

# NEWSLETTER

SHARVARI

## Rythms & Rituals

Small shifts, big impact -  
Yoga, Ayurveda, and Mindful  
living in daily life



## WanderNotes

Personal journeys, Hotel  
stories, and Industry insights,  
all in one place

## The Reading room

Where words come alive -  
books, movies, poetry or prose.  
A mix of fiction, reality, and  
everything in between



✉ Want more?

Get the full experience straight to your inbox every month.