

THRIVE with Dr. Kat annual labs for Women: around \$200

- Thyroid panel (TSH, Free T3/T4)
- Anemia panel (Iron + ferritin + TIBC)
- Progesterone around Day 21 of your cycle
- AM cortisol (one blood draw to check adrenal function)
- Fasting insulin + glucose + Hemoglobin A1C
- Complete Blood Count (CBC w/ diff)
- Complete Metabolic Panel (CMP)
- Vitamin D, 25-OH, Total
- Free + Total Testosterone
- Women's hormones (estradiol, progesterone, FSH, LH)

Optional add ons based on symptoms: prices vary

- Cholesterol panel (LDL particle size) ~\$50
- Heart panel (apoB, lipoprotein A, homocysteine, hs-CRP) ~\$130
- Histamine ~\$130
- MTHFR gene variation ~\$80
- Pregnancy panel (varies depending on provider)
- PCOS (prolactin, DHT) ~\$65