



COLORS OF GRIEF

catalogue

Mirael Amir

SOLO ART EXHIBITION

Curated by GIE SANJAYA

CREATIVITE INDONESIA

NEHA HUB Jl.Cilandak Tengah No.11A

Jakarta Selatan

14 - 30 October 2023

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Mira el Amir

a solo art exhibition

CURATORIAL

ID • Dunia yang dipenuhi warna warni kehidupan dan terus bergerak tanpa henti. Salah satu yang melekat di kehidupan manusia adalah **“Duka”**. Dalam konteks **“The Colors Of Grief”** pada pameran tunggal Mira merupakan wujud perjalanan titik dimensional duka yang mengakibatkan luka batin, kehilangan dan trauma. Melalui karya-karyanya merupakan proses perjalanan hidup dalam menemukan dan memulihkan duka. Mengundang anda untuk melangkah ke ruang kontemplatif tempat emosi bertemu dengan seni. Pameran ini menggali secara mendalam pengalaman kesedihan manusia secara universal, mengeksplotasinya melalui beragam seni visual kontemporer.

Kanvas yang dilukis Mira dengan kenangan, kehilangan, dan rasa sakit karena ketidakhadiran. Karya Mira, berupaya menyampaikan berbagai aspek kesedihan, yang masing-masing merupakan meditasi pribadi Mira sebagai seorang seniman terhadap subjek tersebut. **“The Colors Of Grief”** bukanlah pengalaman monokrom, Ini adalah spektrum emosi, masing-masing warna menceritakan kisah kehilangan, cinta, dan penyembuhannya sendiri. Di sini, Anda akan menemukan beragam interpretasi artistik, mulai dari yang muram dan introspektif hingga yang bergairah.

Melalui berbagai medium, Mira menggunakan warna, tekstur, bentuk, dan simbolisme untuk membangkitkan dalam anda keragaman proses berduka. Kami mengundang Anda untuk dapat berhenti sejenak, merenung, dan mungkin menemukan warna kesedihan Anda sendiri. Saat Anda menjelajahi pameran ini dapat terlibat menjadi katalisator dialog dan intropeksi, memberikan ruang bagi pengunjung untuk terhubung dengan emosi sendiri dan orang lain. Dalam perjumpaan bersama dengan karya Mira, kita diingatkan akan bentuk kemanusiaan dan kekuatan berekspresi untuk membantu kita menghadapi tantangan hidup yang paling besar. **(Gie Sanjaya - 2023)**

EN • A world filled with colorful life and constantly moving without stopping. One thing that is inherent in human life is “**grief**”. In the context of “**The Colors Of Grief**” in Mira’s solo exhibition, it is a form of a journey through the dimensions of grief, which results in emotional wounds, loss, and trauma. Her works are a process of life’s journey in discovering and recovering from grief, inviting you to step into a contemplative space where emotion meets art. This exhibition delves deeply into the universal human experience of suffering, exploring it through various contemporary visual arts.

Mira’s canvases paint with memories, loss, and the pain of absence. Mira’s work conveys various aspects of grief, each of which represents Mira’s transformation as an artist towards the subject. “**The Colors Of Grief**” is not a monochrome experience. It is a spectrum of emotions, each color tells its story of loss, love, and healing. Here, you’ll find a variety of artistic interpretations, from the sad ugly mournings to exuberant beginnings.

Through various mediums, Mira uses color, texture, form, and symbolism to evoke the depth and diversity of lukewarm processes. We invite you to stop momentarily, reflect, and find the color of your sadness. As you get to know Mira, you can become a catalyst for dialogue and introspection, providing space for the audience to connect with their emotions and those of others. In jumping together with Mira’s artwork, we are reminded of the form of humanitarian assistance and the power of expression to help us face life’s most significant challenges. **(Gie Sanjaya - 2023)**

ARTIST STATEMENT & PROFILE



ID • Merupakan wujud perjalanan panjang menemukan titik-titik dimensi luka emosional akibat kehilangan, yang disembuhkan dan diungkapkan dalam karya seni. Duka, trauma, dan kehilangan menjadi akar energi yang memicu Mira menciptakan karya untuk pameran tunggalnya ini. Karya-karyanya merupakan sebuah proses perjalanan hidup dalam menemukan dan memulihkan berbagai trauma kehilangan dan kesedihan yang ia rasakan dan alami secara eksistensial. Melalui seni lukis, ia mendapatkan kesadaran untuk menyembuhkan luka batin dan menjadi metode dalam mengelola emosi. Melalui “Lukis Jiwa” yang digagas Mira ini menjadi ruang untuk menumbuhkan kesadaran bersama akan perasaan sedih dan kehilangan sehingga kita bisa mengelola emosi ke arah yang baik.

