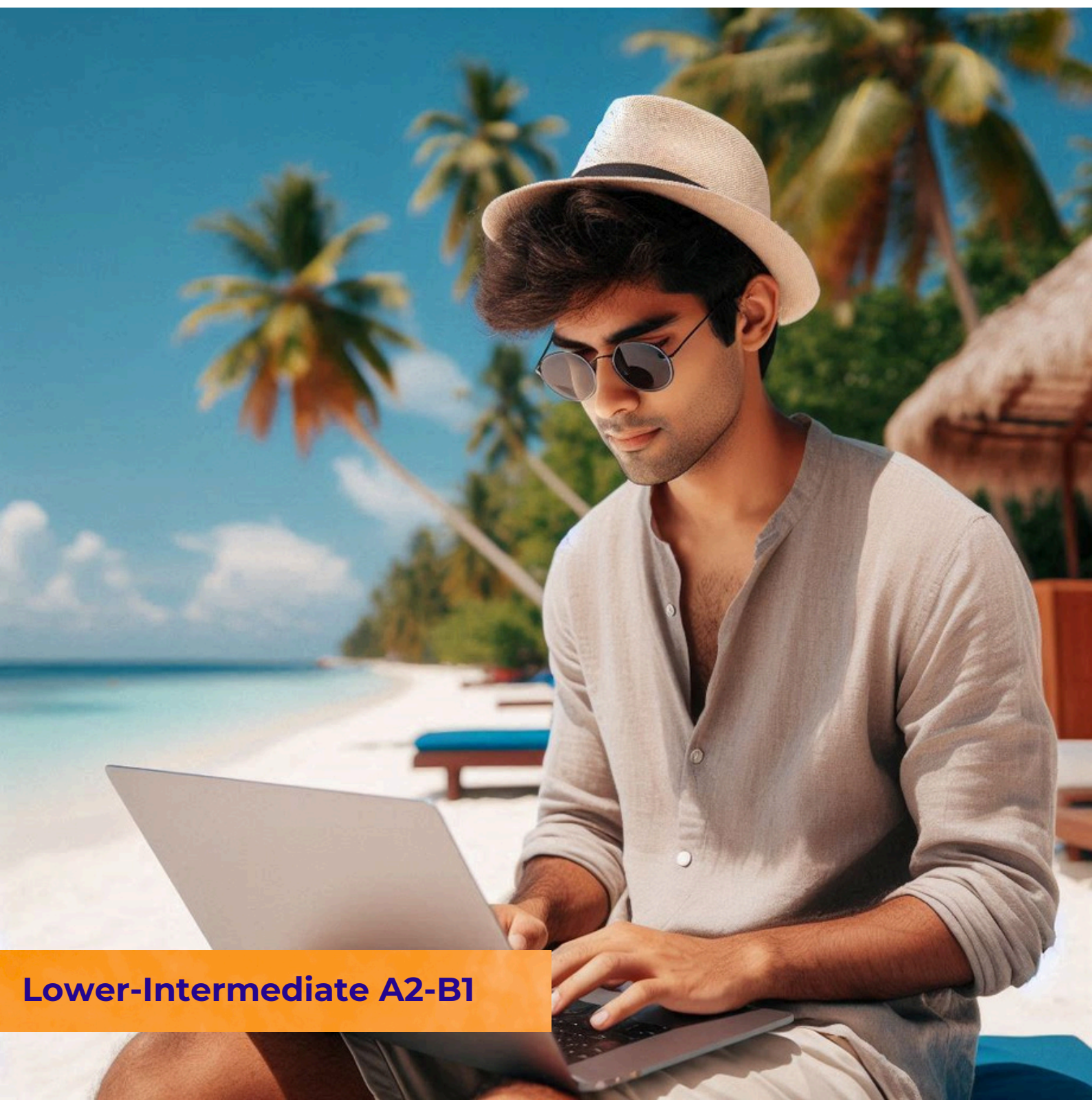


# **THE RISE OF REMOTE WORK - IS WORKING FROM HOME THE FUTURE?**



**Lower-Intermediate A2-B1**

# 1 Warm-Up

## Quick discussion

- What is remote work?
- What is one benefit of working from home?
- What is a challenge of working from home?



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# 2 Vocabulary

## Match the words or phrases with their definitions

- |                        |  |
|------------------------|--|
| 1. __Commute           | a. time for both work and life         |
| 2. __Productive        | b. talking in person                   |
| 3. __work-life balance | c. to do a lot of useful work          |
| 4. __Distraction       | d. to travel to and from work          |
| 5. __Face-to-face      | e. something that takes attention away |



### 3 Comprehension

**Look at the questions, then watch the video, and finally answer the questions**



1. Why do some people prefer to work from home?
  2. What are some of the benefits of working remotely?
  3. What challenges can remote workers face?
  4. What are Sarah's tips for people who want to start working from home?
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### 4 Discussion

1. Would you like to work from home? Why or why not?
  2. Do you think people work better at home or in an office?
  3. What kind of job would be hard to do remotely?
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# 5 Activity



**Write a short paragraph about the things you think are needed to work from home?**

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