

How Sick is too Sick?



Please keep your child at home if he/she has:

- Severe cold and fever, sneezing, nose drainage, and coughing.
- Temperature of 37.4 °C in the morning.
- Conjunctivitis - an eye infection commonly referred to as "pink-eye." The eye is generally red with some burning and yellowish discharge.
- Bronchitis. This can begin with hoarseness, cough, and a slight elevation in temperature. The cough may be dry and painful, but it gradually becomes productive.
- Rashes that you cannot identify or that have not been diagnosed by a physician or is rapidly spreading.
- Impetigo. Begins as red pimples on the skin, which eventually become small vesicle surrounded by a reddened area. When the blister breaks, the surface is raw and weeping. The lesions occur in moist areas of the body, such as: creases of the neck, groin, and under the arm.
- Diarrhea including but not limited to Rota/Norovirus- watery or dark bowel movements that look different and are much more frequent than normal as well as a different smell.
- Vomiting
- If your child becomes sick without obvious symptoms. In this case, your child may look or act different. There may be an unusual paleness, swelling, tiredness, irritability, or lack of interest.
- Illnesses included but not limited to: measles, mumps, roseola, rubella, chicken pox, conjunctivitis, hair lice, rotavirus, covid and hand foot mouth disease.
- If a doctor diagnoses an ear or throat infection, as an example, and your child is prescribed an antibiotic, your child may not be brought to the school until he/she has been on the medication for at least 24 hours and has a temperature below 37.4 degrees Celsius.

Contagious Illness Notification

If the school becomes aware of a contagious illness, we will inform all parents as soon as possible. The child's name will not be shared.

The affected classroom will be closed the following day for deep cleaning and sanitization. Common areas, including the garden, will also be cleaned and sanitized.

We ask parents to watch for any symptoms at home and help keep our school community healthy. If your child is diagnosed with a contagious illness, please notify the school as soon as possible.

Your child may return to school with a note from his/her doctor.

The classroom will be closed for one day. Parents may choose to keep their child at home for a longer period if they prefer. This decision is at the parent's discretion.

While public health guidance may not require classroom closure for every contagious illness, Montessori School of Phuket has adopted an additional precautionary measure in consultation with our parent community.

When will parents be called?

If your child is sick the night before (e.g. diarrhea/vomiting/fever) and seem to be better in the morning, please inform your teachers or message the school and tell us what your child's symptoms were. We can continue to monitor your child during the school day.

Temporary Exclusion List

We will ask you to pick up your child immediately if the following applies:

- a. The illness prevents your child from participating comfortably in daily activities.
- b. The illness results in a need for care that is greater than the staff can provide without compromising the health and safety of other children.
- c. Poses a risk of spread of harmful diseases to others (eg. covid, rotavirus, conjunctivitis, hair lice)
- d. A severely ill appearance- this could include lethargy/lack of responsiveness, pale complexion, irritability, persistent crying, difficulty breathing, or having a quickly spreading rash.
- e. Fever 37.4°C with a behavior change or other signs and symptoms (eg. Sore throat, rash, vomiting, diarrhea) If a child has been in a very hot environment and heatstroke is suspected, a higher temperature is more serious and requires immediate medical attention.
- f. Diarrhea is defined by stools that are more frequent or less formed than usual for your child and not associated with changes in diet. In addition, children with diarrhea are asked to return home if stool frequency exceeds 2 stools more than typical for your child during the time in the school or if stools contain blood or mucus.

Notify the school immediately if your child is diagnosed with any communicable disease/illness (i.e. Chicken Pox, Measles, Strep, Hand-Foot-Mouth, Rotavirus, Norovirus, RSV, etc.)

*We will not mention your child's name to other parents when notifications are sent