



# Self-Barbering



# QUICK GUIDE

[www.beyourownbarber.shop](http://www.beyourownbarber.shop)

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# OVERVIEW

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### **My Personal Story**

**How I developed a life-long skill in self-grooming, saving me valuable time, money and convenience.**

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### **Things to Know**

**Hair maintenance, hair preparation for grooming, and tool maintenance**

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### **Get Started!**

**Barber Kit Essentials, secondary tools and clean finishes**

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# My Personal Story

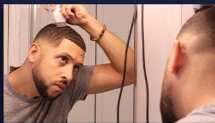


## Generational

**My father, a meticulous self-barber, would cut his hair every two weeks, and he did the same for me and my younger brother. For years, I observed him, absorbing his knowledge of various barbering tools and techniques. At 15, he gifted me my first pair of trimmers, sparking my passion for self-grooming. Now, both my brother and I proudly carry on this family legacy, skillfully cutting our own hair.**

## Out of Necessity

**During my freshman year of college, with no barber and barely any money, I took matters into my own hands and began cutting my own hair. Each self-styled cut became a living advertisement for my growing clipper skills. Before long, I was transforming dorm rooms into makeshift barbershops, turning necessity into a thriving side hustle.**



## My Mission

**I aim to demonstrate the convenience and benefits of self-barbering. In today's ever-changing economy, having a diverse skill set is essential for the sustainability of our families. The global pandemic highlighted the challenges of not having access to a barber. Whether you're looking to save money for your household or to appreciate the art of barbering, this guide will help you get started!**



# Things To Know



## 1. Hair Maintenance

- Think of hair as our body's yard, with the scalp being the soil and hair as the fruit. Proper care involves washing and moisturizing the scalp to ensure thick, healthy hair growth.
- Nutrition, exercise, rest, and stress management also play crucial roles in hair health, along with genetics.

## 2. Haircut Preparation

- Wash your hair the day before or on the same day, ensuring it's completely dry before cutting. Wet hair can be harder to cut smoothly.
- Allocate about two hours for the process. Consider listening to a podcast or music – grooming can be a form of relaxation and self-care.

## 3. Tool Preparation

- Always clean hair clippers/trimmers with rubbing alcohol before use.
- Clipper oil is essential in ensuring a smoother cut with or against the grain.
- Over time hair clippers will often accumulate build-up. Regularly brushing excess hair from your tools can prevent buildup, extending it's functionality.

# GET STARTED

## Barber Kit Checklist✓

### Cutting Tools:

#### 1. Hair Clippers:

- recommended brand **Wahl**



#### 2. Hairline Trimmers/ Edgers:

- recommended brand **Andis**



#### 3. Nose & Ear Trimmer

- recommended brand **ConairMan**



### Secondary Items:

- **Grooming Bag/ Case:** to store your barber kit items
- **Hair brush:** can also use to brush away excess hair from clippers
- **Hand mirror:** For cutting the angles of your head including the back
- **Clipper Oil:** Keeps clipper cutting functionality smooth
- **Mini Phillips screwdriver:** for adjusting clipper blades, if need be
- **A pair of AA batteries:** for cordless clippers that may use batteries

### Cleaning & Finishing Tools:

- **Rubbing alcohol or:** for sanitizing hair clipper tools
- **Cool Care:** Blade coolant, disinfectant, lubricant, cleaner and rust pre-treatment
- **Cotton balls:** for wiping tools, and hairline after a cut
- **Hair and beard oil:** Adds moisture and a soft sheen to a finished cut

# Join The Program

In just six weeks, you can master the lifelong skill of cutting your own hair like a professional. Click here to get started :



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