

# **LATIN AMERICAN SERVICE EXPEDITIONS**

**Itinerary prepared for: Andrés Lucero**

**Number of participants: minimum of 9 students, not including school staff**

**Dates of travel: March 20-28, 2026 9 Day Service Expedition**

## **Life in the Rainforest of Costa Rica and the Response to Climate Change**

### **Bribri Territories, Costa Rica**



Yorkin River, Bribri Territories

On this unique trip we set out on an immersive journey to one of the most beautiful places in the world to learn about the impacts of climate change and explore the relationship between consumption, happiness, and environmental stewardship. We will travel into the heart of the rainforest of Costa Rica to visit and work with a Bribri Indigenous community that straddles Costa Rica's border with Panama. We will share with the people of the village of Yorkín to learn about their struggle to protect their land and way of life and for whom consuming "stuff" has always been less important than other values like community, solidarity, and respect for Nature.

Nowhere on Earth matches the rich biological diversity of the tropical rainforest, and on our journey, we will experience the wonder and beauty of the natural world and our connection to it.

#### **Day 1- Friday March 20: Arrival**

You arrive at the Juan Santamaría International Airport just outside the city of Alajuela. You will be picked up at the airport and after a 45-minute ride you arrive at your hotel in the center of San José. Welcome to Costa Rica! Get settled in and, depending on the time of arrival, we'll have lunch and we may take a walk to explore the neighborhood. Tonight, we have our introductory meeting about Costa Rica and what to expect during your Service Expedition!

Lodging and Meals: Boutique Hotel Casa Orquideas, San José

# LATIN AMERICAN SERVICE EXPEDITIONS

## **Day 2- Saturday March 21: Poás Volcano**

Today we visit the Poás Volcano with Dr. Maria Martínez. María is an expert volcanologist with the National Volcano Observatory, and she's the perfect guide to show us Poás: an impressive, active volcano just north of the city of San José. With luck we'll have a chance to see the fumaroles lofting chemicals from the main crater. After a delicious lunch we will explore San José, visit the Pre-Colombian Gold Museum, and shop for handicrafts.

Lodging and Meals: Boutique Hotel Casa Orquideas, San José

## **Day 3- Sunday March 22: Travel to Yorkín**

We head out early today and travel east to the Caribbean coast. We will pass through the Braulio Carrillo National Park and the port town of Limón on our way to the Bribri Territories. The Bribri are Costa Rica's largest group of Indigenous people and their territory lies primarily in the mountainous rainforests of southern Costa Rica. After arriving in Bribri territory we will travel to the town of Bambú where we will take a dugout canoe up the Yorkín River to the community of the same name.

Once we arrive at Yorkín we'll have an introductory meeting about the community and the STIBRAWPA eco-tourism project, and we'll learn some Bribri vocabulary to speak during our stay! The small village is surrounded by one of the largest remaining areas of untouched rainforest in Costa Rica. During the next few days, we will learn first-hand about life in the Bribri territories of Costa Rica and their deep connection to the rainforest and its creatures.

Lodging and Meals: Stibrawpa Community Lodge, Yorkín

## **Day 4- Monday March 23: E. Coli Water Testing, Medicinal Plants, and Bribri History**

This morning, we do our E. Coli sampling project with members of the community. The goal of the project is to support the community in evaluating the quality of water from different sources. Through this work in solidarity and cooperation with the community, we will experience a bit of what life is like in the Bribri Territories. You are guaranteed to get dirty and sweaty today and we will wash it off in the river that runs near the lodge!

This afternoon our friends in Yorkín will lead us on a hike where we will learn about the medicinal values and properties of the plants in the forest. Afterwards, we will learn about how to make and prepare one of the most important and sacred of all of the plants: cacao! Tonight, we will gather together with the elders in the community to learn about the history of the Bribri people and their struggle to conserve their way of life after 500 years of colonization.

Lodging and Meals: Stibrawpa Community Lodge, Yorkín

## **Day 5- Tuesday March 24: Microplastics Testing, Bow and Arrow Lessons, and Meeting with a Kékepa (Bribri Elder)**

Today we visit various rivers and streams in the community to test for microplastics to compare to results from the seawater testing we will be doing. This afternoon we will be given a lesson on how to make and shoot the traditional Bribri hunting bow and arrow.

