

SALAD INDIA MENU | Page : 01 www.saladindia.com

WHY SALAD INDIA



| Freshly Made

We use only fresh, high-quality, and nutrient-rich ingredients to bring you wholesome goodness.

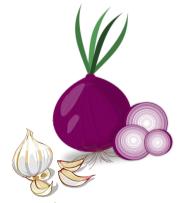


HandCrafted Premixes

We create our own salad sauces, free from mayonnaise and unhealthy fatty oils. These premixes enriches the taste of the salad and balances the nutrition.



very salad is made with love, ensuring a delicious and healthy experience.
Cause, We had each salad tasted by different individuals for the best taste and nutrition.



No Onion, No Garlic

Perfect for those following a Saatvik diet. Also we offer 100% Jain optios in our Salad Meal.



| Timely Delivery

Free Deliver in surat city areas for pre booking orders or subscribers only. Slot: 11 –2 pm | 4 – 6:30 pm



| No Mayonnaise

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Cause, We had each salad tasted by different individuals for the best taste and nutrition.

SALAD INDIA MENU | Page : 02 www.saladindia.com



SALAD INDIA MENU | Page: 03



MENU INDEX

	01	Healthy Salad	04
		24 Different Varients of healthy salad like	
		exotic veggies, fruits, sproutes, pulses &	
		paneer with well balances premixes.	
	02	Subscriptions	10
		Whoo needs healthy salad daily basis 04	
		different subscriptions.	
	03	Little Bundles	12
		TinyPack for trial or Party Orders.	
		Thry deleter marer arry erders.	
	04	Terms & Condition	13
		Store Details & Terms for subscriptions	

PROTEIN SALAD

101. Power Protein Salad - 190 Rs.

Chhole, Chickpea, Sproutes, Purple Cabbage, Cucumber, Sweet Corn, Coriender, Lemon | Red Chili Sauce

02. Rich Protein Salad - 180 Rs.

Chickpea, Sproutes, Tomatoes, Cucumber, Pomegranates, Peanutes, Coriender, Lemon | Red Chili Sauce

03. Herb Potato Salad - 200 Rs.

Herb Potato, Chhole, Sweet Corn, Tomatoes, Bell Peppers, Purple Cabbage | Spicy Cheese Sauce

| 04. Healthy Sprout Bowl - 180 Rs.

Sproutes, Pomegranates, Coriander, Lemon | Red Chili Sauce

| 05. Tripple Beans Salad - 180 Rs.

Chhole, Green Beans, Kidney Beans, Yellow Bell Peppers, Purple Cabbage | Lemon Chili Dressing











• Free Delivery for pre orders only | Delivery Charges: 40–60 rs | Delivery slot: 11–2 pm | 4–6:30 pm

SALAD INDIA MENU | Page : 04









PANEER SALAD

01. Paneer Garden Salad - 180 Rs.

Broccoli, Bell Peppers, Tomatoes, Sweet Corn, Olives, Paprika, Cherry Tomatoes | Cheese Sauce

02. Paneer Fiesta Delight - 200 Rs.

Lettuce, Spinach, Cucumber, Apple, Paneer, Pomegranates, Beet Roots, Almonds | Honey Lime Dressing

| 03. Summer garden Salad - 200 Rs.

Lettuce, Broccoli, Chickpea, Sproute, Tomatoes or Cherry Tomatoes, Sweet Corn, Paneer | Greek Yogurt

04. Winter Switzler - 200 Rs.

Spinach, Pomegarnates, Beet roots, Peanutes. Paneer I Lemon Chili Sauce

05. Paneer Punch Salad - 200 Rs.

Paneer, Pineapple, Pomegranates, Cucumber, Sweet Corn, Nuts, Coriander Nutty Creamy Sauce

• Free Delivery for pre orders only | Delivery Charges: 40–60 rs | Delivery slot: 11–2 pm | 4–6:30 pm

SALAD INDIA MENU | Page : 05 www.saladindia.com

RICE BOWL - 200 Rs. for each



Mexican Rice, Kidney Beans, Sweet

Corn, Bell Peppers, Tomatoes, Paneer, Jelepeno, Nachos | Pineapple Salsa



Fried Rice, Carrots, Beans, Red Cabbage, Green Pea, Sweet Corn, Cashew, Raisins | Soya Chili Sauce



Spinach Rice, Yellow & Green Bell Peppers, Broccoli, Babycorn, Sweet Corn, Beans | Bellpeppers Sauce

• Free Delivery for pre orders only | Delivery Charges: 40–60 rs | Delivery slot: 11–2 pm | 4–6:30 pm

SALAD INDIA MENU | Page: 06 www.saladindia.com

VEG FUSION SALAD

| 01. Fresh Veggie Salad - 180 Rs.

Lettuce, Broccoli, Beet Roots, Purple Cabbage, Green Pea, Beet Roots, Peanutes | Green Chili Sauce

02. Rainbow Salad - 180 Rs.

Carrot, Broccoli, Sweet Corn, Purple Cabbage, Sproutes, Pomegranates, Olives | Meriana Sauce

03. Avacado Salad - 200 Rs.

Avacado, Bell Pepeprs, Tomatoes, Cucumber, Chickpea, Coriander, Lemon | Pesto Sauce

| 04. Fusion Fiesta Delight - 190 Rs.

