

A Life Poured Out

A Devotional Journey through Ecclesiastes

Seeing God's Pursuit on Every Page

By:
Brandi Roubique

A Life Poured Out: A Devotional Journey Through Ecclesiastes

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Preface — From Emptiness to Encounter

There was a time in my life when I found myself doing all the right things — working hard, serving faithfully, chasing after meaning — yet feeling empty on the inside. I knew about God, but I wasn't truly *abiding* in Him. My heart was weary, my pace was restless, and somewhere along the way, I began living under the sun instead of under His gaze.

When I first opened the book of Ecclesiastes, I didn't expect to find intimacy there. It felt like such a heavy, somber book — Solomon's lament about the futility of life. But as I lingered in its verses, I began to see something sacred hiding beneath the sorrow: a love story.

It wasn't about vanity — it was about *awakening*.

Solomon's search for meaning mirrored the same ache in all of us — the longing to know that what we're building, doing, and becoming truly matters. But the longer he searched, the more he realized that meaning isn't something we manufacture; it's something we discover when we return to the Source.

Ecclesiastes became, for me, a mirror — revealing not just the futility of striving but the beauty of surrender. It's the story of a king who had everything yet found peace only when he remembered his Creator. It's the story of a soul realizing that *to be poured out before God is not to be wasted — it is to be fulfilled*.

That revelation changed me.

It reminded me that my purpose was never productivity — it was *presence*. My worth was never found in what I built — it was found in Whose hands I was being built by.

This devotional, *A Life Poured Out*, was born from that place — the quiet realization that intimacy is the answer to every ache. It's a journey through Ecclesiastes not as a book of despair, but as a roadmap back to delight — a call to rediscover meaning, rest, and beauty in the One who gives life its purpose.

My prayer is that as you walk through these pages, you will feel the gentle pull of the Father's love drawing you closer.



That you'll find yourself releasing what's heavy, reclaiming what's holy, and resting in the truth that your life — every moment of it — is a sacred offering.

So come as you are, daughter.

Bring your questions, your exhaustion, your hopes, and your hunger.

He's not asking for perfection; He's asking for your heart.

And when you pour it out before Him, you'll discover — He's been pouring Himself out over you all along.

With love and awe,

Brandi Roubique

Daughters of the Secret Place

Introduction — The Invitation to Live Fully in His Presence

If the book of Ecclesiastes teaches us anything, it's that life apart from intimacy with God feels like chasing the wind. You can achieve everything and still feel unsatisfied, love deeply and still feel unseen, work tirelessly and still feel unfulfilled.

But when you begin to see your days through the eyes of eternity, everything changes.

This study — *A Life Poured Out* — is a devotional journey through the twelve chapters of Ecclesiastes, written through the lens of intimacy. Each chapter is designed to draw you deeper into the heart of God, helping you see His pursuit in every verse and His presence in every season.

You will discover that:

- **Meaning isn't found in achievement; it's found in abiding.**
- **Wisdom isn't proven by words; it's revealed through worship.**
- **Fulfillment isn't in the having; it's in the surrendering.**
- **The good life isn't a busy one — it's a *beautifully yielded* one.**

Each devotional in this book includes:

- A Scripture focus from both the **Amplified (AMP)** and **The Passion Translation (TPT)** — chosen to help you experience both depth and tenderness in the text.
- An expanded teaching written through the lens of intimacy, where we find God's heart in every lesson Solomon learned.
- A **Heart Posture & Reflection** section to help you pause and apply truth to your own story.
- A **Closing Prayer** to guide you into communion with Him.
- A **Declaration** to speak over your life as an act of faith and identity.

This is not a study to rush through; it's one to *abide* in.

Let the words linger. Let the Holy Spirit whisper between the lines.

If a verse arrests your attention, stay there. If a sentence stirs conviction, lean into it. If a paragraph brings peace, rest in it.

And as you journey through each chapter, you'll notice something beautiful — Solomon's story becomes your own.

The restless heart learns to rest.
The searching soul learns to see.
And the weary worshiper learns that the greatest meaning in life is to live as a vessel fully poured out before God.

So as we begin, take a moment to breathe.
Quiet your mind.
Ask the Holy Spirit to make this more than a study — to make it a *sanctuary*.

Because here, in these pages, we are not just learning about Ecclesiastes — we are learning to live again.
To live slowly.
To live purposefully.
To live poured out.

Welcome, Daughter of the Secret Place.
This is your invitation to *A Life Poured Out*.

Dedication

For the daughters who have poured and poured —
until there was nothing left to give.
For the ones who have loved deeply, served faithfully,
and still found themselves asking, “*Is this all there is?*”

For the women who have known the ache of emptiness
and the beauty of being found again in His presence.
For every heart that has been refined by the fire,
and every soul that has learned to rest in His arms instead of striving for His approval.

This is for the ones who are learning that fulfillment isn’t found in doing more —
but in *dwelling deeper*.
For the dreamers, the intercessors, the mothers, the ministers,
and the weary warriors learning to breathe again.

