Why Did God Put the Tree of Life and the Tree of Knowledge in the Garden?

(Or: Was God Fair in Not Letting Them Eat from the Tree of Knowledge?)

Lesson Objective:

To help children understand God's authority, fairness, and generosity through a simple classroom analogy and biblical reflection.

Imagine this:

Your teacher brings in a container of cookies. Before stepping out of the room, she says: "Don't eat any cookies right now. We'll enjoy them together at the end of class."

While she's gone, Jaylen sneaks a cookie.

Do you think that was wrong? Why or why not?

Questions to think about:

- Who made the cookies?
- Who do the cookies belong to?
- If the teacher made the cookies, does she have the right to decide when and how they're shared?

Biblical Reflection:

Just like the teacher, God is the Creator. He made every tree in the garden, and He gave Adam and Eve permission to eat from all of them-except one: the Tree of the Knowledge of Good and Evil.

God wasn't being unfair. He was being generous-and loving. He gave them:

- The Tree of Life
- Beautiful trees with delicious fruit
- A perfect place to live
- Each other-and His presence

God simply gave one rule to test their trust and obedience. He had the right to do that, just like the teacher had the right to make rules about her cookies.

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Talk About It:

- Why do you think God didn't let Adam and Eve eat from the Tree of Knowledge?
- What does this story teach us about obeying God, even when we don't understand everything?
- How does this help you see that God is both fair and good?

Use This Lesson:

Download and use this resource at home, in class, or during devotion time. Feel free to add space below for drawings or written reflections.