassut	Sandwich Secondary	13.73
12	Charlotte Deml	Galt - Cambridge	13.79
13	Megan Kugler	Waterloo CI	13.85
14	Avery Molinaro	Woodstock Collegiate Institute	13.98
15	Kapri Schwartz	London South S S	14.40
16	Jillian Trepanier	Woodstock Collegiate Institute	14.45

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Event 14 100 Meter Hurdles 33" Novice Men Prelims**Thursday 2025-05-29 - 1:00 PM****West Region: 13.12 1998 Paul WHITTY / London-Saunders**

	Name	Team	Seed Time
1	Nayif Purres	St. Thomas Aquinas S S	15.41
2	Bennett Lawson	Orangeville - Orangeville	15.44
3	Brady Ippoliti	St. Thomas of Villanova	15.47
4	Harri Tunnicliffe	St. James - Guelph	15.60
5	Reid Martin	Grand River - Kitchener	15.68
6	Rushton McNeil Bazely	Oakridge S S	15.77
7	Benjamin Liebrock	Cardinal Carter	15.77
8	Zizheng (Charlie) Qiu	Tecumseh Vista Academy	15.78
9	Xander Knapp	Lambton Central Collegiate	15.81
10	Lucien Wavula	Holy Names	15.96
11	Maxwell Lott	Orangeville - Orangeville	16.13
12	David Kondroussev	Waterloo CI	16.63
13	Owen Migchels	Medway H S	16.69
14	Dominic Yenson	Catholic Central-London	16.78
15	Charlie Halpenny	Parkside C I	16.86
16	Connor Wolfe	Mitchell D H S	17.41

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Event 15 300 Meter Hurdles 30" Novice Women**Friday 2025-05-30 - 11:00 AM****West Region: 43.59 2012****Lexi Aitken, St. Anne-Clinton**

	Name	Team	Seed Time
1	Jordan Cheam	Centennial - Guelph	46.39
2	Arianna Itobore	Kitchener Waterloo - Kitchener	47.29
3	Madeline Verbeek	Ursuline	48.04
4	Ava McFadden	St. Thomas Aquinas S S	48.77
5	Kayla Zelibka	Catholic Central-London	49.20
6	Kaylin Shea	St. Benedict - Cambridge	49.95
7	Cameron Schmidt	Waterloo-Oxford - Baden	50.27
8	Holly Tshibasu	Mother Teresa C S S	50.49
9	Marlowe Cabral	St. Patrick's Catholic H.S.	50.49
10	Averie Fines	St. Patrick's Catholic H.S.	50.59
11	Aryn Sheldon	St. Marys D C & V I	50.74
12	Makinlee Phillips	St. Michael C S S	50.93
13	Kapri Schwartz	London South S S	51.11
14	Izzy Distefano	Holy Names	51.49
15	Campbelle Brown	Lambton Central Collegiate	52.89
16	Kate Logan	Laurel Heights Sec Sch	53.36

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Event 16 300 Meter Hurdles 33" Novice Men**Friday 2025-05-30 - 11:00 AM****West Region: 40.41 2005****Jeremy Gibbons, Herman**

	Name	Team	Seed Time
1	Arden Lei	Laurel Heights Sec Sch	43.35
2	Ty Tran	Great Lakes Secondary School	43.78
3	Nayif Purres	St. Thomas Aquinas S S	44.16
4	Keldon St. Louis	Holy Names	45.06
5	Harri Tunnicliffe	St. James - Guelph	45.21
6	Chris Trandafir	St. Patrick's Catholic H.S.	45.82
7	Samuel Evens	Laurel Heights Sec Sch	46.24
8	Ryan Baldwin	Medway H S	46.32
9	Xander Knapp	Lambton Central Collegiate	46.58
10	Eli Odolphy	Sarnia Northern	46.74
11	Brady Menich	Delhi District Secondary	47.14
12	Nik Stotler	Laurel Heights Sec Sch	47.89
13	Jayden Choinski	Sir Wilfrid Laurier	48.48
14	Reece Burke	West Elgin S S	48.64
15	Zach Robinson	Listowel D S S	48.69
16	Oluwafikunayo Olumide	John Paul II S S	50.95

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Event 17 High Jump Novice Women**Thursday 2025-05-29 - 5:30 PM****Starting Height: at the discretion of the official****up 5 cm at a time until 4 competitors remain,****then increments will be determined by the head official****West Region: 1.73m 1984 Leanne MADILL / Guelph-Centennial**

	Name	Team	Seed Mark
1	Kseniya Smith	St. Benedict - Cambridge	1.55m
2	Cameron Schmidt	Waterloo-Oxford - Baden	1.50m
3	Kate Logan	Laurel Heights Sec Sch	1.45m
4	Paige Gillett	Bluevale - Waterloo	1.45m
5	Kelsie Hayes	Walkerton Distric Community Sc	1.45m
6	Hailynn Greidanus	St. Anne's C S S	1.43m
7	Davina Mboma Nsimi	Mother Teresa C S S	1.40m
8	Alyssa Lee-Hermitt	Ursuline	1.38m
9	Peyton Denijs	Ursuline	1.38m
10	Elizabeth Bertrand	St. Patrick's Catholic H.S.	1.35m
11	Tera Branton	St. Patrick's Catholic H.S.	1.35m
12	Brook Adewale	Regina Mundi College	1.35m
13	Natania Horne	Saunders S S	1.35m
14	Bridget Woolley	East Elgin S S	1.30m
15	Rosie Sauder	Stratford District S S	1.30m
16	Charlotte Tedball	Sarnia Northern	1.30m

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Event 18 High Jump Novice Men**Friday 2025-05-30 - 10:00 AM****Starting Height: at the discretion of the official****up 5 cm at a time until 4 competitors remain,****then increments will be determined by the head official****West Region: 1.90m 2007 Branden Wilhelm, Woodstock**

	Name	Team	Seed Mark
1	Liam Buchannan	Walkerton Distric Community Sc	1.71m
2	Joel Sloetjes	Strathroy D C I	1.64m
3	Yaniss Lugogo	Mother Teresa C S S	1.64m
4	Sidney Renwick	Walkerville Collegiate Ins	1.62m
5	Romadan Chamroeun	Huron Heights - Kitchener	1.60m
6	Zayan Mannan	Saunders S S	1.58m
7	Levi Toenders	Sarnia Northern	1.56m
8	Reid Bishop	Elmira - Elmira	1.55m
9	Aiden Lucas	Dunnville Secondary School	1.55m
10	Ben Tshangala	Sarnia Northern	1.53m
11	Emerson Streeter	Sarnia Northern	1.53m
12	Chris Trandafir	St. Patrick's Catholic H.S.	1.53m
13	Samuel Townshend	Mother Teresa C S S	1.50m
14	Ephraim Okoduwa	Montcalm S S	1.50m
15	William Sidler	Saunders S S	1.50m
16	Declan Lisk	Wellington Heights Secondary S	1.50m

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Event 19 Pole Vault Novice Women**Thursday 2025-05-29 - 3:00 PM****Starting Height: 1.60 m****up 15 cm at a time until 4 competitors remain,****then increments will be determined by the head official****West Region: 2.95m 2016 Brooke Meloche, Sandwich**

	Name	Team	Seed Mark
1	Lucy Schiedel	Medway H S	2.70m
2	Avery Molinaro	Woodstock Collegiate Institute	2.50m
3	Ava Ridley	Lord Dorchester S S	2.40m
4	Arleta Stoenescu	St. Thomas of Villanova	2.30m
5	Makena Barron	Woodstock Collegiate Institute	2.25m
6	Elena Jordanovski	Sandwich Secondary	2.15m
7	Stella Giansante	L'Essor	2.15m
8	Laila Herrmann	St Joseph's Catholic	2.15m
9	Lena Thompson	St. Marys D C & V I	2.10m
10	Lilliana DeSilva	St. Benedict - Cambridge	2.00m
11	Osa Ryan-Soderlund	Sandwich Secondary	2.00m
12	Zidra Fobel	Cameron Heights - Kitchener	2.00m
13	Kendra Williams	Laurel Heights Sec Sch	2.00m
14	Macey Taylor	Woodstock Collegiate Institute	1.95m
15	Anna Peng	Laurel Heights Sec Sch	1.80m
16	Ananya Prasad	Laurel Heights Sec Sch	1.80m

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Event 20 Pole Vault Novice Men**Thursday 2025-05-29 - 12:30 PM****Starting Height: 2.20 m****up 15 cm at a time until 4 competitors remain,****then increments will be determined by the head official****West Region: 3.80m 1997 Frank KLUNDERT / Cardinal Carter**

	Name	Team	Seed Mark
1	Caleb Estoesta	Laurel Heights Sec Sch	2.85m
2	Marcus Ma	Cameron Heights - Kitchener	2.75m
3	Gabriel Estoesta	Laurel Heights Sec Sch	2.65m
4	Ahyan Mahruz	Laurel Heights Sec Sch	2.40m
5	Ryan Shahian	St. Anne High School	2.40m
6	Marcus Li	Laurel Heights Sec Sch	2.40m
7	Reid Watson	St. Marys D C & V I	2.40m
8	Dan Dittmer	St. Marys D C & V I	2.40m
9	Zach Bannermann	Stratford District S S	2.40m
10	Ryan O'Donnell	Oakridge S S	2.25m
11	Ryder Blight	St. Marys D C & V I	2.25m
12	Jack McDonald	Woodstock Collegiate Institute	1.95m

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Event 21 Long Jump Novice Women**Thursday 2025-05-29 - 2:00 PM****West Region: 5.78m 1996****Jessica ZELINKA / London-Banting**

	Name	Team	Seed Mark
1	Amy Williamson	Parkside C I	4.75m
2	Natalie Hobson	Guelph - Guelph	4.72m
3	Adedolapo Adekanye	Sandwich Secondary	4.65m
4	Izzy Distefano	Holy Names	4.64m
5	Gisele McKaig	Chatham-Kent Secondary School	4.60m
6	Michelle Ducille	Assumption School-Brantford	4.56m
7	Hailey Ellins	Holy Trinity - Simcoe	4.53m
8	Rya Whale	Norwell Dhs	4.53m
9	Kaylee Clark	Blenheim D H S	4.49m
10	Ema Parent	St. Thomas of Villanova	4.49m
11	Jane Hewitt	St. Joseph's H S	4.48m
12	Leah Marquette	St. Michael C S S	4.42m
13	Kylie Moyer	Our Lady of Lourdes - Guelph	4.41m
14	Ana Maya	St. Mary's H S - Woodstock	4.32m
15	Rylan Anderson	Mitchell D H S	4.31m
16	Tega Unukegwo	Mother Teresa C S S	4.26m

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Event 22 Long Jump Novice Men**Thursday 2025-05-29 - 3:30 PM****West Region: 6.67m 1979****Ken BERRY / London-Laurier**

	Name	Team	Seed Mark
1	Tomiwa Owoseni	Mother Teresa C S S	5.79m
2	Shane Grass-Davidson	London South S S	5.76m
3	Noor Maner	North Park - Brantford	5.66m
4	Jairus Rabano	Resurrection - Kitchener	5.66m
5	Mateo De Leon Garza	Saunders S S	5.65m
6	Kerby Joseph	Hon W.C.Kennedy	5.58m
7	Yaniss Lugogo	Mother Teresa C S S	5.57m
8	Sylas Phan	Medway H S	5.54m
9	Kevin Khliv	Leamington D S S	5.52m
10	Neysean Teles	St. David - Waterloo	5.50m
11	Ope Alli	Sir Frederick Banting S S	5.44m
12	Carter Raffoul	Erie Migration District School	5.43m
13	Sidney Renwick	Walkerville Collegiate Ins	5.42m
14	Xander Knapp	Lambton Central Collegiate	5.34m
15	Kosta Nikolic	Elmira - Elmira	5.28m
16	Tyrell Agyare	Jacob Hespeler - Cambridge	5.27m

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Performance List

Event 23 Triple Jump Novice Women**Friday 2025-05-30 - 12:00 PM****West Region: 11.53m 2011****Angela Mercurio, St.Mary's-Kitche**

	Name	Team	Seed Mark
1	Alyssa Tannini	St. Thomas of Villanova	10.67m
2	Amy Williamson	Parkside C I	10.29m
3	Hailey Ellins	Holy Trinity - Simcoe	10.26m
4	Adedolapo Adekanye	Sandwich Secondary	10.12m
5	Aislyn Dehoey	Ursuline	9.93m
6	Lydia Quin	St. Thomas Aquinas S S	9.90m
7	Nina Erak	Woodland Christian - Breslau	9.82m
8	Lena Walker	London South S S	9.76m
9	Meghan Rice	St. Patrick's Catholic H.S.	9.67m
10	Riley Phillips	Medway H S	9.67m
11	Julia McInnis	Erie Migration District School	9.59m
12	Nicole Gondosch	Woodland Christian - Breslau	9.56m
13	Anna Peng	Laurel Heights Sec Sch	9.53m
14	Stella Panchuk	Guelph - Guelph	9.51m
15	Daisy Daniel	St. Thomas Aquinas S S	9.39m
16	Keira Blain	St. Michael C S S	9.36m

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Event 24 Triple Jump Novice Men**Friday 2025-05-30 - 1:30 PM****West Region: 13.78m 1994****Kriss PETERSON / LaSalle-Sandwich**

	Name	Team	Seed Mark
1	Jonah Walker	Elmira - Elmira	11.98m
2	Ace Zanoia	St. Patrick's Catholic H.S.	11.85m
3	Seth Mallette	Ursuline	11.71m
4	Zachary Vanvrouwerff	Essex District High School	11.70m
5	Chad Li	Cameron Heights - Kitchener	11.64m
6	Kevin Khliv	Leamington D S S	11.57m
7	Alvin Dyck	Chatham Christian High School	11.52m
8	Sylas Phan	Medway H S	11.51m
9	Hayden Jordan	Laurel Heights Sec Sch	11.24m
10	Tyler Burtenshaw	St. Michael C S S	11.19m
11	Tyler Davis	St. Michael C S S	11.14m
12	Seth Leistra	Emmanuel Christian High School	11.10m
13	Samuel Townshend	Mother Teresa C S S	11.10m
14	Tanner Allen	Goderich D C I	11.09m
15	Ahyan Mahruz	Laurel Heights Sec Sch	11.05m
16	Mateo De Leon Garza	Saunders S S	11.04m

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Event 25 Shot Put 3 kg Novice Women**Thursday 2025-05-29 - 3:30 PM****West Region: 14.79m 2024-05-31 Jenna Tunks, Oakridge SS**

	Name	Team	Seed Mark
1	Cate Browne	St. Patrick's Catholic H.S.	10.97m
2	Sophia Basso	Oakridge S S	10.68m
3	Camryn Leitch	Great Lakes Secondary School	10.67m
4	Marina Veselinovic	Sandwich Secondary	9.95m
5	Olivia Folk	Sir Frederick Banting S S	9.77m
6	Emma Kindree	Cayuga Secondary School	9.55m
7	Teya Anderson	St. Anne's C S S	9.55m
8	Charlotte Melnick	Saunders S S	9.45m
9	Louisa Begamann	East Elgin S S	9.45m
10	Emma Mitrevski	Belle River	9.44m
11	Camrynn Dewar	Listowel D S S	9.32m
12	Lucia Mancusi	St. Patrick's Catholic H.S.	9.31m
13	Sophia Horton-Moulton	Simcoe - Simcoe	9.23m
14	Jevic Temgoua	Père-René-De-Galinée	9.20m
15	Sydney Knapp	Bluevale - Waterloo	9.18m
16	Ivy Johnston	Hagersville Secondary School T	9.14m

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Event 26 Shot Put 4 kg Novice Men**Thursday 2025-05-29 - 2:00 PM****West Region: 18.23m 1982****Dave CROMBEEN / Sarnia-St. Patrick's**

	Name	Team	Seed Mark
1	Noah Vanneck	Chatham-Kent Secondary School	14.07m
2	Levi Huinink	College Avenue S S	13.32m
3	Tyke Yang	Jacob Hespeler - Cambridge	12.26m
4	Jayden Callens	Delhi District Secondary	12.09m
5	Mikian Teao	Great Lakes Secondary School	11.99m
6	Warner Hurst	Listowel D S S	11.87m
7	Dwayne Brown	Simcoe - Simcoe	11.86m
8	Tyler Goetz	Essex District High School	11.69m
9	Mehkai Arnold	Parkside C I	11.62m
10	Sean Hamill	Sarnia Northern	11.55m
11	Jaxon Quackenbush	St. Patrick's Catholic H.S.	11.48m
12	Adam Van Grinsven	Clarke Road S S	11.26m
13	Ben Butler	Cameron Heights - Kitchener	11.23m
14	Maddox Conti	Centre Wellington Dhs	11.19m
15	Shawn Edwards	Catholic Central-London	10.17m
16	Robert Duncan	Montcalm S S	10.06m

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Event 27 Discus Throw 1 kg Novice Women**Friday 2025-05-30 - 1:30 PM****West Region: 49.01m 2024-06-01 Jenna Tunks, Oakridge SS**