## LATIN AMERICAN SERVICE EXPEDITIONS

Afterward, we gather in an Úsure (a traditional sacred building) to hear Kékepa Rigoberto share the basics of the Bribri beliefs about Sibö (God) and their sacred relationship with the Earth.

Lodging and Meals: Stibrawpa Community Lodge, Yorkín

### **Day 6- Wednesday March 25: Last Day in Yorkín**

Today is our last day with the Bribri people of Yorkín. This morning, we will fish in the local streams in order to carry out our freshwater fish egg sac harvesting. This afternoon we will relax in the nearby swimming hole and play some pick-up soccer with our new friends in the village. Tonight, we gather to celebrate a job well done and discuss how we might apply the new lessons learned from our friends in the ancestral lands of the rainforest of Costa Rica.

Lodging and Meals: Stibrawpa Community Lodge, Yorkín

### **Day 7- Thursday March 26: Beach Day in Puerto Viejo**

This morning, we say goodbye to our friends in Yorkín to travel back down the river to Bambú and then on to the beach town of Puerto Viejo. We will settle in at Cabinas Selvin and spend the day enjoying the beautiful Punta Uva Beach. While on the beach, we will collect samples of seawater for our microplastics testing project. This beach has been voted one of the 15 most beautiful beaches in the world by Trip Advisor and it is the perfect place to relax and reflect on all that we have seen and learned.

Lodging and Meals: Cabinas Selvin, Puerto Viejo

### **Day 8- Friday March 27: Microplastics Testing, Egg Sac Collecting, and Travel Back to San José**

This morning, we will visit a number of local beaches for additional microplastics testing and acquire fresh fish to collect the egg sacs. Afterwards, we travel over the mountains back to San José.

Lodging: Boutique Hotel Casa Orquideas, San José

### **Day 9- Saturday March 28: Back Home!**

We have an early breakfast and then it is off to the Juan Santamaría International Airport. Have a great trip home!



# **LATIN AMERICAN SERVICE EXPEDITIONS**

## **Fee**

The fee for the 9 Day Latin American Service Expedition to Yorkín, Costa Rica is US\$1,795 per participant, with a minimum of 9 students.

## **What's Included**

The fee includes all food (3 healthy meals a day), lodging, transportation, materials, equipment, 24/7 guidance, programmed recreational activities, and a donation to the communities we visit. The fee does not include international airfare, health insurance, airport taxes, personal expenses, or COVID tests.

## **Reservation and Cancellation Policies**

To reserve a service expedition LASE requires a non-refundable deposit of US\$200/person. The deposit is applied to the price of the expedition and the full price of the expedition must be received at least eight weeks in advance of its start. A full refund is given up to six weeks before the start date. 50% is refunded between six weeks and the start date, and no refund is given after the start date.



## **INTERNATIONAL TRIP SUMMARY REGULATIONS ADAPTED FROM ALBUQUERQUE ACADEMY STUDENT/PARENT HANDBOOK (p.133)**

### **Summary Regulations**

Violations, as summarized below, of school regulations on campus or off-campus in events or programs in which Albuquerque Academy is participating or which it sponsors are subject to the disciplinary procedures in the Albuquerque Academy Student/Parent Handbook.

1. All forms of dishonesty, including but not limited to actions that violate the standards described in the Albuquerque Academy Student/Parent Handbook and by trip policies.
2. Knowingly furnishing false information to the school or trip sponsors, forgery, alteration, or misuse of school or trip documents.
3. Theft, unauthorized possession, damage, or misuse of another's property.
4. Reckless or disorderly conduct or the deliberate intimidation or harassment, including emotional or physical abuse or a threat thereof, of any person.
5. Deliberate disruption or obstruction of the trip itinerary, including interference with the freedom of movement or freedom of speech of any member of the trip. Willful failure to comply with the directions of the trip sponsors.
6. Possession, use (other than that specifically approved by the trip sponsors and parent on the code of conduct), delivery or sale of alcohol or other drugs; being under the influence of alcohol or other drugs; possession or use of tobacco in any form.
7. Possessing a weapon of any kind.
8. Violations of published regulations of the Academy, and/or the trip guidelines, the knowledge of which is the responsibility of the student.
9. In addition, violations of local, state, federal, or foreign laws may render a student subject to disciplinary action at the Academy.
10. All trip rules, including but not limited to curfew, lights out, being in one's room and those rules listed on the "Code of Conduct."

