

Do They Feel It Too?

ASTROLOGICAL
INDICATORS OF SOULMATE,
KARMIC CONNECTIONS,
OBSESSION, AND LONG-
TERM POTENTIAL



Evelyn AstroPsychology

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Introduction

Every day I receive messages from women asking the same questions:

“Does he love me?”

“Why does this feel so intense?”

“Why can’t I let go, even though I know this isn’t good for me?”

“Why do I feel this more than he does?”

These questions inspired me to write this guide. Because behind every intense connection, there is an astrological pattern. A pattern that explains the emotional pull, the obsession, the magnetic chemistry, and sometimes the imbalance. In my work, I’ve seen that attraction is rarely just about physical desire or romantic fantasy. It is an energetic activation. Certain people awaken parts of us that feel ancient, unfinished, or deeply familiar. That’s when the connection feels bigger than logic. Astrology gives us a language for this intensity. Through synastry, we can see why someone feels impossible to forget, why the chemistry feels addictive, and why some relationships transform us while others consume us.

This guide is for anyone who has experienced a connection that didn’t feel normal. For those who have questioned their own sanity, their attachment, or their judgment. It will help you understand the difference between true compatibility and karmic activation, between mutual connection and one-sided emotional intensity. Because before we talk about karma, obsession, or transformation, we need to understand attraction.

PART I

Attraction In Synastry

UNDERSTANDING ATTRACTION

Attraction is often described as simple chemistry. A feeling of liking someone, being drawn to the way they look, speak, or move. But when you've experienced a connection that feels overwhelming, magnetic, or almost irrational, you know it's rarely that simple. We are not just attracted to someone's appearance. We are activated by something in them. Something that mirrors our needs, our wounds, our fantasies, or even unfinished emotional patterns. Astrology allows us to see this more clearly. What we call chemistry is often a combination of planetary contacts that stimulate different parts of our psyche. Some connections feel light and playful. Others feel consuming.

It's also important to remember that what we find attractive depends on our personal energy and psychological patterns. For example, someone with a lot of **Air placements** in their birth chart might be more drawn to another person's intellect and communication style (Mercury) rather than purely physical chemistry (Mars). A person with **Water energy** might crave emotional bonding and vulnerability, while **Fire** looks for passion and excitement, and **Earth** seeks stability and consistency.

Over the years, after working with hundreds of relationship charts and observing real dynamics between people, I began to notice patterns. Not just isolated aspects, but layers. I realised that synastry needs to be read in stages. Without structure, it becomes overwhelming. That's why I created what I call the Integrated Synastry Framework, a way of understanding attraction, compatibility, intensity, and karmic activation step by step. I don't analyse aspects randomly. I analyse them through layers.

1. Attraction & Chemistry Activation (Non-Karmic)

This is the natural starting point. Before we speak about karma, obsession, or long-term potential, we need to understand why the connection sparked at all. Attraction & Chemistry Activation focuses on the interaction between personal planets and angles, particularly the Sun, Moon, Venus, Mars, and the Ascendant. These contacts describe the immediate reaction between two people: physical magnetism, attraction, fascination, or a sense of recognition. This layer explains activation purely on the physical level. It shows which parts of each person's identity are stimulated by the other. Without this activation, nothing begins. With it, something is set in motion.

2. Easy Flow Compatibility

Chemistry does not automatically mean compatibility. Easy Flow Compatibility examines whether the relationship allows for natural exchange and emotional regulation. Are there harmonious aspects between personal planets. This layer represents comfort, understanding, and the ability to coexist without constant tension. It is the breathing space in a relationship. When this layer is strong, intensity feels stabilised.

3. Growth Through Friction (Non-Karmic)

Not all tension is karmic, and not all difficulty is a sign of fate. Growth Through Friction looks at challenging aspects between personal planets, especially squares and oppositions. These aspects create differences in temperament, timing, and emotional expression. They may lead to conflict, but they also create opportunities for development. This layer shows where two people challenge one another to grow. It describes relational effort without implying entrapment. Understanding this distinction prevents us from romanticising struggle as destiny.

4. Karmic Glue – Saturn

Saturn operates differently from chemistry and friction. Karmic Glue – Saturn refers to the binding quality that responsibility, commitment, and structure can bring into a relationship. When Saturn makes strong contacts to personal planets, it can create endurance, obligation, and a sense of long-term seriousness. This energy does not always feel passionate. It can feel heavy or demanding. But it often explains why two people remain connected even when the relationship requires effort. It is not about obsession, but about durability.