	Name	Team	Seed Mark
1	Camryn Leitch	Great Lakes Secondary School	29.40m
2	Louisa Begamann	East Elgin S S	29.35m
3	Olivia Folk	Sir Frederick Banting S S	27.89m
4	Lucy Reitzel	Resurrection - Kitchener	25.71m
5	Charlotte Melnick	Saunders S S	24.80m
6	Sophia Basso	Oakridge S S	24.62m
7	Melanie Preis	Resurrection - Kitchener	23.74m
8	Lily Hollestelle-Black	St. Marys D C & V I	22.80m
9	Sophie Warren	Sir Frederick Banting S S	22.22m
10	Lucia Mancusi	St. Patrick's Catholic H.S.	21.65m
11	Mya Haye-Beaumont	Assumption School-Brantford	21.48m
12	Sophia Klie	Erie Migration District School	21.09m
13	Isabella Karas	St. Patrick's Catholic H.S.	20.81m
14	Ayva Reis	St. Thomas of Villanova	20.42m
15	Jade Moore	Centre Wellington Dhs	19.94m
16	Nora Reinink	Emmanuel Christian High School	19.59m

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Event 28 Discus Throw 1 kg Novice Men**Friday 2025-05-30 - 12:00 PM****West Region: 55.14m 2002****Joe POCOCK/Windsor**

	Name	Team	Seed Mark
1	Noah Vanneck	Chatham-Kent Secondary School	42.73m
2	Luke McDonald	Sacred Heart - Walkerton	41.94m
3	Mehkai Arnold	Parkside C I	39.03m
4	Sam Ragogna	Stratford District S S	37.35m
5	Tucker Ysebaert	Great Lakes Secondary School	36.79m
6	Vance Hallman	Waterloo-Oxford - Baden	36.06m
7	Boden Hlady	Belle River	35.39m
8	Keegan Ritchie	Saugeen District Secondary Sch	35.38m
9	Antonio Duran	St Joseph's Catholic	35.18m
10	Ahmad Haidar	Ecole Sec. Lamothe-Cadillac	34.74m
11	Keenan Schnarr	East Elgin S S	33.66m
12	Warner Hurst	Listowel D S S	32.80m
13	Yusef El-Aloul	Southwood	31.70m
14	Ayden Lorch	Sacred Heart - Walkerton	30.90m
15	Robert Duncan	Montcalm S S	30.49m
16	Henry Johnson	Sir Frederick Banting S S	29.92m

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Event 29 Javelin Throw 600 g Novice Women**Friday 2025-05-30 - 10:00 AM****West Region: 39.25m 2009****Brooke ROWLAND, Westside**

	Name	Team	Seed Mark
1	Camryn Leitch	Great Lakes Secondary School	32.06m
2	Jillian Trepanier	Woodstock Collegiate Institute	28.45m
3	Marina Veselinovic	Sandwich Secondary	27.24m
4	Sarika Adriaanse	Catholic Central-London	27.19m
5	Sophie Smith	Great Lakes Secondary School	26.94m
6	Maggie Miller	Sandwich Secondary	26.51m
7	Louisa Begamann	East Elgin S S	26.48m
8	Abby Thompson	Cayuga Secondary School	25.49m
9	Olivia Folk	Sir Frederick Banting S S	24.97m
10	Emma Mitrevski	Belle River	24.95m
11	Brooke Haveman	Saunders S S	24.28m
12	Lyla Yager	Cayuga Secondary School	23.94m
13	Lindsey Meyer	Central Huron S S	23.67m
14	Claire Aagaard	Resurrection - Kitchener	22.91m
15	Eden Meerstra	Emmanuel Christian High School	22.60m
16	Nora Reinink	Emmanuel Christian High School	21.78m

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Event 30 Javelin Throw 600 g Novice Men**Thursday 2025-05-29 - 5:30 PM****West Region: 61.70m 1982****Dave CROMBEEN / Sarnia-St. Patrick's**

	Name	Team	Seed Mark
1	Reid Hutton	Kitchener Waterloo - Kitchener	41.09m
2	Isaiah McGann-Williams	St. Patrick's Catholic H.S.	39.47m
3	Sean Hamill	Sarnia Northern	39.33m
4	Austin Korten	Delhi District Secondary	39.23m
5	Zachary Vanvrouwerff	Essex District High School	38.28m
6	Jawad Darwiche	Riverside Secondary School	37.41m
7	Mehkai Arnold	Parkside C I	36.75m
8	Vince Mao	Catholic Central-London	36.72m
9	Kai Tope	St. Patrick's Catholic H.S.	35.97m
10	Reid Watson	St. Marys D C & V I	35.36m
11	Noah Allison	Catholic Central-London	34.82m
12	Christien Fitzmorries	Assumption School-Brantford	34.79m
13	Dan Dittmer	St. Marys D C & V I	33.95m
14	Benjamin Harman	Strathroy D C I	33.53m
15	Jaehwan Sim	Laurel Heights Sec Sch	32.64m
16	Andrew Frey	Kitchener Waterloo - Kitchener	31.80m

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Event 31 4x100 Meter Relay Novice Women**Thursday 2025-05-29 - 6:30 PM****West Region: 49.76 2014****W. F. Herman - Windsor, Herman, W.F.****J Jackson, S Guimond, A Traore, T Freckleton**

	Team	Relay	Seed Time
1	St. Patrick's Catholic H.S.	A	51.86
	1) Abby Stewart 2) Averie Fines	3) Marlowe Cabral 4) Cate Browne	
2	Chatham-Kent Secondary Schoo	A	51.87
	1) Jemmoy Campbell 2) Gebet Osei	3) Gisele McKaig 4) Lia Hillman	
3	St. Benedict - Cambridge	A	52.04
	1) Avery Andersson 2) Olivia Titaro	3) Kseniya Smith 4) Kaylin Shea	
4	St. Thomas of Villanova	A	52.15
	1) Erna Parent 2) Leia Politi	3) Emily Maleyko 4) Alyssa Tannini	
5	Sandwich Secondary	A	52.55
	1) Layla Cea 2) Serene Al Ghazaly	3) Adedolapo Adekanye 4) Osa Ryan-Soderlund	
6	Guelph - Guelph	A	53.22
	1) Joyceta Saha 2) Samantha Vitale	3) Stella Panchuk 4) Penny Ysselstein	
	5) Natalie Hobson 6) Nadia Clemmer		
7	Strathroy D C I	A	53.38
	1) Naomi Piercy 2) Rhema Ojo-Ibukun	3) Lillian Eichenberger 4) Samantha Demars	
8	Mother Teresa C S S	A	53.50
	1) Tega Unukegwo 2) Davina Mboma Nsimi	3) Aubrey Denomme 4) Holly Tshibusu	
	5) Victoria McManus		
9	St Joseph's Catholic	A	53.57
	1) Ava Lorway 2) Stella Mastromattei	3) Callie Guanio 4) Morgan Kane	
	5) Laila Herrmann 6) Nadia Grossi	7) Katelyn Parungo	
10	St. Thomas Aquinas S S	A	54.24
	1) Ava McFadden 2) Eleanor Matti	3) Calista Brazier 4) Leah Maudsley	
	5) Isla Linton 6) Emmie Kozachuk		
11	Parkside C I	A	54.42
	1) Amy Williamson 2) Cadence Baitz	3) Hannah Kish 4) Cadence Quin	
12	Resurrection - Kitchener	A	54.62
	1) Brenna Bauman 2) Anika Soliman	3) Melanie Preis 4) Nina O'Dea	
	5) Ava Bauer 6) Nilleigh Phouthonephackdy		
13	Kitchener Waterloo - Kitchener	A	54.76
	1) Kayla Krone 2) Esther Emeadi	3) Erin Manning 4) Arianna Itobore	
14	North Park - Brantford	A	54.91
	1) Abbi Curry 2) Kaida Savard	3) Shattahua Lewers 4) Hailey Beswick	
	5) Niomi Anderson		
15	Catholic Central-London	A	55.05
	1) Emily Lorusso Valladares 2) Clara Eddy	3) Kiera Cammaert 4) Kayla Zelibka	
	5) Marissa D'Souza 6) Abi Demelo		
16	Woodstock Collegiate Institute	A	55.38
	1) Avery Molinaro 2) Jillian Trepanier	3) Layla Graham 4) Brooklynn Donais	
	5) Macey Taylor 6) Makena Barron		

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Event 32 4x100 Meter Relay Novice Men**Thursday 2025-05-29 - 6:30 PM****West Region: 45.37 2002 LASALLE-VILLANOVA**

	Team	Relay	Seed Time
1	St. Patrick's Catholic H.S.	A	46.61
	1) Kai Tope	2) Easton Savoie	3) Chris Trandafir
	5) Griffin Kerwin	6) Benjamin Killingsworth	4) Caden Kreeft
2	Holy Names	A	46.99
	1) Jean Robert Nicholas	2) Keldon St. Louis	3) Lucien Wavula
	5) Alonzo Stazzi		4) Rocco Cory
3	Mother Teresa C S S	A	47.04
	1) Tomiwa Owoseni	2) Max Carter	3) Kameron Dumouchel
	5) David Shonekan		4) Yaniss Lugogo
4	Chatham-Kent Secondary Schoo	A	47.21
	1) Noah Vanneck	2) Logan Yeang	3) Jemario Campbell
			4) Aiden Belanger
5	Jacob Hespeler - Cambridge	A	47.50
	1) Derrick Walmsley	2) Nikita Sakara	3) Tyke Yang
	5) Nathaniel Alverado		4) Tyrell Agyare
6	Sarnia Northern	A	47.60
	1) Ben Tshangala	2) Andrew Nguyen	3) Eli Odolphy
			4) Kaleb Kalo
7	St. Thomas of Villanova	A	47.60
	1) Anthony Lemmo	2) Brady Ippoliti	3) Thomas Lukic
			4) Kalin Powell
8	St. David - Waterloo	A	47.86
	1) David Anderson	2) Posi Otesanya	3) Wesley Grundy
	5) Julian Alvaro	6) Jonnathan Straus	4) Neysean Teles
9	Pauline Johnson Cvs	A	47.99
	1) Curtis Donaldson	2) Ryley Rowe	3) Carson Slezsak
	5) Terver Ukeyima	6) Noah Greville	4) Josh Marckesano
10	St. Thomas Aquinas S S	A	48.18
	1) Chinaechem Steve-Nnor	2) Nayif Purres	3) Christian Circelli
	5) Christian Graham	6) Luca Barletta	4) Robert Raso
11	Bishop MacDonnell - Guelph	A	48.49
	1) Temi Dele-Oshiga	2) Tani Dele-Oshiga	3) Chimadika (Michael) Am
			4) Caeden Smith
12	Huron Heights - Kitchener	A	48.51
	1) David Leonce	2) Kaysen Souksanh	3) Hunter Strype
	5) Emmanuel Martins		4) Romadan Chamroeun
13	Catholic Central-London	A	48.72
	1) Dominic Yenson	2) Kannasicho Ezepue	3) Milind Mujoomdar
	5) Tate Kim	6) Jonathan Matovu	4) Jerome Bow Pearce
14	Oakridge S S	A	48.79
	1) Nicholas Keith	2) Rushton McNeil Bazely	3) Nicholas Wilkinson
	5) Landyn Pallin Bould		4) Zain Ansari
15	Parkside C I	A	49.63
	1) Max Surmacz	2) Nathan Campbell	3) Charlie Halpenny
			4) Jack Moore
16	Saunders S S	A	49.64
	1) Mateo De Leon Garza	2) William Sidler	3) Preston Baldacchino
	5) Micah Kaniki		4) Zayan Mannan

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Event 33 100 Meter Dash Junior Women Prelims**Thursday 2025-05-29 - 2:00 PM****West Region: 11.89 1995 Margaret FOX / Guelph-Bishop Mac.**

	Name	Team	Seed Time
1	Ella Holden	Jacob Hespeler - Cambridge	12.48
2	Carly Lightfoot	Medway H S	12.71
3	Patricia Nkuna	Père-René-De-Galinée	12.72
4	Isabella Driedger	Erie Migration District School	12.84
5	Norah Meyer	Belle River	12.84
6	Evan McConnell	Catholic Central-London	12.86
7	Holly Benninger	St. Mary's - Kitchener	12.91
8	Halle MacVicar	St. Anne's C S S	12.92
9	Adriana Gianniotis	Grand River - Kitchener	13.01
10	Fiona Kalaiwo	St. Thomas Aquinas S S	13.02
11	Serena Aina	Assumption College School	13.12
12	Ainsley Berendsen	St. Michael C S S	13.13
13	Leah Wenidiktow	Orangeville - Orangeville	13.22
14	Ava Herrera Kobe	Holy Names	13.30
15	Zoe Morin	Mgsr. Bruyere E S	13.30
16	Believe Allen	Hon W.C.Kennedy	13.36

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Event 34 100 Meter Dash Junior Men Prelims**Thursday 2025-05-29 - 2:00 PM****West Region: 10.60 2002 Rhoan STERLING/Galt**

	Name	Team	Seed Time
1	Jayden Laing	Centennial - Guelph	11.09
2	Ethan Eleyinmi	Assumption School-Brantford	11.30
3	Kinser Rivest	Lambton Kent S.S	11.30
4	Samuel Aribilola	Holy Names	11.31
5	Alex Campbell	Assumption College School	11.34
6	Hunter Martin	Elmira - Elmira	11.36
7	Ayyan Malik	John F. Ross - Guelph	11.36
8	Junior Hinds	Assumption College School	11.39
9	Leshawn Telfer	Resurrection - Kitchener	11.39
10	Tyson Holder-Fuchs	Holy Names	11.42
11	Tunji Oladeinde	Regina Mundi College	11.45
12	Cash Flannery	Medway H S	11.54
13	Bryson Hnatyk	Sir Frederick Banting S S	11.56
14	Cole Summers	Catholic Central-London	11.71
15	Michael Fadiya	St. Andre Bessette	11.73
16	Enoch Adegboyega	St. Andre Bessette	11.81

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Event 35 200 Meter Dash Junior Women Prelims**Friday 2025-05-30 - 10:00 AM****West Region: 24.13 1995 Margaret FOX / Guelph-Bishop Mac.**

	Name	Team	Seed Time
1	Jaida Charles	John F. Ross - Guelph	25.32
2	Ella Holden	Jacob Hespeler - Cambridge	26.07
3	Anyang Tiel	Sir Wilfrid Laurier	26.38
4	Kaylee Ateyib	Resurrection - Kitchener	26.61
5	Carly Lightfoot	Medway H S	26.69
6	Georgia Chevalier	Oakridge S S	26.74
7	Isabella Driedger	Erie Migration District School	26.92
8	Norah Meyer	Belle River	26.93
9	Hayley Smith	St. David - Waterloo	27.10
10	Lydia Vansydenborgh	Emmanuel Christian High School	27.11
11	Serena Aina	Assumption College School	27.39
12	Olivia Silliker	Glendale H S	27.49
13	Nyator Simon	Assumption College School	27.52
14	Fiona Kalaiwo	St. Thomas Aquinas S S	27.87
15	Estelle Orlando	Sandwich Secondary	27.88
16	Alicia Weaver	Catholic Central-London	27.88

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Event 36 200 Meter Dash Junior Men Prelims**Friday 2025-05-30 - 10:00 AM****West Region: 21.67 1993****Chris ROBINSON / Cambridge-Hespeler**

	Name	Team	Seed Time
1	David Tomlin	Woodland Christian - Breslau	22.52
2	Jayden Laing	Centennial - Guelph	22.54
3	Cooper Noack	Forest Heights - Kitchener	23.09
4	Nathan Clark	Essex District High School	23.09
5	Leon Barrett	St. James - Guelph	23.16
6	Tunji Oladeinde	Regina Mundi College	23.26
7	Junior Hinds	Assumption College School	23.30
8	Anthony Demarco	St. Thomas of Villanova	23.46
9	Ethan Eleyinmi	Assumption School-Brantford	23.53
10	Kinser Rivest	Lambton Kent S.S	23.64
11	Warren Kennedy	St. Thomas of Villanova	23.65
12	Bryson Hnatyk	Sir Frederick Banting S S	24.05
13	Julian Venegas	Catholic Central-London	24.17
14	Enoch Adegboyega	St. Andre Bessette	24.22
15	Darren Prentice	F.E. Madill S S	24.49
16	Riisyn Al Faiadhi	Parkside C I	24.52

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Event 37 400 Meter Dash Junior Women**Thursday 2025-05-29 - 3:00 PM****West Region: 54.56 1994****Nadia SCHMEIDT / London-John Paul II**

	Name	Team	Seed Time
1	Anieu Chan	Vincent Massey Secondary	57.20
2	Anyang Tiel	Sir Wilfrid Laurier	58.09
3	Lilienne Mitchell	Sir Frederick Banting S S	58.16
4	Georgia Chevalier	Oakridge S S	1:01.71
5	Mya Bart	St. Thomas of Villanova	1:01.72
6	Thea Astles	St. Thomas of Villanova	1:02.97
7	Sophie Herr	Kitchener Waterloo - Kitchener	1:03.26
8	Addison Brosnan-Dennis	St. Thomas Aquinas S S	1:03.41
9	Addison Chipman	Centennial - Guelph	1:04.33
10	Elise Jantzi	Waterloo-Oxford - Baden	1:04.33
11	Elizabeth Naar	Riverside Secondary School	1:04.39
12	Willa Schaufele	Sir Frederick Banting S S	1:04.63
13	Chloe Humphries	Centre Wellington Dhs	1:05.06
14	Nyator Simon	Assumption College School	1:05.40
15	Hayley Smith	St. David - Waterloo	1:05.58
16	Alicia Weaver	Catholic Central-London	1:05.59