By participating in the AA Science Costa Rica trip, students acknowledge these regulations and agree to abide by them. Any violations will be addressed according to the disciplinary procedures outlined in the Albuquerque Academy Student/Parent Handbook.



# LATIN AMERICAN SERVICE EXPEDITIONS

## 2026 Service Expedition Enrollment Form

### STUDENT INFORMATION

Name \_\_\_\_\_ ☐ Male ☐ Female  
(as it appears on your passport)

Nickname \_\_\_\_\_ Date of Birth \_\_\_\_\_

Student's Email \_\_\_\_\_ Cell Phone \_\_\_\_\_

School Name \_\_\_\_\_ Current Grade \_\_\_\_\_

Citizenship \_\_\_\_\_ Passport Number \_\_\_\_\_

### Expedition and Start Date:

Albuquerque Academy 9 Day Service Expedition to Yorkin, Costa Rica

Start Date: March 20, 2025

End Date: March 28, 2026

(For complete description of your expedition please see the accompanying itinerary.)

### PARENT INFORMATION

Parent 1 \_\_\_\_\_ Parent 2 \_\_\_\_\_

Address \_\_\_\_\_ Address \_\_\_\_\_

City, St, Zip \_\_\_\_\_ City, St, Zip \_\_\_\_\_

Country \_\_\_\_\_ Country \_\_\_\_\_

Home Phone \_\_\_\_\_ Home Phone \_\_\_\_\_

Work Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

E mail \_\_\_\_\_ E mail \_\_\_\_\_

Student primarily lives with:      Parents      Parent 1      Parent 2

Mail should be sent to:      Parents      Parent 1      Parent 2



# LATIN AMERICAN SERVICE EXPEDITIONS

## TO BE COMPLETED BY THE PARTICIPANT

This part of the Enrollment Form help ensure that Latin American Service Expeditions is right for you. Please complete and submit both sections.

### Part 1- About You

What do you hope to gain from your service expedition? What do you think you can contribute?

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Part 2 – The Contract: Review and initial each item of the contract below. If you do not understand or agree with any of these items, please contact us.

I \_\_\_\_\_ agree to:

\_\_\_\_\_ Commit to the successful implementation of all volunteer projects. I understand that I am enrolling in a program dedicated to community service.

\_\_\_\_\_ Make my best effort to be respectful toward others within and outside the group.

\_\_\_\_\_ Work and live cooperatively with others both within and outside the group.

\_\_\_\_\_ Participate fully in all group meetings and activities.

\_\_\_\_\_ Work to maintain group cohesion by not becoming involved in any exclusive behavior, including isolating myself from the group, being a part of a clique, or having a romantic relationship with any group member.

\_\_\_\_\_ Follow all safety policies set by my leaders.

\_\_\_\_\_ Not consume tobacco products, un-prescribed drugs or alcohol.

\_\_\_\_\_ Take care of the property and equipment belonging to LASE and my group.

\_\_\_\_\_ Not leave the supervision of LASE group leaders without their permission.

\_\_\_\_\_ Be flexible, patient and open-minded in the face of new and challenging situations.

\_\_\_\_\_ Acknowledge that LASE reserves the right to dismiss, without expedition fee refund and at the expense of the participant, those who break this contract.

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

# LATIN AMERICAN SERVICE EXPEDITIONS

## TO BE COMPLETED BY PARENT/GUARDIAN

We would like to know a bit about your child and your goals for your child during this service expedition. Please feel free to use an additional sheet of paper.

1. What are your child's major strengths and weaknesses? Please let us know if you have additional information or concerns to help us provide the best possible service experience for your child.

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2. What would you like your child to gain from a Central American Service Expedition?

