

Welcome to *Sunday Blooms*, a weekly series of free crochet flower patterns to brighten your hooks and your home. Each design is quick, charming, and perfect for using up yarn scraps. New bloom every Sunday —simple, beautiful, and ready to grow.

Sunday Bloom Project: Remembrance Poppy

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Date: 2 November 2025

Theme: Reflection, courage, remembrance

A Moment to Reflect

Today's bloom is a symbol of strength and memory. The poppy stands for courage, endurance, and love that lives on. This pattern invites you to slow down and reflect as you crochet — its rhythm is gentle, the stitches simple, and the result beautifully meaningful.

You Will Need

- DK weight yarn: small amounts of black (center) and red (petals)
- 4 mm crochet hook (US G-6)
- Yarn needle and scissors
- Optional: 5–6 small black seed beads
- Optional: felt circle and brooch pin for backing

Pattern Notes

- Pattern uses US crochet terms.
- The poppy is worked in two colors: black for the center, red for the petals.
- Work over yarn tails when changing colors to keep the back tidy.
- The finished flower naturally forms six petals.

Remembrance Poppy Pattern

Black Center: **Round 1**

Make a magic ring. Work 6 single crochets (sc) into the ring. Pull the ring closed and slip stitch (sl st) to the first sc to join.
(6 sts)

Round 2:

Make 1 puff stitch (ps) in each of the 6 stitches around.
(For each ps: yarn over, insert hook, pull up a loop — repeat 3 times, yarn over, pull through all loops, ch 1 to close.)
Sl st to the first puff stitch to join.
(12 puff stitches total)

Round 3:

Work between the puff stitches: *1 sc between the first two puffs, 2 sc between the next pair.*
Repeat from * to * around, alternating 1 sc and 2 sc.
Sl st to the first sc to join.
(18 sc total)

Fasten off black yarn and trim the end, or leave a tail if you plan to sew the poppy onto something later.

Red Petals: **Round 4:**

Join red yarn into any single sc (not a pair) from Round 3.
Work over the black tail for a neat finish.

Ch 2 (counts as first dc), 2 double crochets (dc) in the next stitch, 2 dc in the next stitch, ch 2, sl st into the next single sc.
Repeat from * to * around.
Sl st to the base of the first ch 2 to join.
(6 petals formed, each made from 4 dc stitches)

Round 5:

Ch 3. Work 2 dc in each of the 4 dc from the previous petal (8 dc per petal).
Ch 3, sl st into the next chain-2 space between petals.
Ch 3, 2 dc in each of the 4 dc from the previous petal (8 dc total), ch 3, sl st into next space.
Repeat around.
Sl st to the first ch 3 to finish.
(6 petals × 8 dc = 48 dc total)

Fasten off and weave in ends neatly on the back.

Finishing Touches: Shape the petals with your fingers or lightly steam from the back to open them up.
You may add a few black beads to the center for texture and light.
Attach a felt circle and brooch pin to the back, or add your poppy to a remembrance wreath or handmade display.

Reflection: “Some blooms carry stories. The poppy carries remembrance — a soft echo of love and endurance, stitched one petal at a time.

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