

OKRs anuais e trimestrais

Cada objetivo anual deve ser desdobrado em objetivos trimestrais com resultados-chave claros e mensuráveis. Enquanto os objetivos devem ser inspiradores e motivadores, os resultados-chave precisam ser concretos, numerais e alcançáveis. Para organizar melhor, use 3 páginas, dedicando uma a cada área da vida, como saúde, família e trabalho.

PROGRESSO

OBJ ANUAL: _____

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1º TRIMESTRE

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2º TRIMESTRE

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4º TRIMESTRE

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