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### Assumption of Risk, Waiver of Liability and Indemnification Agreement

We have read and understand the program description for which our son or daughter is applying. We further have read, understand and agree to the provisions contained in the "Terms and Conditions". There are certain risks inherent in Latin American Service Expedition activities and programs; we understand the nature of these programs and accept the risks involved. We agree to release, waive, covenant not to sue, indemnify and hold harmless Latin American Service Expeditions and their agents of any and all liability and responsibility of any nature for any loss or damage to property or personal injury, including death or illness, incurred by our child while participating in a LASE program. We understand that our failure to disclose fully any information regarding our child which results in an inappropriate placement in a LASE program is cause for dismissal without refund. We also understand that LASE will dismiss without any refund and at parent(s) expense any student who disrupts the group or who violates the "Conditions for Participation." We give permission to LASE to use photography of our child and to use his/her creative writing in promotional, documentary and other educational publications (print and electronic).

Parent 1 Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent 2 Signature \_\_\_\_\_ Date \_\_\_\_\_

Please return your completed forms to the school.





# **LATIN AMERICAN SERVICE EXPEDITIONS**

## **Terms and Conditions**

### **Conditions for Participation**

The goal of Latin American Service Expeditions (LASE) is to offer learning, adventure and a group experience within the boundaries of safety, common sense, and the law. Living within a small group is challenging and students will be expected to actively participate and at times compromise some of their own needs for the common goals of the group. While participating in program activities, students must follow the stated instructional sequence and safety standards. Unsafe actions taken by any participant are grounds for dismissal. Possession or use of tobacco products, weapons, alcohol or unprescribed drugs, as well as sexual activity, exclusive relationships and unauthorized absence from the group are against our rules, and we are inflexible about them. LASE reserves the right to dismiss participants who have violated the Conditions for Participation or the Student Contract, or who we believe have become an overall hindrance to the group process or the stated goals of the program. Participants who are dismissed or who withdraw will be sent home at their own expense, without refund of any fees paid, even in the case of medical conditions. In such instances, accompaniment by a LASE leader on the flight(s) home will be impossible, though at the request of a parent or guardian, LASE will attempt to arrange for the student to be treated as an unaccompanied minor by the airline. In such instances, any additional fees will be borne by the participant's family.

### **Health Forms**

Our health form must be completely filled out and signed by a parent or guardian or by the family physician. The health form must be received by LASE with the enrollment form. Acceptance into an expedition is contingent upon our approval of the health form, and failure to answer all questions accurately or the misrepresentation of the participant's current physical and/or emotional condition may necessitate the dismissal of the participant, even after the expedition has commenced, at the parents'/guardians' expense. All students must be covered by medical insurance. In case of illness or injury, LASE will administer first aid and/or take the injured student to medical services. The cost of these services (including expenses for both the student and accompanying staff person) are the responsibility of the parent or guardian. Students who leave the program for medical reasons are not eligible for a refund.

### **Transportation**

International travel to and from the Juan Santamaria International Airport is the logistical and financial responsibility of the parents/guardians. Travel arrangements must be submitted to LASE.

### **Risk Management**

Safety management is our priority. The physical and emotional well-being of our participants is the primary concern of our leaders. LASE uses care in the selection of our leaders, transportation companies, outfitters, facilities and

## LATIN AMERICAN SERVICE EXPEDITIONS

services, and takes active steps to identify, analyze and manage risk to all participants and their personal property. Our risk management protocol cannot remove all risk; parents and participants must understand the nature of our expeditions and accept the inherent risks involved in such activities.

### **Equipment**

Latin American Service Expeditions will provide equipment needed for group travel and living and participants are expected to care for equipment. If a participant damages or loses any equipment belonging to or subcontracted to LASE, the student and/or parent/guardian will be held responsible (normal wear and tear excluded). LASE insurance does not cover the personal property and equipment of participants; parents/guardians should check with their own insurance providers to ensure their child's personal property and equipment are covered against loss, theft or damage.

