Why Did God Put the Tree of Life and the Tree of Knowledge in the Garden?

(Ages: 8-13)

(Or: Was God Fair in Not Letting Them Eat from the Tree of Knowledge?)

lesson Objective:

To help children understand God's authority, fairness, and generosity through a simple classroom analogy and biblical reflection.

Vocabulary Box

Authority – The right to lead or give instructions.

Obedience – Choosing to do what you're told, even when it's hard.

Generous – Giving more than expected or required.

Creator – The one who makes and owns everything.

The Cookie Example — Imagine This:

Your teacher brings in a container of cookies. Before stepping out of the room, she says:

• "Don't eat any cookies right now. We'll enjoy them together at the end of class."

While she's gone, Jaylen sneaks a cookie.

Was that wrong? Why or why not?

Questions to Think About:

- Who made the cookies?
- Who do the cookies belong to?

If the teacher made the cookies, does she have the right to decide when and how they're shared?

What the Bible Says — God's Garden Rule

Just like the teacher, God is the Creator. He made every tree in the garden and gave Adam and Eve permission to eat from all of them — except one:

• "...but you must not eat the fruit from the Tree of the Knowledge of Good and Evil..."

(Genesis 2:17 NIrV)

God wasn't being mean or unfair. In fact, He was being generous and loving. He gave Adam and Eve:

- The Tree of Life (a tree that would help them live forever)
- Beautiful trees with delicious fruit
- A perfect garden to live in
- Each other and even His presence

He gave them one rule to test their trust and obedience. He had every right to do this — just like your teacher has the right to set rules for her classroom and her cookies.

Talk About It

- Why do you think God didn't let Adam and Eve eat from the Tree of Knowledge?
- What does this story teach us about obeying God, even when we don't understand everything?

How does this help you see that God is both fair and good?

Activity: God's Generosity in the Garden

Draw Your Own Garden!

- 1. On a blank sheet of paper, draw a garden filled with lots of trees.
- 2. Label one tree "Tree of Life" and another "Tree of Knowledge."
- 3. Color all the trees green and bright. Then, put a small "NO" sign next to the Tree of Knowledge.
- 4. Count how many trees God said yes to... and how many He said no to.

What does this show you about God's heart?

⚠ Use This Lesson:

This worksheet is great for:

- Sunday school or children's church
- Homeschool Bible time
- Devotions with your family
- Kids' small group discussions