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Tallinn, Estonia

Playing age: 24–38
Height: 177cm

KRISTIIN RÄÄGEL

EDUCATION

2000–2007 Valga High School
2007–2012 Viimsi High School
2012–2014 UT Viljandi Culture Academy, Dance Art
2014–2016 Valla Folkhögskola, Sweden; 2-year course Acting and Collaborative Theatre
2016–2020 Estonian Academy of Music and Theatre, Department of Drama, acting (cum laude)

THEATRE

Actress at Tallinn City Theatre 2020–...

2025 Performer, "In the Beginning There Was Song", dir. Riina Roose
2024 Celia, "As You Like It", dir. Uku Uusberg
2024 Regan, "Lear", dir. Andres Noormets
2024 Sonja, "Baltic Tragedy", dir. Karl Laumets
2024 Mildred Montag, "Fahrenheit 451", dir. Diana Leesalu
2022 Susanna, "Kalaranna 28", dir. Uku Uusberg
2022 Izzy, "Rabbit Hole", dir. Madis Kalmet
2022 Louisa, "The Ritual Slaughter of Gorge Mastromas", dir. Priit Pius
2021 Anja Skoog, Marianne Skoog, "To Music", dir. Diana Leesalu
2021 Nastasja Filippovna, "Rogožin", dir. Markus Helmut Ilves and Andreas Aadel
2020 Performer, "Osnap", dir. Riina Roose
2020 Sonja, "Vanya", dir. Māra Ķimele
2018 The Fox, "Little Prince", dir. Elmo Nüganen

Roles in other theatres

2019 Liisa, "Children of the Sun", dir. Uku Uusberg, Estonian Drama Theatre
2019 Performer, "Valgete Vete Sina", dir. Renate Keerd, Sakala 3
2020 Maria, "Song of Happiness", dir. Elise Metsanurk, Vanemuine
2021 Performer, "Free Range Eggs", dir. Markus Helmut Ilves, Voyadzer
2022 Performer, "72 Days", dir. Tiit Ojasoo and Ene-Liis Semper, EMTA



SHORT FILM

2024 Maid, "In her shoes", dir. Gergana Diankova, BFM
2023 Siiri, "Meeta", dir. Rebeka Rummel, Propapanda
2022 Pääsu, "Soft Memory", dir. Teresa Juksaar, BFM
2022 Must Lipp, "Tiiu and the Dragon", dir. Teresa Juksaar, BFM
2021 Woman, "Shooting Session", dir. Robert Raska Ly
2019 Maarja, "The Rave", dir. Johannes Magnus Aule, BFM

TELEVISION

2025 Laura, "Future View", dir. Joosep Kask, Framework (post-production)
2012 Swimmer, "House in the Alps", episode 1, dir. Gerda Kordemets, ERR
2010 Kairi, "Class – Life After", episode 6, dir. Gerda Kordemets, ERR

WORKSHOPS

2021 Film Directing (participated as an actor), teacher Tanel Toom and Elen Lotman
2021 Physicality and Actor, teacher Tiit Ojasoo
2020 Character Based Improvisation, teacher Rob Marchand
2019 Acting on Screen, teacher Tanel Toom
2019 Introduction to Meisner technique, Luleå Theatre Academy
2018 DANCEMASSIVE / Dance Summer Academy, MASSIA
2013 Summer workshop, Nordic Stage Fight Society (NSFS)

SKILLS

Language: Estonian (mother tongue), English (fluent), Russian (basic), Swedish (basic)
Music/Dance: trained dancer, trained singer (alto and soprano), dj-skills

Other: Drivers license, professional audiobook reader, stage combat, puppetry, improvisation and devising

AWARDS

2022 Kristallkingakese award, given to young aspiring actors for their first notable roles in theatre
2022 Best Leading Actress for the role Nastasja Filippovna in "Rogožin", colleague award at Tallinn City Theatre
2022 Actress who has given most performances in a year, colleague award at Tallinn City Theatre
2025 Black Night Star at Black Nights Film Festival