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Event 38 400 Meter Dash Junior Men**Thursday 2025-05-29 - 3:00 PM****West Region: 47.94 1997****Liam CARD / Port Elgin-Saugeen**

	Name	Team	Seed Time
1	David Tomlin	Woodland Christian - Breslau	51.49
2	Alex Grafos	St Joseph's Catholic	52.48
3	Anthony Demarco	St. Thomas of Villanova	52.79
4	Charlie Dufour	Holy Names	53.26
5	Gabriel Haddad	Resurrection - Kitchener	53.26
6	Julian Venegas	Catholic Central-London	53.41
7	Alex Fortney	Sarnia Northern	53.46
8	Owen Barber	Kitchener Waterloo - Kitchener	53.49
9	Andrew Gadoury	Tecumseh Vista Academy	54.05
10	Bryson Keenleyside	Oakridge S S	54.33
11	Harry Thompson	Cameron Heights - Kitchener	54.86
12	Michael Walsh	A.B. Lucas S S	55.14
13	Jophre Nsekuye	Regina Mundi College	55.16
14	Nolan Gerster	Assumption School-Brantford	55.50
15	Riisyn Al Faiadhi	Parkside C I	56.02
16	Taylor Low	Medway H S	56.15

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Event 39 800 Meter Run Junior Women**Friday 2025-05-30 - 1:00 PM****West Region: 2:08.52 2007****Jessica Parry, C. C. London**

	Name	Team	Seed Time
1	Anieu Chan	Vincent Massey Secondary	2:13.33
2	Micah Carswell	Père-René-De-Galinée	2:18.36
3	Leah Milligan	Medway H S	2:20.95
4	Elena Moore	Kincardine District Secondary	2:22.10
5	Jaydin Askey	Mother Teresa C S S	2:27.43
6	Sophie Herr	Kitchener Waterloo - Kitchener	2:27.65
7	Olivia Somers	Sarnia Northern	2:28.04
8	Kaitlyn Nadeau	St. Thomas Aquinas S S	2:29.26
9	Isabel Spence	Georgian Bay Community School	2:29.36
10	Willa Schaufele	Sir Frederick Banting S S	2:29.57
11	Chloe Humphries	Centre Wellington Dhs	2:30.30
12	Nadiah Ciaramitaro	Sandwich Secondary	2:32.13
13	Thea Astles	St. Thomas of Villanova	2:33.25
14	Harper Sieders	Sarnia Northern	2:34.22
15	Ella Chesney	Huron Park S S	2:41.27
16	Sophie Marchand	Medway H S	2:41.38

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Performance List

Event 40 800 Meter Run Junior Men**Friday 2025-05-30 - 1:00 PM****West Region: 1:50.90 2000****Nathan BRANNEN / Preston HS**

	Name	Team	Seed Time
1	Chase Capes	St. Patrick's Catholic H.S.	1:58.44
2	Perry Smith	Saugeen District Secondary Sch	2:01.53
3	Alex Fortney	Sarnia Northern	2:02.23
4	Adrian Lofaso	St. Mary's - Kitchener	2:03.03
5	William Van Hartingsveldt	St. David - Waterloo	2:06.21
6	Joel Gates	Stratford District S S	2:07.23
7	Carson Player	John F. Ross - Guelph	2:08.48
8	Mathew Paul	Huron Heights - Kitchener	2:08.51
9	Sam Denys	Ursuline	2:08.56
10	Andrew Gadoury	Tecumseh Vista Academy	2:09.10
11	Parker Zimmerman	Oakridge S S	2:09.28
12	Benji Gould	East Elgin S S	2:09.59
13	Jack Krause	St. Thomas of Villanova	2:10.49
14	Simon Goodyear	Montcalm S S	2:10.65
15	Michael Walsh	A.B. Lucas S S	2:14.26
16	Abe Bender	St. Marys D C & V I	2:14.77

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Event 41 1500 Meter Run Junior Women**Thursday 2025-05-29 - 6:00 PM****West Region: 4:28.35 2007****Jessica Parry, C. C. London**

	Name	Team	Seed Time
1	Micah Carswell	Père-René-De-Galinée	4:51.86
2	Elena Moore	Kincardine District Secondary	4:54.80
3	Gracie Vanderriendt	Chatham-Kent Secondary School	5:00.33
4	Olivia Somers	Sarnia Northern	5:00.98
5	Leah Milligan	Medway H S	5:01.24
6	Isabel Spence	Georgian Bay Community School	5:01.64
7	Alexandra Pardalis	Sandwich Secondary	5:05.25
8	Megan Klapwyk	ES David-Saint-Jacques	5:08.22
9	Jaydin Askey	Mother Teresa C S S	5:08.39
10	Ellie Reiter	Leamington D S S	5:14.34
11	Sophie Herr	Kitchener Waterloo - Kitchener	5:15.53
12	Megan Jean	St. Thomas Aquinas S S	5:15.62
13	Charlotte Bothwell	St. Thomas Aquinas S S	5:17.80
14	Kallie Zajacz	Sandwich Secondary	5:18.13
15	Avery Van Will	Strathroy D C I	5:18.64
16	Asha Nazarewicz	London Central S S	5:20.47

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Event 42 1500 Meter Run Junior Men**Thursday 2025-05-29 - 5:00 PM****West Region: 3:49.3h 1994****Jay CANTIN / Sarnia-St. Clair**

	Name	Team	Seed Time
1	Chase Capes	St. Patrick's Catholic H.S.	4:14.12
2	Perry Smith	Saugeen District Secondary Sch	4:14.25
3	Adrian Lofaso	St. Mary's - Kitchener	4:16.78
4	Nathan Mesquita	Resurrection - Kitchener	4:19.12
5	Henri Ndreka	Centennial - Guelph	4:20.13
6	Charles Bender	St. Marys D C & V I	4:20.42
7	Joel Gates	Stratford District S S	4:20.69
8	Liam Ruddock	John F. Ross - Guelph	4:21.39
9	Ryan Galloway	Oakridge S S	4:23.54
10	Alex Fortney	Sarnia Northern	4:23.76
11	Nic Britnell	St. Marys D C & V I	4:25.93
12	Benji Gould	East Elgin S S	4:26.13
13	Kai McKay	St. Thomas of Villanova	4:26.54
14	Sam Stinson	Strathroy D C I	4:27.69
15	Ryan Ladouceur	St. Patrick's Catholic H.S.	4:29.35
16	Reese Butler	Hon W.C.Kennedy	4:29.76

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Event 43 3000 Meter Run Junior Women**Friday 2025-05-30 - 12:30 PM****West Region: 9:50.02 2001****Amy KOHLMEIER /Sarnia-St.Patrick's**

	Name	Team	Seed Time
1	Gracie Vandergriendt	Chatham-Kent Secondary School	10:42.96
2	Ellie Reiter	Leamington D S S	10:50.63
3	Kennedy Wyga	Centre Wellington Dhs	10:53.83
4	Alexandra Pardalis	Sandwich Secondary	10:54.87
5	Haiden Robb	Holy Trinity - Simcoe	10:58.46
6	Jaydin Askey	Mother Teresa C S S	11:09.74
7	Megan Klapwyk	ES David-Saint-Jacques	11:13.08
8	Olivia Somers	Sarnia Northern	11:18.97
9	Avery Van Will	Strathroy D C I	11:25.76
10	Asha Nazarewicz	London Central S S	11:30.28
11	Petra Barichello	Huron Heights - Kitchener	11:31.18
12	Lauren Holst-Burnard	Waterloo-Oxford - Baden	11:40.88
13	Kallie Zajacz	Sandwich Secondary	11:42.93
14	Megan Jean	St. Thomas Aquinas S S	11:49.00
15	Kyla Vording	St. Thomas Aquinas S S	11:54.45
16	Charlotte Bothwell	St. Thomas Aquinas S S	12:04.44

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Event 44 3000 Meter Run Junior Men**Friday 2025-05-30 - 12:30 PM****West Region: 8:35.46 2001****Adam HORTIAN / Bluevale**

	Name	Team	Seed Time
1	Liam Ruddock	John F. Ross - Guelph	9:22.11
2	Henri Ndreka	Centennial - Guelph	9:24.43
3	Emmett Leary	Georgian Bay Community School	9:25.02
4	Nathan Mesquita	Resurrection - Kitchener	9:31.23
5	Liam Willcott	Orangeville - Orangeville	9:35.64
6	Evan D'Nunzio	W.F. Herman Academy	9:37.80
7	Charles Bender	St. Marys D C & V I	9:40.38
8	Reese Butler	Hon W.C.Kennedy	9:40.83
9	Kai McKay	St. Thomas of Villanova	9:41.68
10	Christian Lasorda	Vincent Massey Secondary	9:42.00
11	Sam Stinson	Strathroy D C I	9:44.13
12	Benji Gould	East Elgin S S	9:47.78
13	Ryan Ladouceur	St. Patrick's Catholic H.S.	9:48.75
14	Nic Britnell	St. Marys D C & V I	9:49.75
15	Ryan Galloway	Oakridge S S	10:02.27
16	Zach Matheson	St. Marys D C & V I	10:12.64

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Performance List

Event 45 80 Meter Hurdles 30" Junior Women Prelims**Thursday 2025-05-29 - 1:00 PM****West Region: 11.01 1998 Jessica ZELINKA / London-Banting**

	Name	Team	Seed Time
1	Emilie Gervais	Père-René-De-Galinée	11.98
2	Isabella Mills	St. Michael C S S	12.21
3	Katie Raue	Orangeville - Orangeville	12.62
4	Natasa Sajic	Centennial - Guelph	12.64
5	Addison Forcey	Mother Teresa C S S	12.70
6	Sidney Stinchcombe	John Paul II S S	12.78
7	Meagan Munro	Lambton Central Collegiate	12.81
8	Violet Humble	Catholic Central-London	13.02
9	Michalina Wilkiewicz	Sacred Heart - Walkerton	13.05
10	Allie Bridgen	St. Thomas of Villanova	13.08
11	Chloe Froese	Medway H S	13.13
12	Leah Wenidiktow	Orangeville - Orangeville	13.14
13	Julia Reid	A.B. Lucas S S	13.21
14	Filiz Ekler	Essex District High School	13.44
15	Shellane Elliott	St Joseph's Catholic	13.52
16	Charlotte Townsend	Sandwich Secondary	13.67

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Performance List

Event 46 100 Meter Hurdles 36" Junior Men Prelims**Thursday 2025-05-29 - 1:00 PM****West Region: 13.15 2014 Joey Daniels, Cameron Heights**

	Name	Team	Seed Time
1	Wakan Rainville	North Star-Amherstburg	13.92
2	Will Downing	Lord Dorchester S S	14.37
3	Kole Chapman	Lambton Central Collegiate	14.53
4	Sadat Hossain	Bluevale - Waterloo	14.64
5	Ethan Atkinson	St. Joseph's H S	14.71
6	Enoch Adegboyega	St. Andre Bessette	14.95
7	Celestin Ngalula	Eastwood C I	15.01
8	Joe Read	Waterloo CI	15.10
9	Demarco Maitland	St. Joseph's H S	15.21
10	Brandon Morcillo Munoz	Mother Teresa C S S	15.23
11	Folahan Epemolu	Sir Wilfrid Laurier	15.40
12	Nyouo Lual	St Joseph's Catholic	15.53
13	Noah Janzen	Rockway Mennonite	15.87
14	Cian Worsley	Sarnia Northern	15.97
15	Christian Hadre	St. Thomas of Villanova	16.26
16	Charlie Holt	St. James - Guelph	16.48

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Event 47 300 Meter Hurdles 30" Junior Women**Friday 2025-05-30 - 11:00 AM****West Region: 41.78 1994 Nadia SCHMEIDT / London-John Paul II**

	Name	Team	Seed Time
1	Emilie Gervais	Père-René-De-Galinée	45.62
2	Meagan Munro	Lambton Central Collegiate	47.66
3	Eleanor Rex	Guelph - Guelph	48.24
4	Isabella Mills	St. Michael C S S	48.54
5	Allie Bridgen	St. Thomas of Villanova	48.59
6	Elise Jantzi	Waterloo-Oxford - Baden	48.93
7	Michalina Wilkiewicz	Sacred Heart - Walkerton	49.18
8	Elizabeth Lockett	St. Benedict - Cambridge	49.48
9	Mya Bart	St. Thomas of Villanova	49.89
10	Julia Reid	A.B. Lucas S S	49.95
11	Addison Forcey	Mother Teresa C S S	50.03
12	Elizabeth Naar	Riverside Secondary School	50.08
13	Lilli Taylor	Woodstock Collegiate Institute	50.47
14	Violet Humble	Catholic Central-London	50.64
15	Charlotte Townsend	Sandwich Secondary	51.00
16	Chloe Froese	Medway H S	51.44

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Event 48 300 Meter Hurdles 33" Junior Men**Friday 2025-05-30 - 11:00 AM****West Region: 38.11 1996****Jeff ELLIS/Orangeville**

	Name	Team	Seed Time
1	Kole Chapman	Lambton Central Collegiate	41.50
2	Wakan Rainville	North Star-Amherstburg	41.53
3	Zenon Groch	Mother Teresa C S S	42.17
4	Will Downing	Lord Dorchester S S	42.28
5	Jamaldeen Adigun	Forest Heights - Kitchener	42.36
6	Julian Venegas	Catholic Central-London	42.41
7	Nathan Clark	Essex District High School	42.54
8	Sadat Hossain	Bluevale - Waterloo	42.55
9	Ethan Rutherford	Catholic Central-Windsor	42.86
10	Alex Grafos	St Joseph's Catholic	42.94
11	Morgan Gleason	Catholic Central-London	44.12
12	Zade Francois	St. David - Waterloo	44.45
13	Joe Read	Waterloo CI	44.51
14	Noah Janzen	Rockway Mennonite	45.06
15	Brandon Morcillo Munoz	Mother Teresa C S S	45.69
16	Julien Lagugne	Sir Frederick Banting S S	45.81

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Event 49 High Jump Junior Women**Friday 2025-05-30 - 12:00 PM****Starting Height: at the discretion of the official****up 5 cm at a time until 4 competitors remain,****then increments will be determined by the head official****West Region: 1.77m 1985 Catherine BOND / Woodstock CI**

	Name	Team	Seed Mark
1	Callie Aldridge	Huron Heights - Kitchener	1.67m
2	Frances Vollett	St. John's College	1.60m
3	Patricia Nkuna	Père-René-De-Galinée	1.60m
4	Lily Marshall	Sarnia Northern	1.50m
5	Lily Babin	Ursuline	1.43m
6	Halle Cassell	Strathroy D C I	1.43m
7	Emma Majewski	St. Patrick's Catholic H.S.	1.43m
8	Leah Holsappel	Chatham Christian High School	1.40m
9	Audrey Townsend	London Central S S	1.40m
10	Nicole Brailovsky	St. Joseph's H S	1.40m
11	Hailey McQueen	Holy Cross	1.40m
12	Eva Wilson	College Avenue S S	1.40m
13	Aubrey Smith	Cameron Heights - Kitchener	1.40m
14	Eve Bashir	Glenview Park - Cambridge	1.40m
15	Lilli Taylor	Woodstock Collegiate Institute	1.40m
16	Autumn Triolet	North Star-Amherstburg	1.35m

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Event 50 High Jump Junior Men**Friday 2025-05-30 - 1:30 PM****Starting Height: at the discretion of the official****up 5 cm at a time until 4 competitors remain,****then increments will be determined by the head official****West Region: 2.01m 1984 Andrew MCLEAN / Arva-Medway**

	Name	Team	Seed Mark
1	Warren Kottelenberg	Emmanuel Christian High School	1.80m
2	Jack Bruder	Glendale H S	1.77m
3	Colton Rogers	Waterloo-Oxford - Baden	1.75m
4	Rodney DeVries	Woodland Christian - Breslau	1.75m
5	Dylan Nanson	Hon W.C.Kennedy	1.75m
6	Billy Adebowale	Holy Cross	1.74m
7	Kypton Lofthouse	Glendale H S	1.71m
8	Brendan McCausland	Parkside C I	1.71m
9	Chris Vyn	Chatham Christian High School	1.70m
10	Mitch Leachman	Bishop MacDonnell - Guelph	1.70m
11	Kade Smith	Walkerton Distric Community Sc	1.70m
12	Liam Alvarado Barker	London Central S S	1.65m
13	Charlie Costigan	Mother Teresa C S S	1.65m
14	Nathan Bryan	Holy Names	1.60m
15	Tyrese List	Chatham-Kent Secondary School	1.60m
16	Mason Leverre	Great Lakes Secondary School	1.60m

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Event 51 Pole Vault Junior Women**Friday 2025-05-30 - 8:30 AM****Starting Height: 1.80 m****up 15 cm at a time until 4 competitors remain,****then increments will be determined by the head official****West Region: 3.70m 2010 Alysha Newman, Mother Teresa**