May you come to know the peace that only intimacy brings,
the joy that only surrender releases,
and the love that never stops pursuing you.

And may your life — every tear, every trial, every triumph —
become a song of worship to the One who makes everything beautiful in its time.

To the daughters of the Secret Place —
You were never meant to live half-full.
You were created to live *poured out*.

Chapter 1

The Chase for Meaning: When the Heart Forgets Its Source

Scripture Focus

“I, the Preacher, have been king over Israel in Jerusalem. And I set my mind to seek and explore by [man’s] wisdom all that is done under heaven. It is a miserable business which God has given the sons of men with which to busy themselves.” — Ecclesiastes 1:12–13 (AMP)

“What profit remains for a man from all his labor at which he toils under the sun?” — Ecclesiastes 1:3 (AMP)

“Everything is meaningless,” says the Teacher, “completely meaningless! What do people gain for all their hard work under the sun?” — Ecclesiastes 1:2–3 (TPT)

The Ache Beneath the Sun

Solomon’s words open with a sigh — the weary breath of a man who has touched everything the world could offer yet feels untouched by peace.

He had wisdom, wealth, power, and influence, but his soul remained restless. Beneath his royal robes was a heart that had forgotten the rhythm of intimacy with its Maker.

This first chapter isn’t a lament of a man who *never knew* God — it’s the cry of one who *once did* but drifted from communion into consumption. Solomon had tasted glory, but he had lost the sweetness of Presence. The more he achieved, the more hollow his victories became.

Life “under the sun” is a picture of life lived apart from divine fellowship. It is the endless chase for meaning in things that can never satisfy the eternal soul. Without intimacy, everything feels cyclical, repetitive, and exhausting.

“All things are wearisome; man cannot express it. The eye is not satisfied with seeing, nor the ear filled with hearing.” — Ecclesiastes 1:8 (AMP)

This is what happens when our gaze shifts from Heaven to earth — when our devotion becomes diluted by doing. We seek fulfillment in work, recognition,

relationships, and pleasures, but the deeper longing of the soul is not for more — it is for *Him*.

God's Pursuit in the Midst of Our Wandering

Even in Solomon's despair, God is present. His mercy echoes through every word of the Teacher's frustration. God allows the emptiness to surface — not as punishment, but as invitation. The ache itself becomes a divine whisper calling us home.

The longing that drives humanity's search for meaning is actually evidence of design — proof that we were created for intimacy.

When we live disconnected from our Source, the weight of vanity becomes unbearable. But when we return to fellowship, even the simplest acts — washing dishes, raising children, building, writing, resting — become sacred offerings poured out before Him.

"I have learned to be satisfied in any circumstance." — **Philippians 4:11 (TPT)**

"In Him we live and move and have our being." — **Acts 17:28 (AMP)**

God's pursuit is relentless. He lets the things that once satisfied lose their flavor so we might taste and see that *He* is good. He allows the wind to weary us so we'll seek the One who calms it.

The Invitation to Abide

This chapter is a mirror to every believer who has ever run ahead of God — busy building, achieving, performing, only to realize that nothing feels alive anymore.

The call of *Ecclesiastes 1* is not "give up on life" — it's "return to the Source of life."

God doesn't want your exhaustion; He wants your affection.

He doesn't just want your obedience; He wants your heart at rest in His love.

Intimacy restores meaning to every moment.

Apart from Him, even the sacred becomes striving; but with Him, even the ordinary becomes holy.

“Come to Me, all who are weary and heavily burdened, and I will give you rest.”

— **Matthew 11:28 (AMP)**

“Are you weary, carrying a heavy burden? Then come to Me. I will refresh your life, for I am your oasis.” — **Matthew 11:28 (TPT)**

Heart Posture & Reflection

- Where have I been chasing meaning apart from His presence?
- What areas of my life have become “busy under the sun” instead of restful under His gaze?
- Do I measure success by what I produce, or by how closely I walk with Him?
- Am I willing to let go of vanity so that I may embrace His voice again?

Closing Prayer

Father,

I lay down my endless striving at Your feet. I’ve searched for meaning in many things, but none compare to knowing You.

Strip away the illusions that promise fulfillment but leave me empty.

Let my heart beat again to the rhythm of Your love.

Where I’ve labored for recognition, teach me to labor for intimacy.

Where I’ve sought outcomes, help me to seek Your presence.

You are the One who fills the void and satisfies my soul.

Every longing within me is a signpost pointing back to You.

So here I am — tired of chasing the wind.

Breathe Your Spirit into me again, Lord.

Restore my wonder, renew my awe, and remind me that life with You is never meaningless.

My purpose is not in what I build, but in being built by You.

My calling is not in my doing, but in my being Yours.

I pour out my life at Your feet,
that You may fill me again.

In Jesus' name,
Amen.

Declaration

"I refuse to chase the wind. My heart will rest in the One who gives meaning to all things. My life is not wasted when it is poured out before Him."