Corn, Tomatoes, Paneer, Chhole, Sproutes, Cucumber, Pomegrantes, Lemon | Green Chutny

05. FatLoss Salad - 190 Rs.

Broccoli, Lettuce, Tomato, Cucumber, Pineapple, Grapes, Peanutes, Pomegranates, Coriamder | Red Chili Sauce

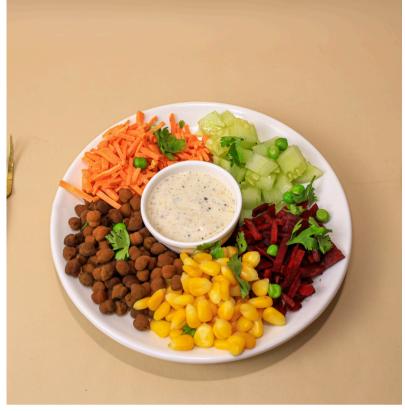




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SALAD INDIA MENU | Page : 07 www.saladindia.com









| Mexican Salad -190 Rs.

Lettuce, Kidney Beans, Sweet Corn, Bell Peppers, Tomatoes, Coriender, Olives, Nachos | Schezwan Sauce

| Feel Good Salad - 180 Rs.

Beet Roots, Carrot, Cucumber, Chickpea, Green Pea, Sweet Corn, Coriander | Greek Yogurt

| BabyCorn Salad - 180 Rs.

Sweet Corn, Baby Corn, Purple Cabbage, Tomatoes, Beans, Coriender, Lemon | Meriana Sauce

| Veg Corn Bowl - 190 Rs.

Sweet Corn, Baby Corn, Tomatoes, Red & Green Bell Peppers, Purple Cabbge, Sproutes | Aloo Sev & Creamy Sauce

*Image is different please check ingredients

CORN 'N FUSION SALAD

• Free Delivery for pre orders only | Delivery Charges: 40–60 rs | Delivery slot: 11–2 pm | 4–6:30 pm

SALAD INDIA MENU | Page : 08 www.saladindia.com



FRUIT BOWL & SUBSCRIPTION



| Fruit Bowl - 220 Rs.

Any 6 fruits in bowl – Apple, Pears, Pineapple, Melons, Grape fruits, Orange, Kiwi, Dragon Fruit, Berries, Dry Fruits

| Fruit Subscription - 200 Rs./day

Weight: 300 gm Min Days: 06





SUBSCRIPTION PLAN

TRIAL PACK

Rs. 900

- 05 Days
- Any 05 Salad
- · 300 gm salad
- 180 rs/day
- Free Delivery

10 DAYS PLAN

Rs. 1700

- 10 Days
- 10 Different Salad
- 300 gm salad
- 170 rs/day
- Free Delivery(6 km)
- 02 skip available

MONTHLY PLAN

Rs. 3360

- 21 Days
- 21 Different Salad
- 300 gm salad
- 160 rs/day
- Free Delivery(6 km)
- 06 skip available

- Customise Salad subscription :- 180 rs/day
- Pre Orders Only
- Free Delivery for 6 km from store (Store Located in Mota varachha)
- Delivery Charges: 20-40 rs | Delivery slot: 11-2 pm | 4-6:30 pm
- · Skip Salad extended in last days.

BECOME A SUBSCRIBER

AFFORDABLE | DIFFERENT | DAILY NEED | FREE DELIVERIES



- To subscribe, it is mandatory to fill out a subscription form.
 Subscription will start the next day after filling the form.
 All payments are in advance. (UPI, Bank Transfer) For cash payment, pay us upon first delivery.

SALAD INDIA MENU | Page: 11 www.saladindia.com



I TINY PACK OF 06 SALAD

healthier way to snack together

6 TINY SALAD | 600 RS. | AT A TIME



SALAD INDIA MENU | Page: 12

TERMS & CONDITIONS

- Store will be close on Sunday & National Holidays.
- Subscription form must be filled to book the subscription.
- Subscription starts after confirming all details and payment done.
- All Subscription is Prepaid only.
- Pay us through UPI, Net banking and cash also.
- Each Salad Net weight 330 grams and You can avail maximum one Salad in one subscription per day.
- You get one Dressings box & one Masala sachet in salad box, use it as per taste.
- Eat salad within 30 minutes after deliver. You can store it in refrigerator at 0-10 'C for 2-3 hours.
- We have options for customization. i) by ingredients ii) by salad iii) by wight. *Rates for customize subscription will vary by ingredients and salad.
- In Trial subscription your subscription will starts from running day of week without any skip.
- If you want to skip your salad, please let us know one day in advance so we can proceed with skip otherwise it is countable.
- You can skip 06 days skip in Monthly subscription (21 days).
- If you are not continue your salad after skips finished, your subscription is considered as finished by your side.
- Delivery free for subscribers only who's delivery location under 06-08 km. After 06 km charges apply (20 rs/day)
- If you change the delivery location in running subscription than it will be chargeable as per distance.
- Párking charges will pay by subscriber. It will not count in subscription charges. (applied only if delivery location is in textile markets)
- We will deliver all salads Monday-Saturday to a fixed delivery slot that is chosen by you. *Time may be differed by traffic, technical or weather issues
- On National holidays store reamins close and subscriber will not get their salad *You will be informed by our team before one day.
- We are serving all salad as per given instructions provides by you or us. Cause of market, SALAD INDIA can change ingredients and rates at any time. *You will be informed by our team before that.
- You cannot end this subscription once it has started. We are not responsible for refund. Additional charges may apply if you do this. (Rate count as per menu + delivery charges 50 rs/day apply)
- In case of medical emergency, you can transfer it to another person.
- For any issue related salad or delivery service connect us on +91 8128135281 *Never Argue with delivery boy.









FOR ORDERS & SUBSCRIPTIONS





saladindia23@gmail.com

Nr. Lajamani Chowk, Mota varachha, Surat

: book now : 81281 35281

SALAD INDIA MENU | Page : 13 www.saladindia.com