

St. Paul Central Mountain bike team mission statement

The St. Paul Central Mountain bike team's goal aligns with the Minnesota Cycling Association (MCA), which it is a part of. The goal of the team is to build strong minds, bodies, and character through cycling along with being role models for leadership and sportsmanship, through mountain biking and competition. As such, an athlete may earn a Varsity letter as a recognition of performance and dedication to the team.

St. Paul Central Mountain bike team lettering criteria

An athlete who participates in the St. Paul Central Mountain bike team may earn a Varsity letter outlined by one or more of the criteria listed below. Lettering with the St. Paul Central Mountain bike team is non-renewing, meaning an athlete must continue to qualify by the criteria even if the athlete had previously been given a letter.

Criteria one: Race Category lettering

An athlete will earn a Varsity letter if they compete in either the Junior Varsity three lap (JV3) or Varsity race category and complete at least one of the sub-criteria listed below.

- A. An athlete competes in three races in JV3 or Varsity and finishes in top 50% of the MCA standings at the end of the season.
- B. An athlete competes in three races in JV3 or Varsity and has previously finished top 10% in JV2.

Criteria two: Podium lettering

An athlete will earn a Varsity letter if they finish in the top 3 in an MCA race.

Criteria three: Career lettering

An athlete will earn a Varsity letter their senior year if they fulfill at least one sub-criteria.

- A. An athlete participates for four years on the team, competes in a minimum of two race, and competes or spectates at least one race per season. The athlete must provide proof of their attending of races.
- B. An athlete participates for four years on the team, contributes to the betterment of the team, and spectates at least two races per season. The athlete must provide proof of their attending of races.

Criteria four: Head Coach's discretion:

If the head coach deem's an athlete worthy of a varsity letter, they will receive a varsity letter.

Disqualifications from lettering

- A. An athlete is disqualified from earning a Varsity letter from the St. Paul Central Mountain bike team if they do not meet the St. Paul Central Athletic department's academic requirements.
- B. An athlete is disqualified from earning a Varsity letter from the St. Paul Central Mountain bike team if they have had a suspension.

2024 captains updates:

Top 4 on the team for winning points at any race excluding middle schoolers