	Name	Team	Seed Mark
1	Alyssa Rizzo	Assumption College School	3.21m
2	Taylor Hawrelak	Medway H S	2.70m
3	Aisha Medina	Lord Dorchester S S	2.70m
4	Olivia Soumas	F.J. Brennan	2.60m
5	Sophia Idzik	St. Benedict - Cambridge	2.60m
6	Ella Earish	Riverside Secondary School	2.60m
7	Layna Hare	Oakridge S S	2.55m
8	Gabriella Lago	Kitchener Waterloo - Kitchener	2.40m
9	Jasmine Dufresne	Resurrection - Kitchener	2.40m
10	Holly Black	St. Marys D C & V I	2.40m
11	Tamara Zarco -chavez	St. Andre Bessette	2.40m
12	Sydney Stover	Elmira - Elmira	2.40m
13	Kelsey Stewart	Sandwich Secondary	2.30m
14	Rylen Mount	Oakridge S S	2.25m
15	Teagan Mason	Jacob Hespeler - Cambridge	2.20m
16	Crystal Wang	Riverside Secondary School	1.50m

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Event 52 Pole Vault Junior Men**Thursday 2025-05-29 - 5:30 PM****Starting Height: 2.30 m****up 15 cm at a time until 4 competitors remain,****then increments will be determined by the head official****West Region: 4.40m 1991 Mike NOLAN / Lord Dorchester**

	Name	Team	Seed Mark
1	Ethan Atkinson	St. Joseph's H S	4.20m
2	Cameron Hancock	Jacob Hespeler - Cambridge	3.20m
3	Bryson Keenleyside	Oakridge S S	3.15m
4	Zach Larmer	St. Marys D C & V I	3.15m
5	Charles Cousins	Oakridge S S	3.15m
6	Kayden Rose	St. Benedict - Cambridge	3.00m
7	Jack Kovac	St. Thomas of Villanova	2.90m
8	Xavier Petruniak	L'Essor	2.90m
9	James McQueen	St. Thomas of Villanova	2.90m
10	Andy Cho	Oakridge S S	2.85m
11	Brayden Lucas	Medway H S	2.85m
12	Takumi Sajecki	Cameron Heights - Kitchener	2.80m
13	Lucas Chen	Laurel Heights Sec Sch	2.80m
14	Hayden Norris	Laurel Heights Sec Sch	2.80m
15	Aidan Wagner	Sandwich Secondary	2.60m
16	Marcello Didonato	St. Thomas of Villanova	2.60m

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Event 53 Long Jump Junior Women**Thursday 2025-05-29 - 5:30 PM****West Region: 5.76m 1981****Tina LETOURNEAU / Windsor-Brennan**

	Name	Team	Seed Mark
1	Jaida Charles	John F. Ross - Guelph	5.21m
2	Isabella Mills	St. Michael C S S	5.13m
3	Lily Soulliere	Holy Names	5.12m
4	Callie Aldridge	Huron Heights - Kitchener	5.10m
5	Hailey McQueen	Holy Cross	4.97m
6	Talia Golcevski	Cameron Heights - Kitchener	4.89m
7	Patricia Nkuna	Père-René-De-Galinée	4.81m
8	Katie Raue	Orangeville - Orangeville	4.80m
9	Laura Haggerty	Sarnia Northern	4.79m
10	Lily Marshall	Sarnia Northern	4.75m
11	Viviana Del Vasto	St. Thomas Aquinas S S	4.72m
12	Alyssa Gare	Catholic Central-London	4.69m
13	Taylor Gibson	F.E. Madill S S	4.69m
14	Halle Cassell	Strathroy D C I	4.63m
15	Charlotte Townsend	Sandwich Secondary	4.55m
16	Filiz Ekler	Essex District High School	4.48m

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Event 54 Long Jump Junior Men**Friday 2025-05-30 - 10:00 AM****West Region: 7.18m 1999****Paul WHITTY / London-Saunders**

	Name	Team	Seed Mark
1	Leshawn Telfer	Resurrection - Kitchener	6.52m
2	Dharion Liner	W.F. Herman Academy	6.52m
3	Benjamin Ojeme	Bluevale - Waterloo	6.15m
4	Ayyan Malik	John F. Ross - Guelph	6.09m
5	Israel Oluwatuyi	Holy Names	6.04m
6	Hunter Martin	Elmira - Elmira	5.89m
7	Dylan Nanson	Hon W.C.Kennedy	5.87m
8	Kinser Rivest	Lambton Kent S.S	5.81m
9	Youssef Charafeddine	Cardinal Carter	5.80m
10	Aiden Hartmann	Lord Dorchester S S	5.77m
11	Cole Summers	Catholic Central-London	5.74m
12	Celestin Ngalula	Eastwood C I	5.67m
13	Matthew McDonald	Strathroy D C I	5.51m
14	Wooseong Lee	Catholic Central-London	5.50m
15	Jack Bruder	Glendale H S	5.42m
16	Yoyo Yu	London Central S S	5.41m

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Event 55 Triple Jump Junior Women**Thursday 2025-05-29 - 2:00 PM****West Region: 11.94m 1995****Monique HAAN / London Christian**

	Name	Team	Seed Mark
1	Jaida Charles	John F. Ross - Guelph	11.08m
2	Lily Soulliere	Holy Names	10.68m
3	Niveah Whilby	Resurrection - Kitchener	10.23m
4	Julia Reid	A.B. Lucas S S	10.22m
5	Ainsley Berendsen	St. Michael C S S	10.15m
6	Talia Golcevski	Cameron Heights - Kitchener	10.13m
7	Ella Otterbein	St. Thomas Aquinas S S	10.13m
8	Juliet Osborne	Lambton Kent S.S	10.09m
9	Laura Haggerty	Sarnia Northern	10.05m
10	Emily Grover	St. Thomas of Villanova	9.97m
11	Natasja Sajic	Centennial - Guelph	9.95m
12	Viana Vo	Jacob Hespeler - Cambridge	9.95m
13	Violet Humble	Catholic Central-London	9.84m
14	Taylor Gibson	F.E. Madill S S	9.82m
15	Filiz Ekler	Essex District High School	9.82m
16	Rylen Mount	Oakridge S S	9.78m
17	Summer Kollman	St. Michael C S S	9.56m

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Event 56 Triple Jump Junior Men**Thursday 2025-05-29 - 3:30 PM****West Region: 15.22m 2000****Kenen SHADD / Kitchner-Grand River CI**

	Name	Team	Seed Mark
1	Israel Oluwatuyi	Holy Names	12.95m
2	Hunter Martin	Elmira - Elmira	12.76m
3	Warren Kottelenberg	Emmanuel Christian High School	12.67m
4	Aduot Kuol	Regina Mundi College	12.59m
5	Matthew McDonald	Strathroy D C I	12.36m
6	Aldric Dela Cruz	St. David - Waterloo	12.34m
7	Aiden Hartmann	Lord Dorchester S S	12.26m
8	Aiden Winter	Chatham-Kent Secondary School	12.02m
9	Youssef Charafeddine	Cardinal Carter	11.98m
10	Josh Brett	St. Anne High School	11.95m
11	Yoyo Yu	London Central S S	11.84m
12	Darren Prentice	F.E. Madill S S	11.82m
13	Tristan Forde	Holy Trinity - Simcoe	11.80m
14	Gavin Wernham	Glendale H S	11.54m
15	Alex Le	Kitchener Waterloo - Kitchener	11.54m
16	Sulayman Balogun	Vincent Massey Secondary	11.41m

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Event 57 Shot Put 3 kg Junior Women**Friday 2025-05-30 - 10:00 AM****West Region: 15.80m 2022****Julia Tunks, Oakridge**

	Name	Team	Seed Mark
1	Jenna Tunks	Oakridge S S	14.28m
2	Adalee Turland	Kincardine District Secondary	13.28m
3	Tyler Lamarche	North Star-Amherstburg	12.39m
4	Ava Mayrand	North Star-Amherstburg	12.16m
5	Claudika Kudrocova	Glenview Park - Cambridge	12.10m
6	Eva Wilson	College Avenue S S	10.81m
7	Elizabeth Hajjar	Mother Teresa C S S	10.78m
8	Riley Puddicombe	Sir Frederick Banting S S	10.61m
9	Leora Sharman	North Star-Amherstburg	10.40m
10	Lana Petkovic	Grand River - Kitchener	10.38m
11	Sophie Lee	Guelph - Guelph	9.95m
12	Kiley Couture	Sandwich Secondary	9.76m
13	Eliana Jd-Isba	Cayuga Secondary School	9.64m
14	Yusra Al-Mahdi	Assumption College School	9.56m
15	Aliyah Baron	Mother Teresa C S S	9.47m
16	Nicoletta Kotsovos	St. Thomas Aquinas S S	8.89m

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Event 58 Shot Put 4 kg Junior Men**Thursday 2025-05-29 - 5:30 PM****West Region: 17.80m 2024-05-31 Andrew Urquhart, Dorchester**

	Name	Team	Seed Mark
1	Finne O'Leary	Sir Frederick Banting S S	15.38m
2	Galen Hudel	St. David - Waterloo	14.94m
3	Tijn Duijsters	Strathroy D C I	14.01m
4	Rex Onasanya	Mother Teresa C S S	13.58m
5	Kayden Bromfield	Saugeen District Secondary Sch	13.35m
6	Cole Catley	Bruce Peninsula D S	12.97m
7	Maison Newman	Belle River	12.97m
8	Jamison Helps	Lambton Central Collegiate	12.91m
9	Ryan Perrone	Sandwich Secondary	12.90m
10	Trevor Murphy	Belle River	12.87m
11	Drew Mullen	Great Lakes Secondary School	12.84m
12	Joshua Reynolds	Jacob Hespeler - Cambridge	12.72m
13	Parker Pieffers	Emmanuel Christian High School	12.62m
14	Maddox Anderson	Stratford District S S	12.30m
15	Seth Kennedy	Mother Teresa C S S	12.25m
16	Donovan McGregor	St. Marys D C & V I	12.25m

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Event 59 Discus Throw 1 kg Junior Women**Thursday 2025-05-29 - 3:30 PM****West Region: 53.72m 2022****Julia Tunks, Oakridge**

	Name	Team	Seed Mark
1	Jenna Tunks	Oakridge S S	45.80m
2	Adalee Turland	Kincardine District Secondary	40.34m
3	Tyler Lamarche	North Star-Amherstburg	34.44m
4	Leora Sharman	North Star-Amherstburg	30.52m
5	Ava Mayrand	North Star-Amherstburg	28.49m
6	Natalie Pretty	Sarnia Northern	26.85m
7	Sienna Naranjo-Vargas	Saugeen District Secondary Sch	26.85m
8	Hailey Taekema	Emmanuel Christian High School	26.78m
9	Chelsea Schrie	Sarnia Northern	26.05m
10	Mariana Guerrero	Resurrection - Kitchener	25.77m
11	Selena Brown	Catholic Central-London	24.59m
12	Carling Ruddell	Assumption School-Brantford	23.36m
13	Elizabeth Hajjar	Mother Teresa C S S	23.07m
14	Grace Rotermann	Sir Frederick Banting S S	22.95m
15	Paizley Curran	Mitchell D H S	22.43m
16	Macy Kollman	St. Michael C S S	22.16m

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Event 60 Discus Throw 1 kg Junior Men**Thursday 2025-05-29 - 2:00 PM****West Region: 61.78m 2018****Ryan Jacklin, Madill, F.E.**

	Name	Team	Seed Mark
1	Tyler Burns	F.E. Madill S S	47.60m
2	Cole Stevens	Oakridge S S	46.73m
3	Galen Hudel	St. David - Waterloo	46.27m
4	Andrew Thomas	Waterloo-Oxford - Baden	43.99m
5	Blake Livingston	E.J. Lajeunesse	42.58m
6	Silas Pharoah	Glenview Park - Cambridge	40.33m
7	Maksim Tomicevic	St. Thomas Aquinas S S	39.96m
8	Kypton Lofthouse	Glendale H S	39.91m
9	Harrison Hulbert	St. Thomas Aquinas S S	39.82m
10	Christian Brocoy	St. Thomas of Villanova	39.78m
11	Keaton Appeldoorn	St. Patrick's Catholic H.S.	39.49m
12	Ryan Perrone	Sandwich Secondary	39.10m
13	Jacob Ostropolec	Chatham-Kent Secondary School	38.98m
14	Seth Noble	Glenview Park - Cambridge	37.94m
15	Finne O'Leary	Sir Frederick Banting S S	36.41m
16	Carson Turner	Walkerton Distric Community Sc	35.29m

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Event 61 Javelin Throw 600 g Junior Women**Friday 2025-05-30 - 1:30 PM****West Region: 48.84m 1989****Margaret GRIFFITHS / Windsor-Brennan**

	Name	Team	Seed Mark
1	Abigayle VanBakel	St. Michael C S S	37.39m
2	Eden Fraser	Woodstock Collegiate Institute	36.44m
3	Ava Harrison	Essex District High School	31.91m
4	Nicoletta Kotsovos	St. Thomas Aquinas S S	31.52m
5	Aubrey Simetic	Sandwich Secondary	29.81m
6	Clara Steller	Lord Dorchester S S	29.53m
7	Daphne Lodder	Emmanuel Christian High School	29.21m
8	Zoey Dewagner	Sarnia Northern	29.17m
9	Tyler Lamarche	North Star-Amherstburg	29.03m
10	Kaitlyn Robinson	Bluevale - Waterloo	28.80m
11	Natalie Pretty	Sarnia Northern	28.59m
12	Lily Rutherford	Saunders S S	28.56m
13	Hailey Taekema	Emmanuel Christian High School	28.27m
14	Leah Houghton	Guelph - Guelph	26.58m
15	Summer Kollman	St. Michael C S S	26.13m
16	Lana Petkovic	Grand River - Kitchener	25.93m

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Event 62 Javelin Throw 600 g Junior Men**Friday 2025-05-30 - 12:00 PM****West Region: 61.10m 2009****Tyler WITHERS, Northern**

	Name	Team	Seed Mark
1	Eric Patterson	Essex District High School	51.93m
2	Ethan Cabana	St. Thomas of Villanova	47.95m
3	Finne O'Leary	Sir Frederick Banting S S	47.25m
4	Hudson Frey	St. Anne High School	46.82m
5	Jack Willemse	North Lambton Secondary School	46.55m
6	Jayden Davis-Lumley	Lambton Central Collegiate	46.50m
7	Mitch Leachman	Bishop MacDonnell - Guelph	45.74m
8	Landon Van Bakel	St. Michael C S S	44.53m
9	Parker Pieffers	Emmanuel Christian High School	44.40m
10	Max Leudy	St. Benedict - Cambridge	42.98m
11	Campbell Shrubsole	Simcoe - Simcoe	42.51m
12	Max Gaspar	St. Joseph's H S	42.50m
13	Wooseong Lee	Catholic Central-London	42.43m
14	Rodney DeVries	Woodland Christian - Breslau	42.40m
15	Tyler Burns	F.E. Madill S S	39.55m
16	Logan Hachler	St. Michael C S S	38.35m

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Event 63 4x100 Meter Relay Junior Women**Thursday 2025-05-29 - 6:30 PM****West Region: 49.43 2023****Sandwich - Windsor, Sandwich****L Dicaro, E Steel-Douglas, J Bailey, S Baillargeon**

	Team	Relay	Seed Time
1	Medway H S	A	51.25
	1) Taylor Hawrelak	2) Presley Wilkins	3) Avery Thomsen
	5) Brooke Hewitt	6) Lucy Schiedel	4) Carly Lightfoot
2	Centennial - Guelph	A	51.96
	1) Jordan Cheam	2) Addison Chipman	3) Natasa Sajic
	5) Daliah Brown		4) Chloe Schlotzhauer
3	St. Thomas Aquinas S S	A	52.10
	1) Fiona Kalaiwo	2) Brooke Hamilton	3) Brooke Forret
	5) Naya Green	6) Ella Otterbein	4) Addison Brosnan-Dennis
4	Resurrection - Kitchener	A	52.40
	1) Niveah Whilby	2) Georgia Aru	3) Lana Vongxay
	5) Mya Gallagher	6) Brynn Webster	4) Kaylee Ateyib
5	Assumption College School	A	52.46
	1) Nyator Simon	2) Tireni Okanlawon	3) Genevieve Marentette
	5) Hope Aborode	6) Sharon Isaac-Laiye	4) Serena Aina
6	St. Michael C S S	A	52.54
	1) Abigayle VanBakel	2) Torie Czajkowski	3) Ainsley Berendsen
	5) Madelyn Oldham	6) Emma Groenestege	4) Isabella Mills
7	Sandwich Secondary	A	52.66
	1) Jocelyn Roberts	2) Marina Prvulovic	3) Estelle Orlando
			4) Charlotte Townsend
8	St. Thomas of Villanova	A	52.73
	1) Allie Bridgen	2) Mya Bart	3) Mialynne Morvay
			4) Thea Astles
9	John F. Ross - Guelph	A	53.17
	1) Jaida Charles	2) Isold Gudmundsdottir	3) Georgia Den Ouden
	5) Rachel Truong	6) Evalina Rampersad	4) Alexis Crow
10	Sir Wilfrid Laurier	A	53.31
	1) Paige Manning	2) Mikayla Gray	3) Alessia Sam
	5) Marlowe Stafford		4) Anyang Tiel
11	St Joseph's Catholic	A	53.53
	1) Kennedy Ouellette	2) Vivien Vizi	3) Ryerson Beatty
	5) Angelica Picchi	6) Elizabeth Shamobrown	7) Martina Dinatale
			8) Brianne Plante
12	Catholic Central-London	A	53.61
	1) Alicia Weaver	2) Violet Humble	3) Camila Jaimes Castillo
	5) Lily Crandall	6) Alyssa Gare	4) Evan McConnell
13	Jacob Hespeler - Cambridge	A	53.63
	1) Ainsley Howe	2) Viana Vo	3) Alyson Slater
	5) Teagan Mason	6) Lyra Lajeunesse	4) Ella Holden
14	Riverside Secondary School	A	53.65
	1) Eryn Trudell	2) Elizabeth Naar	3) Lauren Godfrey
			4) Ella Earish
15	Orangeville - Orangeville	A	53.90
	1) Cecilia Watt	2) Sophie Watt	3) Katie Raue
			4) Leah Wenidiktow
16	Mother Teresa C S S	A	53.99
	1) Addison Forcey	2) Jade Tshilumba	3) Makaiylah Smedley-Brow
	5) Rachael Bourdeau		4) Julia Livingston

