

Privacy Policy

Your trust matters to me. When you share your email to join this newsletter, you're opening a small door into your world—and I want you to feel safe knowing how your information is cared for.

What I Collect

The only thing I ask for is your email address (and sometimes your name, if you choose to share it). Nothing more, nothing hidden.

How Your Email Is Used

Your email is used simply to send you:

- Gentle letters, updates, and reflections.
- Occasional notes about new offerings, journaling prompts, or poetry-inspired resources.

I may also see general stats (like whether an email was opened) so I can keep improving what I send—but never in a way that looks at you personally.

Sharing Your Information

Your email is yours. I will never sell it, trade it, or pass it along. I do use a trusted email service provider to send newsletters, but they only process your email so I can reach you.

Your Choice to Unsubscribe

Every email includes a simple “unsubscribe” link. If at any point you no longer wish to receive messages, you can click that link and your email will be removed. You can also write me directly and I'll take care of it for you.

Keeping Your Information Safe

I take care to use secure systems and trusted tools so your information is protected.

A Note on Children

This newsletter is created for adults. If you are under 13, please don't subscribe or share your email.

Updates to This Policy

If this privacy policy ever changes, I'll let you know by updating this page (and sometimes by sending a quick note in the newsletter).

Contact

If you ever have questions or want your information deleted, you can reach me at:

✉ lotusbreezewhispers@gmail.com