

Template: My Residential Aged Care Preferences

A Guide for Myself and My Family Date Prepared: [Date]

This worksheet is my personal record of what matters most to me in a future home. I have prepared it to guide my family, my Enduring Guardian, and my Attorney in making decisions on my behalf, ensuring my wishes are always at the centre of the conversation.

Part 1: What's Important to Me in a Home?

(Use this section to think about your non-negotiables and preferences.)

My Preferred Location: *(e.g., Suburb/town, close to family, near my current community, etc.)*

My Desired Lifestyle & Social Life: *(e.g., Quiet and calm atmosphere, active social calendar, gardening, pet-friendly, cultural or spiritual connections, etc.)*

My Room & Personal Comfort: *(e.g., Single room with private ensuite, garden view, space for my favourite armchair, good natural light, etc.)*

My Future Health & Care Needs: *(e.g., Strong reputation for dementia care, on-site physiotherapy, palliative care expertise, etc.)*

Part 2: My Facility Research & Comparison

(Use this table to compare your top 2-3 shortlisted facilities after you have visited them.)

Feature	Facility 1:	Facility 2:	Facility 3:
Location & Vibe			
Staff Friendliness			
Resident Happiness			
Cleanliness			
Food (Menu/Quality)			
Activities Offered			
Room & Amenities			
My Overall Feeling			
Approx. Cost (RAD)			

Part 3: My Final Preferences

Based on my research and visits, my preferred residential aged care facilities are, in order:

1. **First Choice:** [Name of Facility]

- **Reason:** [e.g., It felt very welcoming, is close to my daughter, and has a beautiful garden.]

2. **Second Choice:** [Name of Facility]

- **Reason:**

3. **Third Choice:** [Name of Facility]

- **Reason:**

Signed: _____ [Your Name]

Disclaimer: This template is for informational purposes only and does not constitute professional advice. We do not guarantee the accuracy or reliability of its information or calculations.

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