

The background of the entire cover is a close-up, high-contrast image of flames. The fire is bright orange and yellow, with dark, swirling patterns that create a sense of movement and intensity. The flames are set against a solid black background, which makes the fire stand out prominently.

Homa Circles of Health

Worldwide Massive mobilization to Heal the Atmosphere

Juan Ojeda S.M.

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Atmosphere

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Homa Health Circles

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Colaboración de **Soraya Ale**

As a human community our top priority should be “the health of our Mother Earth”: She is ill, in agony.

This should be our goal as human beings “to recover the health of Mother Earth, otherwise we at point of no return.”

From a biologist point of view, the Earth is the host and we are guests. When guests cause damage to an extent that is dangerous for the host, certain mechanisms are activated in order to eradicate the guests and save the host.

As human beings, we perform activities that cause damage to the health of the Earth. We are a real threat to the survival of our planet.

Our behavior towards Nature could be qualified as “schizoid”. Is it normal to cause damage to Earth to the point of almost extinguishing it? Well, this is what we have accomplished.

Vedic sciences of bioenergy define **Homa Therapy** as the process of removing toxic conditions from the atmosphere through the action of fire. This means healing and purifying the atmosphere using fire as a tool. You heal the atmosphere and the healed atmosphere heals you. This is the main idea of **Homa Therapy**.

The words “to heal the atmosphere” have different ramifications that have not yet been researched by modern science.

Homa Therapy renews the nutrients that pollution steals from our environment. Molecular changes of fission and the fusion of atoms, originate changes in the atomic structure and weight of the properties of the elements. There is a variation in the rotation speed of electrons and neutrons. If scientists are given the proper point of view, we can show them how, from the **Homa Therapy** perspective, this knowledge can be used beneficially in certain areas.” (1)

(1) “*HOMA THERAPY: OUR LAST CHANCE*”, by **Shree Vasant V. Paranjpe**.

Homa Therapy is a science, and those who wish to experiment this practice in the fields of agriculture, medicine and personal well-being must rely on in their experience, which gives the opportunity to each and everyone of us to become a scientist.

Practicing **Homa Therapy** makes us more sensitive to Earth itself, and positions us in a way of life and experience fully aligned with a comprehensive ecological attitude.

With **Homa Therapy** we can heal the atmosphere, which provides us with clean air to breath. This powerful source of energy helps us get stronger, reinforcing our health and immune system.

If you are a healthy person, this therapy helps to keep you in good health, and when you are ill, it makes healing easier. **Homa Therapy** can be practiced anywhere: at home, work or any other place.

Homa Therapy is a perfect science, it is easy to practice and it has beneficial effects.

Rely on what you can experience. You can, for instance, try practicing **Homa Therapy** for 4 weeks and make your own conclusions. It is inexpensive and the benefits are numerous.

Fire has been used through the ages in destructive ways by different civilizations. In those times of Jesus, animals were killed on slaughtering altars. These pagan practices led humanity to realize that need for new for new directions.

So, restoring the practice of **Homa Therapy** in the world is to make possitive use of fire in order to heal.

Gathering

From ancient times, people have gathered to practice collective healing sessions.

The power of the group helps to stay on track and to hold the most noble aspirations of each participant.

When we stick to a group practice, the selfish individualism yields to the transforming experience of the “collective”. This practice improves society as a whole.

If, for instance, you wish to become an artist, you would associate with others artists, looking for people that are involved in the same activity. In the same way, if you wish to be healthy, stay healthy or heal the planet, you would periodically meet with other people who are performing activities to improve those areas.

Home Health Circles are not meetings to worship somebody or something. The only goal is to detox the atmosphere through the use of a Scientific Vedic tool.

People gathered in healing practices boost their beneficial effects to themselves and to their environment.

Homa Circles of Health

Homa Circles of Health provide a real opportunity to help heal the planet using Homa Healing fire as a tool.

Homa Circle of Health are weekly spaces attended by people of different philosophies, beliefs or religions who understand the use and urgency of healing the planet.

The main idea is to gather once a week at a certain time maintaining the fire at least for one hour, chanting **Om Tryambakam Homa**. It is imperative that the flame does not go out during that time.

Ideally, at the place where the **Homa Circle of Health** is held, the **Agnihotra** (basic Fire of the **Homa Therapy**) should be carried out at sunrise and sunset. The ashes resulting from this fire are highly beneficial to human health.

Homa Circles of Health are very easy to practice. The **Homa** Fire is held for an hour and then chanting devotional songs is suggested. The joy of chanting together inspires and motivates others to join in.

Chanting is like praying, so we benefit by doing it as often as possible.

