

# BATTERY AND EXTREME CRUELTY CHART FOR IMMIGRANT WOMEN

## PHYSICAL ABUSE

- Pulls hair, punches, slaps, kicks, bites, chokes, restrains or harms any way
- Use weapons to harm you
- Forces you to act as a maid
- Moves you to a remote area where you are unable to access necessities
- Abandons the family for days with no money, transportation, food, etc.
- Doesn't allow you to call 911 for medical attention or for your safety
- Doesn't allow you to report
- Forces you to drop charges
- Makes you to do illegal things against your will
- Abandons you in unfamiliar or dangerous places
- Drives drunk while you on board
- Recklessly puts you in harm's way

## EMOTIONAL ABUSE

- Makes you feel like you are crazy/ plays mind games
- Puts you down
- Humiliates you
- Makes you feel guilty to get what he wants
- Threatens to leave you
- Destroys your personal possessions
- Destroys possessions from the country of origin
- Excludes you from decision making
- Makes you feel unvalued
- Makes you feel jealous
- Shames you for your immigration status or heritage
- Makes you feel like you could never find another man
- Controls your appearance
- Cheats on you to prove he doesn't need you and that he is better
- With holds affection from you to punish you

## SEXUAL ABUSE

- Forces sex physically or with threats/ manipulation
- Guilts you into having sex
- Calls you sexual names
- Uses sex as a punishment or to gain power
- Says that you owe sex because of gender or immigration status
- Demands sex when he returns from work, or sex on a schedule
- Doesn't allow you to use birth control or forces you to use it
- Forces you to become pregnant/ denies termination of pregnancies
- Knowingly puts you at risk of an STD
- Insulting you in a sexual way
- Forces you to watch pornography or partake in other sexual demands

## FINANCIAL ABUSE

- Threatens to report you to the IRS
- Restricts you from job training or schooling
- Forces you to ask his for money
- He is given an allowance
- Takes your paychecks
- Forces you to quit your job
- Forces you to work more than one job
- Controls how much you are able to work
- Jeopardizes your employment
- Denies you access to the family's income
- Denies you access to bank accounts
- Harms your credit rating
- Refuses to work and contribute to household
- Monitors your spending
- Forces you to provide her proof of purchases and receipts
- Questions every single purchase you make

## VERBAL ABUSE

- Calls you names
- Insults you
- Continually criticizes you
- Accuses you of cheating
- Does not allow you to speak with any men
- Makes fun of your english
- Humiliates you in public or in the home
- Makes fun of you for being abused
- Makes fun of you for trying to talk about the abuse
- Sends you negative, insulting, or threatening emails, texts or social media messages
- Embarrasses you through social media
- Attacks your physical appearance
- Tries to make you feel bad about yourself
- Yells and screams
- Degrades you
- Tells you that you are less of a mother or wife because he does not have legal status
- Says that he is unable to live the life that he deserves because of your lack of immigration status
- Makes you feel like you owe him

## PSYCHOLOGICAL ABUSE

- Intimidates you with looks, actions, or gestures
- Smashes things when he is angry
- Uses immigration status against you and to gain power
- Hides your important documents
- Lies and distorts the reality of your life to family and friends
- Threatens to commit suicide if you leaves
- Threatens to call the police and file false reports
- Denies or blames you for the abuse
- Threatens to withhold your children from you
- Threatens to call CPS
- Harms family pets
- Isolates you from family, friends, and those who speak your language
- Controls your involvement outside of the home
- Controls who you speak to
- Forces you to hand over phone and passwords
- Keeps tabs on your every move