



VOL.01 — HANDBOOK FOR UNLIKELY LEADERS

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INTRODUCTION

The kind of leadership the world needs (and maybe you do too)

Not everyone is born wanting to lead. In fact, many of us only step into leadership because life or work demands it. Suddenly, there is a team looking in our direction, waiting for answers.

That is the moment when many people panic. And that is exactly where this conversation begins.

Leadership does not have to be about speaking louder, giving motivational speeches or pretending that everything is under control. Leadership can be about creating space for others to grow. It can be listening with intention. It can be learning to make decisions with courage and humanity, even when we do not know everything.

Over the last few years, across very different contexts, from companies to small associations, I experienced another kind of leadership. I tested ideas, challenged old rules, listened deeply and realised something simple: creativity can change the way we lead, and when that changes, everything changes.

This handbook was born from that path. It is not a magic formula. It is an invitation.

WHAT IS CREATIVE LEADERSHIP?

Creative leadership is, above all, a meaningful process of influence. It is not only about being more creative as an individual but about creating the conditions for creativity to flourish around you.

According to researcher Scott Isaksen, creative leadership is an "inclusive process of influence that generates new and meaningful connections," highlighting the importance of an environment that values diversity of thought, active listening and experimentation.

People who lead with creativity do not control, they connect. They do not impose, they listen. They do not command, they co-create.

Creative leaders:

- question what is already established
- create environments where mistakes are seen as part of the process.
- are able to see beyond what is immediate
- encourage collaboration and transformation.

They are leaders who embrace change and create possibilities. And you do not need to be a founder of a start-up or a CEO to do this.

Creative leadership can emerge in any context: in your business, in your project team, in your volunteer group or even at home.

***Scott G. Isaksen, Ph.D.,** is a specialist in applied creativity and founder of the Creative Problem Solving Group. He is the author of several key works on creative environments and innovation-focused leadership.

CREATIVE LEADERSHIP IN PRACTICE

Four Principles to Start Today (even without a formal title or a team)

1. Question the Obvious

"Why do we do this this way?"

Most of the rules in organisations and teams were not written by you, yet you live with them every day. Questioning the obvious is not about being difficult. It is about being curious and opening space for what could be better.

A real example:

In the leadership of an association in 2011, I proposed that the team work four days a week on a rotating basis, with Fridays off. No one lost productivity and everyone gained motivation. We questioned the standard schedule and ended up gaining well-being.

Mini-challenge:

Choose one practice in your team that "has always been this way" and ask yourself: does it really still make sense? Is there a better way to do this?

Inspire Others

2. Create safety for mistakes (without letting responsibility slip away)

"Here, you are allowed to fail and you are expected to learn."

In an environment where people are afraid of making mistakes, creativity shuts down. But when people feel safe to experiment, innovate and share ideas, even the ones that sound "a little crazy", solutions begin to appear more naturally.

In many companies known for innovation, from luxury brands to hotels and creative agencies, some of their most iconic sensory experiences began with questions that sounded almost absurd:

"What if customers could recognise the brand by its scent?"

"What if we created an olfactory signature that sparked emotion?"

Ideas like these have already led to the creation of personalised scents for furniture showrooms, boutique hotels and even customer service spaces.

Today, there are Portuguese companies specialised in scent marketing whose whole business is bringing to life ideas that, a few years ago, would have sounded completely unrealistic.

None of this would have happened if someone had not had the freedom to say,

"What if we created personalised olfactory experiences for hotel brands?"

3. Communicate with clarity and humanity

"How can we speak in a way that is more honest — and more useful?"

Leadership is, at its core, a practice of communication. Emotional clarity is a powerful tool. It is not about saying everything that comes to mind, but about saying what truly matters, and doing so in a constructive way.

A practical tip:

Before giving feedback, ask yourself:

- Is this going to help this person grow?
- Am I speaking from the heart or from the ego?

Mini-challenge:

In your next difficult conversation, try beginning with:

"I want to share something because I believe in your potential."

And finish with:

"What do you think about this?"

If these exact phrases do not fit your situation, the important part is to reflect on the impact of your words.

- Is what you are saying being received the way you intend?
- Is it bringing you closer or pushing you further apart?
- Is it leading to the result you truly want?

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4. Lead with purpose, not with fear

"Leadership is not about control. It is about inspiration."

Leading from fear (the fear of failing, of losing authority or of seeming weak) leads to toxic behaviours. Leading with purpose is something entirely different. It means knowing why you are there and in service of what and whom.

A practical reflection

Write in one sentence the purpose of your leadership. For example:

"I want to create an environment where people can be more than executors, where they can be creators."

Mini-challenge:

Share your sentence with someone on your team or with another entrepreneur. Open the conversation. Listen to the other person's perspective.

