

COST PER PERSON- RS.2,25,750/

13 Days - Itinerary (Kathmandu-Nyalam-Kailash-Kathmandu)

SHORT SUMMARY OF SPIRITUAL TOUR

Location: Tibet, China

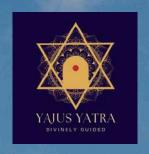
Maximum altitude: 5630m (Dolma-La Pass)
Duration: 13 Days (KTM to KTM)

Transportation: 9 days by Luxury Bus/3 days' trek Route: Kathmandu-Nyalam-Kailash-Kathmandu (by Road) Place to see: Holy River Bramhaputra, Lake Mansarovar, Mt. Kailash, Rakshas Tal, Astapath, Nandi Parbat, Kailash Charan Sparsha, Gauri Kunda, Tirthapuri etc.

IMPORTANT NOTE:

•The above-mentioned rate are based as per FEC 2020 contract with Chinese Government. In case of any price change by the Chinese counterpart, the additional cost might be applicable, accordingly.

·If permission is denied by the Chinese authorities, the advance amount received will either be refunded or adjusted towards the next trip.



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Day-1 Arrival at Tribhuvan International airport Kathmandu

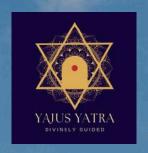
Welcome & briefing by our representative for assisted transfer to the hotel. Check-in at your hotel for night stay.

Day-2 Kathmandu Sightseeing

Start your day with breakfast & then visit to renowned Pashupati Nath & Buda Nilkantha (Sleeping Vishnu) temple in Kathmandu. After visiting temples, drive back to your hotel and spend time in preparing for next day travel to Nepal-China border. In the evening, we will have short briefing program followed by dinner & overnight stay at the hotel.

Day-3 Kathmandu to Kodari-Nyalam

Early morning with packed breakfast, the group will drive to Kodari covering total road distance of about 112 km, traversed in roughly 4 hours under favorable conditions. Reach Kodari (2,515 m) for Nepal immigration & crossing the Friendship Bridge into Tibet at Zhangmu. After crossing into Tibet, will drive 45 km through Zhangmu to reach Nyalam at ~3,750 m. Before hotel check-in, immigration formalities to be completed. Overnight stay at Nyalam Guest House.



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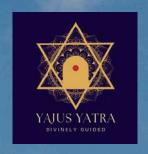
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Day-4 At Nyalam

This day is dedicated to acclimatization. Hike to nearby hilly area and return to hotel. Overnight stay at Guest house Nyalam.

Day-5 Nyalam to Saga (4500m/240Km)

After the breakfast drive to Saga for about 6-7 hrs. This day we have to cross 2-3 high passes including high altitude of 5000m pass. Enjoy scenic drive through Tibetan pastoral villages. Before reaching the Saga, we'll stop for Lunch, continuing the drive to Saga. Saga city is situated at the bank of holy River BHRMAPUTRA (Yarlung Zangpo). The road came from the Lhasa also join here. Meals and Overnight stay at Hotel Saga.



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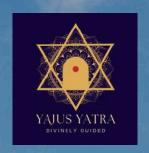
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Day-6 Saga to Lake Mansarovar (4560 m/ 530km/7 hrs)

Today is an important day as you will not only reach the holy Lake Mansarovar but also, get the first glimpse of holy Mount Kailash. Early morning with light breakfast drive to Mansarovar-Chui Gompa. This day we have long drive so we start our journey as early as possible. Before reaching Mansarovar we stop for Lunch and continue drive to Mansarovar. When we reach Mansarovar Check point, we will change our Bus and start the Lake Mansarovar Parikrama (102km/02 hrs.) by Environmental Bus. On the way to Mansarovar Parikrama, we will stop for Photography. Before reaching Chui-Gompa you can see Rakshasa Tal (Demon Lake). You can have beautiful view of Kailash SOUTH face from Mansarovar. Overnight stay at Mansarovar Guest House.

