



# SALAD INDIA

APKA SALAD APKE DWAR





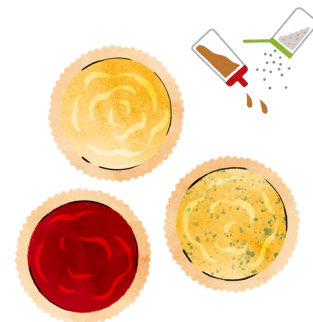
## WHY SALAD INDIA

### | Freshly Made



We use only fresh, high-quality, and nutrient-rich ingredients to bring you wholesome goodness.

### | HandCrafted Premixes



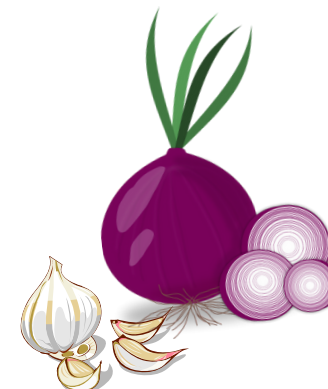
We create our own salad sauces, These premixes enriches the taste of the salad and balances the nutrition.

### | Home-style preparation



Every salad is made with love, ensuring a delicious and healthy experience. Cause, We had each salad tasted by different individuals for the best taste and nutrition.

### | No Onion, No Garlic



Perfect for those following a Saatvik diet. Also we offer 100% Jain optios in our Salad Meal.

### | Timely Delivery



Free Deliver in surat city areas for pre booking orders or subscribers only.  
Slot: 11 -2 pm | 4 - 6:30 pm

### | No Mayonnaise



At Salad India, we believe in pure, wholesome flavors—so we skip the mayonnaise and fatty oil.





# MENU INDEX

01	<b>Healthy Salad</b> 24 Different Varients of healthy salad like exotic veggies, fruits, sproutes, pulses & paneer with well balances premixes.	04
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# **| PROTEIN SALAD**

**Net Weight:- 330 gm**

## **| 01. Power Protein Salad - 190 Rs.**

Chhole, Chickpea, Sproutes, Purple Cabbage, Cucumber, Sweet Corn, Coriender, Lemon | Tomato Chili Sauce

## **| 02. Rich Protein Salad - 190 Rs.**

Chickpea, Sproutes, Tomatoes, Bell Peppers, Paneer, Pomegranates, Peanutes, Coriender, Lemon | Tomato Chili Sauce

## **| 03. Herb Potato Salad - 200 Rs.**

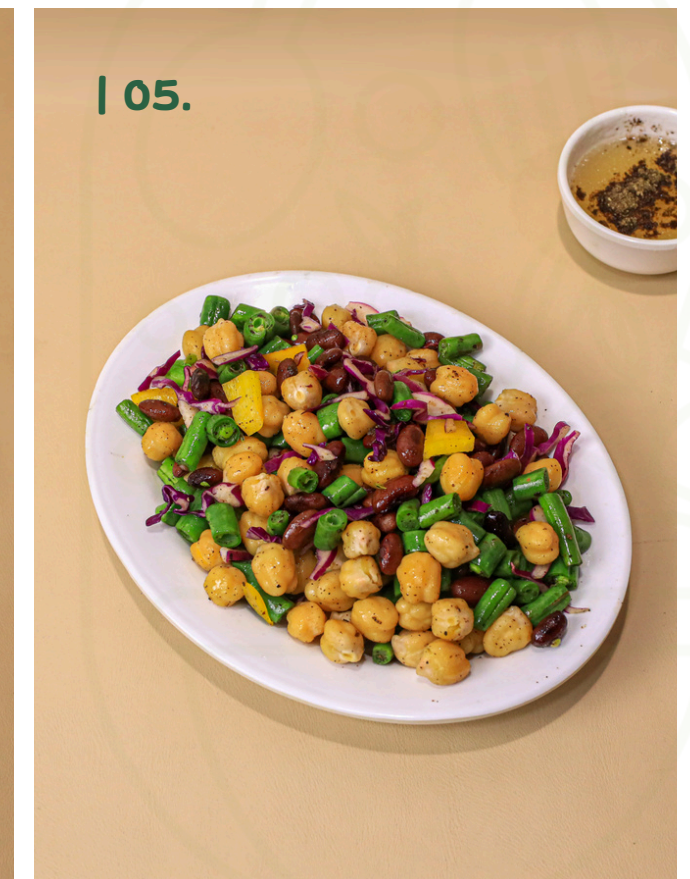
Herb Potato, Chhole, Sweet Corn, Tomatoes, Bell Peppers, Purple Cabbage | Creamy Shezwan Sauce

## **| 04. Healthy Sprout Bowl - 180 Rs.**

Sproutes, Pomegranates, Coriander, Lemon | Red Chili Sauce

## **| 05. Tripple Beans Salad - 180 Rs.**

Chhole, Green Beans, Kidney Beans, Yellow Bell Peppers, Purple Cabbage, Sesame seeds | Soya Chili Sauce



• Free Delivery for pre orders only | Order before delivery slots | Delivery slot: 11-2 pm | 4-6:30 pm





| 01.



| 02.



| 03.



| 04.

