

ReAlign Program by Grow With Corina

growwithcorina.com

The Success Formula™ for Sustainable Performance

A Personalized 3-Month Coaching Journey to Redefine Achievement, Restore Energy, and Lead with Purpose.

For leaders and executives in survival mode — running on pressure instead of purpose —

I help you realign your energy and success to lead from calm, confident impact.

Become the CEO of Your Life Success

In 3 months, move from pressure to purpose through a personalized formula that restores clarity, energy, and sustainable impact.

This journey begins *with you* — your patterns, your energy, and your current definition of success. Using a proprietary **pre-assessment**, we map where you stand today across five key dimensions:

Achievement, Fulfillment, Relationships, Financial Stability, and Sustainability.

Your results become the foundation of your **personalized Success Formula**, which then guides every session, reflection, and measurable outcome.

Your Personalized Success Formula

(Achievement + Fulfillment + Relationships + Financial Stability) × Sustainability

This formula becomes your compass — a structured yet flexible framework that evolves with you throughout the program.

Every session draws from your assessment insights, helping you translate awareness into aligned action and performance that feels both meaningful and sustainable.

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Program Journey

Session 0 — Pre-Assessment & Baseline Mapping

Theme: Where are you now?

We start by reviewing your Success Formula Assessment to uncover what drives you, where your energy leaks, and which aspects of success need recalibration.

Outcome: Personalized roadmap and measurable focus areas.

Session 1 — Define Success on Your Own Terms

Theme: Redefining what matters most.

We connect your assessment insights with your values and ambitions — shifting from external measures of success to what truly matters for *you*.

Outcome: Anchored vision and renewed motivation.

Session 2 — From Survival to Self-Leadership

Theme: Shifting out of reactive mode.

Your pre-assessment revealed how you operate under pressure. Here, you'll identify triggers that pull you into survival mode and practice leading yourself from presence instead.

Outcome: Awareness of stress patterns and new leadership responses.

Session 3 — Emotional Mastery in Action

Theme: Regulate before you react.

You'll learn tools to navigate emotional complexity and maintain calm impact — especially in high-pressure interactions.

Outcome: Emotional intelligence applied to leadership reality.

Session 4 — Integrating Insight into Daily Leadership

Theme: From awareness to aligned performance.

We connect your new understanding of emotions and energy to your work rhythms, decision-making, and boundaries.

Outcome: Clear link between inner leadership and outer performance.

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Session 5 — Midpoint Recalibration (Assessment Review)

Theme: Measure, reflect, refine.

We revisit your Success Formula Assessment to review shifts, celebrate wins, and refine your focus for the second half.

Outcome: Clarity, confidence, and data-backed insight.

Session 6 — Strengthening Inner Authority

Theme: Leading from trust, not tension.

Replace overcontrol and overthinking with calm, confident decision-making.

Outcome: Deepened self-trust and steady leadership posture.

Session 7 — Releasing Old Roles

Theme: From “should” to “choice.”

We explore outdated roles, identity scripts, or corporate conditioning revealed in your first assessment.

Outcome: Freedom from external pressure, renewed authenticity.

Session 8 — Permission to Be Fully You

Theme: Authentic leadership.

Integrate your authenticity into how you lead, communicate, and make decisions.

Outcome: Confidence to lead from essence, not expectation.

Session 9 — Root to Rise

Theme: Anchoring your growth.

We map your inner strengths and align them with your long-term aspirations for sustainable success.

Outcome: Confidence grounded in your story and values.

Session 10 — The Success Formula™ Integration

Theme: Embody and sustain your success.

We consolidate your entire journey into a **Personal Success Blueprint** — a living document that tracks your evolution and outlines your next steps.

Outcome: A clear, data-informed, emotionally grounded strategy for ongoing leadership and balance.

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☀️ What You'll Walk Away With

- ✓ A personalized **Success Formula Blueprint** based on your assessment results
 - ✓ Awareness of your energy patterns and emotional drivers
 - ✓ Tools to regulate stress and lead from calm impact
 - ✓ Clear decision-making frameworks for aligned leadership
 - ✓ Sustainable habits that balance performance with purpose
 - ✓ Renewed clarity, presence, and fulfillment
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💬 Who This Is For

- Senior leaders and executives navigating growth, transition, or overload
 - High-performing professionals who've achieved success but feel disconnected from it
 - Ambitious individuals seeking sustainable performance and deeper alignment
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🌱 Program Logistics



Duration: 3 months (10 sessions)



Format: 1:1 private coaching (Zoom)



Includes: Pre-assessment, midpoint review, final Success Blueprint



Start with: A free discovery call



Pricing

2500 EUR for the Whole Program



[Book Your Free Discovery Call](#)

A conversation to breathe, reflect, and define what sustainable success means for you. See You There!