**Participant Name** \_\_\_\_\_

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Parent/Guardian Name** \_\_\_\_\_

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

## Official Student Emergency Card

**Program Name:** AA Science Costa Rica Trip

**Program Dates:** March 20th-March 28th, 2026

**Trip Sponsors and Contact Info:** Andrés Lucero (505-263-4536, [luceroa@aa.edu](mailto:luceroa@aa.edu)), Gabriel Leggott (505-350-8668, [leggott@aa.edu](mailto:leggott@aa.edu)), and Helen Baca (773-817-9281, [bacah@aa.edu](mailto:bacah@aa.edu))

**Abroad Emergency Contact:** Matthew Cook, Latin American Service Expeditions, Costa Rica: +011-506-8839-0515, [matt@serviceexpeditions.net](mailto:matt@serviceexpeditions.net), Linktree: <https://linktr.ee/serviceexpeditions>

**Embassy/Consulate Phone Costa Rica:** 011-506-2519-2000

**Albuquerque Academy (U.S.) Emergency Contact:** Christine Lenhart (505-688-9218)

**Student Information-Please write as legibly as possible**

**Full Name:** \_\_\_\_\_

**Date of Birth (MM/DD/YYYY):** \_\_\_\_\_

**Passport Number:** \_\_\_\_\_

**Issuing Country:** \_\_\_\_\_

**Expiration Date:** \_\_\_\_\_

**Family (U.S.) Emergency Contact Information:**

### I. Primary Contact

- **Name:** \_\_\_\_\_
- **Relationship to Student:** \_\_\_\_\_
- **Phone Number (Primary):** \_\_\_\_\_
- **Phone Number (Alternate):** \_\_\_\_\_
- **Email Address:** \_\_\_\_\_





## CODE OF CONDUCT AGREEMENT

We, the undersigned, do understand and agree to the following CODE OF CONDUCT concerning the trip to Costa Rica from March 20th to March 28th, 2026:

1. The trip sponsors, Andrés Lucero, Gabriel Leggott, and Helen Baca, will have authority in any matter and may, at their discretion, put additional restrictions on the group or individual student.
2. Any illegal activity or breach of the rules may result, at the discretion of the trip sponsors, in the student being sent home to Albuquerque immediately. The parents will be financially responsible for the costs incurred in enforcing this rule. Neither Albuquerque Academy nor the trip sponsors, Andrés Lucero, Gabriel Leggott, and Helen Baca, will be held financially responsible for the costs incurred in enforcing this rule. In such an event, unused trip costs that can be refunded will be refunded at the end of the trip.
3. Good behavior, respect, honesty, and trust are paramount qualities expected. Participants are to act in a way that displays respect for our school and our country. Actions that support individual and group safety and health are always expected.
4. We have read and agree to the general policies and procedures as outlined in the Albuquerque Academy Handbook and Directory, including Summary Regulations adapted from the Albuquerque Academy Handbook and Directory after the signatures.

PARENT NAME (print): \_\_\_\_\_

PARENT SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

STUDENT SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

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### INTERNATIONAL TRIP SUMMARY REGULATIONS ADAPTED FROM ALBUQUERQUE ACADEMY STUDENT/PARENT HANDBOOK (p.133)

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1. All forms of dishonesty, including but not limited to actions that violate the standards described in the Albuquerque Academy Student/Parent Handbook and by trip policies.
2. Knowingly furnishing false information to the school or trip sponsors, forgery, alteration, or misuse of school or trip documents.
3. Theft, unauthorized possession, damage, or misuse of another's property.
4. Reckless or disorderly conduct or the deliberate intimidation or harassment, including emotional or physical abuse or a threat thereof, of any person.

5. Deliberate disruption or obstruction of the trip itinerary, including interference with the freedom of movement or freedom of speech of any member of the trip. Willful failure to comply with the directions of the trip sponsors.
6. Possession, use (other than that specifically approved by the trip sponsors and parent on the code of conduct), delivery, or sale of alcohol or other drugs; being under the influence of alcohol or other drugs; possession or use of tobacco in any form.
7. Possessing a weapon of any kind.
8. Violations of published regulations of the Academy, and/or the trip guidelines, the knowledge of which is the responsibility of the student.
9. In addition, violations of local, state, federal, or foreign laws may render a student subject to disciplinary action at the Academy.
10. All trip rules, including but not limited to curfew, lights out, being in one's room, and those rules listed on the "Code of Conduct."

