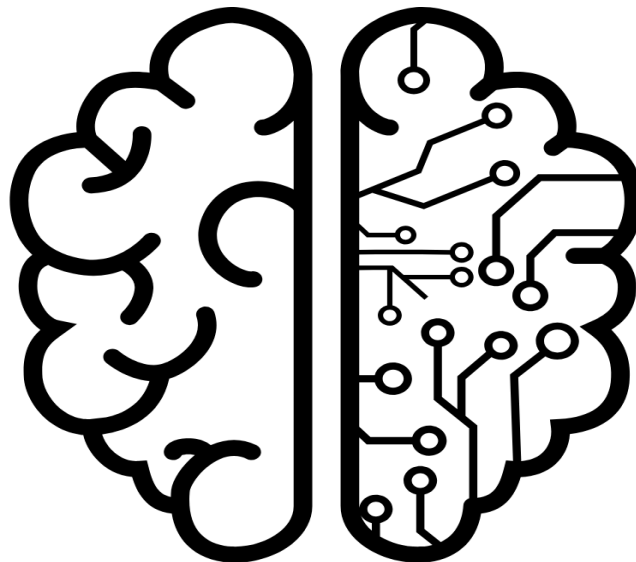


BY RUBEN YOUNG

STUDY LIKE A PROFFESIONAL

A STRUCTURED STSYEM FOR
PASSING ANY TRADE EXAM



THE YOUNG ELECTRICIAN

STUDY LIKE A PROFESSIONAL

RUBEN YOUNG

THE YOUNG ELECTRICIAN

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01

**A Structured
System For
Passing Any Exam**

Introduction

Why Do Capable Trades Professionals Fail Exams?

Most people don't fail their exam because they lack intelligence.

They FAIL because they lack STRUCTURE.

Others never even try.

I've met plenty of great tradesmen who were skilled professionals that could:

- Run Jobs
- Trouble Shoot Complex Systems
- Train Others
- Handle Pressure on the Field

Yet, they delayed getting certified for years.

Why?

Because studying for them felt:

- Chaotic
- Uncertain
- Inconsistent
- Random

This ebook gives you something different.

-It gives you structure.

If you follow the simple system laid out in the pages, you will dramatically increase your odds of passing any trade related exam.

This isn't a prep book - This is a system for exponentially enhancing your studying.

This is a system for building discipline.

