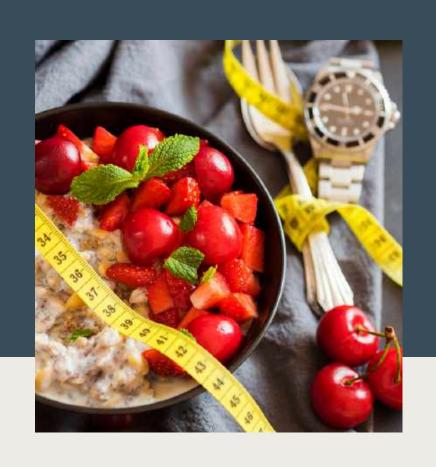


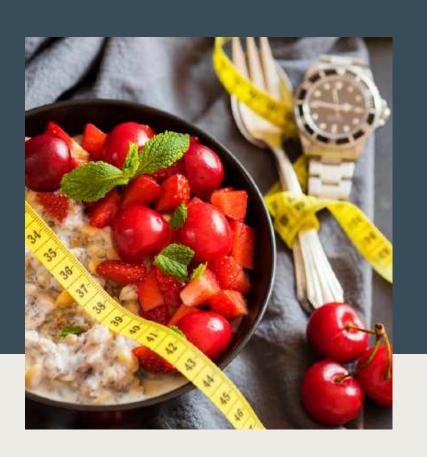
LEARN HOW TO MAKE ORGANIC FERTILIZERS. PESTICIDES AND PLANT MEDICINES AT HOME.

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NICE TO MEET YOU!

Hi! I'm

Arindam Bandyopadhyay

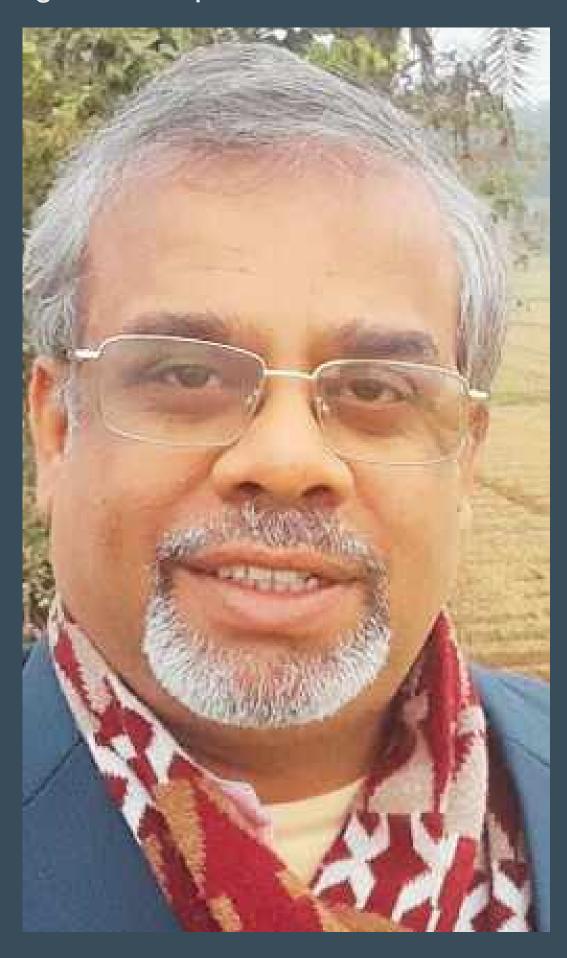
Hello, I am Arindam Bandyopadhyay, an Organic Mixed Farming and Livelihood Consultant with 18 years of dedicated research and practice in organic farming. Throughout my career, I have served as a consultant for several organizations, sharing my insights and promoting sustainable agricultural practices.

My MissionYour Role

I firmly believe that organic farming is not just an agricultural method but a necessary lifestyle change that everyone should adopt. Consuming organic food is our birthright, and it is inherently unfair to feed ourselves and future generations with chemical-laden produce. My mission is to educate and empower people to embrace organic farming, whether on a large scale or through small terrace gardens.

Why Organic?

Organic farming protects our health, our environment, and our future. By avoiding synthetic chemicals, we preserve soil fertility, protect biodiversity, and ensure that our food is nutritious and safe. This book is designed to share the best yet easiest methods of organic farming, drawing from my extensive experience.



Continued...

Your Role

Every one of us has a role to play in protecting our planet. This Earth is our home, and we must safeguard it for ourselves and future generations. The people around us are our extended family, and it's our responsibility to provide them with safe, healthy food. Even a small terrace garden can grow enough vegetables to sustain a family, and I will show you how to achieve this.

Inspiration and Guidance

I hope this book inspires you to start your journey towards organic farming. Whether you are a seasoned farmer or a novice gardener, there is something here for everyone. Together, we can make a difference, one plant at a time.

Let's embark on this journey to nurture our planet and ensure a healthier future for all.

Conclusion

Organic farming is not just about growing food; it is about cultivating a sustainable way of life. With the right knowledge and practices, we can all contribute to a healthier, more sustainable world. This book aims to equip you with the necessary tools and inspiration to make that change.

Happy farming!

Arindam Bandyopadhyay

Organic Mixed Farming and Sustainable Livelihood Consultant E-mail: a.bandyo76@gmail.com





