

The 21st century student – open-minded, tolerant and active citizen of future Europe

is 7-day training course. It is a hands-on, practical training which will empower the participants with the skills and knowledge how to organize relevant training sessions for their students so that they become more open-minded and accepting differences. The course is the result of a two Erasmus+ partnerships which were implemented by an international consortium with the participation of experts from [European Integration & Training Centre Alpha](#).

This short CPD (Continuing Professional Development) course (7 days) is eligible for Erasmus + funding.

COURSE OVERVIEW

Every individual is unique, equally worthy and has the right to live according to their beliefs, customs, practices and established behavior rules. Globalization and migration have brought together people from different ethnic origins, religious backgrounds, beliefs, traditions and languages. However, sharing a common space does not automatically result in overcoming the boundaries of historically constituted communities; it does not necessarily involve opening yourself to *otherness*, trying to understand differences, valuing diversity and building common grounds for dialogue. *But* we live together and we should not only tolerate this diversity, we should value it as an opportunity through which we can learn from one another in order to build stronger, more dynamic societies. Human rights, diversity, tolerance and non-violence related issues have become even more important considering the migrant crisis and the terrorist attacks round Europe and worldwide.

Schooling could play a key role in overcoming the historically developed negative attitudes to human differences. The realization of this role suggests that teachers have the relevant knowledge, skills and tools.

This 7-day course will empower the participants with the skills and knowledge how to organize relevant training sessions for their students so that they become more open-minded and accepting differences. The training course is the result of two Erasmus+ projects. The two project developed a Teachers' Manual comprising 66 training topics distributed in 3 modules: Human rights, Diversity and Active citizenship. The participants in the training course will have free-access to the training topics in a Teachers' Manual. Each topic is accompanied by several multimedia objects, e.g. animated cartoons, video clips, filmed drama performances and discussions, simulations, case studies as basis for discussions, interactive exercises, etc. Multimedia objects are ready-to-use materials meant to support teachers' work as mediators in the trainings they are expected to deliver after attending the course. The multimedia resources are described with the corresponding characteristics as learning objects in the Teachers' Manual.

After participating in the training course participants will be supported in the practical implementation of the newly acquired skills and competences. They are expected to deliver trainings to their students using the topics in the Teachers' Manual which they will be taught how to use. We will provide mentors for all teachers who will be at the participants' disposal during a 6-month-period after the training course.

MAIN OBJECTIVES

The course aims to support teachers in:

1. Getting the knowledge of basics in Human Rights, Diversity and Involvement education through the topics in the Teachers' Manual.
2. Mastering skills which will enable them to discuss with their students questions on existing notions of human differences in modern society and run relevant activities choosing from the ones suggested in the Teachers' Manual considering the local context.
3. Getting to know non-formal education teaching approaches and start using them not only in the suggested civic education trainings but also in the routine teaching process.
4. Responsibly accepting a code of behaviour so that all their actions and interactions bear respect to Otherness and students' individuality by participating in the course training sessions together with a diverse group of European teachers.
5. Learn more about the challenges Portuguese teachers have faced regarding the use of the Teachers' Manual through the planned sessions with the involvement of Portuguese teachers who have piloted the training topics.
6. Learn how to work in international teams through the group and pair activities.

TARGET AUDIENCE

This course is open to: all teachers in lower secondary schools, trainers, school educational counsellors, career counsellors, school psychologists and other school staff.

DAILY PROGRAMME.

The standard programme comprises 7 days. The first one is dedicated to getting to know each other and the structure of the developed manual, to preparation and cultural activities. The last day is about follow up – instructions how to implement the suggested trainings with students, how to seek and receive support from mentors. Participants are expected to arrive one day before the start of the course and leave one day after the end. The course envisages visits to local schools in Madrid who teach students with diverse backgrounds and rich cultural program with visits to emblematic site in the city of Madrid and a trip to Toledo.

The course venue is Madrid. The course is also offered in Thessaloniki, Greece.