Mira bekerja terutama dalam ruang yang intuitif dan ekspresionis, bermain dengan banyak warna, pola, dan media. Intisari dari banyak karyanya adalah pesan kesadaran bahwa kehilangan adalah bagian hidup yang harus kita terima dan waspadai. Faktanya, kita tidak dapat memiliki segalanya, kita tidak memiliki apa pun di dunia ini, lebih dalam lagi, kita tidak memiliki diri kita sendiri. Yang bisa dilakukan hanyalah merasakan duka kehilangan dengan kesadaran penuh dan pasrah, berusaha merelakan maka semesta akan menjalankan tugasnya.

EN • is a manifestation of a long journey in finding the dimensional points of emotional wounds of loss, which are healed and expressed in works of art. Grief, trauma, and loss are the roots of energy that trigger Mira to create the artworks for this solo exhibition. Her works are a process of life's journey in discovering and recovering from the many traumas of loss and sadness she felt and experienced existentially. Through painting, she gains awareness of healing inner wounds and becomes a method of managing emotions. Through "soul painting," which was initiated by Mira, it becomes a space to foster mutual awareness of feelings of sadness and loss so that we can manage our emotions in a good direction.

Mira works mainly in an intuitive, expressionistic space, playing with many colors, patterns, and media. The essence of many of her works is the message of awareness that mourn is a part of life that we must accept and be aware of. We can't have everything in fact, we don't have anything in this world, even more deeply, we don't have ourselves. What can only be done is to feel the sorrow of loss with full awareness and surrender, trying to let go then the universe will carry out its duties.

ARTIST PROFILE

Mira El Amir is an **Intuitive Painter**, who aims to explore aspects of the inner self through art. **Her art is about inner world, a spiritual healing for mind, body and soul.** She utilises emotions, thought, grief and imaginations as materials to work with in order to communicate and create connection to the subconscious world. **She believe in beauty through confusion and truth through collision.**

The abstract in her work are shaped in meaningful strokes and a visible attempt of blending with nature. She graduated from **Fashion Design** at **ESMOD Jakarta** and **Multimedia Design** at **Raffles College** in **Beijing, China**. Mira began her career in fashion and video art. Mira currently focuses her artwork in canvas, The medium of painting has always been a therapy for her and has been actively giving workshops in collaboration with therapist about art healing called **#LukisJiwa**



UNSPOKEN LOSS

“Dear God, I surrender to you and Your will.

Forgive me forgive me, take this cup away from me.

If it best, whatever you decide, I surrender”- the night before he passed away

200cm x 140cm

Mixed Media on Canvas • 2023

IDR. 29.900.000,-

★ COLORS OF GRIEF ★ ARTWORK



ANXIETY UNVEILED

Experience of anxiety bringing the internal struggle into a tangible form. Anxiety as a complex multidimensional force that can be both overwhelming and transformative

100 cm x 150 cm

Mixed Media on Canvas • 2023

IDR. 15.000.000,-

THE FEAR

No after, no before
I hold you close to me
I release you to be so free
Because I am in you and you are in me

53 cm x 59 cm
Mixed Media on Wood • 2023

IDR. 7.000.000,-



★ COLORS OF GRIEF ★ ARTWORK



No magic words anyone can say.



it takes strength.



Once grief begins it never truly ends.