# | PANEER SALAD

## | 01. Paneer Garden Salad - 180 Rs.

Broccoli, Bell Peppers, Paneer, Tomatoes, Sweet Corn, Olives, Paprika, Cherry Tomatoes | Cheese Sauce

## | 02. Paneer Fiesta Delight - 200 Rs.

Lettuce, Spinach, Cucumber, Apple, Paneer, Pomegranates, Beet Roots, Almonds | Honey Lime Dressing

## | 03. Summer garden Salad - 200 Rs.

Lettuce, Broccoli, Chickpea, Sproute, Tomatoes or Cherry Tomatoes, Sweet Corn, Paneer | Greek Yogurt

## | 04. Winter Switzler - 200 Rs.

Spinach, Pomegarnates, Beet roots, Cucumber, Cherry Tomatoes, Peanutes, Feta | Honey lime Dressing

## | 05. Paneer Punch Salad - 200 Rs.

Paneer, Pineapple, Pomegranates, Bell Peppers, Carrot, Apple, Sweet Corn, Desi Chana, Cherry Tomatoes, Coriander | Ginger Drizzle Sauce

• Free Delivery for pre orders only | Order before delivery slots | Delivery slot: 11-2 pm | 4-6:30 pm



# **| CORN 'N FUSION SALAD**

**Net Weight:- 330 gm**



## **| Mexican Salad - 190 Rs.**

Lettuce, Kidney Beans, Sweet Corn, Bell Peppers, Tomatoes, Coriander, Olives, Nachos | Schezwan Sauce



## **| Feel Good Salad - 180 Rs.**

Beet Roots, Carrot, Cucumber, Chickpea, Green Pea, Sweet Corn, Coriander | Greek Yogurt



## **| Sweet Corn Bowl - 200 Rs.**

Sweet Corn, Baby Corn, Tomatoes, Red & Green Bell Peppers, Sprouts, Coriander | Aloo Sev & Creamy Cheese Sauce

\*Image is different please check ingredients

- Free Delivery for pre orders only | Order before delivery slots | Delivery slot: 11-2 pm | 4-6:30 pm



# | VEG FUSION SALAD

## | 01. Fresh Veggie Salad - 180 Rs.

Lettuce, Broccoli, Cucumber, Bell peppers, Green Pea, Beet Roots, Peanuts | Green Chili Chutney

## | 02. Rainbow Salad - 180 Rs.

Carrot, Broccoli, Sweet Corn, Purple Cabbage, Sproutes, Pomegranates, Olives | Mint curd dip

## | 03. Avacado Salad - 200 Rs.

Avacado, Cucumber, Lettuce, Feta, Tomatoes, Sweet Corn, Cherry Tomatoes, Coriander, Pumpkin Seeds | Mint Curd Dip

## | 04. Fusion Fiesta Delight - 200 Rs.

Corn, Tomatoes, Paneer, Chhole Chana, Bell peppers, Sproutes, Cucumber, Pomegranates, Lemon | Green Chutney

## | 05. FatLoss Salad - 190 Rs.

Broccoli, Lettuce, Tomato, Cucumber, Pineapple, Grapes, Peanuts, Pomegranates, Coriander, Sesame seeds | Red Chili Sauce

| 01.



| 02.



## | Bliss Paradise - 200 Rs.

Apple, Pineapple, Carrot, Bell peppers, Potato, Spinach, Paneer, Penaut | Papaya Salsa  
\*Image is different please check ingredients

## | Falafel Salad - 200 Rs.

Quinoa, Spinach, Paneer, Potato, Corn, Cherry Tomato, Coriander | Lemon Mustard Sauce

- Free Delivery for pre orders only | Order before delivery slots | Delivery slot: 11-2 pm | 4-6:30 pm



## **| RICE BOWL – 200 Rs. for each**

**Net Weight:- 330 gm**



### **| Mexican Rice Bowl**

Mexican Rice, Kidney Beans, Sweet Corn, Bell Peppers, Tomatoes, Paneer, Jelepeno, Nachos, Coriander | Pineapple Salsa



### **| Asian Fried Rice Bowl**

Fried Rice, Carrots, Beans, Red Cabbage, Green Pea, Sweet Corn, Cashew, Raisins | Soya Chili Sauce



### **| Spinach Rice Bowl**

Spinach Rice, Yellow & Green Bell Peppers, Broccoli, Baby corn, Sweet Corn, Beans | Mint Curd Dip

- Free Delivery for pre orders only | Order before delivery slots | Delivery slot: 11-2 pm | 4-6:30 pm





# | FRUIT BOWL & SUBSCRIPTION



## | Fruit Bowl - 220 Rs.

Any 6 fruits in bowl – Apple, Pears, Pineapple, Melons, Grape fruits, Orange, Kiwi, Dragon Fruit, Berries, Dry Fruits .....