Arindam Bandyopadhya

CHAPTER TWO

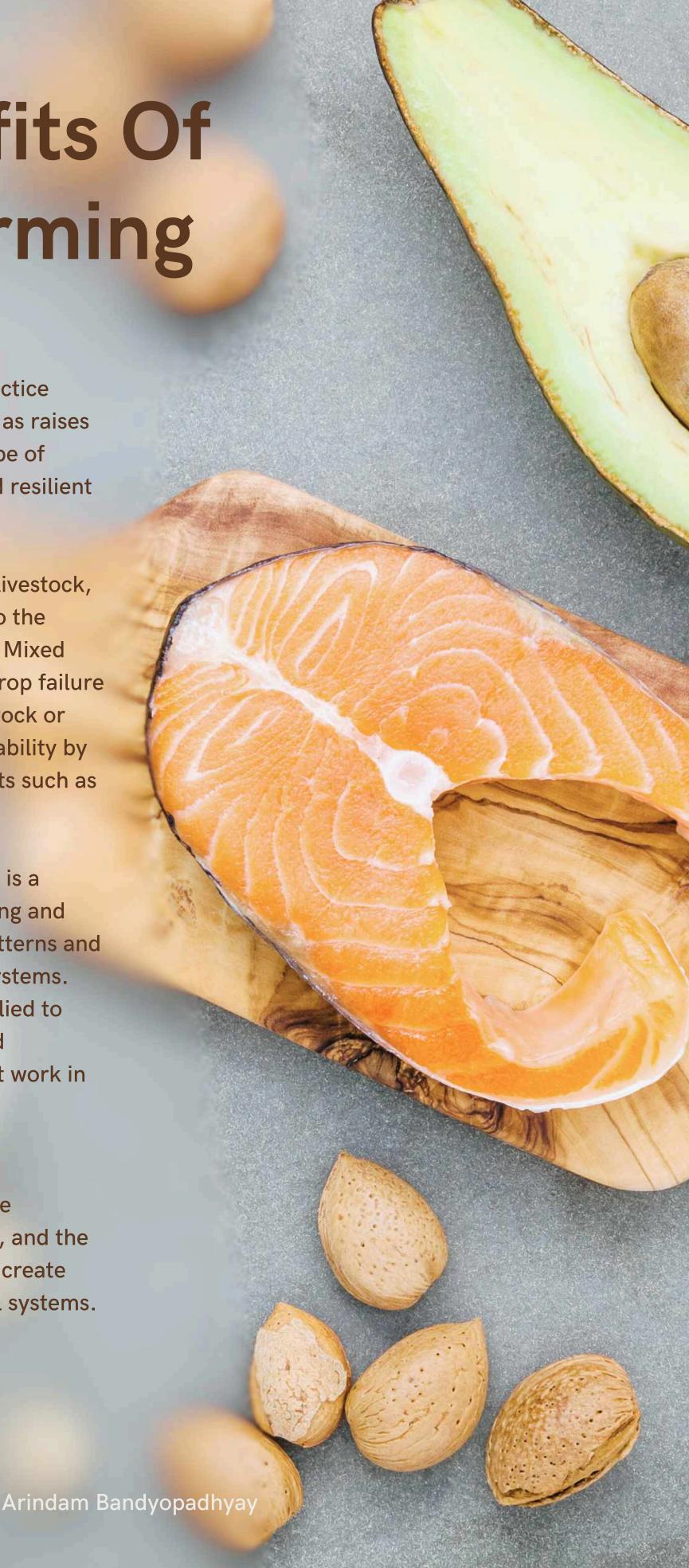
The Benefits Of Mixed Farming

Mixed farming is an agricultural practice where a farmer grows crops as well as raises livestock on the same farm. This type of farming allows for more diverse and resilient farming systems.

The crops can provide feed for the livestock, while the livestock can contribute to the fertility of the soil through manure. Mixed farming can help spread risk, as a crop failure may be offset by income from livestock or vice versa. It also promotes sustainability by reducing the need for external inputs such as fertilizers and pesticides.

"Permaculture," on the other hand, is a design approach for sustainable living and land use that seeks to mimic the patterns and relationships found in natural ecosystems. Permaculture principles can be applied to farming to create more resilient and productive agricultural systems that work in harmony with nature.

Both ecosystem-based farming and permaculture emphasize sustainable practices, biodiversity conservation, and the integration of different elements to create productive and resilient agricultural systems.



CHAPTER THREE

Understanding Soil Fertility

What is Soil Fertility?

Soil fertility is significantly influenced by the presence and activity of soil bacteria. These microorganisms play a crucial role in nutrient cycling, organic matter decomposition, and maintaining soil structure. Here's how bacteria contribute to soil fertility:

- 1. Decomposition of Organic Matter
 - Organic Matter Breakdown: Bacteria decompose organic matter, such as plant residues and animal waste, into simpler compounds. This process releases essential nutrients like nitrogen, phosphorus, and sulfur into the soil, making them available for plant uptake.
 - Humus Formation: During decomposition, some organic material is transformed into humus, a stable form of organic matter that improves soil structure, water retention, and nutrient-holding capacity.

2. Nutrient Cycling

- Nitrogen Cycle: Specific bacteria, such as nitrogen-fixing bacteria (e.g., Rhizobium, Azotobacter), convert atmospheric nitrogen into forms that plants can use, such as ammonium and nitrate.
- Phosphorus Solubilization: Phosphate-solubilizing bacteria (e.g., Pseudomonas, Bacillus) convert insoluble phosphorus compounds into soluble forms that plants can absorb.
- Sulfur Cycle: Sulfur-oxidizing bacteria (e.g., Thiobacillus) convert sulfur compounds into sulfate, a form that plants can uptake and utilize for protein synthesis.

3. Disease Suppression

- Antagonistic Bacteria: Certain bacteria produce antibiotics or compete with pathogenic organisms, thereby suppressing soil-borne diseases. This enhances plant health and reduces the need for chemical pesticides.
- Induced Systemic Resistance: Some bacteria, like Bacillus and Pseudomonas species, induce systemic resistance in plants, making them more resistant to pathogens.

4. Improvement of Soil Structure

- Polysaccharide Production: Bacteria produce polysaccharides that bind soil
 particles together, improving soil structure and stability. This enhances aeration,
 water infiltration, and root penetration.
- Aggregate Formation: Bacterial secretions help form soil aggregates, which protect soil from erosion and promote healthy root systems.

CHAPTER FOUR

Waste Decomposer

Waste decomposer is a potent bacterial culture derived from the three fastest-growing bacteria found in cow dung. Known for its diversified uses, it has become one of the quickest methods to create and maintain highly fertile organic land.

Making Waste Decomposer Ingredients:

Jaggery: 2 kg

Water: 200 liters

Waste Decomposer Culture: 1 bottle

Procedure:

- 1. Mix the jaggery with 200 liters of water until it dissolves completely.
- 2. Add one bottle of waste decomposer culture to the mixture.
- 3. Let it sit for 7-10 days until the water turns white, indicating that the bacterial culture has fully developed.

Utilization

This liquid fertilizer should be applied at a rate of 1000 liters per acre per month.

Waste Decomposer

Benefits

- 1. Enhances Soil Fertility: The waste decomposer changes the color of the soil, making it fertile within six months.
- 2. Balances Soil pH: It adjusts the soil pH within 21 days, creating an optimal environment for plant growth.
- 3. Eliminates Harmful Microbes: The culture kills all harmful microbes present in the soil and on plants, reducing disease incidence.
- 4. Boosts Plant Immunity: Regular use increases the immunity of plants, making them more resistant to pests and diseases.
- 5. Accelerates Composting: It converts any organic matter into manure within one month, speeding up the composting process and providing essential nutrients to the soil.

