

The Quaker Faith: Friends of Love and Truth

Learning Resources

Study Group Options

All the study group options set out below are based on a one-hour session. Groups may want to meet for longer. Ideally, individuals should prepare for each session by reading the relevant chapter in the book and reflecting on the learning resources in advance.

Option One – Worship Sharing

The group will sit in a circle.

- Gathering worship during which the facilitator summarises the material for the group (15 minutes).
- Individuals reflect on the material in worship (10 minutes).
- A period of worship sharing (30 minutes).
- An ‘afterword’ opportunity for final thoughts (5 minutes).

Option Two – Threshing Session

The group will sit in a circle.

- Introductions – the facilitator summarises the material for the group (10 minutes).
- Reflections and responses - speaking in turn, moving round the group, with the option to ‘pass’ if you have nothing to say (30 minutes).
- The facilitator keeps notes and summarises key points at the end (10 minutes).
- Closing worship (10 minutes).

Option Three – Discussion Group

The group will sit in a circle.

- Gathering worship during which the facilitator summarises the material for the group (15 minutes).
- A facilitated discussion in which everyone has the opportunity to speak and to respond to the contributions of others (30 minutes).
- The facilitator keeps notes and summarises key points at the end (5 minutes).
- Closing worship (10 minutes).

Option Four – Individual Arts Response

In this option, art materials and a large table will need to be made available before the session. The group will sit around the table.

- Gathering worship during which the facilitator summarises the session material for the group (15 minutes).
- Individuals reflect on the material in worship (5 minutes).
- Individuals Respond with an art activity such as drawing, painting, collage or journaling (30 minutes).
- Individuals describe and share what they have done (10 minutes).

Option Five – Group Arts Response

In this option, arts materials and a large table will need to be made available before the session. The group will sit around the table.

- Gathering worship during which the facilitator summarises the session material for the group (15 minutes).
- Individuals reflect on the material in worship (5 minutes).
- The group respond with a shared art activity such as a large drawing, painting, or collage. (30 minutes).
- The group looks at what it has done and shares reflections (10 minutes).

Options for Individual Reflection

Individuals reading the book and working with these resources might respond in a number of ways. For example:

1. By reflecting on the materials and producing written responses to the questions provided.
2. By reflecting on the materials and responding through creative writing or journalling.
3. By reflecting on the materials and responding with an arts-based activity (as set out in option four above).