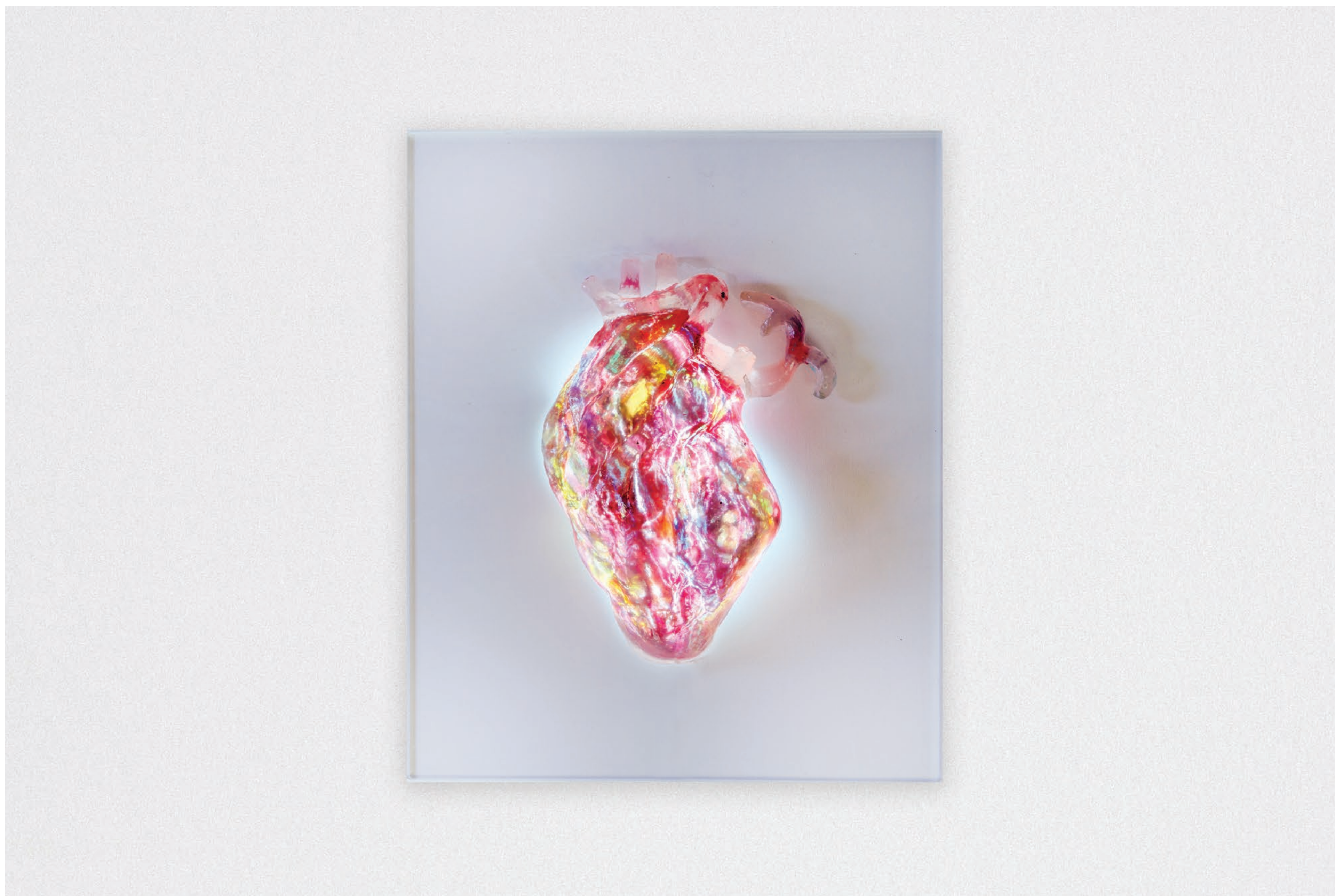


A single word can trigger many tears.

INTERSECTION OF LOSS

30 cm x 42 cm
Mixed Media on Paper • 2023

IDR.3.500.000,- per panel



NIRVANA

Fiberglass • 2023

50 cm x 60 cm

IDR. 29.815.000,-

50% of the proceeds obtained from the purchase of 'Nirvana' art piece will be donated to Yayasan Jantung Indonesia.
In Memoriam of Sabda Jiwa Nirvana, the late son of Mira El Amir who died of heart defect in 2015

The connection between the heart and nirvana, as a journey towards inner peace, liberation of suffering, the pursuit of a state of being where the heart is free from the burdens of suffering and negativity, allowing one experience a profound sense of peace, love and contentment.