Conclusion

Waste decomposer is an innovative solution for organic farming, harnessing the power of beneficial bacteria to improve soil health, enhance plant growth, and increase agricultural productivity. By using waste decomposer, farmers can reduce their reliance on chemical fertilizers, promote sustainable farming practices, and achieve healthier crops.

CHAPTER FIVE

Panchagavya

Introduction to Panchagavya

Panchagavya is a highly effective organic fertilizer made from a blend of cow dung, milk, curd, besan (gram flour), cow urine, jaggery, and ghee. This traditional formulation is known for its ability to enhance soil fertility and improve plant health.

Ingredients and Preparation

Initial Ingredients:

Cow Dung: 7 kgJaggery: 1 kgDesi Ghee: 1 kg

Preparation (Stage 1):

- 1. Mix the cow dung, jaggery, and desi ghee thoroughly.
- 2. Keep the mixture for 3 days, covered but not airtight or waterproof.

Additional Ingredients:

Curd: 1 kgMilk: 1 kg

Besan (Gram Flour): 1 kg

Cow Urine: 10 liters

Water: 10 liters



Panchagavya

Preparation (Stage 2):

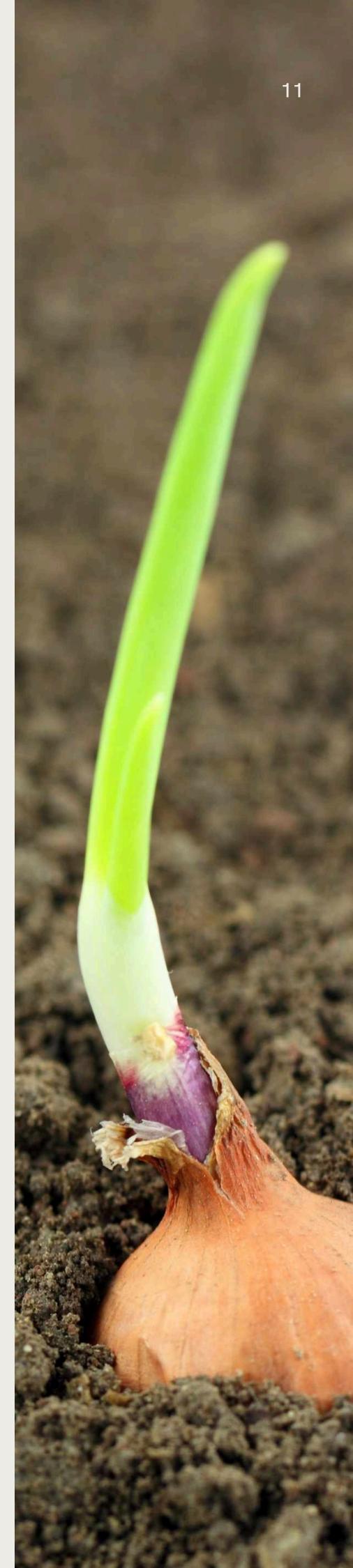
- Add curd, milk, besan, cow urine, and water to the initial mixture.
- Mix well and keep for another 18 days.
- Stir the mixture once a day.
- Keep the mixture covered but not airtight or waterproof.

Utilization

Panchagavya should be sprinkled on the field at a 6% concentration, applying approximately 21 liters per acre per month.

Benefits

- 1. Enhanced Soil Fertility: Panchagavya significantly improves soil fertility, promoting healthier plant growth.
- 2. Reduced Cow Dung Usage: It optimizes the use of cow dung, making it more efficient as a fertilizer.
- 3. Increased Plant Immunity: The formulation boosts plant immunity, helping plants resist diseases and pests.
- 4. High-Quality and Tasty Fruits: Fruits grown with Panchagavya are known to be of high quality and have better taste.
- 5. Soil Problem Resolution: It helps fix various soil issues, including pH imbalances.
- 6. Improved Soil Color: The soil turns black, indicating high organic matter content and fertility.
- 7. Earthworm Population: The application of Panchagavya increases the earthworm population in the soil, enhancing soil structure and nutrient availability within six months.



CHAPTER SIX

Jeevamrit

Jeevamrutha, also known as Jeevamrutham or Jeevamrita, is a natural fertilizer and soil conditioner used in organic farming.

Use it only within the 14th day of the preparation. After that Organic Carbol level goes to NIL.

Here's how you can make Ingredients:

- 10 kg fresh cow dung
- 2 liters cow urine
- 1 kg jaggery
- 1 kg gram flour (besan)
- 1 kg pulses (optional)
- 100 liters water

Instructions:

- Place the fresh cow dung in a large container or pit.
- Add cow urine, jaggery, gram flour, and pulses to the cow dung.
- Mix the ingredients thoroughly to form a uniform mixture.
- Add water slowly while stirring the mixture. The consistency should be like a thin porridge.



Jeevamrit

- Cover the container or pit with a cloth or lid and let it ferment for 3-4 days. Stir the mixture once or twice a day.
- After 3-4 days, the Jeevamrutha will be ready. It should have a pleasant, earthy smell and be rich in beneficial microorganisms.

To use Jeevamrutha, dilute it with water in a ratio of 1:10 (one part Jeevamrutha to ten parts water) and apply it to the soil around plants. Jeevamrutha can improve soil fertility, promote healthy plant growth, and enhance crop yields in organic farming.

Utilization

Should mix with field soil within 11-14th day of preparation.

Benefits

- A. It make the land very fertile.
- B. Reduce the quantity of cow dung.
- C. Increase plant immunity
- D. Create high quality fruits
- E. Fix soil problems



CHAPTER SEVEN

Vermicompost

Vermicomposting is a process of composting organic waste using worms, specifically red worms (Eisenia fetida or Eisenia andrei). Vermicomposting is an excellent way to recycle kitchen scraps and other organic materials into nutrient-rich compost for plants. Here's how you can make vermicompost:

Ingredients and Materials:

- Worm bin or composting bin
- Red worms (Eisenia fetida or Eisenia andrei)
- Bedding material (shredded newspaper, cardboard, or leaves)
- Organic kitchen scraps (fruit and vegetable peels, coffee grounds, tea bags, etc.)

Instructions:

• Prepare the Worm Bin: Start by setting up your worm bin. You can use a commercial worm bin or create your own using a plastic container with drainage holes. Place a tray or container under the bin to collect excess liquid (worm tea).



