

Quick Reference Sheet

Signs that a soul is in the 4th dimension:

Dense energy, they could feel or appear darker

A closeness of the energy, you might feel them strongly because they seem closer

They might seem much larger than you expected

Human emotions like sadness, fear, frustration, confusion.

You could see or sense thick/dense chords between the soul and a client, it could be sticky

You could just know claircognizantly that they are in 4D

Pay attention to all your clairs

You could feel sick to your stomach after noticing this soul or feel clairsentiently that something is off.

Remember that the signs can be very subtle, just stay open

The conversation you can have with the soul about releasing:

Their true home is in Heaven

Their pain and fear will immediately subside

They have family in heaven waiting to celebrate with them and that they are already at peace

Once they arrive, they will only know love

It will be far easier to connect to their loved ones on earth from heaven

Following the Angels and the Light is the path to the wholeness they seek

It's ok to let go, it's safe

Ways in which you might know that the soul has released into the light:

There will be lightness and their presence will no longer be felt.

The heaviness and density will be gone.

You may see them move with the angel towards the light, or see a separation.

You may see a chord detach.

You may feel it in your body as a release, an exhale, a detachment, a lightness in your body

And the client might feel this as well and know that they have crossed.