Quick Diagnostic of Your Leadership Style

(no formulas, just reflection)

This mini diagnostic has no right or wrong answers. The goal is simply to help you notice how you have been dealing with your role as a leader, whether that is a team, a project or your own professional life.

Read the questions and answer sincerely.

If you want, underline, write by hand or simply reflect on them calmly.

Part 1 – Attitude and Communication

1. When someone on my team brings an idea that feels
strange or incomplete, my most common reaction is:
 □ Trying to fit it into a plan that already exists
 □ Asking questions to understand it better
$\circ \ \square$ Saying it does not make sense (and moving on to
something else)
2. When I need to give difficult feedback, I usually:
 □ Avoid it or postpone
□ Say what I think, but in a gentler way so I do not
hurt the other person
 □ Prepare myself and try to be clear and empathetic
3. In a tense meeting, I tend to:
 □ Stay silent to avoid conflict
$\circ \ \square$ Take control of the conversation
 Look for common ground and try to build a bridge
between perspectives

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Part 2 – Leadership Style in Action

1. In the way I lead, I usually:
□ Handle everything on my own to save time
□ Involve others, but still keep control
□ Trust the team and facilitate shared decision-
making
2. When I make a mistake, I tend to:
 □ Feel frustrated with myself and hide it
 □ Admit it, but carefully
□ Acknowledge it openly and share what I
learned
3. When someone on the team fails, my first reaction is:
 □ Thinking they should have done it differently
 □ Taking a deep breath and trying to fix it
 □ Asking what the person needs in order to learn
from it

Part 3 - Personal Reflection

Which of these sentences feels closest to you right now?

- Leading feels like a responsibility that weighs on me..
- 🗆 Leading is a challenge I am still trying to understand.
- Leading is an opportunity to grow and help others grow too.

And now?

You do not need to score anything. This exercise is simply here to help you understand how you see yourself as a leader and where there might be room to explore a more creative, collaborative and conscious style.

If you are doing this diagnostic, it is because the seed of creative leadership is already in you.

Avoid the clichés of creativity

Creative leadership is not about applying ready-made recipes. It is about listening to the reality, the rhythm and the maturity of your team, and then designing together what actually makes sense.

It is easy to fall into the temptation of implementing frameworks, exercises or techniques taken from books or courses and forget that every team is unique. Creativity, without context, can easily become noise.

When in doubt, always return to the question:

"Does this make sense for this team, in this moment, with these goals?"

And if the answer is no, leading creatively is having the courage not to force it and to listen first. Because leading with creativity is leading with presence. It is not about having more ideas, it is about having ideas that respect the people who are with you.

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CONCLUSION

Transform the Future

Creative leadership is not a rare talent, nor a technique reserved for specialists. It is a way of being in the world. It is knowing that there are more questions than answers, and that this is not a problem but the path itself.

If you have reached this point, you may have realised that leading is not about knowing everything, It is about creating space for listening, courage, mistakes, empathy and vision.

It is about consciously choosing who you want to be for yourself, for others, for the world.

And if you do not see yourself reflected in the classic leadership models, you are not alone.

And now?

Try applying one of the principles from this handbook sometime this week. You do not need to change everything. One conversation with more listening is enough. One decision taken with a little more courage. One "crazy" idea taken seriously.

Share this handbook with someone who might benefit from it. It might be someone stepping into a leadership role for the first time, or someone who has been leading for years and is looking for a new direction.

Want to go further?

If this feels like just the beginning, take a look at Creativology.org or get in touch to learn more about one-to-one mentoring programs.

Leading with creativity is not about doing things differently just for the sake of it. It is about leading with soul, intention and a deep respect for everything we do not yet know.

Uma nota pessoal

Leadership has never been, for me, a title or a position. It has always been, and continues to be, a constant exercise in listening, trying and choosing with purpose.

I began leading when I became a freelance translator and needed to build a network of partnerships, aligning a small group around shared goals. Later came the teams I coordinated at the Portuguese Institute for Youth, and then the corporate department of Sonae Turismo's online travel portal, Exit.pt.

Founding two non-profit organisations and a language school was where everything became real. Negotiating, delivering, communicating, starting again. Feeling the pressure, the risk, and then seeing the impact. This is where I learned to ask many questions. And when no one had answers, I made mistakes, I learned and I began again.

I was a coachee for two years. I joined entrepreneur communities. Today, I am part of a mastermind with women who, like me, are trying to lead with the heart at the centre.

I never believed that leadership was about "being right" or following formulas from management books just because they are there.

I have always tried to lead with purpose. Sometimes I failed, other times, I created something that was deeply worth it.

But I never stopped asking myself:

"How can I do this in a more human and more truthful way?"

Maybe this is, after all, the essence of creative leadership

With care,

Mó Vasconcelos