

Tear-Free Curly Hair Care Starter Guide

For White Moms Caring for Their Biracial or Adopted Black
Child's Curls



INTRODUCTION

Hi, I'm Samica O'Baugh

a Curl Specialist and Faith-based Hair Coach for moms raising biracial or adopted Black children with curly hair. Most of the amazing white moms I work with tell me the same thing:

"I don't know what to do with my child's hair.

Wash day is a battle, detangling ends in tears, and styling feels like a guessing game."

That's where I come in.

I help moms like you cut wash day time in half, stop the overwhelm, and finally feel confident caring for your child's curls — all through a biblical lens.

Because this isn't just about hair.

It's about raising a child who knows they are fearfully and wonderfully made — and you're the mama who helps them see that.



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We love Samica! She got my daughters hair healthy and beautiful. My daughter is 7 and she was patient, knowledgeable, and skilled! My daughter spent all summer in the pool and had damage but Samica was able to get her where she needed to be!

Today we started a new hair journey for Mallory. We found a curl specialist and she knocked it out the park. Thank you so much **Samica O'Baugh Hairstylist** for bringing my girls curls to life.



92 comments



I spent weeks researching and trying to find a salon near me that specializes in curly hair. I came across Samica O'Baugh and fell in love with the way she transforms curly hair. I went in with very dry, brittle, bleach damaged curls. I left with my hair feeling the best it's ever felt in my entire life. Samica is very talented and one thing I love is that she actually walks you through every little thing she's doing to your hair. Samica will actually go in and cut every single split end at the end of each and every curl. She takes her time and is very gentle with the hair and will give you flawless results. Overall, for anyone with wavy, curly, or coily hair, I 100% recommend Samica to help heal your hair. :)

Services
Haircut, Shampoo & conditioning,
Hairstyling

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Welcome, Mama!

Caring for curly hair can feel overwhelming, but you don't have to do it alone. This guide will help you create a simple, tear-free routine to keep your child's curls healthy, soft, and beautiful—all while encouraging you with faith and patience.

Let's explore how you can enjoy
a wash day without any tears.

5-Step: Gentle Wash Day Routine

Step 1: Detangling: Spray hair with water, section the hair into 4-6 sections, and apply a small amount of conditioner to each section. Use your fingers to gently remove any knots before detangling, then detangle with a detangling brush. Hold each section taut and brush over the surface of the hair above and under. If the brush gets stuck in the hair, finger detangle some more, then detangle from the end working your way up to the root.

Step 2: Use a Gentle Shampoo: Choose a sulfate-free, moisturizing shampoo. Apply it in sections, working it gently into the scalp in a back-and-forth motion. Keep each section in twists, or clipped out the way.

Step 3: Condition Generously: Apply conditioner from mid-shaft to ends, let it sit for 5 minutes, then detangle again with a detangling brush or your fingers.

Step 4: Rinse Carefully: Use lukewarm water to rinse out the conditioner without roughing up the curls.

5. Moisturize & Seal: Apply a leave-in conditioner or curl cream, then seal with a light oil if needed.

Top 7 Curly Hair Products

My recommendations

- Sulfate-free shampoo



- Moisturizing conditioner



- Leave-in conditioner



- Curl cream, Gel or Curl Custard



- Detangling spray (optional) or spray bottle



- Detangling Brush



- Natural oils or Hair Serum



Tear-Free Detangling Tips

- Always detangle when hair is damp with some conditioner.
- Work in small sections.
- Use gentle tools like a detangle brush or fingers.
- Speak softly and encourage your child throughout the process.
- Take breaks if needed — patience is key!

Moisturizing Checklist

- Spritz curls lightly with water leave-in spray when the hair is dry.
- Apply curl cream or moisturizer focusing on ends.
- Seal moisture with a light natural oil.
- Gently scrunch curls with mouse to define

Faith-Filled Encouragement

**"I praise you because I am fearfully and wonderfully made." —
Psalm 139:14**

**Remember, your child's curls are a beautiful gift from God. Your
loving care honors that gift every day. Be patient with yourself
and your child — you're both growing together!**

You've Got This, Mama!

**Consistent, loving care builds healthy curls and happy kids.
Trust the process, and lean on your faith.**

Next step.

If you're still overwhelmed, confused, afraid of messing up your child's curls, or worried they'll grow up not loving their curls — you're not alone.

You've taken the first step with the freebie.

But now it's time to stop guessing and start walking in wisdom.

💔 No more tears at wash day.

💔 No more watching your child feel different or less-than.

💛 It's time to confidently care for their curls — and their hearts

Inside my program, you'll:

✅ Learn step-by-step how to wash, detangle, and style your child's curls with confidence

✅ Build a godly hair care routine that honors your child's heritage and identity

✅ Learn how to speak biblical affirmations over your child so they grow up knowing they are fearfully and wonderfully made

✅ Stop wasting money on the wrong products — and know exactly what works for their texture

✅ Watch your child smile in the mirror and finally feel beautiful in who God created them to be

This isn't just about hair, it's about:

Confidence. Connection. Legacy.

👉 Book a Clarity Call with me to become that bold confidence, stylist your child deserves! [Click here](#)