Day-7 Mansarovar to Darchen

After early morning Hawan/Pujan rituals & breakfast, you will be drive to Darchen (4620m/40km). Darchen is the major administrative hub of Kailash region with basic development in infrastructure & facility. Also considered as the BASE CAMP of Mt. Kailash from where the circumambulation (parikrama) around Mt. Kailash begins. You can have closed view of Kailash SOUTH face and part of Nandi Parvat.



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Our Sherpa staff will check your health and physical condition. YOU CAN GO TO ASTHPATH(NANDI PARVAT) ON AN EXTRA COST FROM DARCHEN BY JEEP.

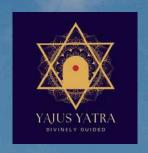
Overnight stay at Darchen Hotel.

Day-8 Darchen to Dirphuk

1st Day parikrama/kora of Mt. Kailash, 13 Kms trekking to Diraphuk

Moving ahead next early morning after breakfast, all pilgrims have opportunity to pass through Yama Dwar before the trek commences. The SOUTH face of Mount Kailash, considered the "spine of Lord Shiva" by Hindu pilgrims, is visible from Yamadwar. After visiting Yam Dwar continue trekking on foot or hire a horse/pony to ride. (those who wish to hire horse/pony and porter may do it directly with the help of the Tibetan guide on direct payment basis base camp of Kailash. Packed lunch will be provided to group.

Diraphuk is the NEAREST point to see the Mt. Kailash. It gives NORTH face of Kailash darsan. On reaching Dirapuk check into the guesthouse where stay and dinner is organized for this night. The night is going to be very cold and oxygen level will be low, therefore it is advisable that you take rest as much as possible to maintain good health for next day trek.



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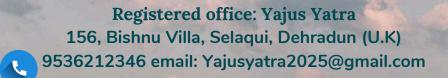
Day-9 Dirphuk to Zuthulpukh (4790m/22 Km/9-10hrs)

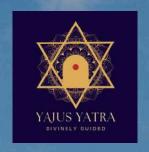
2nd Day Parikrama, 19 Kms Trek To Zuthulpukh

Wake up very early morning before dawn and if the weather is clear don't miss to witness the glory of 'Golden Kailash' as the first sunlight kisses the top of the mount. After this unforgettable experience now time to move ahead and start trek to Zuthulpuk. The 22 kms long trek is the LONGEST and toughest day of the entire Yatra as you will have to pass through the highest point (5630m) at Dolma-La-Pass.

On the way before Dolma La you will see site showing footprints of Milarepa and Shiva Tsal (The place where pilgrims leave behind their belongings, donate a drop of blood or a lock of hair to represent the act of leaving this life behind and wishing for the end of a miserable life. In Tibetan Buddhist religion it is said that you will get it (whatever you offered here at Shia Tsal) in heaven after your death.

Continue to climb up towards Dolma-La pass (5630m) and then steep down to reach Gauri Kund. We should cross the high pass as early as possible before strong wind starts.





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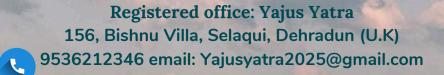
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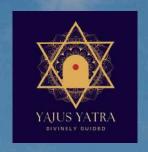
After crossing Dolma-La, you will see Gauri Kund/Parvati Kund at downhill in the RIGHT side of your path. EAST side of Kailash will be visible from Gaurikund. The downhill trail from the top of Dolma La is not easy due to rocky & loose stones all around so you should walk very carefully & remain with the group for any help you may need. Then after, you will catch soon flat trail that reach to Zuthulphuk Gompa (4790m). In Zuthulphuk dinner & overnight stay will be reserved.

Day-10 Zuthulphuk to Mansarovar- Saga

2nd Day parikrama, 19kms trek to Zuthulpukh via Gauri Kund

Wake up early in the morning and trek down to Darchen for about 03 hours. After having breakfast at Darchen, start our way back to Kathmandu following the same route. Overnight stay in Saga.