- Add Bedding: Fill the bin with bedding material such as shredded newspaper, cardboard, or leaves. Moisten the bedding material until it is damp but not soggy.
- Add Worms: Add red worms to the bedding. Start with a small number of worms (about 1,000) and gradually increase as they multiply.
- Add Organic Waste: Begin adding organic kitchen scraps to the worm bin. Avoid adding meat, dairy, oily foods, and citrus fruits, as these can attract pests and harm the worms.
- Maintain the Bin: Keep the bedding moist by misting it with water as needed. Cover the bin with a lid or damp newspaper to retain moisture and keep pests out.
- Harvest the Vermicompost: After several months, the bedding and organic waste will be transformed into nutrient-rich vermicompost. To harvest the vermicompost, push the compost to one side of the bin and add fresh bedding and food to the other side. The worms will migrate to the new bedding, allowing you to scoop out the vermicompost.
- Use the Vermicompost: Use the vermicompost as a nutrient-rich soil amendment for your plants. It can be used in potting mixes, garden beds, and as a top dressing for plants.



Vermicomposting is a simple and effective way to recycle organic waste and create a valuable resource for your garden. By following these steps, you can create your own nutrient-rich vermicompost to enhance the health and productivity of your plants.

Utilization

Should mix with field soil.

The NPK ratio of vermicompost, like other composts, can vary depending on the feedstock used and the composting process. However, vermicompost is generally known to have a balanced NPK ratio, along with other micronutrients and beneficial microorganisms. The approximate NPK ratio of vermicompost is often reported to be around 1.5-0.5-1.0, but this can vary. It's important to note that vermicompost is valued not just for its NPK content but also for its ability to improve soil structure, enhance nutrient availability, and promote beneficial microbial activity.

Benefits

- A. Make soil fertile
- B. High NPK value than cow dung manure give better yield
- C. Reduce requirement of cow dung
- D. Convert organic waste to high quality manure



CHAPTER EIGHT

Understanding NPK and pH in Soil Health

NPK: Nitrogen, Phosphorus, and Potassium NPK stands for Nitrogen (N), Phosphorus (P), and Potassium (K), which are the primary nutrients essential for plant growth.

- Nitrogen (N): Vital for the growth of leaves and stems. It is a crucial component of chlorophyll, the compound plants use in photosynthesis to convert sunlight into energy. High nitrogen levels are necessary for leafy growth and overall plant health.
- Phosphorus (P): Important for the development of roots, flowers, seeds, and fruits. It plays a key role in energy transfer and storage within the plant, influencing processes like photosynthesis and nutrient movement. Phosphorus deficiency can lead to poor root development and reduced flowering.
- Potassium (K): Essential for overall plant health. It helps in regulating various metabolic processes, water uptake, and enzyme activation. Potassium strengthens plant tissue, enhances disease resistance, and improves fruit quality and yield.

pH: Soil Acidity and Alkalinity

Soil pH is a measure of the acidity or alkalinity of the soil, which affects nutrient availability and microbial activity.

- Acidic Soil: pH below 7. Acidic conditions can lead to nutrient deficiencies and toxicities. Common in areas with high rainfall, which leaches away alkalineforming elements like calcium and magnesium.
- Neutral Soil: pH around 7. Most nutrients are readily available to plants in this pH range, making it ideal for many crops.
- Alkaline Soil: pH above 7. Alkaline conditions can limit the availability of essential nutrients like iron, manganese, and phosphorus. Often found in arid and semi-arid regions where evaporation exceeds precipitation.



N-P-K CHART

| फसल (Crop) | | फसल के प्रकार | नाइट्रोजन | फास्फोरस | पोटेशियम |
|-------------|------------------------|------------------|------------|---------------|-------------|
| | HISCONGLECTED TO | (Type of crop) | (Nitrogen) | (Phosphorous) | (Potassium) |
| 44 | गेहूँ (Wheat) | Desi (देसी) | 48 | 20 | 16 |
| | | Hybrid (संकर) | 60 | 25 | 20 |
| | धान (Rice) | | 48 | 20 | 16 |
| | सोयाबीन (Soybean) | | 12 | 32 | 24 |
| | अरहर (Arhar or toor) | | 12 | 40 | 24 |
| | मटर (Peas) | | 12 | 40 | 24 |
| | मक्का (Maize) | | 48 | 24 | 16 |
| W. HANNY M. | ত্বাर (white millet) | Desi (देसी) | 16 | 12 | 10 |
| | | Hybrid (संकर) | 48 | 20 | 16 |
| 11 | बाजरा (Pearl millet) | Desi (देसी) | 24 | 16 | 12 |
| | | Hybrid (संकर) | 48 | 24 | 20 |
| 5 | चना (Chickpeas), Brown | | 10 | 20 | 0 |
| | कपास (Cotton | | 40 | 20 | 20 |
| 例關 | गन्ना (Sugarcane) | | 72 | 24 | 16 |
| Y FOX | आलू (Potato) | Plan (मैदान) | 48 | 32 | 40 |
| 2007 | | Hill (पहाड़ी) | 40 | 40 | 32 |
| STATISTICS. | तंबाकू (Tobaco) | Cigrate (सिगरेट) | 12 | 16 | 20 |
| | Other (अन्य) | 60 | 12 | 20 | |

| फसल (Crop) | | नाइट्रोजन (Nitrogen) | फास्फोरस (Phosphorous | पोटेशियम (Potassium) |
|------------|---|-------------------------|--------------------------|-------------------------|
| | Tomato/Brinjal/Chilli टमाटर / बेंगन / मिर्च | 40 | 32 | 32 |
| | Cauliflower/Cabbage/ knol-khol/Broccoli फूलगोभी / गोभी / नॉल- खोल / ब्रोकोली | 24 | 32 | 16. |
| | Radish/Turnip/Carrot मूली / शलजम / गाजर | 40 | 20 | 28 |
| | Onion/ Garlic प्याज /लहसुन | 50 | 24 | 40 |

CHAPTER NINE

Kunapajwala

Introduction to Kunapajwala

Kunapajwala is a potent nitrogen-based organic fertilizer made from a mix of animal waste, waste decomposers, cow dung, cow urine, and jaggery. It is known for its high nitrogen content, making it an excellent alternative to chemical fertilizers like urea.

Ingredients and Preparation

Ingredients:

• Animal Body Waste: 50 kg (includes fish, chicken, mutton waste parts, body hair, or high nitrogen plants like duckweed, Napier, mushroom waste, etc. The nitrogen ratio varies depending on the source. Best results come from a paste of these elements.)

Cow Dung: 2 kgJaggery: 1 kg

Cow Urine: 10 liters

• Waste Decomposer: 100 liters

Procedure:

- 1. Combine the animal body waste or high nitrogen plants with cow dung, jaggery, cow urine, and waste decomposer.
- 2. Keep the mixture for 45 days, stirring occasionally to ensure proper decomposition and fermentation.