I WANT TO FEEL PRETTY AGAIN

The experience a sense of identity crisis after becoming a mother the transition of being a mother.

Mixed Media on Canvas • 2023

60 dm

IDR. 7.900.000,-



PINK HANGER

Mixed media • 2023

150 cm x 110 cm

IDR. 5.000.000,-



WOMAN I AM

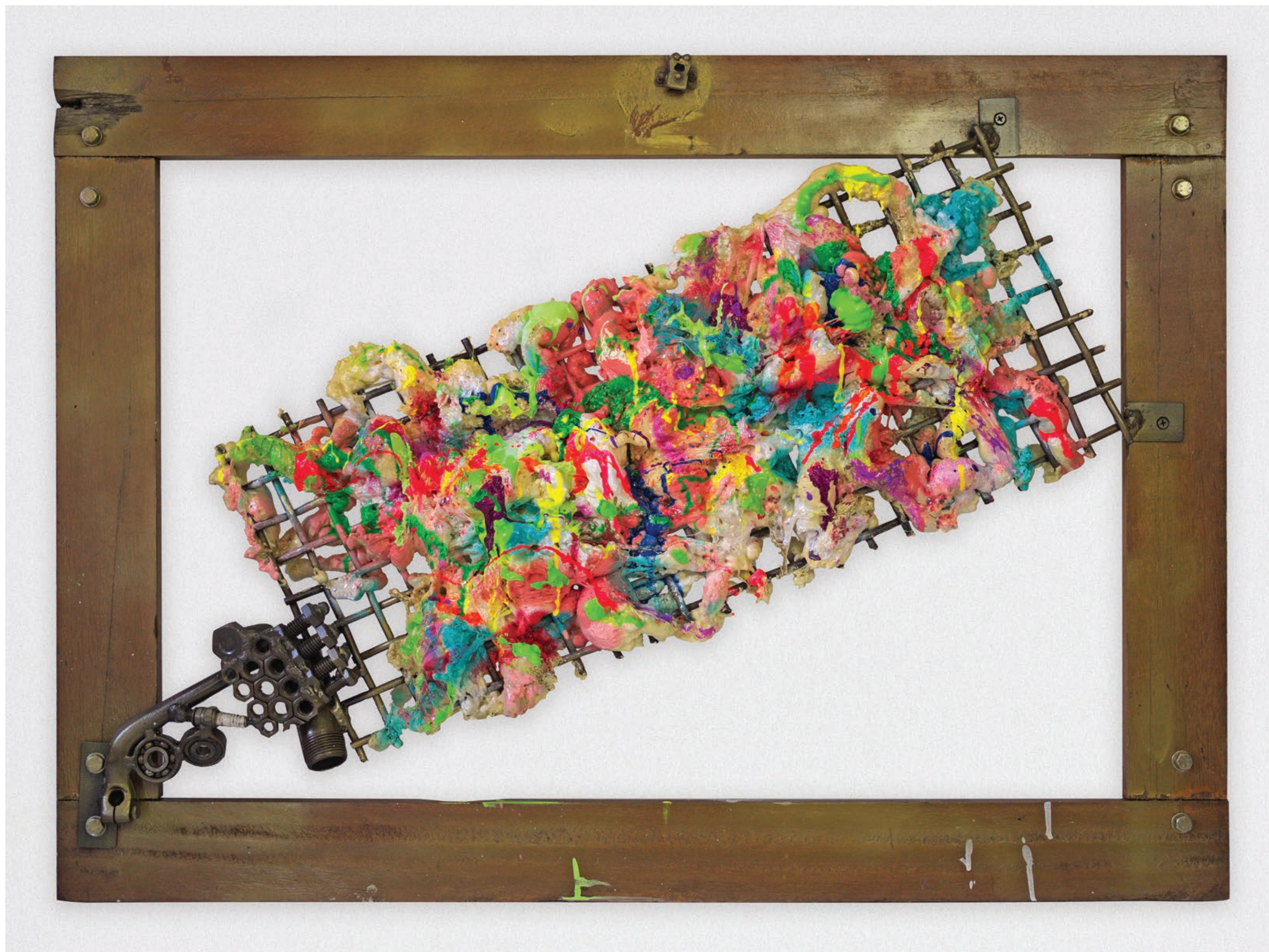
I am a women, I am strong
I am happy, I will survive

Am I happy?
Am I strong?
Will I survive?