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Event 64 4x100 Meter Relay Junior Men**Thursday 2025-05-29 - 6:30 PM****West Region: 43.15 2002 LONDON-CATHOLIC CENTRAL**

	Team	Relay	Seed Time
1	Catholic Central-London	A	45.13
	1) Julian Venegas 2) Coleson Gray 3) Cole Summers 4) Wooseong Lee		
	5) Morgan Gleason 6) Fola Adu		
2	Regina Mundi College	A	45.35
	1) Jophre Nsekuye 2) Aduot Kuol 3) Paris Nwoko 4) Tunji Oladeinde		
	5) Caleb Adu		
3	St. Thomas of Villanova	A	45.41
	1) Warren Kennedy 2) Anthony Demarco 3) Prestan Zakoor 4) Ethan Cabana		
4	Jacob Hespeler - Cambridge	A	45.46
	1) Leo Bedirian 2) Taha Kalami 3) Jed Wallace 4) Carter Maile-Reid		
	5) Sebastian Hua 6) Xzavier Ahsan		
5	Holy Names	A	45.55
	1) Israel Oluwatuyi 2) Tyson Holder-Fuchs 3) Sebastian Torres 4) Samuel Aribilola		
	5) Charlie Dufour		
6	W.F. Herman Academy	A	45.56
	1) James Massaquoi 2) Jayce Payne 3) Dharion Liner 4) Kaleb Ellis Legros		
	5) Abdul Latif-Sangare		
7	Resurrection - Kitchener	A	45.59
	1) Kenneth Palafox 2) Gabriel Haddad 3) Jairus Rabano 4) Leshawn Telfer		
	5) Mauricio Lara 6) Jaden Wyke		
8	Sandwich Secondary	A	45.89
	1) Connor Bellefeuille 2) Rylee Bechard 3) Levi Thiessen 4) Zkareya Ayash		
9	Ursuline	A	46.12
	1) Damon Tope 2) Deacon Demeurichy 3) Camden Arnold 4) Josiah Saldana		
	5) Alex Whyte		
10	St. James - Guelph	A	46.18
	1) Jedidiah James 2) Mason Lima 3) Dax Falkingham 4) Leon Barrett		
	5) Charlie Holt 6) Sunday Doboul		
11	Forest Heights - Kitchener	A	46.48
	1) Jamaldeen Adigun 2) Maki Gavranovic 3) Carter Moyer 4) Cooper Noack		
	5) Michael Shatalov		
12	Medway H S	A	46.49
	1) Ryan Baldwin 2) Taylor Low 3) Emmanuel Sosanya 4) Cash Flannery		
	5) James Bell		
13	St. Thomas Aquinas S S	A	46.59
	1) Maksim Tomicevic 2) Seamus Dowler 3) Nathan Halls 4) Liam Nash		
	5) Mateo Caloura 6) Mason Difruscia		
14	Oakridge S S	A	46.62
	1) Andy Cho 2) Charles Cousins 3) Kareem Shami 4) Bryson Keenleyside		
	5) Parker Zimmerman		
15	John F. Ross - Guelph	A	47.01
	1) Ayyan Malik 2) Graham Williams 3) James Denton 4) Reese Kanerva		
	5) Karim Abdulrahem 6) Conrad Christian		
16	Sir Frederick Banting S S	A	47.03
	1) Dan Oyefuga 2) Omar Rahimi 3) Mohamed Haida 4) Bryson Hnatyk		
	5) Enzo Cielo 6) Hunter Dunlop		

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Event 65 100 Meter Dash Senior Women Prelims**Thursday 2025-05-29 - 2:00 PM****West Region: 11.89 2011 Jellisa Westney, St. Benedict**

	Name	Team	Seed Time
1	Lily Odolphy	Sarnia Northern	12.10
2	Celeste Lugogo	Mother Teresa C S S	12.12
3	Jaela Bailey	Sandwich Secondary	12.19
4	Elliott Nash	St. Thomas Aquinas S S	12.36
5	Marissa Madia	Belle River	12.39
6	Kaila Cabral	St. John's College	12.42
7	Eva Lapierre	Simcoe - Simcoe	12.43
8	Britney Wright	Catholic Central-London	12.44
9	Nadya Nemes	St. Mary's - Kitchener	12.51
10	Skarlit Worton	Sarnia Northern	12.59
11	Avery McGregor	Sacred Heart - Walkerton	12.62
12	Cali Marles	W.F. Herman Academy	12.68
13	Emmalyn Isabel	Medway H S	12.68
14	Arianna Masala	Kincardine District Secondary	12.69
15	Tessa Burdett	St. Michael C S S	12.75
16	Tamara Mulder	St. Michael C S S	12.79

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Event 66 100 Meter Dash Senior Men Prelims**Thursday 2025-05-29 - 2:00 PM****West Region: 10.56 2012 Devon Rittinger, Forest Heights**

	Name	Team	Seed Time
1	Dakari Milks	Leamington D S S	10.68
2	Kowen Moore	Grand River - Kitchener	10.78
3	Deinma Tomlin	Woodland Christian - Breslau	10.79
4	Jevaughn Roberts	College Avenue S S	10.80
5	Noah Horspool	Resurrection - Kitchener	10.86
6	Noah Waddel-Henry	St. James - Guelph	10.95
7	Khaleel Miller	Sir Frederick Banting S S	10.96
8	DJ Destang-Phillip	Ursuline	11.09
9	Ty Wilson	Catholic Central-London	11.10
10	David Banjo	Assumption College School	11.22
11	Brodie Renaud	Sandwich Secondary	11.22
12	Connor McLeod	Catholic Central-London	11.23
13	KJ Nembhard	Simcoe - Simcoe	11.24
14	Obed Arueyingho	Regina Mundi College	11.25
15	Liam Thiessen	Sandwich Secondary	11.29
16	Nagil Asamoah	Mother Teresa C S S	11.32

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Event 67 200 Meter Dash Senior Women Prelims**Friday 2025-05-30 - 10:00 AM****West Region: 23.71 2017****Ashlan Best, Centennial**

	Name	Team	Seed Time
1	Jaela Bailey	Sandwich Secondary	24.56
2	Lily Odolphy	Sarnia Northern	25.00
3	Celeste Lugogo	Mother Teresa C S S	25.03
4	Katie Coenjarts	St. Patrick's Catholic H.S.	25.27
5	Eva Lapierre	Simcoe - Simcoe	25.51
6	Philly Van Nooten	Brantford - Brantford	25.55
7	Kelis Daye	North Park - Brantford	25.69
8	Marissa Madia	Belle River	25.74
9	Brooklyn Seiling	Elmira - Elmira	25.83
10	Taylor Ambeau	Resurrection - Kitchener	25.87
11	Elliott Nash	St. Thomas Aquinas S S	25.95
12	Charlotte Coskun	St. Thomas of Villanova	26.05
13	Tamara Mulder	St. Michael C S S	26.17
14	Giuliana Marra	Medway H S	26.50
15	Ainslie Muscat	Catholic Central-London	26.91
16	Breanne Smith	A.B. Lucas S S	27.15

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Event 68 200 Meter Dash Senior Men Prelims**Friday 2025-05-30 - 10:00 AM****West Region: 21.30 1995 Dave TOMLIN / Kitchener-St. Mary's**

	Name	Team	Seed Time
1	Dakari Milks	Leamington D S S	21.44
2	Noah Horspool	Resurrection - Kitchener	21.49
3	Noah Waddel-Henry	St. James - Guelph	21.55
4	Jevaughn Roberts	College Avenue S S	22.16
5	Zagham Syed	Assumption School-Brantford	22.30
6	Roger Jacobs	Elmira - Elmira	22.35
7	Ty Wilson	Catholic Central-London	22.40
8	Brayden Kane	St Joseph's Catholic	22.43
9	Khaleel Miller	Sir Frederick Banting S S	22.48
10	Brett Beazley	St. Thomas Aquinas S S	22.50
11	KJ Nembhard	Simcoe - Simcoe	22.51
12	Connor McLeod	Catholic Central-London	22.78
13	Brodie Renaud	Sandwich Secondary	22.85
14	Danny Switzer	St. Marys D C & V I	22.95
15	Will Duncan	Riverside Secondary School	22.98
16	David Banjo	Assumption College School	23.01

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Event 69 400 Meter Dash Senior Women**Thursday 2025-05-29 - 3:00 PM****West Region: 55.02 1985 Nadia SCHMEIDT / London-J.Paul II**

	Name	Team	Seed Time
1	Jolene Steunebrink	St. James - Guelph	57.23
2	Katie Coenjarts	St. Patrick's Catholic H.S.	57.63
3	Sarah Jaquith	A.B. Lucas S S	58.03
4	Janelle Davis	Sandwich Secondary	58.29
5	Charlotte Coskun	St. Thomas of Villanova	58.65
6	Philly Van Nooten	Brantford - Brantford	58.84
7	Kelis Daye	North Park - Brantford	59.01
8	Brooklyn Seiling	Elmira - Elmira	59.33
9	Zariyah Ross	Holy Names	59.50
10	Giuliana Marra	Medway H S	1:00.19
11	Taylor Ambeau	Resurrection - Kitchener	1:00.40
12	Flourish Nmor	St. Joseph's H S	1:00.68
13	Tamara Mulder	St. Michael C S S	1:00.97
14	Malia Frattaroli	St. Anne High School	1:01.32
15	Ainslie Muscat	Catholic Central-London	1:01.90
16	Kate Ryan	Oakridge S S	1:03.76

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Event 70 400 Meter Dash Senior Men**Thursday 2025-05-29 - 3:00 PM****West Region: 46.54 2012****Brandon McBride, Herman, W.F.**

	Name	Team	Seed Time
1	Ryan Georgeson	Medway H S	48.74
2	Brayden Kane	St Joseph's Catholic	49.47
3	Nathan Janicki	St. Andre Bessette	50.06
4	Anthony Greene	A.B. Lucas S S	50.18
5	Ryan Basiaco	Chatham-Kent Secondary School	50.39
6	Zach Taylor	Waterloo-Oxford - Baden	50.44
7	Thomas-Daniel Tent	Tecumseh Vista Academy	50.48
8	Colton Santarella	Mgsr. E.A. Doyle - Cambridge	50.54
9	Cyril Chapple	Resurrection - Kitchener	50.81
10	Ryan Vacante	Sir Frederick Banting S S	50.89
11	Logan Spizziri	Saunders S S	51.18
12	Rory Wilkins	St. Andre Bessette	51.45
13	Peter Lodu	Catholic Central-Windsor	51.59
14	Kieran Sullivan	St. James - Guelph	51.66
15	Andrew Tessier	F.J. Brennan	51.81
16	Roger Jacobs	Elmira - Elmira	52.09

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Event 71 800 Meter Run Senior Women**Friday 2025-05-30 - 1:00 PM****West Region: 2:07.72 2018****Tiana LoStracco, St. James**

	Name	Team	Seed Time
1	Julie DeBoer	Emmanuel Christian High School	2:12.45
2	Ava Moric	John Diefenbaker Secondary Sch	2:14.49
3	Haley Haskett	Medway H S	2:20.87
4	Avery Norland	St. Patrick's Catholic H.S.	2:21.52
5	Kaitlyn Haygarth	Oakridge S S	2:22.77
6	Avery Martindale	Saugeen District Secondary Sch	2:24.37
7	Flourish Nmor	St. Joseph's H S	2:24.96
8	Mia Crawford	A.B. Lucas S S	2:25.65
9	Marisol Ona-Carruthers	Guelph - Guelph	2:25.73
10	Makenna St. Louis	Holy Names	2:27.01
11	Rosalind Thompson	Cameron Heights - Kitchener	2:27.82
12	Kyla Norman	Sir Frederick Banting S S	2:29.54
13	Sylvia Ross	Erie Migration District School	2:31.13
14	Pola Turowski	Regina Mundi College	2:31.15
15	Gwendolyn Flanagan	Sandwich Secondary	2:32.23
16	Mackenzie Doll	St. Thomas of Villanova	2:33.46

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Event 72 800 Meter Run Senior Men**Friday 2025-05-30 - 1:00 PM****West Region: 1:47.56 2012****Brandon McBride, Herman, W.F.**

	Name	Team	Seed Time
1	Cyril Chapple	Resurrection - Kitchener	1:54.34
2	Ryan Georgeson	Medway H S	1:54.45
3	Zach Taylor	Waterloo-Oxford - Baden	1:54.53
4	Jonah Lariviere	St. Michael C S S	1:55.74
5	Craig Stevenson	Orangeville - Orangeville	1:56.28
6	Matteo Di Ciocco	St. Andre Bessette	1:57.30
7	James Grant	Lambton Central Collegiate	1:57.90
8	Elliot Lester	Holy Names	1:58.39
9	Isaiah Stumpf	Elmira - Elmira	1:59.37
10	Jacob Jansen	St. Thomas Aquinas S S	1:59.86
11	Reuben MacLeod	Orangeville - Orangeville	2:00.88
12	Ryan Basiaco	Chatham-Kent Secondary School	2:00.95
13	Oren Dababneh	St. Andre Bessette	2:01.95
14	Fowler Little	St. Joseph's H S	2:02.18
15	Luke Nelson	St. Thomas of Villanova	2:02.57
16	Michael Tonenchi	Catholic Central-Windsor	2:05.80

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Event 73 1500 Meter Run Senior Women**Thursday 2025-05-29 - 6:00 PM****West Region: 4:26.66 2008****Jessica PARRY, Catholic Cenral London**

	Name	Team	Seed Time
1	Julie DeBoer	Emmanuel Christian High School	4:37.99
2	Ava Moric	John Diefenbaker Secondary Sch	4:40.67
3	Lily Bressette	Sarnia Northern	4:50.88
4	Charlotte Piscione	Woodstock Collegiate Institute	4:54.06
5	Avery Norland	St. Patrick's Catholic H.S.	4:54.84
6	Haley Haskett	Medway H S	4:56.03
7	Norah Benson	Oakridge S S	4:59.46
8	Helena Roth	Strathroy D C I	5:02.52
9	Leah Shannon	Sandwich Secondary	5:02.95
10	Rosalind Thompson	Cameron Heights - Kitchener	5:04.47
11	Katie O'Carroll	Guelph - Guelph	5:07.96
12	Lydia Hurley	Guelph - Guelph	5:08.15
13	Kaitlyn Haygarth	Oakridge S S	5:08.18
14	Kacie Gelinas	Holy Names	5:09.04
15	Kate Ryan	Oakridge S S	5:10.62
16	Mackenzie Doll	St. Thomas of Villanova	5:16.15

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Performance List

Event 74 1500 Meter Run Senior Men**Thursday 2025-05-29 - 5:00 PM****West Region: 3:45.06 1993****Kevin SULLIVAN / Brantford-North Park**

	Name	Team	Seed Time
1	Alex Leinweber	Mother Teresa C S S	4:02.36
2	Kirk Hallman	Lord Dorchester S S	4:03.00
3	Andrew Corbeil	Mgsr. E.A. Doyle - Cambridge	4:04.09
4	Matteo Di Ciocco	St. Andre Bessette	4:04.79
5	Craig Stevenson	Orangeville - Orangeville	4:04.95
6	Logan Willcott	Orangeville - Orangeville	4:05.94
7	Dylan Bennett	Preston	4:06.45
8	James Wheeler	Bruce Peninsula D S	4:06.69
9	James Grant	Lambton Central Collegiate	4:07.63
10	Elliot Lester	Holy Names	4:08.25
11	Jonah Lariviere	St. Michael C S S	4:11.34
12	Alex Pretty	Sarnia Northern	4:16.78
13	Oren Dababneh	St. Andre Bessette	4:18.50
14	Michael Tonenchi	Catholic Central-Windsor	4:19.06
15	Pierce Howard	Catholic Central-London	4:19.51
16	Luke Nelson	St. Thomas of Villanova	4:23.33

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Performance List

Event 75 3000 Meter Run Senior Women**Friday 2025-05-30 - 10:30 AM****West Region: 9:35.23 2017****Sevanne Ghazarian, St. Benedict**

