



About Your Coach...

1. Your coach agrees to treat all information shared during sessions as private and confidential.
2. Your coach is not a professional therapist or psychotherapist
3. Your coach is there to teach you strategies to become personally empowered.

About Your Coaching Sessions...

1. Your coach will coach “in the moment” in regards to whatever the intention of the client is at the time of the session.
2. You will have weekly 60 minute sessions scheduled in advance to occur at a set time and day each week.
3. At the scheduled time, you will call your coach using the number provided.
4. In the event that you must cancel your scheduled coaching session, a 24 hour notice is required. Otherwise, that missed session will count as one of your sessions.

About Your Responsibilities...

1. I understand that coaching is not advice-giving, psychotherapy or counseling. I agree to seek these or other professional services, if needed.
2. I am fully responsible for the decisions and actions I take in regards to my life and affairs.
3. I agree to be mindful of my own well-being during the course of this coaching process.
4. I shall in no way hold the coach liable or responsible for any actions I take during or after this coaching relationship.
5. I understand that the coach makes no guarantees or warranties, expressed or implied, about any results to be achieved.
6. By signing below, I acknowledge that I have had the opportunity to review this agreement, that I understand all aspects within in it, and I agree to abide by it.

Client Name (print)

Client Signature

Date

Pam Kissoondyal
Create Your Path Life Coach