Arindam Bandyopadhyay

Kunapajwala

Utilization

Kunapajwala is a highly concentrated nitrogen fertilizer, with nitrogen levels up to 40%. It serves as a replacement for chemical fertilizers such as urea.

Benefits

- 1. High Nitrogen Content: The fertilizer provides a significant amount of nitrogen, promoting faster growth of plants.
- 2. Fixes Nitrogen Deficiency: It addresses nitrogen deficiency issues in the soil, ensuring healthy plant development.
- 3. Easily Absorbed Nitrogen: The liquid form of organic nitrogen is more easily absorbed by plants, resulting in better growth and yield.
- 4. Improves Soil Health: Regular use of Kunapajwala enhances the overall health of the soil, making it more fertile and productive.

Conclusion

Kunapajwala is an effective and sustainable organic fertilizer that offers a high nitrogen content necessary for plant growth. By using this natural alternative, farmers can reduce reliance on chemical fertilizers, improve soil health, and promote sustainable agricultural practices.



CHAPTER TEN

Bhashma Rasayan

Introduction to Bhashma Rasayan

Bhashma Rasayan is a powerful potash-based organic fertilizer made from wood ash, cow dung, cow urine, and jaggery. It serves as an excellent alternative to chemical potash fertilizers, enriching the soil with essential nutrients for plant growth.

Ingredients and Preparation

Ingredients:

Wood Ash: 50 kgCow Dung: 2 kgJaggery: 1 kg

• Cow Urine: 10 liters

• Waste Decomposer: 100 liters

Procedure:

- 1. Combine wood ash, cow dung, jaggery, cow urine, and waste decomposer in an earthen pot for best results.
- 2. Allow the mixture to ferment for 45 days without stirring.



Bhashma Rasayan

Utilization

Bhashma Rasayan is a highly concentrated potash fertilizer, with potash levels reaching up to 28%. It can be used as a replacement for chemical potash fertilizers.

Benefits

- 1. High Potash & Phosphorous Content: Provides a significant amount of potash, essential for producing high-quality fruits.
- 2. Fixes Potash & Phosphorous Deficiency: Addresses potash & Phosphorous deficiency issues in the soil, ensuring healthy and productive plants.
- 3. Easily Absorbed Potash & Phosphorous: The liquid form of organic potash & Phosphorous is more easily absorbed by plants, resulting in better fruit quality.
- 4. Improves Soil Health: Regular use enhances the overall health of the soil, making it more fertile and sustainable for long-term agricultural productivity.

Conclusion

Bhashma Rasayan is a sustainable and effective organic fertilizer that offers the high potash & Phosphorous content necessary for optimal plant growth and fruit production. By using this natural alternative, farmers can reduce their reliance on chemical fertilizers, improve soil health, and promote sustainable farming practices.



CHAPTER ELEVEN

Multi-nutrients for Plants

Multi-nutrient

- Plants require a variety of nutrients to grow, develop, and reproduce effectively. These nutrients are classified into macro-nutrients, which are needed in larger quantities, and micro-nutrients, which are required in smaller amounts but are equally essential for plant health. The benefits of providing plants with a balanced mix of these nutrients are substantial:
- Multi-nutrient is a very strong organic medicine fertilizer made of cow dung, besan, cow urine, jaggery, copper sulfate, copper, lentils, etc. It consists of Ca, Bo, Zn, Mg, Mn, S, Fe, Cu etc.

Ingredients

• Iron: 2Kgs

• Copper: 100 Gms

Lentil: 1kg

• Oil seed: 1 kg

Copper sulphate: 1kg

Eggshells: 6 (More is better)

Banana peels: 6 (More is better)

Sindha salt: 500 gms

Wood Ash: 2 Kgs

Cow dung: 2 Kgs

Jaggery: 1 Kg

Cow urine: 10 Lt

Waste Decomposer: 100 Lt

Mix it well and keep it for 45 Days.



Multi-nutrient

Utilization

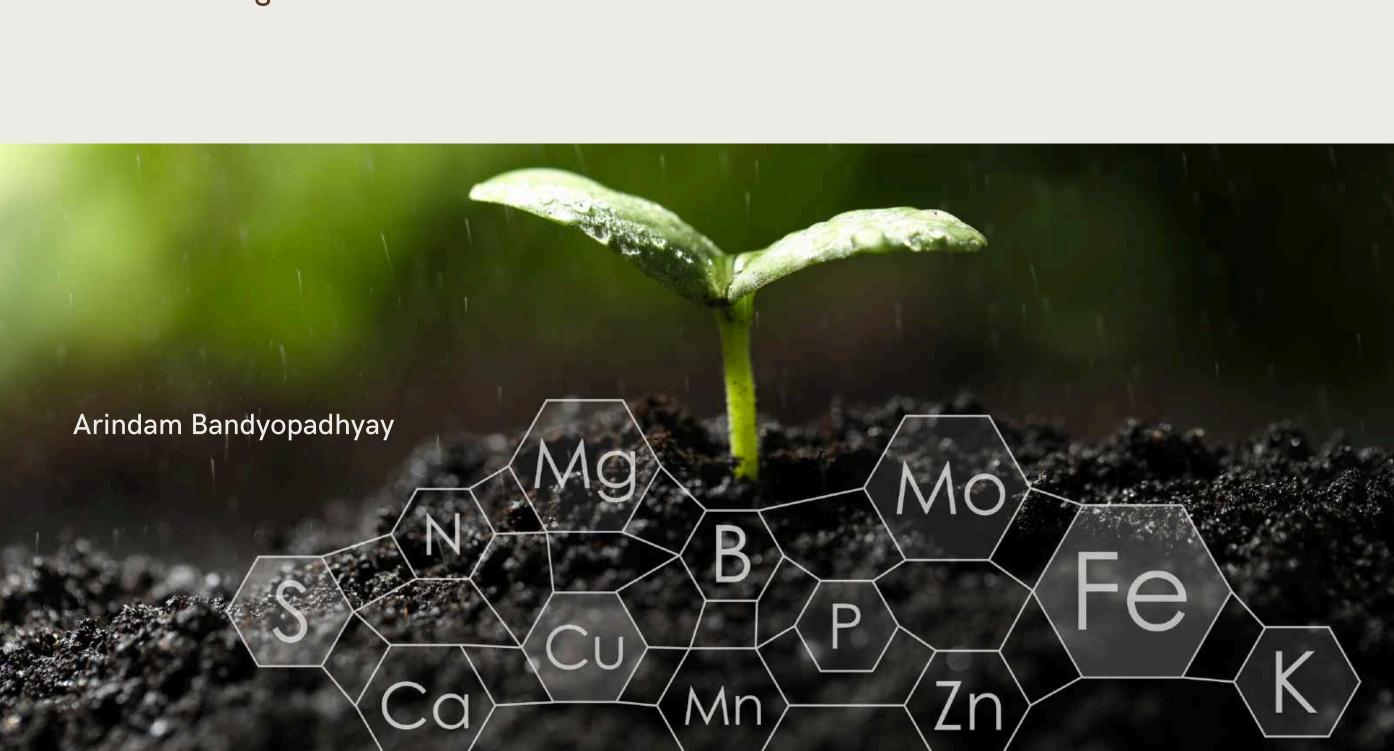
 Should be sprinkled in the ground and sprayed on the plants.