I am a women, I am stronger
I am happier, I am alive

Mixed Media on Canvas • 2023
50 cm x 50 cm

IDR. 5.500.000,-



JUST TAKE MY HAND

Feeling Trapped. It hurts to the bone.

Mixed media on wood • 2023
80 cm x 60 cm

IDR. 20.000.000,-



WHAT ALWAYS HURTS THE MOST IT'S NOT TAKING A MOMENT TO SAY GOODBYE

Acrylic on board • 2023
76 cm x 20 cm

IDR. 2.450.000,-



LET ME HEAL

The art of self reclamation through journey of losing oneself and gradually healing to the completion of self discovery.

Mixed Media • 2023

H : 30 cm L : 25 cm

IDR. 8.900.000,-



EROSION OF LOVE

The damaging effect of toxic relationship

A different aspect of the relationship such as power dynamics,
manipulation and control

Mixed Media • 2023

H : 50 cm L : 30 cm

IDR. 18.500.000,-



POWER-less

You feel powerless because your fear has given your power to the object of your fear, once you realize this, you can claim it back

150 dm

2023

IDR. 4.600.000.-

★ COLORS OF GRIEF ★

Walk of grief. / ART VIDEO



In collaboration with
Model : Ayu Melati
DOP : Tattoo Wijana



*"An awareness to be more humanity
from anxiety and addiction
How grief is seldom neat
Sadness and despair give you purpose
We should by these feelings to think
What am I doing with my life?
We need to stop Aighting these negative emotions
If we don't accept and process sadness, it can manifest physically
Every emotion is useful in its place
Stop Aighting the emotions, le
learn how to be sad, we have to feel it.."*



Each colors represents a different emotion or aspect of grief, such as sadness, anger, confusion, and even moments of solace or acceptance

Tangled web of emotions, thoughts, and memories that can be beautiful and messy, the messiness of grief, Acknowledging that healing and growth can emerge from within its complexity

The concepts encourages conversation about the need of empty, support, and self compassion during the grieving process and reminds us that grief, Although challenging, is an essential part of human experience

★ COLORS
OF
GRIEF ★
ARTWORK



ACCEPTANCE

IDR. 1.300.000,-



MY COLORS

IDR. 2.200.000,-

Colors of Grief |

Mira El Amir

a solo art exhibition | 2023

★ COLORS
OF
GRIEF ★ ARTWORK



DETACH

IDR. 2.000.000,-

★ COLORS OF GRIEF ★ ARTWORK



LONG TIME NO SEX

IDR. 1.100.000,-

Pants

LET THE INK FLOW

IDR. 1.300.000,-



Thanks to...

GIE SANJAYA
INDAH ARIANI
ADITYA SETIADI
COSMAS GOZALI
LUSI ISMAIL
FIRNITA TAUFICK
HAJAR
AURELIA
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PANJI KRISHNA

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RIZKIKA RAHIM
LIDINIA
MARISA
CISYA
PRISCILLA
MISS UMA
HABA
TATTO WIJANA
AYU MELATI
DIANA SURYA
KRISNAALWIND
AYU SRI REJEKI

BAMBANG ADI PRAMONO
KANG ALIF
SUBADRA
SABDA JIWA NIRWANA
ARUNA ALANG JIWA
CREATIVITE INDONESIA
JIWATER
TEMAN MANUSIA
SUKHA STUDIO
KLUB MASAK SIRJA
HEALING ART PROJECT
INDOARTNOW
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GOOD VIBES SOCIETY
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SUKHA
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MIRA & AMIR
ART

TEMAN
SATU ARAH
SOCIAL



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Thank You

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