	Name	Team	Seed Time
1	Lily Bressette	Sarnia Northern	10:11.74
2	Charlotte Piscione	Woodstock Collegiate Institute	10:43.67
3	Emma Rudling	North Star-Amherstburg	10:48.40
4	Leah Shannon	Sandwich Secondary	10:48.84
5	Lydia Hurley	Guelph - Guelph	11:02.18
6	Selena Guarasci	St. Thomas of Villanova	11:11.76
7	Helena Roth	Strathroy D C I	11:12.76
8	Sarah Edwards	Resurrection - Kitchener	11:13.90
9	Amilya King	Valley Heights - Langton	11:15.39
10	Ailsa Bogan	Orangeville - Orangeville	11:18.11
11	Kacie Gelinas	Holy Names	11:20.27
12	Keira Phillip	Orangeville - Orangeville	11:23.72
13	Lucy Waite	Woodstock Collegiate Institute	11:42.21
14	Abby Hanan	London Central S S	11:43.35
15	Catharine Robinson	Sir Wilfrid Laurier	11:45.46
16	Meredith Dwyer	London Central S S	11:49.51

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Performance List

Event 76 3000 Meter Run Senior Men**Friday 2025-05-30 - 10:30 AM****West Region: 8:18.71 2022****Heath McAllister, London Central**

	Name	Team	Seed Time
1	Alex Leinweber	Mother Teresa C S S	8:41.45
2	Andrew Corbeil	Mgsr. E.A. Doyle - Cambridge	8:55.38
3	Eli Bouius	John Diefenbaker Secondary Sch	8:56.44
4	Logan Willcott	Orangeville - Orangeville	8:59.50
5	Thomas Beukeboom	Orangeville - Orangeville	9:00.42
6	James Wheeler	Bruce Peninsula D S	9:00.81
7	Kirk Hallman	Lord Dorchester S S	9:04.58
8	Ryan Johnson	Lord Dorchester S S	9:13.86
9	Noah Cann	Ingersoll D C I	9:16.81
10	Naod Ghebrehiwet	Montcalm S S	9:25.89
11	Brendan Currie	St. Thomas of Villanova	9:26.45
12	Alex Pretty	Sarnia Northern	9:29.75
13	Greyson Pitcher	Sandwich Secondary	9:37.57
14	Kevin Chen	London Central S S	9:37.80
15	Adrian Olivito	Walkerville Collegiate Ins	9:42.02
16	Henrik Kristensen	St. Thomas of Villanova	9:47.25

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Performance List

Event 77 100 Meter Hurdles 30" Senior Women Prelims**Thursday 2025-05-29 - 1:00 PM****West Region: 13.15 2000 Jessica ZELINKA / London-Banting**

	Name	Team	Seed Time
1	Ella Steel-Douglas	Sandwich Secondary	13.53
2	Madison Gravelle	St Joseph's Catholic	13.62
3	Kaitlyn Gravelle	St Joseph's Catholic	14.05
4	Hanna Schmidhuber	Grand River - Kitchener	14.54
5	Sarah Jaquith	A.B. Lucas S S	14.57
6	Mackenzie Hutcheson	Waterloo-Oxford - Baden	14.82
7	Samantha Arnold	Galt - Cambridge	14.86
8	Patrycja Zwolinski	Huron Heights - Kitchener	14.91
9	Tessa Burdett	St. Michael C S S	15.13
10	Skarlit Worton	Sarnia Northern	15.22
11	Madalynn McGregor	Sacred Heart - Walkerton	15.22
12	Jaelyn Roffel	Chatham Christian High School	15.28
13	Avery Dickenson	Oakridge S S	15.48
14	Anna Ropp	St. Marys D C & V I	15.61
15	Caralee Schipper	Strathroy D C I	15.65
16	Sofia Morgan	St. Thomas Aquinas S S	16.50

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Performance List

Event 78 110 Meter Hurdles 36" Senior Men Prelims**Thursday 2025-05-29 - 1:00 PM****West Region: 13.46 2010****Greg MacNeill, Mother Teresa**

	Name	Team	Seed Time
1	Jackson Mackay	Sir Frederick Banting S S	13.70
2	Kailer Jenney	Medway H S	13.94
3	Brayden Labonte	Belle River	14.06
4	Darius Edwards	Mgsr. E.A. Doyle - Cambridge	14.35
5	Damilare Osuntola	Sandwich Secondary	14.43
6	Thomas-Daniel Tent	Tecumseh Vista Academy	14.76
7	Kowen Moore	Grand River - Kitchener	15.04
8	Daniel Gaede	Saunders S S	15.22
9	Maximus Marchand	F.J. Brennan	15.31
10	Feranwa Ekpennyong	Woodland Christian - Breslau	15.73
11	Zachary Houghton	Sarnia Northern	15.92
12	Ben Leveck	Laurel Heights Sec Sch	15.96
13	Ibrahim Hamou	Sir Frederick Banting S S	16.27
14	Max Reid	St. James - Guelph	16.30
15	Cameron Breddy	Glendale H S	16.39
16	Devan Lucas	Lord Dorchester S S	16.53

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Performance List

Event 79 400 Meter Hurdles 30" Senior Women**Friday 2025-05-30 - 11:00 AM****West Region: 58.03 1995 Nadia SCHMEIDT / London-John Paul II**

	Name	Team	Seed Time
1	Sarah Jaquith	A.B. Lucas S S	1:03.26
2	Janelle Davis	Sandwich Secondary	1:03.73
3	Kaitlyn Gravelle	St Joseph's Catholic	1:04.49
4	Jolene Steunebrink	St. James - Guelph	1:04.68
5	Patrycja Zwolinski	Huron Heights - Kitchener	1:05.26
6	Madalynn McGregor	Sacred Heart - Walkerton	1:06.14
7	Ava Costa	Mgsr. E.A. Doyle - Cambridge	1:06.38
8	Samantha Arnold	Galt - Cambridge	1:07.92
9	Abbey Dogar	Mother Teresa C S S	1:08.78
10	Madison Gravelle	St Joseph's Catholic	1:08.99
11	Rhianan Loosemore	St. Andre Bessette	1:09.50
12	Emily Owen	Holy Names	1:09.98
13	Taryn Steinmann	St. Anne's C S S	1:10.69
14	Kate Ryan	Oakridge S S	1:11.17
15	Jaelyn Roffel	Chatham Christian High School	1:11.34
16	Sophie Claveau	Saunders S S	1:12.26

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Performance List

Event 80 400 Meter Hurdles 36" Senior Men**Friday 2025-05-30 - 11:00 AM****West Region: 52.37 1997 Jeff ELLIS / Orangeville**

	Name	Team	Seed Time
1	Brayden Labonte	Belle River	54.39
2	Kailer Jenney	Medway H S	55.24
3	Darius Edwards	Mgsr. E.A. Doyle - Cambridge	57.02
4	Kieran Sullivan	St. James - Guelph	57.21
5	Ryan Vacante	Sir Frederick Banting S S	58.90
6	Roger Jacobs	Elmira - Elmira	58.97
7	Feranwa Ekpenyong	Woodland Christian - Breslau	59.23
8	Massimo Del Guercio	St. Thomas Aquinas S S	59.49
9	Thomas-Daniel Tent	Tecumseh Vista Academy	59.58
10	Damilare Osuntola	Sandwich Secondary	59.77
11	Maximus Marchand	F.J. Brennan	1:00.53
12	Kyar Ayad	Guelph - Guelph	1:01.30
13	Preston Collins	Medway H S	1:02.09
14	Ashton Maluske	Sandwich Secondary	1:02.14
15	Owen Chambers	Stratford District S S	1:02.50
16	Sacha Larsen	St. Thomas Aquinas S S	1:03.60

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Performance List

Event 81 High Jump Senior Women**Thursday 2025-05-29 - 2:00 PM****Starting Height: at the discretion of the official****up 5 cm at a time until 4 competitors remain,****then increments will be determined by the head official****West Region: 1.78m 1986 Catherine BOND / Woodstock CI**

	Name	Team	Seed Mark
1	Breanna Sloetjes	Strathroy D C I	1.65m
2	Laura Vannes	St. Anne's C S S	1.65m
3	Victoria Vaughan	Kitchener Waterloo - Kitchener	1.55m
4	Ella Steel-Douglas	Sandwich Secondary	1.55m
5	Erica Cooper	Sarnia Northern	1.50m
6	Julia Vanminnen	Chatham Christian High School	1.50m
7	Julia Pegg	Lambton Kent S.S	1.50m
8	Hailey Ketchabaw	Glendale H S	1.50m
9	Madison Gravelle	St Joseph's Catholic	1.50m
10	Aiyana John	London South S S	1.50m
11	Jalyn Taylor	Dunnville Secondary School	1.45m
12	Caralee Schipper	Strathroy D C I	1.45m
13	Anne Simpson	South Huron D H S	1.40m
14	Alisha Hawley	Elmira - Elmira	1.40m
15	Ciara Bagby-Sue	Preston	1.40m
16	Miegana Chigume	St. David - Waterloo	1.36m

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Performance List

Event 82 High Jump Senior Men**Thursday 2025-05-29 - 3:30 PM****Starting Height: at the discretion of the official****up 5 cm at a time until 4 competitors remain,****then increments will be determined by the head official****West Region: 2.19m 2010 Branden Wilhelm, Woodstock**

	Name	Team	Seed Mark
1	Aidan MacGregor	John Diefenbaker Secondary Sch	1.90m
2	Jeramiah Zomerman	Chatham Christian High School	1.90m
3	Calvin McDougall	St. David - Waterloo	1.85m
4	Cameron Breddy	Glendale H S	1.81m
5	Shawn Okorhi	St. Joseph's H S	1.78m
6	Clayton Henhawke	Woodstock Collegiate Institute	1.78m
7	Orlando Hemerling	Regina Mundi College	1.78m
8	Joel Rumph	Woodland Christian - Breslau	1.75m
9	Darius Landon	Lambton Central Collegiate	1.75m
10	Levyynn Dawson	Holy Names	1.75m
11	Luke Bradish	Lord Dorchester S S	1.75m
12	Evan Bol	St. John's College	1.75m
13	Mason Hondzel	St. Patrick's Catholic H.S.	1.70m
14	Kaiden Wilson	Tecumseh Vista Academy	1.70m
15	Connor Harmon	Bluevale - Waterloo	1.70m
16	Lucas Sandham	Glendale H S	1.70m

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Performance List

Event 83 Pole Vault Senior Women**Friday 2025-05-30 - 1:30 PM****Starting Height: 2.20 m****up 15 cm at a time until 4 competitors remain,****then increments will be determined by the head official****West Region: 3.91m 2011 Alysha Newman, Mother Teresa**

	Name	Team	Seed Mark
1	Ali Jasinskis	Sir Frederick Banting S S	3.35m
2	Nylah Miller	Holy Names	3.22m
3	Peyton Barron	Woodstock Collegiate Institute	3.20m
4	Libby McCurdy	St. Joseph's H S	3.20m
5	Emmalyn Isabel	Medway H S	3.05m
6	Avery Dickenson	Oakridge S S	3.05m
7	Amelia Wild	Sir Frederick Banting S S	3.05m
8	Abbey Dogar	Mother Teresa C S S	3.05m
9	Alaya McIntyre	Laurel Heights Sec Sch	3.00m
10	Nadine Stiopu	Laurel Heights Sec Sch	2.80m
11	Olivia Douma	St. Thomas of Villanova	2.60m
12	Emma Bumstead	Laurel Heights Sec Sch	2.60m
13	Lauren Luvisotto	Sandwich Secondary	2.45m
14	Audrey Marshall	Laurel Heights Sec Sch	2.20m
15	Madison Gray	St Joseph's Catholic	2.15m
16	Ava Bene	Sandwich Secondary	2.15m

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Performance List

Event 84 Pole Vault Senior Men**Friday 2025-05-30 - 11:00 AM****Starting Height: 2.40 m****up 15 cm at a time until 4 competitors remain,****then increments will be determined by the head official****West Region: 5.10m 1985 Doug WOOD / Wingham-Madill**

	Name	Team	Seed Mark
1	Ben Leveck	Laurel Heights Sec Sch	4.35m
2	Jackson Mackay	Sir Frederick Banting S S	3.75m
3	Jackson MacKenzie	Oakridge S S	3.60m
4	Ben Floris	Oakridge S S	3.45m
5	Colton Hawkins	St. Marys D C & V I	3.45m
6	Redden Shantz	Kitchener Waterloo - Kitchener	3.40m
7	Charlie Thomson	Laurel Heights Sec Sch	3.40m
8	Sam McClelland	A.B. Lucas S S	3.30m
9	Harry Bensette	Riverside Secondary School	3.30m
10	Wil Hammond	Laurel Heights Sec Sch	3.20m
11	Zackary Molinaro	Woodstock Collegiate Institute	3.15m
12	Daniel Gaede	Saunders S S	3.15m
13	Jonathan Frempong	St. Benedict - Cambridge	3.00m
14	Jeo Garnica	St Joseph's Catholic	2.75m
15	Oliver Ross	Sandwich Secondary	1.80m
16	Max Milinkovic-Gene	Riverside Secondary School	1.80m

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Performance List

Event 85 Long Jump Senior Women**Friday 2025-05-30 - 12:00 PM****West Region: 6.20m 2023****Trinity Shadd-Ceres, Cameron Heights**

	Name	Team	Seed Mark
1	Kaiya Hlady	L'Essor	5.52m
2	Hannah Vanhartingsveldt	St. David - Waterloo	5.37m
3	Ella Steel-Douglas	Sandwich Secondary	5.29m
4	Isabella Madia	Belle River	5.18m
5	Olivia Douma	St. Thomas of Villanova	5.13m
6	Julia Pegg	Lambton Kent S.S	5.12m
7	Avery McGregor	Sacred Heart - Walkerton	5.10m
8	Lauren Skeoch	John F. Ross - Guelph	5.10m
9	Roxanne McDonald	Glendale H S	5.08m
10	Joanna Wang	London Central S S	5.06m
11	Savannah Griffith	St. David - Waterloo	5.02m
12	Zoe Schumacher	Sacred Heart - Walkerton	4.99m
13	Siobhan Kleuskens	Goderich D C I	4.88m
14	Lucie Panschow	Glendale H S	4.80m
15	Anna Ropp	St. Marys D C & V I	4.76m
16	Phoebe Sinke	London Christian	4.70m

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Performance List

Event 86 Long Jump Senior Men**Friday 2025-05-30 - 1:30 PM****West Region: 7.50m 2010****Taylor Stewart, Regina Mundi**

	Name	Team	Seed Mark
1	Jackson Mackay	Sir Frederick Banting S S	7.03m
2	Zack Dodd	Riverside Secondary School	6.54m
3	Odosa Agbonwaneten	Holy Names	6.40m
4	Elijah Henry	Great Lakes Secondary School	6.33m
5	DJ Destang-Phillip	Ursuline	6.29m
6	Dylan Johnson	Sir Frederick Banting S S	6.27m
7	Nagil Asamoah	Mother Teresa C S S	6.26m
8	Payton Dineen	Norwell Dhs	6.17m
9	Danny Switzer	St. Marys D C & V I	6.14m
10	Tumi Komolafe	St. Thomas Aquinas S S	6.13m
11	Kowen Moore	Grand River - Kitchener	6.11m
12	Dimitry Nguifah Kenfack	Père-René-De-Galinée	6.07m
13	Sam McClelland	A.B. Lucas S S	6.07m
14	Braden Goetz	Essex District High School	6.06m
15	Myckah Bess	St. James - Guelph	5.99m
16	Rashaad Eichenberg	Assumption School-Brantford	5.78m

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Performance List

Event 87 Triple Jump Senior Women**Thursday 2025-05-29 - 5:30 PM****West Region: 12.23m 2017****Alissa Melvin, St. David**

	Name	Team	Seed Mark
1	Nadya Nemes	St. Mary's - Kitchener	11.47m
2	Kaiya Hlady	L'Esson	11.29m
3	Olivia Douma	St. Thomas of Villanova	11.15m
4	Lauren Skeoch	John F. Ross - Guelph	11.12m
5	Avery McGregor	Sacred Heart - Walkerton	10.95m
6	Taylor Ysebaert	St. Patrick's Catholic H.S.	10.80m
7	Caralee Schipper	Strathroy D C I	10.77m
8	Hannah Vanhartingsveldt	St. David - Waterloo	10.75m
9	Yowa Philemon	Cameron Heights - Kitchener	10.58m
10	Breanna Sloetjes	Strathroy D C I	10.51m
11	Roxanne McDonald	Glendale H S	10.37m
12	Joanna Wang	London Central S S	10.31m
13	Julia Pegg	Lambton Kent S.S	10.29m
14	Sophie Mastronardi	St. Anne High School	10.28m
15	Phoebe Sinke	London Christian	10.23m
16	Taylor Blue	St. Michael C S S	10.17m

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Performance List

Event 88 Triple Jump Senior Men**Friday 2025-05-30 - 10:00 AM****West Region: 15.73m 2002****Kenen SHADD/Kitchener Grand River**

	Name	Team	Seed Mark
1	Odosa Agbonwaneten	Holy Names	13.75m
2	Caleb Cavanagh	Essex District High School	13.00m
3	Owen Reiley	Saugeen District Secondary Sch	12.79m
4	Braeden Cavanagh	Essex District High School	12.63m
5	Charlie Brundle	St. Mary's - Kitchener	12.63m
6	Nolan Yeang	Holy Names	12.61m
7	Jeramiah Zomerman	Chatham Christian High School	12.61m
8	Matthew Pealow	St. John's College	12.43m
9	Andrew McGarr	Assumption School-Brantford	12.38m
10	Enzo Hu	John F. Ross - Guelph	12.28m
11	Lucas Sandham	Glendale H S	12.25m
12	John Poustie	St. Thomas Aquinas S S	12.22m
13	Steven Chung	Oakridge S S	12.20m
14	Kymani Harris	Sir Wilfrid Laurier	12.01m
15	Alex Mueller	Stratford District S S	11.92m
16	Carson Shaw	Strathroy D C I	11.87m