Day 1

- The city of Madrid – practical information
- Using non-formal education teaching approaches in the classroom – discussion, presentation of NFE tools and practical session of implementation
- Networking activities - warm-up activities and ice breakers
- Course introduction

- Lunch break
- Team building activities - discussion, presentation of team building activities to be used in class and practical session of implementation
- What do we want to teach our 21st century students and how – discussion, presentation of available training resources to teach about human rights, tolerance and active citizenship.
- Europass Mobility Certificate – presentation and feedback by participants: What skills and knowledge did I get today?
- Daily evaluation through NFE tools

Day 2

- Human rights module – introduction
- Practical session: My human rights are 30!
- Practical session: My right to anti-discrimination
- Lunch break
- Madrid – a city of diversities: visit to Acobe Foundation, working with vulnerable women under the governance of the Community of Madrid

Day 3

- Practical session: Rights and obligations (my rights are not unlimited!)
- Gender equality: how to teach it in school?
- Lunch break
- Practical session: Prejudices and stereotypes
- Practical session: Bullying – what should I do?
- Europass Mobility Certificate – presentation and feedback by participants: What skills and knowledge did I get today?

Day 4

- Visit to a local school (CEPA Joaquin Sorolla or another school in the community of Madrid, depending on the availability of the teachers), sharing experience and discussions with the teachers
- Lunch break
- Practical session: Diversity in abilities; disabilities.
- Evaluation of the day through NFE tools

Day 5

- Active citizenship at school – discussion.
- Practical session: Organising a campaign for combatting violence
- Practical session: The core values of the European Union and how to teach them.
- Lunch break
- Environmental education – I can save the planet! Planning and delivering a lesson.
- Europass Mobility Certificate – presentation and feedback by participants: What skills and knowledge did I get today?

Day 6

- Teaching subjects from the formal education curricula through non-formal education teaching approaches – discussion, sharing ideas.
- eTwinning – presenting the opportunities for schools, registering an account and planning projects.

- Lunch break
- *Madrid – a city of diversities and tolerance: Inclusion through Circular Economy – visit to Llamada Solidaria Foundation*

Day 7

- planning follow up activities: participants in the course are expected to deliver trainings to their students in the period after the training course. They will be guided and supported in this process; will get instructions how to seek and receive support from their mentors and how to provide feedback.
- Europass Mobility certificates – discussion of knowledge gained and skills acquired
- Final evaluation
- Validation of learning outcomes and certification ceremony
- cultural exchange – visits to sites of interest in the region (visit to Toledo)

METHODOLOGY

The training course is based on the use of non-formal education methods as an approach for delivering the contents. The general delivery method during the course is simulation of real lessons with students: during the 7-day training sessions there will be almost no lectures and presentations. Participants will, most of the time, step in the shoes of their students whereas the trainers will deliver the contents as suggested in the Teachers' Manual. This will provide trainees with first-hand experience how to deliver the trainings to their students after attending the course.

The pedagogical methods that we use are based upon experiential training, group and peer activities, learning-by-doing and best practices' exchange.

Teachers will learn about and participate in implementing a diverse number of non-formal ways for delivering contents in which trainees are active participants, e.g. simulations, role plays, guided drama activities, theatre of the oppressed, interactive video resources, Oxford-style debates, group and pair work, mind-mapping, creating artistic productions – collages, drawings, dances, poems/ prose, etc.

Local Portuguese teachers who have previously used the Teachers' Manual and have delivered the suggested trainings to their students will participate in specialized sessions during which they will talk about their experiences and provide some first-hand tips and support to the course participants. Local visits to the schools could be organized depending on the participants' needs.

SESSIONS PLANNED AND PRE-REGISTRAION

You can find below the sessions planned for 2023. If none of these dates suits you, we may organize an additional session for your school if there are at least 10 participants interested, so feel welcome to contact us at eucentrealpha@outlook.com to let us know about your needs.

- **Dec 4 – 10, 2023**

For pre-registration fill in the data of all course participants at <https://forms.gle/eVM9Rss1G5R6UMhi8> and we will send you a confirmation for pre-registration.

COSTS AND ERASMUS+ FUNDING

Course fee: EUR 80 per day per participant: **EUR560 for the standard 7-day training course.**

Certification and support fee: **EUR 50 per participant** depending on the group size and services required.

ERASMUS+ FUNDING

Teachers in secondary schools, trainers, school managers, pedagogical advisers and any other staff of education organizations are eligible to receive an Erasmus+ grant covering all the costs including travel, accommodation and daily subsistence, cultural activities and all fees. The training course is designed to be fully funded by Erasmus+.

CERTIFICATION AND VALIDATION OF LEARNING OUTCOMES

At the end of the course, each participant will receive a certificate of attendance and a Europass Mobility Certificate.

We will support the participants in the certification process by delivering a special session devoted to Europass mobility certificates, as well as in the validation of learning outcomes process by providing mentors to all trainees during the implementation process when they will deliver trainings to their students using the Teachers' Manual topics.

