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|  |  |  | Highlights for March |
| March | 2025 |  |  |
|  | **Happy Women’s History Month!** |
|  | **It’s Spring Equinox!** |
| MON | TUE | WED | THU | FRI | SAT | SUN |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  |  |  |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| \*Mental Health on the R2ISE 1130am | \*Veterans 11am\*Art Speakz 6pm |  | \*Men on the R2ISE 11am\*Sewing Circle 2pm\*Online All-Recovery 7pm | \*Men on the R2ISE 3pm (Special Session: Grief) |  |  |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
|  | \*Veterans 11am\*Art Speakz 6pm | \*Women on the R2ISE 11am (Special Session: Trauma) | \*Youth on the R2ISE 1pm\*Sewing Circle 2pm\*Online All-Recovery 7pm | \*Men on the R2ISE 3pm | **Saturday Night Live! 5pm to 8pm** |  |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| \*Mental Health on the R2ISE 1130am | \*Veterans 11am\*Art Speakz 6pm | \*Mental Health on the R2ISE 11am (Special Session: Artsy Lifestyle)\*Youth on the R2ISE 530pm | \*Men on the R2ISE 11am (Special Sesson: Finances)\*Sewing Circle 2pm\*In-Person All Recovery 6pm\*Online All-Recovery 7pm | \*Men on the R2ISE 3pm (Special Session: Self-Care) |  |  |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
|  | \*Veterans 11am\*Art Speakz 6pm | \*Women on the R2ISE 1230pm | \*Men on the R2ISE 11am (Special Session: Returning Citizens)\*Sewing Circle 2pm\*Online All-Recovery 7pm | \*Men on the R2ISE 3pm |  |  |
| 31 |  |  |  |  |  |  |

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|  |  |  | Highlights for April |