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Performance List

Event 89 Shot Put 4 kg Senior Women**Friday 2025-05-30 - 1:30 PM****West Region: 14.52m 2024-06-01 Julia Tunks, Oakridge SS**

	Name	Team	Seed Mark
1	Brooke Bentley	Chatham-Kent Secondary School	11.49m
2	Madeline Mullin	Oakridge S S	10.36m
3	Rachel Burns	St. Patrick's Catholic H.S.	10.21m
4	Jasmine Broere	Kincardine District Secondary	9.97m
5	Molly Anderson	Catholic Central-London	9.92m
6	Breslyn Banks	Sandwich Secondary	9.92m
7	Anna Ropp	St. Marys D C & V I	9.80m
8	Jelena Josipovic	St Joseph's Catholic	9.54m
9	Annie Seagris	Sandwich Secondary	9.48m
10	Payton Blight	St. Marys D C & V I	9.46m
11	Taylor Vanhooydonk	North Middlesex D H S	9.17m
12	Sarah McKie	St. Thomas Aquinas S S	9.11m
13	Tori Riordon	St. Benedict - Cambridge	9.03m
14	Julia Bingeman	Rockway Mennonite	8.79m
15	Adair Scott-Fleming	Laurel Heights Sec Sch	8.74m
16	Courtney Vis	Emmanuel Christian High School	8.33m

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Performance List

Event 90 Shot Put 5.443 kg Senior Men**Friday 2025-05-30 - 12:00 PM****West Region: 20.78m 1995****Brad SNYDER / Windsor - St. Joseph's**

	Name	Team	Seed Mark
1	Brydon Mitchell	Belle River	14.71m
2	Markcos Newman	Belle River	14.70m
3	Noah Mitoraj	St. Thomas Aquinas S S	14.56m
4	Andrew Urquhart	Lord Dorchester S S	14.54m
5	Henry Heaton	Leamington D S S	13.62m
6	Roman Klassen	W.F. Herman Academy	13.59m
7	Brody Bressette	London South S S	13.54m
8	Carter Blackmore	Sandwich Secondary	13.40m
9	Liam McCreery	Woodstock Collegiate Institute	13.18m
10	Colton Stanley	St. Thomas Aquinas S S	13.16m
11	Joel Stewart	Ingersoll D C I	12.65m
12	Joel Driedger	Valley Heights - Langton	12.08m
13	Hunter Brown	Elmira - Elmira	12.08m
14	Noah Ibanez	Preston	11.96m
15	Owen Miloje	Bluevale - Waterloo	11.80m
16	Sam Brown	Elmira - Elmira	11.34m

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Performance List

Event 91 Discus Throw 1 kg Senior Women**Friday 2025-05-30 - 10:00 AM****West Region: 60.61m 2024-06-01 Julia Tunks, Oakridge SS**

	Name	Team	Seed Mark
1	Madeline Mullin	Oakridge S S	37.81m
2	Jasmine Broere	Kincardine District Secondary	33.82m
3	Selena Will	Medway H S	32.45m
4	Lauren Livingston	E.J. Lajeunesse	32.31m
5	Abigail Collins	Vincent Massey Secondary	31.91m
6	Tori Riordon	St. Benedict - Cambridge	31.32m
7	Payton Blight	St. Marys D C & V I	30.69m
8	Adair Scott-Fleming	Laurel Heights Sec Sch	30.50m
9	Rachel Burns	St. Patrick's Catholic H.S.	29.87m
10	Calee Chaplin	Blenheim D H S	29.82m
11	Izabela Butryn	Mother Teresa C S S	28.98m
12	Isabella Lago	Kitchener Waterloo - Kitchener	28.14m
13	Tamara McLean	Leamington D S S	27.63m
14	Aviah Bramer	Holy Trinity - Simcoe	27.48m
15	Molly Anderson	Catholic Central-London	26.81m
16	Lauren Stewart	Mother Teresa C S S	25.93m

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Performance List

Event 92 Discus Throw 1.613 kg Senior Men**Thursday 2025-05-29 - 5:30 PM****West Region: 64.94m 1995****Jason TUNKS / London-Banting**

	Name	Team	Seed Mark
1	Noah Mitoraj	St. Thomas Aquinas S S	48.48m
2	Andrew Urquhart	Lord Dorchester S S	44.54m
3	Carter Blackmore	Sandwich Secondary	44.40m
4	Hunter Campbell	Lambton Central Collegiate	43.77m
5	Caleb Koch	F.E. Madill S S	42.22m
6	Brydon Mitchell	Belle River	41.46m
7	Jaxon Kazakevicius	Simcoe - Simcoe	40.19m
8	Joel Stewart	Ingersoll D C I	39.63m
9	Ian Costello	Chatham-Kent Secondary School	39.57m
10	Liam Biesinger	St. Thomas Aquinas S S	39.44m
11	Nate Travis	Mother Teresa C S S	38.22m
12	Griffin Kalp	Ursuline	38.15m
13	Emanuel Elliot	Woodland Christian - Breslau	38.05m
14	Owen Miloje	Bluevale - Waterloo	37.45m
15	Aiden Williams	Pauline Johnson Cvs	36.55m
16	Evan Miloje	Bluevale - Waterloo	35.44m

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Performance List

Event 93 Javelin Throw 600 g Senior Women**Thursday 2025-05-29 - 3:30 PM****West Region: 47.56m 1997****Andrea BULAT / Windsor-Brennan**

	Name	Team	Seed Mark
1	Brook Ward	Sandwich Secondary	42.52m
2	Taylor Kana	East Elgin S S	40.32m
3	Kaitlyn Pepper	Tecumseh Vista Academy	39.88m
4	Annie Seagris	Sandwich Secondary	39.25m
5	Rowan Guy	Ursuline	36.88m
6	Savannah Griffith	St. David - Waterloo	35.89m
7	Avery Voakes	Sandwich Secondary	35.15m
8	Jamieson Goertz	Strathroy D C I	34.58m
9	Zariah Chambers	Galt - Cambridge	34.57m
10	Eden Sinnett	St. Marys D C & V I	33.64m
11	Avyree Sherman	Delhi District Secondary	33.23m
12	Darah Farrow	East Elgin S S	30.88m
13	Payton Blight	St. Marys D C & V I	30.72m
14	Stephanie Samborski	Simcoe - Simcoe	30.66m
15	Delena Bechtel	John Diefenbaker Secondary Sch	30.05m
16	Lucie Panschow	Glendale H S	27.21m

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Performance List

Event 94 Javelin Throw 800 g Senior Men**Thursday 2025-05-29 - 2:00 PM****West Region: 70.20m 2001****Trevor SNYDER / Windsor-St.Joseph's**

	Name	Team	Seed Mark
1	William Kormos	St. John's College	56.93m
2	Duncan Smith	Great Lakes Secondary School	55.99m
3	Colin Diotte	Sandwich Secondary	51.65m
4	Jaxon Lamb	Elmira - Elmira	51.00m
5	Nolan Crego	Mgsr. E.A. Doyle - Cambridge	47.47m
6	Griffin Kalp	Ursuline	47.09m
7	Tray Walters	Pauline Johnson Cvs	46.55m
8	Sam McClelland	A.B. Lucas S S	45.73m
9	Nolan Wright	Simcoe - Simcoe	45.48m
10	Oliver Ross	Sandwich Secondary	45.40m
11	Max Caskanette	London Christian	44.13m
12	Joel Feeney	St. Anne's C S S	43.93m
13	Evan Stevens	Lord Dorchester S S	43.57m
14	Owen Chambers	Stratford District S S	42.10m
15	Jayden Chalut	St Joseph's Catholic	42.10m
16	Alex Mueller	Stratford District S S	41.49m

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Event 95 4x100 Meter Relay Senior Women**Thursday 2025-05-29 - 6:30 PM****West Region: 47.88 2024-05-31 Sandwich Secondary, Sandwich****S Baillargeon, E Steel-Douglas, J Bailey, J Davis**

	Team	Relay	Seed Time
1	Sandwich Secondary	A	48.49
	1) Lauren Luvisotto	2) Ella Steel-Douglas	3) Janelle Davis
			4) Jacla Bailey
2	A.B. Lucas S S	A	50.45
	1) Allie Wolfe	2) Rylee Barker	3) Breanne Smith
	5) Allie Giroux	6) Julia Reid	4) Sarah Jaquith
3	Sarnia Northern	A	50.61
	1) Tia Arcamone	2) Amelie Nguyen	3) Lily Odolphy
	5) Erica Cooper	6) Laura Haggerty	4) Skarlit Worton
4	Assumption College School	A	50.77
	1) Ella Ihedioha	2) Madie Aw	3) Biya Shahbaz
	5) Joy Bakare	6) Saryna Milne	4) Marissa Mourad
5	St. James - Guelph	A	50.79
	1) Hailey Miller	2) Mayghan Paul	3) Eden Kisakye
	5) Hannah Przybylski	6) Emma Westendorp	4) Jolene Steunebrink
6	Medway H S	A	50.85
	1) Abby Cote	2) Danielle Heard	3) Emmalyn Isabel
	5) Megan Henderson	6) Ava Provost	4) Giuliana Marra
7	St Joseph's Catholic	A	50.87
	1) Madison Gray	2) Kaitlyn Gravelle	3) Gracie Peltier
	5) Kalia Rounding		4) Madison Gravelle
8	St. Thomas Aquinas S S	A	50.98
	1) Michela Raso	2) Sofia Morgan	3) Chloe Bechard
	5) Olivia Jackson		4) Elliott Nash
9	St. Anne High School	A	51.23
	1) Greta Shephard	2) Jocelyn Peltier	3) Milania Frattaroli
	5) Meiko Turner	6) Abigail Renaud	4) Malia Frattaroli
			8) Sydney Kelly
10	St. David - Waterloo	A	51.24
	1) Savannah Griffith	2) Hayley Smith	3) Julia Chabot
	5) Dara Ojo	6) Allison Curry	4) Hannah Vanhartingsveldt
11	Catholic Central-London	A	51.27
	1) Sophia Yenson	2) Britney Wright	3) Julia Hrywkiw
	5) Nicole McLeod	6) Elle Regnault	4) Ainslie Muscat
12	Sacred Heart - Walkerton	A	51.47
	1) Madalynn McGregor	2) Calleigha McGuigan	3) Zoe Schumacher
	5) Nelia Fraser	6) Michalina Wilkiewicz	4) Avery McGregor
13	Centennial - Guelph	A	51.65
	1) Paige Mantha	2) Catrina Kudo	3) Jenna O'Driscoll
			4) Annika Loaring
14	Mother Teresa C S S	A	51.72
	1) Danielle Jez	2) Celeste Lugogo	3) Valentina Da Costa
	5) Elizabeth Hajjar		4) Sydney Freeman
15	St. Michael C S S	A	52.17
	1) Tamara Mulder	2) Lyla Straus	3) Taylor Blue
	5) Ayva Culligan		4) Tessa Burdett
16	Resurrection - Kitchener	A	52.78
	1) Paige Ambeau	2) Taylor Ambeau	3) Makayla Lyon
	5) Ava Hawley		4) Brooke Baltaz

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Event 96 4x100 Meter Relay Senior Men**Thursday 2025-05-29 - 6:30 PM****West Region: 42.21 2011 Northern CIVS**

	Team	Relay	Seed Time
1	Catholic Central-London	A	42.46
	1) Marcus Fleury	2) Ty Wilson	3) Brayden Rose
	5) Dan Csinos	6) Oisin Bryne	4) Connor McLeod
2	Sir Frederick Banting S S	A	42.83
	1) Francis Hinnah	2) Jackson Mackay	3) Khaleel Miller
	5) Edwin Maslen	6) Ibrahim Hamou	4) Emmett Charles
3	Sandwich Secondary	A	43.48
	1) Eric Griesinger	2) Brodie Renaud	3) Oliver Ross
			4) Liam Thiessen
4	Tecumseh Vista Academy	A	43.65
	1) Reese Hall	2) Thomas-Daniel Tent	3) Jarad Perry
	5) Kenneth Lamb		4) Kaiden Wilson
5	Mother Teresa C S S	A	43.96
	1) Tony Mussa	2) Noah Carter	3) Samuel Espiritu
	5) Sarkis Samanou		4) Nagil Asamoah
6	Assumption School-Brantford	A	43.98
	1) Jaden Dixon	2) Gabe Hamilton	3) Rashaad Eichenberg
	5) Divine Tam		4) Zagham Syed
7	St Joseph's Catholic	A	44.68
	1) Brayden Kane	2) Rahquan Jasper	3) Jeo Garnica
	5) Nyouno Lual	6) Alex Grafos	7) King Maingot
			8) Enoch Perez-Castillo
8	Ursuline	A	44.71
	1) Tayeshawn Hadden	2) DJ Destang-Phillip	3) Aidan Sivongsay
	5) Hudson Charron		4) Gabriel Francis
9	Catholic Central-Windsor	A	44.86
	1) Junior Bayekula	2) Merveil Touzouhoulia	3) Peter Lodu
	5) Massimo Teti	6) Junior Kitumaini	7) Sino Jing
			8) Adriel Piovette
10	Grand River - Kitchener	A	45.03
	1) Finnley Gallacher	2) Quin Wynter	3) Nathan Ertel
	5) William Hughes	6) Cooper Marsh	4) Kowen Moore
11	St. Andre Bessette	A	45.04
	1) Michael Demelo	2) Michael Fadiya	3) Odaro Idahosa
	5) Temi Adekoybe		4) Chiebuka Egbuna
12	Regina Mundi College	A	45.19
	1) Matteo Catulli	2) Obed Arueyingho	3) Francis Franco
			4) Alex Vasquez
13	St. Thomas Aquinas S S	A	45.24
	1) Brett Beazley	2) Massimo Del Guercio	3) Chase Kristensen
	5) Tumi Komolafe	6) Sacha Larsen	4) Mason Bothwell
14	St. James - Guelph	A	45.32
	1) Kaiden Turner	2) Kieran Sullivan	3) Gianfreanz Delafuente
	5) Cohen Holm	6) Myckah Bess	4) Noah Waddel-Henry
15	Kincardine District Secondary	A	45.39
	1) Evan John	2) Nolan Janes	3) Brandon Bishop
			4) Kaden Hanna
16	Jacob Hespeler - Cambridge	A	45.72
	1) Derek Sorensen	2) David Orlik	3) Aedan Clarke
	5) Jamie Bouck	6) Cameron Hancock	4) Nolan Judge

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Event 97 2000 Meter Steeplechase 30" Open Women**Thursday 2025-05-29 - 2:35 PM****West Region: 7:16.28 2019****Elysse Fleming, London Central**

	Name	Team	Seed Time
1	Charlotte Piscione	Woodstock Collegiate Institute	7:19.86
2	Emma Rudling	North Star-Amherstburg	7:45.83
3	Avery Martindale	Saugeen District Secondary Sch	7:47.64
4	Maelle Dufour	L'Essor	7:50.26
5	Amilya King	Valley Heights - Langton	7:50.50
6	Sylvia Ross	Erie Migration District School	7:51.54
7	Rachel Wilbee	Essex District High School	7:52.50
8	Ailsa Bogan	Orangeville - Orangeville	7:57.92
9	Sarah Edwards	Resurrection - Kitchener	7:58.04
10	Selena Guarasci	St. Thomas of Villanova	8:01.33
11	Pola Turowski	Regina Mundi College	8:04.09
12	Emerson Young	Forest Heights - Kitchener	8:06.83
13	Meredith Dwyer	London Central S S	8:22.25
14	Olivia Jackson	St. Thomas Aquinas S S	8:27.31
15	Emily Ghita	St. Thomas Aquinas S S	8:28.94
16	Makinlee Phillips	St. Michael C S S	8:29.96

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Event 98 2000 Meter Steeplechase 36" Open Men**Thursday 2025-05-29 - 1:40 PM****West Region: 5:54.94 2012****Daniel Piticariu, Vincent Massey**

	Name	Team	Seed Time
1	Brendan Currie	St. Thomas of Villanova	6:18.20
2	Thomas Beukeboom	Orangeville - Orangeville	6:22.45
3	Benjamin Perrin	Kitchener Waterloo - Kitchener	6:24.58
4	Owen Bailey Braun	Orangeville - Orangeville	6:25.00
5	Eytan Mirie	Valley Heights - Langton	6:29.41
6	James Porto	Père-René-De-Galinée	6:30.14
7	Ryan Johnson	Lord Dorchester S S	6:33.74
8	Jacob Jansen	St. Thomas Aquinas S S	6:35.82
9	Greyson Pitcher	Sandwich Secondary	6:36.18
10	Goran Plazacic	Riverside Secondary School	6:36.63
11	Daniel Barnes	Catholic Central-London	6:41.48
12	Adrian Olivito	Walkerville Collegiate Ins	6:46.50
13	Fowler Little	St. Joseph's H S	6:47.05
14	Harrison Howlett	St. Andre Bessette	6:47.13
15	Noah Cann	Ingersoll D C I	6:47.22
16	Evan Iacobelli	St. Patrick's Catholic H.S.	6:52.45