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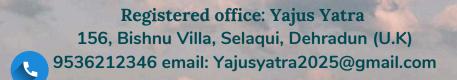
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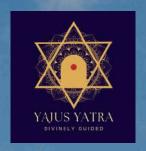
Day-11 Saga to Nyalam (240Km)

After breakfast we begin our journey of 6 hrs towards Nyalam. We cross the bridge over beautiful Brahmaputra River and continue our journey across the vast open Tibetan plains. Driving on well-pitched roads and mountainous terrain we reach Nyalam for night stay.

Day-12 Nyalam to Kathmandu via Kodari (107 Kms)

After breakfast, drive towards Kodari border. Here, we will complete the immigration formalities of Chinese and Nepal side, and get transferred to our vehicle standing in Nepal side. We will have lunch and proceed to Kathmandu. This drive may take about 7-8 hours or more by bus depending on road and traffic conditions. Dinner and night stay will be in the hotel at Kathmandu.





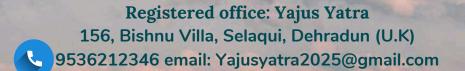
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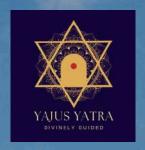
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Day-13 Fly Home from Kathmandu, Nepal.

After breakfast, you will be transferred to Kathmandu
Tribhuvan International airport to board your flight back to
your hotel/next destination. (We always recommend
travellers should book their outbound flight from
Kathmandu to home with a days or two in hand to overcome
the situation of unwanted delays in the trip)

Thankyou!

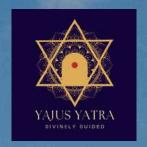




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Package Inclusion

- All applicable taxes.
- All 3 Veg meals for 13 days
- 3 Nights accommodation in Kathmandu at 4* Hotel with all 3 Veg meals.
- Half day Kathmandu sight seeing (Pasupathi Nath & Buda Nilkantha)
- Kathmandu-Kodari-Kathmandu transfer by deluxe Bus.
- Best available Hotel/Guest House as per itinerary in Tibet.
- Transportation by deluxe Luxury Coach in Tibet.
- Day bag, Duffle Bag & down Jacket (returnable).
- Tibet/China normal visa fee, all necessary Permit charges and VDC fees.
- Kailash Parikrama by walk & Mansarovar Parikrama by Luxury Bus.
- High altitude medicine, Portable toilet, Oxygen cylinders
 & Air compressor bag.
- Experienced & Friendly English/Hindi speaking Sherpa staff.

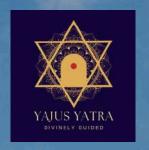


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Exclusions

- Personal Travel insurance, any emergency or rescue charges.
- In case of NRI/Foreigner, multiple entry Nepal visa fee.
- Horse and helper facilities if required during parikrama (approx. 3400 Yuan for 3 days)
- Food & transport expenses apart from package inclusion, in case of any weather or unforeseen conditions.
- In case, Yatri separates himself/herself from the group due to any unforeseen reason, no refund will be taken care by the company.
- Any unexpected expenses incurred due to natural disasters/bad weather/political reason (hotel, food, flight, transport etc.), charges applicable will be on extra.
- Any additional night stay apart from the mentioned in package inclusion in Nepal or in Tibet side will be as per extra.
- Visa Split cost, transportation & accommodation charge those who return earlier from Tibet by any reason.

Registered office: Yajus Yatra 156, Bishnu Villa, Selaqui, Dehradun (U.K) 9536212346 email: Yajusyatra2025@gmail.com



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Checklist- To be carried with you

- Metal Water bottle/ Thermal flask, Sun Glasses, Suns Cream, Torch Light with extra batteries, Mask, Paper Soap, Toilet paper, chocolates, dry food, Glucose, Walking Stick, Your own regular medicine etc.
- CLOTHING: Casual wears & comfortable trekking shoes, warm clothing for morning & night. Raincoats, Fleece Jacket, Thermal inner wear, warm trousers and shirts, woolen gloves, Balaclava, Sun Hat, Woolen socks (some pears), scarves. Kindly avoid carrying Saris.
- FITNESS: Yatris, willing to travel Kailash Mansarovar, must PLAN & consult their physician properly since Kailash Manasarovar is located at very high altitude. Yatris must get the following test done. E.C.G., Blood Pressure, Hemoglobin, Blood Sugar etc. Apart from all these tests, the pilgrims are advised to start morning and evening walk, jogging, stretching, meditation and regular exercise month before to be physically fit for Mansarovar Yatra.