By participating in the AA Science trip to Costa Rica, students acknowledge these regulations and agree to abide by them. Any violations will be addressed according to the disciplinary procedures outlined in the Albuquerque Academy Student/Parent Handbook.





**AUTHORIZATION TO ADMINISTER PRESCRIPTION MEDICATION  
FOR OFF-CAMPUS ACTIVITIES**

It is important that School Activity Sponsors are aware of any prescription medication that your child may be taking that could affect his/her well-being during an off-campus activity (e.g., antibiotics, allergy medications, asthma medications). For this medication to be safely administered during school activities outside of a regular school day, please complete every item on the upper portion of this form. Please also complete the appropriate statement regarding the administration of the medication at the bottom portion of this form. A separate authorization form should be completed for each medication. Students will not be allowed to carry any controlled substances (e.g. Dexedrine, Ritalin, Codeine) during any school-sponsored functions. The school employee leading the activity will carry controlled substances and supervise your student's self-administration of this medication. Please provide **ONLY** the amount of medication required for the duration of the activity.

DATE OF ACTIVITY: \_\_\_\_\_ through \_\_\_\_\_

STUDENT'S NAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_ GRADE \_\_\_\_\_  
Last First

NAME OF DRUG \_\_\_\_\_ DOSAGE \_\_\_\_\_ TIMES OF ADMINISTRATION \_\_\_\_\_

DURATION OF TIME STUDENT WILL BE ON THIS MEDICATION \_\_\_\_\_

SPECIAL INSTRUCTIONS REGARDING MEDICATION \_\_\_\_\_

PRESCRIBER NAME \_\_\_\_\_ PRESCRIPTION # \_\_\_\_\_

DISPENSING PHARMACY \_\_\_\_\_ PHONE # \_\_\_\_\_

.....  
**PARENTAL/GUARDIAN STATEMENT (Please complete the appropriate statement below):**

- I. I/We, the undersigned parent(s)/guardian(s) of \_\_\_\_\_, request that the school employee leading this activity carry the medication and supervise my/our child's self-administration of this medication.  
I/We agree to provide the medication in a pharmacy-labeled container with only the amount of medication required for the duration of the activity. This is **MANDATORY** for any controlled substances, and up to parental preference for other medications.

**OR**

- I. I/We, the undersigned parent(s)/guardian(s) of \_\_\_\_\_, believe he/she is competent to carry and self-administer his/her own medication (**excluding controlled substances**) at the appropriate time and in the appropriate way during this activity. I/We give my/our permission for him/her to do so. I/We agree that my/our child will carry the medication in a pharmacy-labeled container with only the amount of medication required for the duration of the activity. We understand that participating school employees will have no responsibility for monitoring students' self-administration of medication. (NOTE: **DO NOT** turn medication in-just this form as student should self-carry to self-medicate.)

**PARENT/GUARDIAN SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**HOME PHONE:** \_\_\_\_\_ **WORK/CELL PHONE:** \_\_\_\_\_



## Release for Participation in the AA Science Costa Rica Trip

The parties to this Release are \_\_\_\_\_ (Student),  
\_\_\_\_\_ (Student's parents or legal guardian), if the student is under 18, all referred to hereafter jointly and severally as "Student") and Albuquerque Academy.

The student, with the consent of the student's parents or legal guardian, has chosen to participate in the AA Science Costa Rica trip (hereafter "Program") from the 20th day of March to the 28th day of March 2026.

**Assumption of Risk.** Student understands and agrees that foreign travel presents risks to Student and her/his property. These can include, among others: unfamiliar or different terrain, climate, food and drink, customs, laws, social and sexual mores, safety practices and regulations, communications, criminal and law enforcement activities, disability access, driving practices, disease risks, and health care. Student is responsible for evaluating the risks she/he may face and is responsible for her/his actions. Any activities that Student may take part in, whether as a component of the Program or separate from it, will be considered to have been undertaken with Student's approval and understanding of any and all risks involved. This includes risks associated with injury, or death such as traffic accidents, assault, and theft.