02

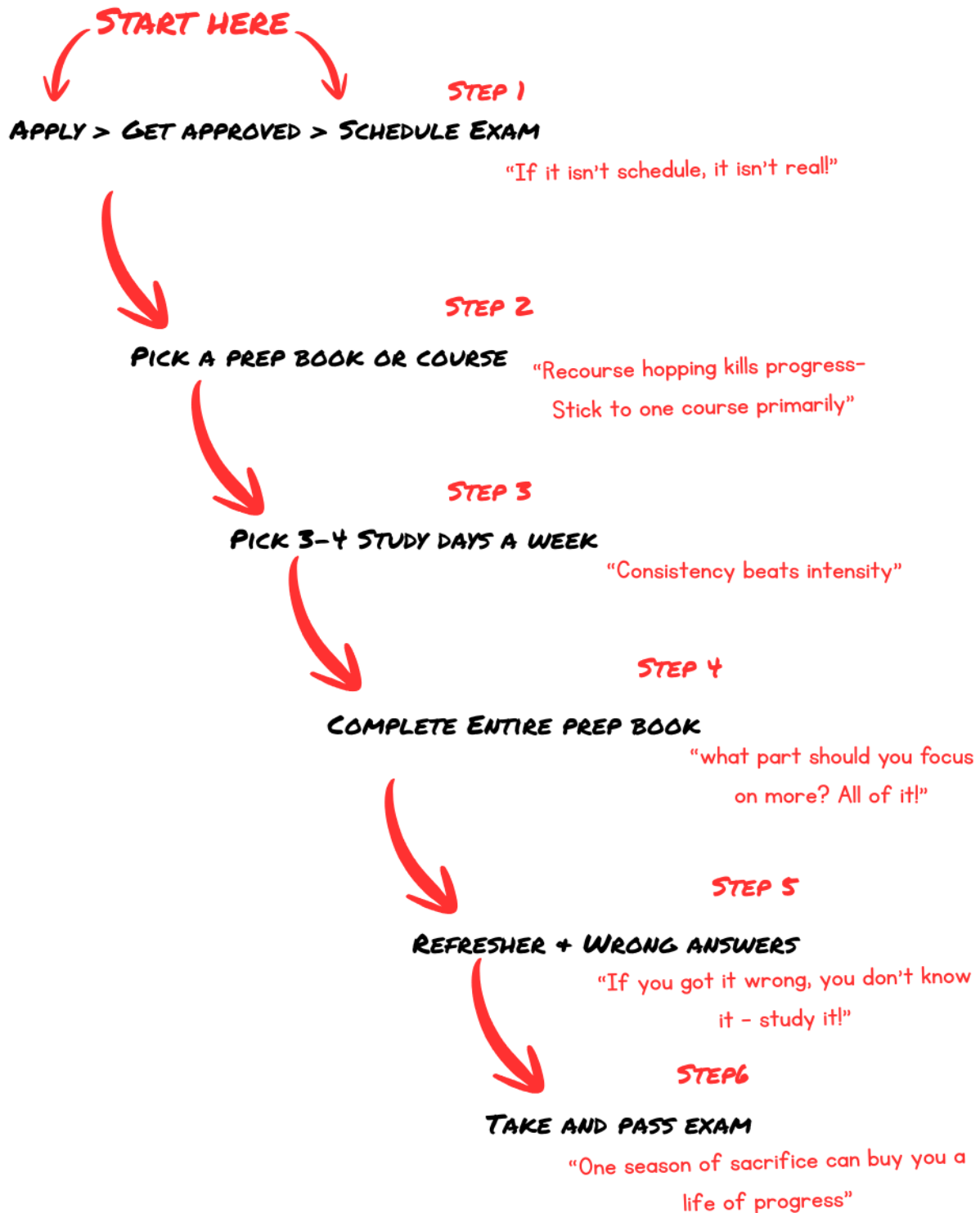
**5 Foundations
For Studying**

The 5 Foundations For Studying

Passing an exam is less about cramming.

And more about creating an environment where consistency becomes automatic.

Here is that system.



Foundation 1

Schedule Your Exam First!

“If it isn’t Scheduled, it isn’t real”

The mistake most make:

They begin taking courses and studying before they have:

- Confirmed eligibility
- Submitted paperwork
- Scheduled an exam date

Studying beforehand isn’t bad, but it can:

- Give the illusion of making progress.
- Interrupt momentum.
- Cause burn out.

Without deadlines - studying becomes optional.

And, optional work will always fail to remain consistent.

The Rules:

- Apply.
- Get Approved.
- Schedule Exam.
- Then study.

Deadlines create urgency.

Urgency creates focus.

Focus creates results.

Foundation 2

Choose One Primary Study Resource

One big killer of real progress: Resource Hoping.

- Watch some YouTube videos.
- Skim your prep book.
- Do a practice exam.
- Watch more youtube videos.

Rinse and Repeat.

DON'T DO THAT!

Instead, Do This:

Choose One Primary Prep Resource.

Commit to FINISHING IT..

Depth beats variety.

Mastery beats sampling.

Spreading your attention in too many directions dulls the effectiveness.

You can utilize other resources, but you have to have one primary one that you will:

Commit to completing.

And, commit to consistency.

Pick one resource!

Complete it!

Foundation 3

Choose When You'll Study!

Study 3-4 Days Per Week (Not Every Day)

This might sound counterintuitive.

But trying to study every day often leads to burn out.

Here's the scenario:

- You study hard for 7- 10 days.
 - Life gets busy...
 - You miss a day...
 - You'll pick back up tomorrow!
 - You don't...
 - You'll start again next week!
 - You don't...
 - Months pass by...
- You quit months ago and didn't even realize it.

Instead:

Choose 3 or 4 days per week (This is plenty of time)

Example:

Monday - Wednesday- Friday

Or

Tuesday - Friday- Saturday

Whatever days work for you.

But, they have to be consistent each week to build a system.

Study for 30-90 mins each session.

Consistency beats intensity,

3 months of focused, consistent studying beats two weeks of intense cramming followed by burnout every time.

Burnout has caused more failed exams than difficulty ever has.

Foundation 4

Lock in Time & Location

Saying “I’ll study sometime this week” isn’t a plan.

It’s a wish.

You Must Decide:

- What time of day will you study?
- Where will you study?
- What material will you study?

When we pre-plan the time and place that we will study - friction decreases dramatically.

If you study at home:

- Choose a quiet place.
- Let your household know you need space to study uninterrupted.

If your home is too distracting:

- Use a Coffee Shop
- Use a library
- Use your car

Find a place that works.

Studying is much easier when your environment supports it.

Professionals design their environment.

Rookies leave it to chance and will power.

Foundation 5

Remove Distractions for a Season.

Proper Preparation Requires Sacrifice.

You will either sacrifice your future to keep your distractions.

Or

You will sacrifice distractions to secure your future.

Not forever.

Just for a season.