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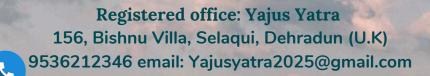
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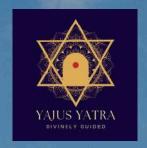
Terms & Conditions

BOOKING & PAYMENT PROCEDURE:

An advance of INR 45000/USD 550 to be paid at the time of booking. Balance amount to be deposited at least 30 days before the Yatra begin.

- REQUIRED DOCUMENTS:
- Personal health checkup certificate mentioning to be fit to travel Yatra of above 5,000 meter altitude. Scanned copy of Certificate to be emailed or sent to our office address for Travel permit clearance.
- Medical Insurance with evacuation facility should be done in your own city through reliable insurance company. Kindly note cost incurred is not included in the yatra package.
- Scanned copies of passport with 6 months' validity from the date of entry to Tibet and 2 copies of PP size photos.
- Original Passport must be received by our office at least 30 days prior to scheduled departure for visa application.





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Terms & Conditions

CANCELLATION POLICY:

Groups or Yatri may cancel their travel arrangements at any time. Written cancellation notification through an e-mail must be received by the company at yajusyatra2025@gmail.com.

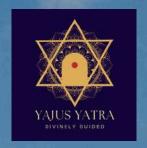
CANCELLATION CHARGES PER PERSON:

The applicable cancellation charges are as mentioned below-

- Before 60 days: INR 45000/- or USD 550
- Before 45 days: 40 % of package cost.
- Before 15 days: 60 % of package cost.
- Cancellation less than 07 days: 100 % of package cost.

NOTE:

 Cancellation amount will be refunded only, once we received from Chinese counterpart.



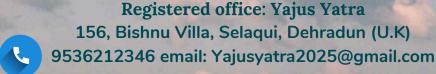
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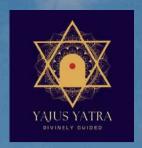
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NEW REGULATIONS FOR YATRIS OVER 70 YEARS OLD

THE FOLLOWING DOCUMENTS SHOULD BE SUBMITTED:

- Health examination report from Certified/Recognized hospital to be submitted with Content of the report including doctor's judgment and suggestion about the pilgrim's physical condition to travel to Mount Kailash region- plateau areas (5000 meters or 16500 feet above sea level)
- Application by pilgrim to express Kailash Yatra intention for pilgrimage in T.A.R.; the application must be signed & fingerprinted by the pilgrim. Yatri must be accompanied by 2 family members with him/her for the Yatra. FEC to decide whether to allow pilgrim entry T.A.R. as per their document submitted. Pilgrims suffering from high blood pressure, heart disease, asthma and other serious diseases which are not suitable for entering plateau areas cannot apply the permit.
- USD 1000 to be deposited with Company which will be refunded once Yatra is completed. In case of any incident/death happen, this amount will be forfeited as a liquidated damage.
- As per the FEC rules, if anyone willing to return without valid reason of sickness or serious family problem, he/she have to pay USD 100 per day as a liquidated damage to FEC.





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FOR MALAYSIAN, SINGAPORE, AUSTRALIAN, NEWZELAND & INDIAN

MONTH	ARRIVAL DATE TO KATHMANDU	FULL MOON DATES
June	06	17, 25
July	05	15, 23
August	03, 16 & 21	13, 20
September	02	16, 23

NOTE:

- To witness & enjoy Full Moon in Lake Mansarovar, Yatris must reach Kathmandu on dates mentioned above.
- Departure dates are subject to change under unavoidable circumstance.