CLISSOLD COURT
Residents'Association

Addressing Dampness Within Your Flat

Dear neighbour, many of us share a common issue of dampness within our flats. A significant cause is humid air condensing on cold surfaces (such as windows), leading to dampness and mould. Black mould can cause severe respiratory health issues. Here are some tips from fellow residents. Other than cranking up the heating, the most effective measures address the issue at source, with increased ventilation and insulation. Please check if any permanent work requires permission under your lease, tenancy or with Hackney, prior to commencing.

1. Reducing cold surfaces and heat loss

- Crittall double-glazing/secondary glazing, £££££
- Internal insulation to walls, ensure there's no risk of interstitial condensation, ££££
- Increase size of radiators:, fit under windows, £££
- Insert reflective panels between the outside walls and the back of radiators , ££
- Thermal linings to curtains, ££

2. Reducing the cause of humidity

- Swap gas hobs for electric, £££
- Increase ventilation, add window ventilators, ££ or
- lock windows ajar on 1st and 2nd floors
- Use pan lids when boiling water
- Open window during cooking and showers.
- Hang washing in back garden when weather allows, have window open when hanging washing indoors. Put washing on an extra spin cycle.
- Ensure your existing air vents are not blocked.

3. Reducing humidity and condensation

- Dehumidifier, ££ / £££
- Window vacuum, ££
- Moisture absorbing crystals, £

4. Removing mould

- Mould remover spray; recommend removing as soon as you spot it. £

Karcher WV1 Handheld Window Cleaner, £45, Argos

Vent-A-Matic Shuttered Ventilator, £32, B&Q + fitting., for when windows can't be left open.

Dettol Antibacterial Disinfectant Mould & Mildew Remover Spray, £3.65, Sainsbury's

Meaco Arete One Dehumidifier & Air Purifier, 12L £179, John Lewis. Or smaller, circa £30 models that can sit on your window cill.

.
Do get in touch for more information, or to share your tips. Clissold Court Residents Association. September 2023.