**Adherence to Standards.** Student understands and agrees to abide by all policies, rules, and regulations of Albuquerque Academy and all rules, regulations, and laws of the respective countries to be visited. Student further agrees to obey all rules, directions, and precautions issued by Albuquerque Academy or its representatives, by any associated individuals, institutions, or organizations, or by the United States Government.

**Termination of Participation.** Student shall not engage in inappropriate conduct including the use of physical or verbal violence, open abuse of the customs or mores of the community, and unauthorized absences from classes or other activities. Student understands that, in its sole discretion, Albuquerque Academy or its representative may terminate Student's participation in the Program at any time, including before departure or during the Program. Reasons for termination may include but are not limited to inappropriate conduct or other behavior by Student deemed detrimental to the best interests of the Program; emergencies; or health or safety considerations. Such termination shall not diminish or otherwise alter Student's obligation to make any payment required for the Program, nor shall Albuquerque Academy be required to make any refund to Student.

**Release of Claims.** In consideration of Albuquerque Academy accepting Student into the Program, Student, his/her heirs, executors, administrators, employers, agents, representatives, insurers, and attorneys, hereby release and discharge Albuquerque Academy its officers, trustees, faculty, employees, agents, and representatives (hereafter "released parties") from responsibility for any accident, illness, injury, or any other consequences arising or resulting directly or indirectly from Student's participation in the Program. The Student recognizes and agrees that the released parties assume no responsibility for any liability, damage, or injury that may be caused by Student's negligence or willful acts committed prior to, during, or after participation in the Program, or for any liability, damage, or injury caused by the intentional or negligent acts or omissions of any other participant in the Program, or caused by any other person.

**Indemnification and Hold Harmless.** Student hereby agrees to indemnify and hold harmless the released parties from any loss or liability whatsoever including reasonable attorneys' fees, caused by any act or omission of Student resulting from direct or indirect participation in the Program.

**Program Modification and Cancellation.** Albuquerque Academy reserves the right to cancel or modify the Program before or during its operation due to circumstances including emergencies, low enrollment, unavailability of one or more facilities or personnel, or other reasons.

**Severability.** It is understood and agreed that, if any provision of this release or the application thereof is held invalid, the invalidity shall not affect other provisions or applications of this release that can be given effect without the invalid provisions or applications. To this end, the provisions of this release are declared severable.

**Governing Law.** This release shall be construed in accordance with, and governed by, the laws of the State of New Mexico.

**Construction and Scope of Agreement.** The language of all parts of this release shall in all cases be construed as a whole, according to its fair meaning, and not strictly for or against any party. This release is the only, sole, entire, and complete agreement of the parties relating in any way to the subject matter hereof. No statements, promises, or representations have been made by any party to any other or relied upon, and no consideration has been offered or promised, other than as may be expressly provided herein. This release supersedes any earlier written or oral understandings or agreements between the parties. Student acknowledges that she/he has read this release and that she/he understands its meaning and effect

**Student Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Parents or Legal Guardian (if student under 18) Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Witness Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Albuquerque Academy:** \_\_\_\_\_



## RELEASE AND AGREEMENT

DESTINATION: Costa Rica

PURPOSE OF TRIP: microplastic water sampling, fish reproductive system analysis, and *E. coli* monitoring for the Indigenous Bribri, as well as cultural immersion