Benefits

- A. Disease-free soil
- B. Disease-free plants
- C. High-quality fruits with great look and taste
- D. Enhanced Growth and Development
- E. Increased Disease and Pest Resistance
- G. Enhanced Root Development
- H. Optimized Enzyme Function and Metabolism

Conclusion

Providing plants with a balanced and comprehensive mix of nutrients is crucial for optimal growth, development, and resilience. Each nutrient plays a specific role, and their combined effects lead to healthier, more productive plants capable of withstanding various biotic and abiotic stresses.



CHAPTER TWELVE

Mridamrit

Introduction to Mridamrit

Mridamrit is a potent organic fertilizer that can be used for soil-less applications, offering a balanced nutrient ratio of 28:28:28. This high-efficiency fertilizer is designed to enrich soil and support robust plant growth.

Ingredients and Preparation

Initial Ingredients:

• Cow Dung: 7 kg

• Jaggery: 1 kg

• Desi Ghee: 1 kg

Preparation (Stage 1):

- 1. Mix cow dung, jaggery, and desi ghee thoroughly.
- 2. Keep the mixture for 3 days, covered but not airtight or waterproof.

Additional Ingredients:

Wood Ash: 7 kg

Animal Waste: 7 kg

• Curd: 1 kg

• Milk: 1 kg

Besan (Gram Flour): 1 kg

• Lentil: 1 kg

• Oil Seed: 1 kg

• Egg Shells: 6-12 (crushed; more is better)

• Banana Peels: 6-12 (peeled; more is

better)

• Cow Urine: 20 liters

Waste Decomposer: 50 liters



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Mridamrit

Preparation (Stage 2):

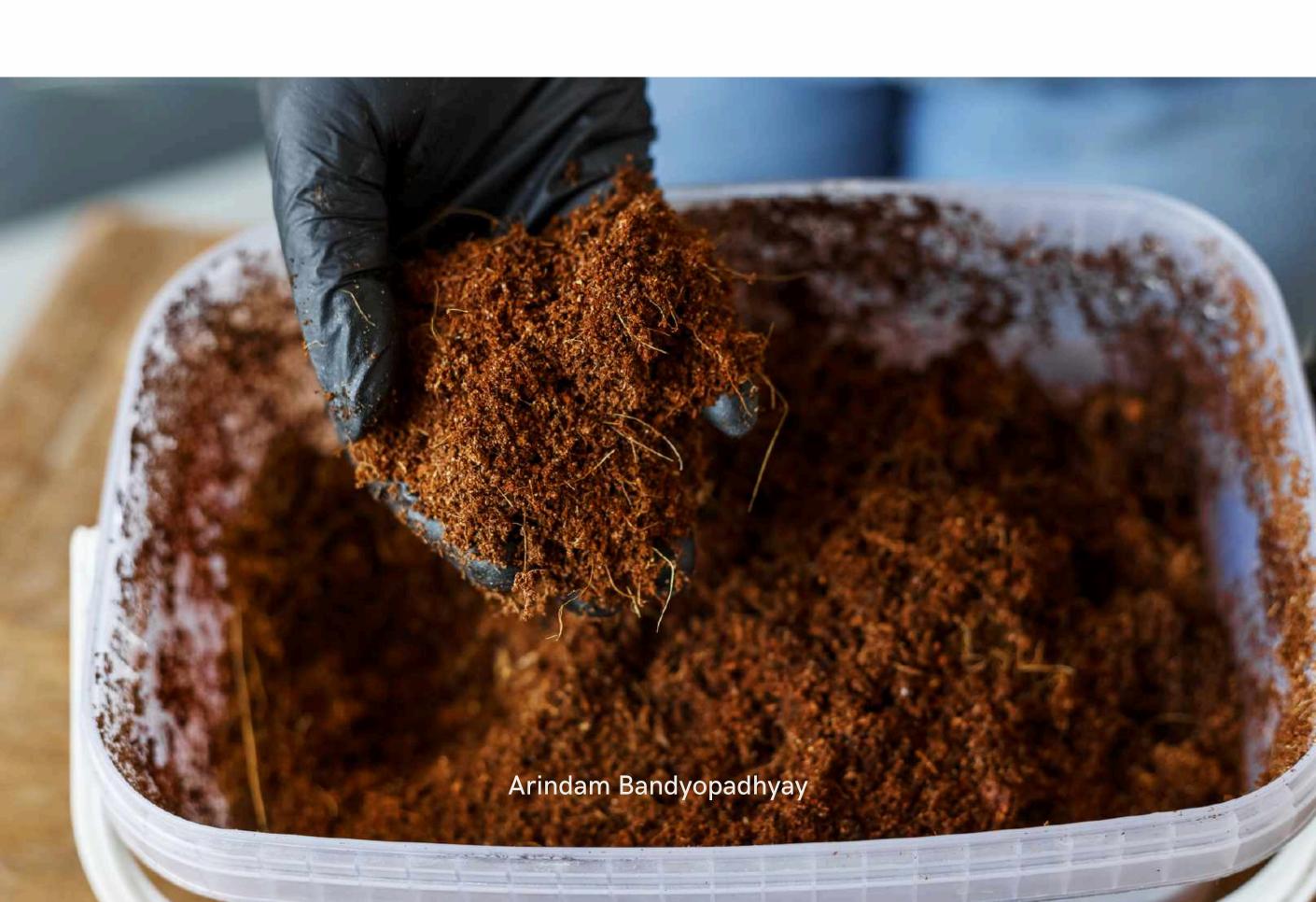
- 1. Add wood ash, animal waste, curd, milk, besan, lentil, oil seed, egg shells, banana peels, cow urine, and waste decomposer to the initial mixture.
- 2. Mix well and keep for another 45 days.
- 3. Stir the mixture once a day.
- 4. Keep the mixture covered but not airtight or waterproof.

