

Template: My Life Story & Memories

A Gift for My Family Date: [Date]

This document holds some of my memories, lessons, and hopes. I am writing this so that you can know my story in my own words.

Part 1: My Early Years *(Think about your childhood, parents, and grandparents. What do you remember?)*

- **I was born in:** [Town/City, Year]
- **A special memory of my parents/grandparents is:**
- **A funny or favourite story from when I was a child is:**

Part 2: My Life's Journey *(Think about your career, relationships, passions, and biggest adventures.)*

- **The work or accomplishment I am most proud of is:**
- **A special memory of my partner/spouse is:**
- **My greatest adventure or favourite place I travelled to was:**
- **A hobby or passion that brought me great joy was:**

Part 3: Lessons I've Learned *(What wisdom would you like to pass on?)*

- **The most important lesson life has taught me is:**
- **My best advice about love and friendship is:**
- **Something I learned the hard way is:**

Part 4: My Hopes for You *(What are your wishes for your family's future?)*

- **My hope for my children is:**
- **My hope for my grandchildren is:**
- **I hope you always remember that:**

A Final Message: *(Anything else you would like to say?)*

With all my love,

[Your Name]

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