60 - 90 days of consistent, high quality studying.

You may have to:

- **Turn down overtime.**
- **Reduce social commitments.**
- **Plan meals ahead of time.**
- **Protect your study time.**

This isn't extreme.

It's being intentional.

A focused season of studying can impact your income and opportunities for decades.

When you pass - the season of sacrifice is over.

You'll never have to sacrifice to take this exam again.

03

**Practice Exams
& FlashCards**

The Practice Exam Rule

If there's one thing you shouldn't ignore, it's this practice exams!

Practice exams make all the difference.

Why?

Because practice exams:

- Teach through exercise
- Simulate pressure
- Improve pacing
- Reveal weak areas
- Build familiarity

The first time you feel the pressure of a time test shouldn't be on exam day.

Track your scores.

Notice patterns.

Improve strategically.

Progress builds confidence.

Confidence reduces panic.

Don't ignore practice exams!

Flash Cards

Practice exams are your bread and butter for passing any exam.

But Flashcards are your secret sauce

How to obtain flash cards:

- Buy a pack of flash cards
- Create you own

I recommend creating your own!

Creating your own flashcards gives you a layer of memorization that you don't get from simply buying them pre-made.

How to create Flash cards:

- Buy 3 x 5 cardstock flash cards (like we had in school)
- Download a flashcard making app

What to make flash cards of:

- NEC Articles: Article name on one side, Article Section on the other
- Commonly used Tables: Table name on one side, Article number on the other.
- Electrical Equations: Name on one side, Equation on the other.

The most important flashcards will be the Nec Articles

How to use flash cards:

- spend 5 - 30 mins a couple of times a week practicing them (you can do this on your break)
- Read the article name on one side and try to guess the article number on the other side.
- Reverse the order, read the article number, and try to guess the article name.

Practicing with flash cards will dramatically increase your ability to navigate the NEC.

Memorizing the different articles in the NEC will reduce the amount of time you spend finding answers in the NEC because you will spend less time trying to locate an article.

You'll already know where the articles are!

04

The 3 pass through method

The 3-Pass Study Method

Most people study randomly.

Professionals study in phases.

Use This Structure to get the most out of your prep materials.

You're going to go through your prep book / Program 3 times.

Pass 1: Learn the Material

Go through your entire prep book / program. - Start to finish.

- Complete the book / course as quickly as possible.
- Read all the lessons.
- Do all of the practice Exams.
- Keep a record of your scores for each exam.

During the pass through:

- Don't try to get everything right.
- Don't try to retain everything.
- Just do your best in a timely manner.

This pass through is for familiarity,

not perfection.

Pass 2: Practice Questions

Complete all of the PRACTICE EXAMS again.

- Don't try to get everything right.
- Compare scores with your first pass through.
- Note questions you get wrong.

Brush up and weak areas:

- Go over each answer you got wrong and see if you can figure where you went wrong & how to find the correct answer.
- Go back and read the lessons corresponding to the questions you got wrong.

Pass 3: Simulated Exams

Do the practice exams a third time - but timed.

- Time each exam at 3 minutes a question. (ex. 10 questions = 30 mins)
- Note down all questions you miss or struggle on.
- Compare scores to last pass through.
- Note areas you've improved in.
- Spend time working on weak areas - reading the lessons and re-taking the exams.
- Take a full timed practice exam. 100 questions - 4.5 hours (you can also break this down into 4 sessions of 25 questions or 2 sessions of 50 questions)

This might seem like a lot, but it isn't.

The hardest pass is the first pass because:

- The task seems bigger than it is.
- It's completely new information.
- You'll struggle more to answer questions.
- It can feel discouraging.

Push through it!

Picture this method like putting a puzzle together:

The first pass:

You're finding all the corners and edge pieces.

The second pass:

you're adding to those corner and edge pieces, trying to form portions of the picture.

The third pass:

You're filling in those missing spots with the few pieces that remain, to form the full picture.

FINAL THOUGHTS

"Luck is what happens when preparation meets opportunity,"

-Roman philosopher Seneca

To find great success in anything takes great effort.

The beauty of taking any trade exam is that you only have to put that great effort in for one season and it will pay off for a lifetime.

As a skilled tradesman or tradewoman, getting your certification is your graduation into being a skilled professional in your craft - It's at that moment your career really starts.

Good luck and God bless!

Unlock the secrets to exam success with "STUDY LIKE A PROFESSIONAL." This comprehensive guide by Ruben Young reveals a structured system designed for trades professionals, transforming chaotic study habits into a focused, disciplined approach that guarantees results. Say goodbye to burnout and uncertainty—embrace a proven framework that empowers you to pass any trade exam with confidence and ease.

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