Utilization

Mridamrit should be applied to the field at a 6% concentration, using approximately 21 liters per acre per month.

Benefits

- 1. Highly Fertile Land: Enhances soil fertility significantly.
- 2. Reduced Cow Dung Usage: Optimizes the use of cow dung, making it more efficient.
- 3. Increased Plant Immunity: Boosts plant immunity, helping plants resist diseases and pests.



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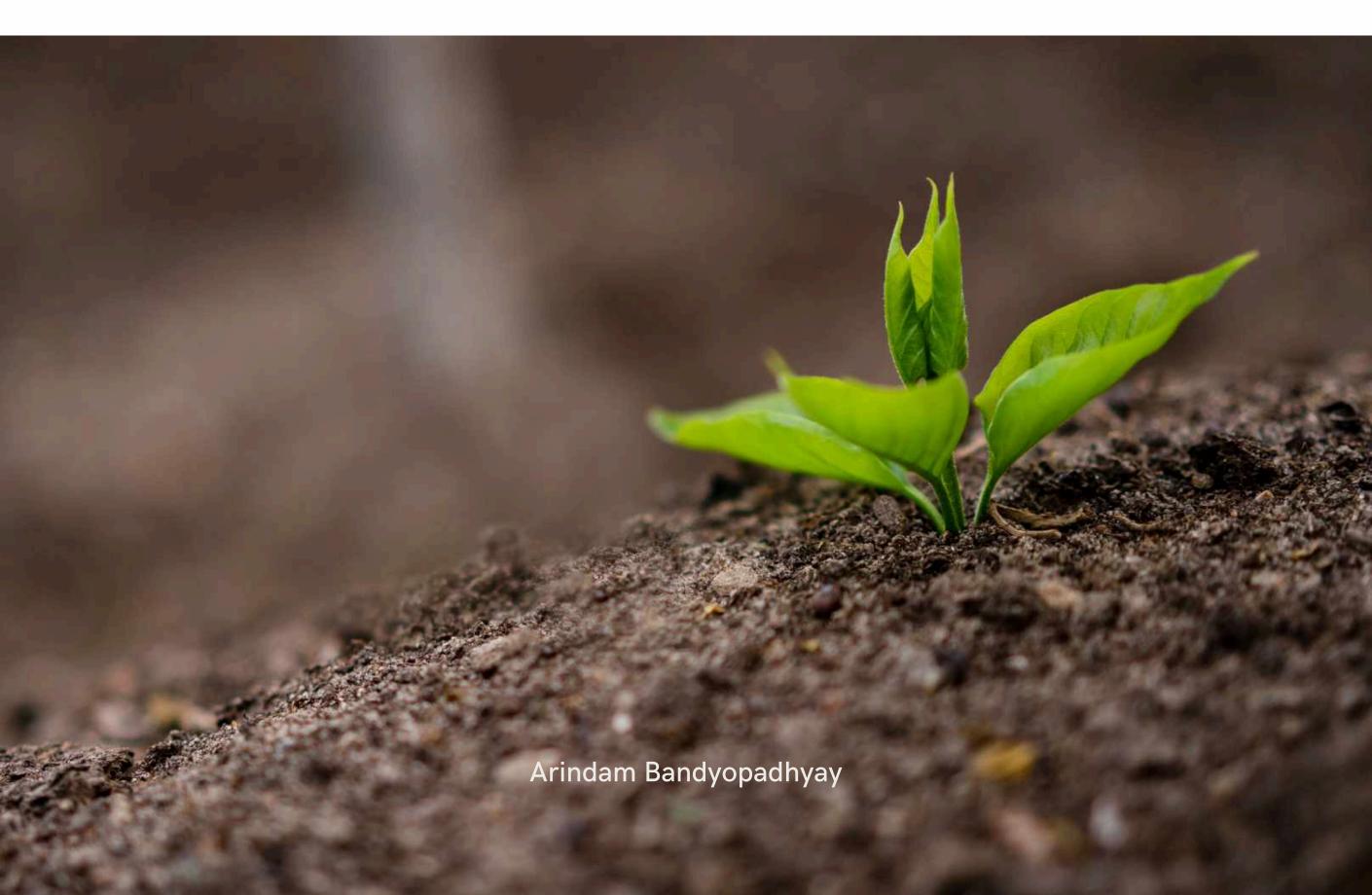
Mridamrit

Benefits

- 1. High-Quality Fruits: Produces high-quality, tasty fruits.
- 2. Soil Problem Resolution: Addresses various soil issues, including pH imbalances.
- 3. Improved Soil Color: Turns the soil black, indicating high organic matter content and fertility.
- 4. Earthworm Population: Increases the earthworm population in the soil, enhancing soil structure and nutrient availability within six months.

Conclusion

Mridamrit is a comprehensive organic fertilizer that provides essential nutrients in a balanced ratio. Its application not only enhances soil fertility and plant health but also supports sustainable farming practices by reducing reliance on chemical fertilizers. By incorporating Mridamrit into agricultural practices, farmers can achieve better crop yields and improve the overall health of their farmland.





Natural Insecticides and Pesticides: A Holistic Approach

Natural insecticides and pesticides offer an eco-friendly alternative to synthetic chemicals, promoting sustainable agriculture and reducing harmful environmental impacts. Here are some effective natural solutions:

Gochana

- Neem (Azadirachta indica) is widely recognized for its pest control capabilities:
- Neem Juice: Acts as an anti-viral agent and disrupts the life cycle of pests. It contains azadirachtin, which interferes with insect hormone systems, preventing growth and reproduction.
- Neem Soap: Creates a slippery surface on plants, making it difficult for pests to cling. Additionally, it has insecticidal properties that can kill pest eggs and larvae.
- Cow Urine
- Cow urine is a traditional remedy with antifungal properties. It can help prevent and treat fungal infections in plants, enhancing overall plant health.
- Dhatura (Datura stramonium)
- Dhatura, or jimsonweed, is a natural poison that deters pests from consuming plant leaves. In mild concentrations, it can kill pests without posing a significant threat to small birds or other wildlife. However, careful application is necessary to avoid harming non-target organisms.





How To Make Gochana

Gochana is a highly effective organic insecticide and pesticide formulated from a combination of cow urine, neem leaves, neem soap, and dhatura fruits. This natural solution leverages the potent insecticidal and pesticidal properties of its ingredients to provide a sustainable alternative to synthetic chemicals.

