

# Visual Analogue Scale (VAS) for pain<sup>1</sup>

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Place a mark on the line below to indicate your current level of pain<sup>2</sup>.



Please ensure you print this document to scale so that the VAS line is 10cm long.

<sup>1</sup> State Insurance Regulatory Authority: *Guidelines for the management of acute whiplash-associated disorders – for health professionals*. Sydney: third edition, 2014. P.43.

<sup>2</sup> Scott, J. and E. Huskisson, Graphic representation of pain. *Pain*, 1976. 2(2): p. 175-184.