After maintaining the healing **Homa** Fire for one hour chanting the mantra, and after singing the devotional songs, people return to their homes. There are no conferences, intellectualism or philosophizing; only the healing and devotional songs. Nothing else is required.

There are no restrictions as to whom may attend these meetings, from babies to old people are welcome.

All people can be invited to attend the **Circle of Health**.

Homa Circles of Health is not a religion, rather it is an hour of healing through an efficient health method.

If you are ill, you should consult your doctor or specialist. However, you can help improve your health and boost your immune system by attending Homa Circles of Health regularly.

Scientists show enthusiasm regarding latest studies showing how cells respond to sunlight, and how health can be improved by means of light, sound and resonance.

Let's flood the planet with vibrations of Love, Truth and Healing Fires.

*(Women must avoid attending **Homa Cirlces of Health** during their menses. Menstruation is Nature's great help for women to expel impurities and toxins from the woman's body, so these toxins must not reach the atmosphere of the Homa Healing Fire. Once their period is over, women can attend normally.)

Om Tryambakam Homa

This is the **Homa** healing fire which is practiced in **Homa Circles of Health**.

In this practice of **Homa**, only one mantra is sung. After the word **SUAJÁ**, a drop of ghee (clarified butter) is added to the fire. The mantra is repeated, and again, when the word **SUAJÁ** is sung, a drop of ghee is added to the fire. Ashes from this fire are used in agriculture.

Thousands of people around the world practice this **Homa** on a regular basis in their homes for fifteen minutes, starting at 9 pm.

In USA, Europe, Asia, Africa and Australia, there are hundreds of places where this Homa fire is maintaining during several hours a day.

If this fire is maintaining continuously for a 24 hour period, a huge healing effect is produced. Different people can make 1-hour shifts, although some people stay for two or three hours at a time. If scientists study this practice, they will find a strong magnetic field in the present. This magnetic field produced by the **Homa** practice has a direct effect on climate. This can be easily verified, as is described in the ancient texts.

In **HOMA** agriculture, OM Tryambakam Homa is practiced for four hours continuously. People take turns maintain these four hours. A person first sits for fifteen minutes and, when they experience the healing effect, they may want to sit longer in the next turn. As mentioned before, this **HOMA** is practiced in a place where the Agnihotra **HOMA** is practiced regularly.

If the number of people is enough, **Om Tryambakam HOMA** can be practiced for 24 hours on new Moon and full Moon days. These days are very special moments of the lunar cycle and have a great impact in the human minds and on the plant kingdom. Moon phases or cycles play an important role on the human mind, hence the word “lunatic”, meaning crazy.

Mantras are vibrations. Where there are vibrations, there are also sounds. When we sing these mantras, the sounds activate special vibrations which will create a certain atmosphere of effects. These are is when the expected results are observed.

Mantra Om Tryambakam Homa
for Circles of Health

Om Tryambakam Yajamahe
Sugandhim

Pushti vardhanam

Urvaru Kamiva Bandhanan

Mrityor Mukshiya

Maamritat Suajá

*“We must turn our view to vibrational healing, achieved through special mantras and fire. Sound therapy shall be delivered by **Homa Therapy** practitioners.*

We are delivering practical knowledge for a very difficult and hard period in our planet. People will seek for methods to grow food.

The atmosphere we live in determines our health and our state of mind.

These ancient Vedic fires may turn waste land into green fields to feed multitudes harassed by hunger due to lack of food and polluted sources.”

Shree Vasant Paranjpe

Applications of Homa Therapy

This vedic knowledge can be applied in different areas, including, but not limited to:

Psychotherapy:

- Removes mental tension and stress.
- Cleans an area of negative thought patterns which control our mind.
- Settles a positive approach characterized by Love in all areas.
- Decreases rage and patterns of self-destructing habits.
- Awakens motivation to get rid of addiction to drugs, alcohol and other self-destructive habits.

Agriculture:

- Suggests growing vegetables, fruits and other foods without chemical fertilizers: insecticides, herbicides and pesticides.
- A great quantity of food can be cultivated in a reduced area of land, introducing microclimate techniques that can be auto-operatives, based on Sun and Moon phases and on Homa fire.

Environment:

- Purifies the air we breathe by removing toxins from atmosphere.
- Purifies polluted water

- Seeds clouds so that the rain falling from them is filled with nutrients
- Specific YAJNYAS can be practiced to restore the ozone layer which has been damaged by pollution.

Medicine:

- It has medical properties for human beings and animals
- Ashes from the Homa fire practiced at Sunrise and Sunset -called Agnihotra- is used to prevent and cure diseases, as established in the AYURVEDA.
- Neutralizes the effects produced in our body resulting from eating radioactive food.

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