



# 2027 Ringette Nova Scotia Canada Games Ringette Program Athlete Selection Framework: Phase 1



Phase 1 is your first opportunity to experience the Canada Games Ringette Program environment. We are not just looking at what you can do on the ice, we are looking at how you train, compete, learn, and connect.

This stage is about readiness, not perfection. Every athlete will have strengths and areas to improve. We want to see how you work in both.

## **Our Objectives in Phase 1:**

- Compete hard and consistently.
- Learn quickly and apply feedback.
- Contribute positively to team culture.
- Show physical readiness for high-performance training.
- Communicate and work for their teammates.
- Represent themselves and the program with respect and professionalism.

## **Camp Overviews:**

**Camp 1: Immersion Camp:** Skill-focused, high-rep environment with alumni and staff. Includes skating and movement testing, technical sessions, and cultural integration activities.

**Camp 2: Performance Check-in and Game Evaluation Camp:** Assess your physical readiness in relation to the 2027 RNS CWG Ringette team fitness standards. Game evaluations via a 2 game assessment window. Purpose: See you in competitive pressure situations.



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## **What We Observe:**

1. Performance: Skills, game sense, and role impact.
2. Physical: Strength, agility, skating, stamina, and recovery.
3. Mental Readiness: Focus, resilience, and adaptability.
4. Character & Team Fit (Culture): Communication, attitude, and work ethic.

## **Special Circumstances:**

Athletes may still be considered if unable to attend due to injury, school, remote location, or other major conflicts provided they notify staff in advance.

## **Continuous Scouting**

Selection does not end with Phase 1. While some athletes will be formally invited into Phase 2 (Development Pool) following the evaluation camps, we are committed to maintaining a continuous scouting process throughout the season.

- Athletes not advancing to Phase 2 will still receive developmental feedback.
- Their progress will be monitored over the competitive season by program staff and alumni evaluators.
- Athletes who demonstrate significant growth in alignment with their feedback and performance profile may be re-invited into the program at a later stage.

This approach ensures that athletes are not excluded based on a single weekend of evaluation, but instead have ongoing opportunities to be recognized as they continue to develop. It reflects the program's commitment to long-term athlete development, fairness, and inclusivity, while keeping the door open for late bloomers and rapid improvers.