We will provide photos of the training course and a selection of videos that can be used for visibility and dissemination purposes. The teachers' Manual and all digital resources will be freely available to all trainees for prospective trainings and re-dissemination among colleagues and students.

WHO WE ARE

The training course in Spain is organized by *European Integration & Training Centre ALPHA*. Alpha has been founded by staff members with a rich experience in European Projects Management and coordination, quality assessment, training on projects' planning and implementation, and work with disadvantaged groups, as immigrants, early school leavers, vulnerable youth, unemployed, Roma people and elderly citizens.

ALPHA provides by itself or in a local partnership with private and public bodies and organisations, actions and services which give people knowledge on European values, history and achievements, social and labour competences and life improvement. Particularly, concerning the training activities, the purpose is to gradually eliminate the barriers and to increase opportunities for smooth integration in the society and avoid discrimination.

ALPHA is a small size organisation operating with a professional staff of various trainers, consultants and social workers, supported by qualified volunteers. The key staff has participated in many local and EU projects aiming at intercultural education, civic participation, promotion of tolerance and European values among the people in the region and the country.

OUR QUALITY STANDARDS

We are committed to Erasmus Quality Standards and comply with the Basic principles of the Erasmus Quality Standards. Participating organizations are also expected to comply with the Basic Principles when planning project activities.

- **Inclusion and diversity:**

This is the major focus of the contents of the structured course *“The 21st century student – open-minded, tolerant and active citizen of future Europe”*.

Participants’ schools are advised to ensure fair and equal conditions for all potential applicants who will be selected to participate in the course involving teachers with different backgrounds and planning a massive implementation of newly acquired skills in the school through in-service seminars for the rest of the teachers and whole-year students’ training activities with the training resources presented during the training course.

- **Environmental sustainability and responsibility:**

Topics of environmentally sustainable and responsible behaviour are being addressed in the training course as separate training sessions in module Active citizenship (AC) and social involvement.

Participants’ schools are advised to make maximum use of the funding provided by the Programme to support sustainable means of travel, i.e. travel by train whenever possible. Participants will be advised to travel by train from Lisbon to Santarem, and all planned cultural trips will be organized by train.

- **Digital education:**

The designed Teachers’ Toolkit, which is to be presented to the participants is available online. The lesson plans are accompanied by numerous digital resources designed with cutting edge technologies. After participating in the training course, the participants will be provided with mentors who will support them through virtual cooperation in the process of delivering trainings for their students.

Participants’ schools will benefit from virtual cooperation after the training course, which is part of the training agreement between the school and the training provider consortium.

- **Active participation in the network of Erasmus organisations:**

ALPHA is an active member of the Erasmus network by providing training activities for participants from different European countries and by providing opportunities for exchanges of good practices between course participants and local Portuguese teachers through the planned visits to schools.

Through their participation in the training course, **Participants’ schools** will gain experience and skills related to internationalization of their schools, skills how to work in international teams and project management skills. They will have practical opportunities to pair up for future projects with the visited Spanish schools and the other participants’ schools.

We are committed to Quality trainings and comply with the principles set in the European Quality Charter for Mobility:

1. Information and guidance: Potential candidates for mobility will be offered equal access to reliable sources of information and guidance.
2. Learning plan: The learning plan, which will be drawn up by the sending organization and us, as course organizers, and the participants, will outline the objectives and expected learning outcomes, as well as how these will be achieved and implemented.
3. Personalization: the mobility undertaken for education or training purposes will be tailored to fit in with the personal learning pathways, skills and motivation of the participants and will develop or supplement them.
4. General preparation: Prior preparation of the participants will be recommended. It will include thematic preparation (on human rights, tolerance and citizenship topics) and cultural aspects of the country of the venue. Participants will receive a list of online materials to read prior to the training course.
5. Linguistic aspects: Participants will be offered some linguistic preparation regarding the topics to be discussed during the course by the course organizers.
6. Logistical support: Logistical support will be provided to the participants, regarding travel arrangements, insurance, accommodation, etc.
7. Mentoring: The training organizations will provide schemes such as mentoring to advise participants while delivering trainings to their students making use of the knowledge and skills gained during the training course.
8. Recognition: Participants will receive appropriate documents demonstrating their participation in a credible way, e.g. certificates of attendance and Europass Mobility certificates.
9. Reintegration and evaluation: On return to the home country, participants will be given guidance on how to make use of competences and skills acquired during the training course.
10. Commitments and responsibilities: The responsibilities arising from these quality criteria will be agreed by the sending and hosting organisations and the participants.