5. Strong Karmic Catalysts (Pluto, Neptune, Uranus, Lunar Nodes)

This is where intensity becomes transformative. Strong Karmic Catalysts include Pluto, Neptune, Uranus, and the Lunar Nodes. These contacts are frequently responsible for the feeling that the connection is larger than logic. Pluto can intensify attachment and create power dynamics. Neptune can blur perception and generate idealisation. Uranus can destabilise and electrify. The Nodes can awaken familiarity and unfinished emotional patterns. These aspects often trigger the questions people ask most urgently: Why can't I let go? Why does this feel fated? Who is more emotionally activated? They do not automatically guarantee long-term compatibility, but they do activate deep psychological material and can profoundly reshape identity.

6. Supportive Anchors & Relational Buffers (Venus, Jupiter)

The final layer looks at what softens and stabilises intensity. Supportive Anchors & Relational Buffers, Venus and Jupiter, provide warmth, generosity, forgiveness, and emotional resources. When strong karmic or transformative aspects are present, these supportive contacts can regulate the dynamic and prevent it from becoming destructive. Without buffers, intensity may feel consuming. With them, intensity can become growth.

THE ROLE OF THE ASCENDANT IN ATTRACTION

(WITHIN THE FIRST LAYER OF THE INTEGRATED SYNASTRY FRAMEWORK — ATTRACTION & CHEMISTRY ACTIVATION)

The most important factor in judging attraction in synastry is the aspect between the **Ascendant** of one chart and the **personal planets** of the other.

When the Sun, Moon, Venus, or Mars of one person touches the Ascendant or Descendant of the other, there is usually a strong, visible chemistry between them. It's an astrological testimony of instant attraction. The Ascendant symbolizes our personality, physical presence, and how we express ourselves outwardly, in other words, the *energy people see first*. It determines the real power of the magnetic pull between two people.

According to the Cambridge Dictionary, **attraction** is “*the feeling of liking someone, especially sexually, because of the way they look or behave.*”ⁱ And that's exactly what the Ascendant represents, the way we look and behave. So, when someone's planet aligns with your Ascendant, it's the foundation of that **superficial, visible attraction**, the kind you feel right away, often before knowing the person deeply.

ASPECTS TO THE ASCENDANT AND ATTRACTION

Sun–Ascendant

This aspect creates attraction because it reinforces confidence and visibility. The Ascendant person's outward style and presence naturally activate the Sun person's sense of identity. The Sun feels more confident expressing who they are. There is something about the Ascendant partner's style that brings out confidence in the Sun person, and there is something in the Sun person that energizes the Ascendant person. The Ascendant person inspires a deeper and more effective expression of the Sun person's core solar energy. This mutual encouragement creates a strong sense of ease and attraction between them.

Moon–Ascendant

This aspect creates attraction because it establishes emotional familiarity. The Ascendant person's style and presence encourage the Moon person's deepest, shyest inner self to come forward and express itself. That feels emotionally safe and good to both partners. The Moon person, often behind the scenes, has a nourishing and supportive impact on the Ascendant person. Their emotional responsiveness helps the Ascendant feel more open and at ease in emotional exchange. There is an attraction born out of deep emotional attunement, where feelings flow easily without tension or defensiveness.

Appendix 7

Planets in Relationships – What Each One Brings

Planet / Point	What It Brings to a Relationship
Sun	Core identity, vitality, sense of purpose, ego expression
Moon	Emotional needs, safety, attachment patterns
Ascendant	First impression, physical presence, how the relationship begins
Mercury	Communication style, thinking patterns, mental connection
Venus	Love language, affection, attraction, values
Mars	Desire, passion, conflict style, sexual energy
Jupiter	Growth, optimism, shared beliefs, expansion
Saturn	Commitment, responsibility, long-term lessons
Uranus	Change, unpredictability, freedom needs
Neptune	Idealisation, spiritual bond, confusion or inspiration
Pluto	Intensity, transformation, power dynamics
North Node	Growth direction, future lessons, soul development
South Node	Past patterns, familiarity, comfort zones

About the Author

Ewelina Krutina known as Evelyn AstroPsychology is an astrologer specializing in relationship astrology and synastry. Her work focuses on the psychological and karmic dynamics between people, with an emphasis on awareness, personal responsibility, and conscious relationship patterns. Rather than viewing astrology as a deterministic system, she approaches it as a tool for self-reflection, insight, and relational understanding.

She is the author of *Soul Contracts in Astrology: Understanding the North Node and South Node in Your Chart and in Synastry* (2025) and explores themes of attraction, compatibility, and transformation through an integrated and psychologically grounded approach. Her work aims to help readers understand not only why certain connections feel significant, but how relationships can serve as catalysts for growth, self-awareness, and emotional maturity.

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