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Performance List

Event 99 4x400 Meter Relay Open Women**Friday 2025-05-30 - 3:00 PM****West Region: 3:53.30 2016****Lord Dorchester - Dorchester, Lord Dorchester****M Dunn, D Earhart, M Beaudry, K Beaudry**

	Team	Relay	Seed Time
1	Sandwich Secondary	A	4:04.95
	1) Julia Carswell	2) Ella Steel-Douglas	3) Jacla Bailey
			4) Janelle Davis
2	Medway H S	A	4:06.44
	1) Avery Thomsen	2) Leah Milligan	3) Haley Haskett
	5) Lucy Schiedel	6) Danielle Heard	4) Giuliana Marra
3	St. James - Guelph	A	4:07.45
	1) Hannah Przybylski	2) Emma Westendorp	3) Mayghan Paul
	5) Hailey Miller	6) Eden Kisakye	4) Jolene Steunebrink
4	Holy Names	A	4:07.55
	1) Emily Owen	2) Makenna St. Louis	3) Kendalyn Piette
			4) Zariyah Ross
5	St. Thomas of Villanova	A	4:07.64
	1) Carys Thomas	2) Thea Astles	3) Mya Bart
			4) Charlotte Coskun
6	St. Patrick's Catholic H.S.	A	4:11.03
	1) Katie Coenjarts	2) Keala Pickard	3) Averie Fines
			4) Avery Norland
7	St Joseph's Catholic	A	4:12.74
	1) Morgan Kane	2) Katelyn Parungo	3) Madison Gravelle
	5) Madison Gray	6) Ava Lorway	4) Kaitlyn Gravelle
8	St. Anne's C S S	A	4:13.29
	1) Renee Adrien	2) Halle MacVicar	3) Demi Aiken
	5) Lena Vandenhueval		4) Taryn Steinmann
9	Sir Frederick Banting S S	A	4:14.18
	1) Siena Naisbitt	2) Kyla Norman	3) Isobel Bentley
	5) Willa Schaufele		4) Lilienne Mitchell
10	St. Thomas Aquinas S S	A	4:15.50
	1) Olivia Jackson	2) Ava McFadden	3) Kaitlyn Nadeau
	5) Megan Jean	6) Addison Brosnan-Dennis	4) Elliott Nash
11	Guelph - Guelph	A	4:16.51
	1) Eleanor Rex	2) Nadia Milani	3) Samantha Vitale
	5) Natalie Hobson	6) Stella Panchuk	4) Lydia Hurley
12	Oakridge S S	A	4:17.85
	1) Georgia Chevalier	2) Kaitlyn Haygarth	3) Rylen Mount
	5) Norah Benson	6) Maddie Mills	4) Kate Ryan
13	Centennial - Guelph	A	4:19.92
	1) Addison Chipman	2) Catrina Kudo	3) Jenna O'Driscoll
			4) Selena Loaring
14	Cameron Heights - Kitchener	A	4:22.31
	1) Sierra Costello	2) Eva Argueta	3) Rosalind Thompson
	5) Jaeda Tomlin	6) Ara Oyedirani	4) Olivia Tomlin
15	Kitchener Waterloo - Kitchener	A	4:22.78
	1) Erin Manning	2) Mikayla Scott-Reid	3) Alexandra Zlatan
			4) Sophie Herr
16	A.B. Lucas S S	A	4:24.13
	1) Allie Giroux	2) Mia Crawford	3) Sophie Grozelle
	5) Sarah Jaquith	6) Breanne Smith	4) Julia Reid

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Event 100 4x400 Meter Relay Open Men**Friday 2025-05-30 - 3:00 PM****West Region: 3:19.22 2010****W. F. Herman S S - swhe, Herman, W.F.****A Colquhoun, C Johnson, B McBride, M Savic**

	Team	Relay	Seed Time
1	Sir Frederick Banting S S	A	3:25.12
	1) Francis Hinnah 2) Ryan Vacante 3) Jackson Mackay 4) Emmett Charles		
	5) Will Wright 6) Kolton Gallagher		
2	St. Andre Bessette	A	3:26.21
	1) Julian Garces Munoz 2) Rory Wilkins 3) Matteo Di Ciocco 4) Nathan Janicki		
	5) Michael Demelo		
3	Resurrection - Kitchener	A	3:26.49
	1) Theo Dickerson 2) Cyril Chapple 3) Gabriel Haddad 4) Noah Horspool		
	5) Owen Zettel 6) Xavier Ferdinand		
4	Mgsr. E.A. Doyle - Cambridge	A	3:27.78
	1) Colton Santarella 2) Josh Henry 3) Andrew Corbeil 4) Darius Edwards		
5	St Joseph's Catholic	A	3:28.83
	1) Nyooou Lual 2) Brayden Kane 3) Rahquan Jasper 4) Alex Grafos		
	5) Benjamin Falls 6) King Maingot 7) Enoch Perez-Castillo 8) Owen Beale		
6	Medway H S	A	3:31.39
	1) Taylor Low 2) Preston Collins 3) Kailer Jenney 4) Ryan Georgeson		
	5) Caleb Johnson		
7	Holy Names	A	3:32.18
	1) Alexander Ferris 2) Charlie Dufour 3) Malek Mohammed 4) Elliot Lester		
	5) Keldon St. Louis 6) Israel Oluwatuyi 7) Rocco Cory 8) Samuel Aribilola		
8	Sandwich Secondary	A	3:34.40
	1) Jason Lennox 2) Damilare Osuntola 3) Osman Kromah 4) Ansue Kromah		
9	Orangeville - Orangeville	A	3:35.09
	1) Spencer McLaren 2) Antoni Zajac 3) Ryan Lunnie 4) Owen Bailey Braun		
	5) Carter Bailey		
10	St. Patrick's Catholic H.S.	A	3:35.20
	1) Chase Capes 2) Haiden Robinson 3) Chris Trandafir 4) Owen Gray		
11	St. James - Guelph	A	3:35.37
	1) Kieran Sullivan 2) Brody Azzoparde 3) Cohen Holm 4) Noah Waddel-Henry		
	5) Leon Barrett 6) Sunday Doboul		
12	Catholic Central-London	A	3:35.77
	1) Connor McLeod 2) Julian Venegas 3) Dan Csinos 4) Brayden Rose		
	5) Daniel Chol 6) Marcus Fleury		
13	St. John's College	A	3:35.96
	1) William Kormos 2) Nathan Hajdu 3) Ethan Biscoe 4) Ryley Boake		
	5) Evan Hajdu		
14	Catholic Central-Windsor	A	3:36.74
	1) Peter Lodu 2) Junior Bayekula 3) Michael Tonenchi 4) Merveil Touzouhoulia		
	5) Adriel Piovette 6) Ethan Rutherford 7) Yousif Abdalla		
15	St. Thomas Aquinas S S	A	3:38.40
	1) Brett Beazley 2) Massimo Del Guercio 3) Tiago Dos Santos 4) Sacha Larsen		
	5) Jacob Jansen 6) Chase Kristensen		
16	Strathroy D C I	A	3:40.05
	1) Ben Fowler 2) Nicholas Koteles 3) Owen Ouellette 4) Carson Shaw		
	5) Max Turnbull		

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Performance List

Event 101 100 Meter Dash Ambulatory Women
Thursday 2025-05-29 - 5:30 PM

West Region:		14.57	2016	Madison Wilson-Walker, Lord Dorchester	
	Name			Team	Seed Time
1	Kalea Rup			Westview Freedom Academy	23.11
2	Madison Beraro			Glenview Park - Cambridge	23.45

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Performance List

Event 102 100 Meter Dash Ambulatory Men**Thursday 2025-05-29 - 5:30 PM****West Region: 12.08 2006 Deric Kruse, F.E.Madill**

	Name	Team	Seed Time
1	Jayden Grein	St. Thomas of Villanova	13.15
2	Ben Van Loon	St. Michael C S S	15.22
3	Austin Gordon	St. Benedict - Cambridge	15.76
4	Maleki McCue	Glenview Park - Cambridge	16.75
5	Linus Gatzen	Sir Frederick Banting S S	16.80
6	Amer Safi	Bluevale - Waterloo	17.07

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Performance List

Event 103 100 Meter Dash Visually Imp. Women
Thursday 2025-05-29 - 5:30 PM

West Region:		16.06	2014	Alexis Askin-Hunter, Sarnia	
Name		Team		Seed Time	
1	Linda Cotter	John Diefenbaker Secondary Sch		18.95	
2	Abbi-Lynne Dufour	L'Essor		28.88	

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Performance List

Event 104 100 Meter Dash Visually Imp. Men

Thursday 2025-05-29 - 5:30 PM

West Region: 16.03 2018 Bidhialyh Sanon, Brennan, F.J.

Name		Team	Seed Time
1	Samuel Schreiter	Huron Park S S	17.58

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Performance List

Event 105 100 Meter Dash Intellectually Imp Women**Thursday 2025-05-29 - 5:30 PM****West Region: 13.71 2018 Kyla Rodrigue, Woodstock**

	Name	Team	Seed Time
1	Zoey Shantz	Woodstock Collegiate Institute	14.80
2	Serenity Scott	Woodstock Collegiate Institute	15.36
3	Abigail Uitvlugt	Glencoe D H S	16.53
4	Sarah Harrison	St. James - Guelph	16.55
5	London Robinson	North Star-Amherstburg	16.99
6	Averi Iati	Westview Freedom Academy	17.34
7	Victoria Regier	Clarke Road S S	17.93
8	Shayla Smith	H.B. Beal S S	18.49
9	Emily McDowell	Orangeville - Orangeville	19.65
10	Zwena Ahmed	Westview Freedom Academy	19.78

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Performance List

Event 106 100 Meter Dash Intellectually Imp Men**Thursday 2025-05-29 - 5:30 PM****West Region: 12.06 2013 Peter Snider, WCI**

	Name	Team	Seed Time
1	Ezekiel Kerr	Clarke Road S S	12.32
2	Branson Lezinscar	Westview Freedom Academy	12.82
3	William Taing	Leamington D S S	13.21
4	Johnny Lalonde	St. Benedict - Cambridge	13.47
5	Ahmad Alkhaled	Leamington D S S	13.67
6	Kohlton Scott	Woodstock Collegiate Institute	13.71
7	Evan Langley-Hennessy	H.B. Beal S S	13.90
8	Bryson Jacobs	Sir Frederick Banting S S	13.94
9	Anthony Cigan	St Joseph's Catholic	14.09
10	Quintin Steffler	St. Marys D C & V I	14.58
11	Jaelon Baker	A.B. Lucas S S	14.91
12	Matthew Murga	Catholic Central-Windsor	14.96
13	David Kelly	St. Benedict - Cambridge	15.03
14	Clinton Manotham	Guelph - Guelph	15.45
15	Marcus Daly	Glenview Park - Cambridge	15.78
16	Larenove Kottackel	St. Benedict - Cambridge	15.78

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Performance List

Event 108 200 Meter Dash Wheelchair Men

Friday 2025-05-30 - 2:00 PM

West Region: 49.09 2017 Carlos Melo, C.C.H. - Windsor

	Name	Team	Seed Time
1	Joey Graham	Waterford District High School	53.45

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Performance List

Event 114 800 Meter Run Ambulatory Men**Friday 2025-05-30 - 1:00 PM****West Region: 2:37.33 2017 Nick Heffernan, St.Thomas Aquina**

	Name	Team	Seed Time
1	Linus Gatzen	Sir Frederick Banting S S	2:52.66
2	Austin Gordon	St. Benedict - Cambridge	3:26.27

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Performance List

Event 115 800 Meter Run Intellectually Imp Women
Friday 2025-05-30 - 1:00 PM

West Region: 3:11.53 2024-06-01 Emma Smith, North Lambton Se			
	Name	Team	Seed Time
1	Emma Smith	North Lambton Secondary School	3:06.76
2	Zoey Shantz	Woodstock Collegiate Institute	3:13.97
3	Averi Iati	Westview Freedom Academy	3:17.93
4	Serenity Scott	Woodstock Collegiate Institute	3:22.22
5	London Robinson	North Star-Amherstburg	3:51.36

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Performance List

Event 116 800 Meter Run Intellectually Imp Men**Friday 2025-05-30 - 1:00 PM****West Region: 2:15.29 2024-06-01 Anthony Cigan, St. Josephs**

	Name	Team	Seed Time
1	Anthony Cigan	St Joseph's Catholic	2:21.20
2	Ahmad Alkhaled	Leamington D S S	2:31.87
3	Moe Ahmed	Westview Freedom Academy	2:33.25
4	William Taing	Leamington D S S	2:38.93
5	Kohlton Scott	Woodstock Collegiate Institute	2:43.59
6	Matthew Murga	Catholic Central-Windsor	2:51.82
7	Varfley Dolleh	Laurel Heights Sec Sch	2:58.08
8	David Kelly	St. Benedict - Cambridge	3:06.93
9	Fouzy Abu-Al Hassan	Laurel Heights Sec Sch	3:17.34
10	Marcus Daly	Glenview Park - Cambridge	3:50.70
11	Kaleb Nieva	Laurel Heights Sec Sch	4:07.40

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Performance List

Event 117 Shot Put 3 kg Wheelchair Women
Thursday 2025-05-29 - 12:30 PM

	Name	Team	Seed Mark
1	Sadie Baker	Vincent Massey Secondary	1.58m

Event 119 Shot Put 3 kg Visually Imp. Women
Thursday 2025-05-29 - 12:30 PM
West Region: 2.71m 2024-06-01 Abbi-Lynne Dufour, l'Essor

Name		Team	Seed Mark
1	Abbi-Lynne Dufour	L'Essor	3.21m

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Performance List

Event 120 Shot Put 4 kg Visually Imp. Men
Thursday 2025-05-29 - 12:30 PM

	Name	Team	Seed Mark
1	Samuel Schreiter	Huron Park S S	6.35m

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Alumni Stadium, Western University - 2025-05-29 to 2025-05-30

Performance List

Event 121 Shot Put 3 kg Ambulatory Women
Thursday 2025-05-29 - 12:30 PM

West Region: 2.31m 2024-06-01 Kalea Rup, Westview			
	Name	Team	Seed Mark
1	Madison Beraro	Glenview Park - Cambridge	3.45m
2	Kalea Rup	Westview Freedom Academy	2.50m

OFSAA West Regionals Track & Field

Alumni Stadium, Western University - 2025-05-29 to 2025-05-30

Performance List

Event 122 Shot Put 4 kg Ambulatory Men

Thursday 2025-05-29 - 12:30 PM

West Region: 7.37m 2024-06-01 Maleki McCue, Glenview Park

	Name	Team	Seed Mark
1	Jayden Grein	St. Thomas of Villanova	7.82m
2	Maleki McCue	Glenview Park - Cambridge	7.14m
3	Ben Van Loon	St. Michael C S S	6.88m
4	Amer Safi	Bluevale - Waterloo	6.61m
5	Linus Gatzen	Sir Frederick Banting S S	5.96m
6	Austin Gordon	St. Benedict - Cambridge	5.47m
7	Ahmed Mohamed Said	Westview Freedom Academy	4.08m

OFSAA West Regionals Track & Field
Alumni Stadium, Western University - 2025-05-29 to 2025-05-30
Performance List

Event 123 Shot Put 3 kg Intellectually Imp Women**Thursday 2025-05-29 - 12:30 PM****West Region: 6.28m 2023****Sarah Summers, Westminster**

	Name	Team	Seed Mark
1	Serenity Scott	Woodstock Collegiate Institute	6.33m
2	Zwena Ahmed	Westview Freedom Academy	6.02m
3	Cheyenne Harman	London Central S S	5.03m
4	Averi Iati	Westview Freedom Academy	4.90m
5	Sarah Harrison	St. James - Guelph	4.30m
6	Emily McDowell	Orangeville - Orangeville	3.65m

OFSAA West Regionals Track & Field
Alumni Stadium, Western University - 2025-05-29 to 2025-05-30
Performance List

Event 124 Shot Put 4 kg Intellectually Imp Men**Thursday 2025-05-29 - 12:30 PM****West Region: 11.27m 2023 Cameron Banerjee, Banting, Sir F.**

	Name	Team	Seed Mark
1	Matthew Prestwich	Oakridge S S	9.89m
2	Johnny Lalonde	St. Benedict - Cambridge	8.94m
3	Kohlton Scott	Woodstock Collegiate Institute	8.05m
4	Larenove Kottackel	St. Benedict - Cambridge	7.53m
5	Kaleb Nieva	Laurel Heights Sec Sch	7.06m
6	Weston Moyer	Sir Frederick Banting S S	6.95m
7	Hazim Shukri	London Central S S	6.79m
8	Vashkar Dungal	Westview Freedom Academy	6.61m
9	Fouzy Abu-Al Hassan	Laurel Heights Sec Sch	6.55m
10	Clinton Manotham	Guelph - Guelph	6.53m
11	Bryson Jacobs	Sir Frederick Banting S S	6.44m
12	Jack Schmidtgal	North Star-Amherstburg	5.81m
13	Joseph Kalala	St. Andre Bessette	5.69m
14	Quintin Steffler	St. Marys D C & V I	5.53m
15	AJ Manning	Lord Dorchester S S	4.09m
16	Josh Pillon	Westview Freedom Academy	3.60m