Ingredients

• Neem Leaves (Juice Form): 2 kg

• Neem Soap: 100 g

• Toxic Fruits or Seeds (Dhatura, Juice Form): 2 kg

• Cow Urine: 5 liters

Utilization

Gochana should be sprayed on plants as a 3% to 8% solution, depending on the severity of the pest infestation. Regular application ensures the continued protection of plants from various pests and insects.

Benefits

- 1. Kills Germs: The antibacterial properties of neem and cow urine help in eliminating harmful microbes that can affect plant health.
- 2. Kills Insects and Pests: The combination of neem and dhatura provides a potent insecticidal effect, killing pests on contact.





How To Make Gochana

- 3. Prohibits Insects and Pests from Laying Eggs: The insect-repellent properties of neem and dhatura prevent pests from laying eggs on treated plants, breaking the reproductive cycle.
- 4. Saves Fruits: By protecting the plants from pests and diseases, Gochana helps in safeguarding the fruits, leading to healthier yields.

Preparation and Application

1. Preparation:

- Extract juice from 2 kg of neem leaves and 2 kg of dhatura fruits or seeds.
- Mix the juices with 5 liters of cow urine.
- Add 100 grams of neem soap to the mixture to enhance the adhesive properties and ensure the solution sticks to plant surfaces.

2. Application:

- Dilute the concentrated mixture to create a 3% to 8% solution, depending on the pest pressure.
- Use a sprayer to apply the solution evenly on the foliage, stems, and fruits of the plants.
- Reapply every 7 to 14 days or after heavy rains to maintain effectiveness.



CHAPTER FOURTEEN

Different types of Organic Pesticides

There are several effective organic insecticides that can help control pests in a sustainable and environmentally friendly way. Some of the best organic insecticides include:

- Neem Oil: Neem oil is derived from the seeds of the neem tree and acts as a natural insect repellent and pesticide. It is effective against a wide range of pests, including aphids, mites, and whiteflies. (Can be added with Gochana for better results)
- Insecticidal Soap: Insecticidal soap is a potassium-based soap that disrupts the cell membranes of insects, causing them to dehydrate and die. To use insecticidal soap, dilute it with water according to the manufacturer's instructions and spray it on the foliage of apple plants, focusing on areas where pests are present. (Can be added with Gochana for better results)





Different types of Organic Pesticides

- Essential Oils: Essential oils such as peppermint, rosemary, and thyme can be effective natural insect repellents. They can be diluted and sprayed on plants to deter pests. (Can be added with Gochana for better result)
- Garlic Spray: Garlic contains sulfur compounds that are toxic to many insects. A garlic spray can be made by crushing garlic cloves and soaking them in water overnight. The resulting liquid can be strained and sprayed on plants to repel pests. (Can be added with Gochana for better result)
- Mustard Oil Spray: Mix 20-30 ml of mustard oil with 1 liter of water. Add a
 few drops of liquid soap or insecticidal soap to help emulsify the oil. Stir
 the mixture well and transfer it to a spray bottle. Spray the mustard oil
 mixture on the apple trees, focusing on areas with pest infestations.
 Repeat every 7-14 days or as needed. (Can be added with Gochana for
 better result)
- Additionally, it is recommended to rotate between different types of insecticides to prevent pests from developing resistance.



CHAPTER FIFTEEN

Different Ways of preventing Insects and pests

Colorful glue pads are an effective method to protect plants from insects and pests. These pads are coated with a sticky substance that traps insects upon contact. Over time, the trapped pests die, preventing them from harming plants. Here are some key points about using colorful glue pads:

Benefits of Colorful Glue Pads:

- 1. Non-Toxic and Safe: Unlike chemical pesticides, glue pads do not introduce harmful substances into the environment or your plants, making them safe for use in organic farming.
- 2. Attract and Trap: The bright colors of the pads attract a variety of pests, such as whiteflies, aphids, and fungus gnats, effectively reducing pest populations.
- 3. Easy to Use: They are simple to set up in gardens, greenhouses, or on indoor plants. You just need to place them near the plants or hang them at the appropriate height.
- 4. Monitoring Tool: Glue pads can also serve as a monitoring tool, helping you identify the types and numbers of pests present, which can inform further pest management strategies.



CHAPTER FIFTEEN

Pheromone Traps: An Effective Tool for Pest Management

Pheromone traps are an effective and environmentally friendly method for managing insect pests in agricultural and garden settings. These traps utilize synthetic chemicals that mimic the natural pheromones produced by insects, specifically targeting those used for attracting mates.

How Pheromone Traps Work

- 1. Attraction: Pheromone traps contain a synthetic version of the sex pheromone released by female insects. Male insects are drawn to the scent, mistaking it for a potential mate.
- 2. Trapping: Once attracted to the pheromone, the insects enter the trap and are caught, typically on a sticky surface or within a container that prevents escape.
- 3. Specificity: Different pheromones are tailored for different insect species, allowing for targeted control of specific pests without affecting non-target species.

Types of Pheromone Traps

- Delta Traps: Triangular-shaped traps are often used for monitoring purposes.
- Sticky Traps: Flat or tent-like traps with adhesive surfaces to capture insects.



Pheromone Traps: An Effective Tool for Pest Management

- Bucket Traps: Designed to lure insects into a container where they cannot escape.
- Wing Traps: Feature a suspended lure with a sticky surface to catch flying insects.

Considerations for Effective Use

- Placement: Position traps at the appropriate height and in areas where pest activity is likely to be high.
- Maintenance: Regularly check and replace pheromone lures and trap components to maintain effectiveness.
- Integration: Use pheromone traps as part of a broader IPM strategy, combining them with other control methods such as biological controls, crop rotation, and cultural practices.

Conclusion

Pheromone traps offer a targeted, safe, and effective method for managing insect pests. By utilizing species-specific pheromones, these traps help reduce the reliance on chemical pesticides, promote sustainable farming practices, and protect beneficial insects and the environment.

CONCLUSION

Organic Fertilizers to Save the Nature

Synthetic fertilizers can lead to various environmental issues, such as water pollution and greenhouse gas emissions. Organic fertilizers, on the other hand, are more environmentally friendly.

- Lower Carbon Footprint: Organic fertilizers generally have a lower carbon footprint because they are made from natural materials and involve less energy-intensive manufacturing processes.
- Reduced Pollution: They minimize the risk of nutrient runoff into water bodies, which can cause eutrophication and harm aquatic life.

Organic fertilizers offer a sustainable and eco-friendly alternative to synthetic fertilizers. By improving soil health, reducing environmental impact, utilizing sustainable resources, enhancing plant health, and supporting biodiversity, organic fertilizers contribute significantly to preserving nature and promoting sustainable agricultural practices.