DATES OF TRIP: **March 20th-March 28th, 2026**

**I, the undersigned, agree to the following understandings:**

1. I agree to release Albuquerque Academy and the trip sponsors, **Andrés Lucero, Gabriel Leggott, and Helen Baca**, from, and not to hold such parties responsible for, any claims, demands liabilities, and causes of action arising out of, or connected to personal injury, illness, death or property damage resulting from any cause whatsoever. I agree to indemnify, defend, and hold harmless the above-named from any damage resulting from events over which they exercise no control, such as Acts of God, strikes, or government restrictions. I further agree to indemnify said parties from any claims, liabilities, costs, or expenses arising out of personal injury or property damage that I either cause or contribute to while participating in the AA Science Costa Rica trip and from any financial obligations which I may incur of my own behalf.
2. The right is reserved to make changes to the trip for the safety, comfort, or convenience of members of the group, whenever in the sole judgment of the trip sponsors, **Andrés Lucero, Gabriel Leggott, and Helen Baca**, such changes are deemed necessary. The right is further reserved to refuse to accept or retain any person as a member of this trip prior to departure or during the course of the trip.
3. No responsibility is incurred by trip sponsors, **Andrés Lucero, Gabriel Leggott, and Helen Baca**, for loss of passport, airline or train tickets, or other documents, or damage to luggage or any personal belongings.
4. I am authorized to travel in any vehicle driven by the trip sponsors or approved by the trip sponsors, **Andrés Lucero, Gabriel Leggott, and Helen Baca**, if the need arises.
5. If I become ill or incapacitated, the trip sponsors, **Andrés Lucero, Gabriel Leggott, and Helen Baca**, may take actions necessary for my safety and well-being, including securing medical treatment and transporting me home at my own expense. I fully release Albuquerque Academy and the trip sponsors, **Andrés Lucero, Gabriel Leggott, and Helen Baca**, from any liability for such action as may be taken on my behalf.
6. This agreement will be governed by the law of the State of New Mexico.

\_\_\_\_\_  
**SIGNATURE OF STUDENT/PARTICIPANT**

\_\_\_\_\_  
**DATE**

I, the parent or legal guardian of the above-named student, have completely read and fully understand the foregoing "RELEASE AND AGREEMENT" and agree to be bound thereby and to cause the above student to comply therewith.

\_\_\_\_\_  
**SIGNATURE OF PARENT/GUARDIAN**

\_\_\_\_\_  
**DATE**

NOTARY:

State of \_\_\_\_\_

County of \_\_\_\_\_

Signed or attested before me on \_\_\_\_\_ by \_\_\_\_\_

Seal

\_\_\_\_\_  
Notary

My commission expires: \_\_\_\_\_

**PARENTAL PERMISSION FOR A MINOR TO TRAVEL ON THE AA SCIENCE COSTA RICA TRIP**

I/We the parent(s), legal guardian(s) of \_\_\_\_\_, age \_\_\_\_\_, give permission for my/our daughter/son to travel to Costa Rica to participate in the AA Science Costa Rica trip from March 20th to March 28th, 2026.

\_\_\_\_\_ will be accompanied and chaperoned by  
**Andrés Lucero, Gabriel Leggott, and Helen Baca.**

\_\_\_\_\_  
**SIGNATURE OF PARENT OR LEGAL GUARDIAN**

\_\_\_\_\_  
**DATE**

NOTARY:

**State of** \_\_\_\_\_

**County of** \_\_\_\_\_

**Signed or attested before me on** \_\_\_\_\_ **by** \_\_\_\_\_

**Seal**

\_\_\_\_\_  
Notary

**My commission expires:** \_\_\_\_\_





## **MEDICAL AUTHORIZATION FOR TREATMENT OF MINOR**

IN CASE OF EMERGENCY I AUTHORIZE Andrés Lucero, Gabriel Leggott, and Helen Baca TO OBTAIN MEDICAL TREATMENT FOR MY SON/DAUGHTER, \_\_\_\_\_ AND ANY HOSPITAL EMERGENCY DEPARTMENT PHYSICIAN AND/OR ANY MEMBER OF THE HOSPITAL MEDICAL STAFF REQUESTED BY A HOSPITAL EMERGENCY DEPARTMENT PHYSICIAN TO MAKE SUCH EXAMINATIONS AND RENDER SUCH MEDICAL AND/OR SURGICAL TREATMENT INCLUDING ANESTHETIC AND DENTAL WHICH IN HIS OR THEIR JUDGMENT MAY BE DEEMED NECESSARY FOR MY CHILD'S HEALTH AND WELFARE.

\_\_\_\_\_  
**SIGNATURE OF PARENT OR LEGAL GUARDIAN**

\_\_\_\_\_  
**DATE**

NOTARY:

**State of** \_\_\_\_\_

**County of** \_\_\_\_\_

**Signed or attested before me on** \_\_\_\_\_ **by** \_\_\_\_\_

**Seal**

\_\_\_\_\_  
Notary

**My commission expires:** \_\_\_\_\_