## | Fruit Subscription - 200 Rs./day

Weight : 300 gm  
Min Days : 06

- Free Delivery for 10 km areas from store | Pre Orders accepts only.





## | SUBSCRIPTION PLAN

### TRIAL PACK

Rs. **900**

- 05 Days
- Any 05 Salad
- 300 gm salad
- 180 rs/day
- Free Delivery(10 km)

### 10 DAYS PLAN

Rs. **1700**

- 10 Days
- 10 Different Salad
- 300 gm salad
- 170 rs/day
- Free Delivery(10 km)
- 02 skip available

### MONTHLY PLAN

Rs. **3360**

- 21 Days
- 21 Different Salad
- 300 gm salad
- 160 rs/day
- Free Delivery (10 km)
- 06 skip available

- Customise Salad subscription :- 180 - 200 rs/salad (300 gm)
- Free Delivery for 10 km areas from store | Pre Orders accepts only.
- Free Delivery for subscriptions only, if discontinue in between then per day 50 rs. delivery charges applied (Store Located in Mota varachha)
- Delivery slot: 11-2 pm | 4-6:30 pm
- Skip Salad extended in last.



# BECOME A SUBSCRIBER

AFFORDABLE | DIFFERENT | DAILY NEED | FREE DELIVERIES



- To subscribe, it is mandatory to fill out a subscription form.
- Subscription will start the next day after filling the form.
- All payments are in advance. (UPI, Bank Transfer) For cash payment, pay us upon first delivery.





# | TINY SALAD

healthier way to snack together ....

**Party Orders | Corporate Events | Festival Orders**

| Starts from 100 gms @ 60 rs.

| No Onions No Garlic

| 20 Different Varieties

**Rich Protein  
Salad**



**Mexican Rice  
Bowl**



**Sweet Corn  
Bowl**



**Exotic Fruit  
Bowl**



**Winter Switzler  
Salad**



**Paneer Garden  
Salad**

**Fusion Fiesta  
Delight**



# | TERMS & CONDITIONS

- Store will be **close on Sunday & National Holidays**.
- Subscription form must be filled to book the subscription.
- Subscription starts after confirming all details and payment done.
- All Subscription is Prepaid only.
- Pay us through UPI, Net banking and cash also.
- Each Salad **Net weight 330 grams** and You can avail maximum one Salad in one subscription per day.
- You get one Dressings box & one Masala sachet in salad box, use it as per taste.
- Eat salad within 30 minutes after deliver. You can store it in refrigerator at 0-10 'C for 2-3 hours.
- We have options for customization. i) by ingredients ii) by salad iii) by wight. \*Rates for customize subscription will vary by ingredients and salad.
- In Trial subscription your subscription will starts from running day of week without any skip.
- If you want to skip your salad, please let us know one day in advance so we can proceed with skip otherwise it is countable.
- You can skip 06 days skip in Monthly subscription (21 days).
- If you are not continue your salad after skips finished, your subscription is considered as finished by your side.
- Delivery free for subscribers only who's delivery location under 08-10 km. After 10 km charges apply (as per distance)
- If you change the delivery location in running subscription than it will be chargeable as per distance.
- Parking charges will pay by subscriber. It will not count in subscription charges. (applied only if delivery location is in textile markets)
- We will deliver all salads Monday-Saturday to a fixed delivery slot that is chosen by you. \*Time may be differed by traffic, technical or weather issues.
- On National holidays store reamins close and subscriber will not get their salad \*You will be informed by our team before one day.
- We are serving all salad as per given instructions provides by you or us. Cause of market, SALAD INDIA can change ingredients and rates at any time. \*You will be informed by our team before that.
- You cannot end this subscription once it has started. We are not responsible for refund. Additional charges may apply if you do this. (Rate count as per menu + delivery charges 50 rs/day apply)
- In case of medical emergency, you can transfer it to another person.
- For any issue related salad or delivery service connect us on +91 8128135281 \*Never Argue with delivery boy.





## FOR ORDERS & SUBSCRIPTIONS



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: book now :  
**81281 35281**



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