

The Mitra Bulletin

Issue # III (MAY-JUNE)

Creative Skills for Green Livelihoods

A crochet, knitting, jewellery making workshop, a month-long workshop is conducted in Apollo club, Sidhabari, where Youth are facilitated, and Kit distribution, and handholding training is going on in collaboration with reputed entrepreneur Purobi Das, founder of Kashioli store, an Instagram-based successful entrepreneur.



Communication and Leadership Workshop

Youth leadership development is one of the key components of our program. Leadership is not only a core pillar of the initiative but also our greatest strength, helping young people build confidence, personality, responsibility, and the ability to lead positive change within their communities.



Building Self-Awareness and Youth Resilience



Introducing youth to the Social, Emotional and Ethical (SEE) Learning framework developed by Emory University to strengthen self-awareness, emotional intelligence, and ethical decision-making. Through reflective and experiential learning, participants build resilience, develop healthy coping skills, and gain the confidence to navigate challenges, adapt to change, and lead meaningful lives.

Career Discovery and Guidance



A continuous career exploration process that helps young people identify their interests, strengths, and aspirations, enabling them to make informed decisions and confidently navigate their educational and career pathways.

Youth from Apollo Club volunteered in Workshop by FLN Library



Youth members of Mitraja participated in a national-level Library Leadership Training organised by the Free Library Network. The programme provided practical exposure to community library management, youth leadership, and strategies for building inclusive learning spaces within communities.