



KS

KIRA SOPHIA LLC

PRESENTS

THE NEXT
STEP
Intensive

INFORMATION PACKET

2026 TRAINING TOUR

DETROIT, MI | ATLANTA, GA



TRAIN BOLDLY. PERFORM CONFIDENTLY. TAKE THE NEXT STEP.

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WELCOME

WELCOME

Hi Dancers & Families,

I am so excited to welcome you to The Next Step Intensive.

This intensive was created to give dancers something I wish more young artists had access to: a space to truly learn what happens in the room.

So often, dancers spend years training technique and learning choreography, but very little time is spent preparing them for the real expectations of auditions, professional environments, and high-pressure performance settings. The ability to pick up quickly, adapt confidently, present yourself professionally, and continue performing under pressure are skills that can completely change a dancer's opportunities and confidence.

That is where Next Step comes in.

Over the course of this experience, dancers will train in both technical and performance-based classes while also stepping into a realistic audition environment. From mock auditions and interview preparation to performance coaching and industry-style combinations, every part of this intensive is designed to help dancers grow not only as performers, but as confident, prepared artists.

Our goal is not perfection.

Our goal is growth.

I want dancers to leave this weekend feeling challenged, inspired, empowered, and more prepared to walk into any audition, classroom, rehearsal, or opportunity with confidence. I also want this to be an encouraging environment where dancers feel supported while learning how to push themselves professionally.

Whether your dancer dreams of joining a company, dancing commercially, pursuing college dance or musical theatre, teaching, choreographing, or simply growing in their artistry, I hope this experience helps them take their next step forward.

Thank you for trusting me with your dancer. I cannot wait to train, create, and grow together this summer.

With excitement,

Kira Sophia

Founder & Director, The Next Step Intensive

A dark silhouette of a ballerina in a dynamic, expressive pose, with one arm raised high and the other extended horizontally. The figure is set against a black background and is enclosed within a double-lined gold border. The text is centered over the lower half of the silhouette.

WHAT IS THE NEXT
STEP INTENSIVE?

WHAT IS THE NEXT STEP?

The Next Step Intensive is a 2-day audition-style training experience designed to help dancers bridge the gap between studio training and real-world performance opportunities.

This program goes beyond simply learning choreography. Dancers will train in both commercial and contemporary styles while developing the skills needed to succeed in professional environments, auditions, conventions, college programs, and performance settings.

Throughout the weekend, dancers will be challenged to grow not only technically, but artistically and professionally through immersive, industry-inspired training experiences.

DANCERS WILL FOCUS ON

- Commercial & Contemporary Training
- Real-World Audition Preparation
- Interview Skills
- Performance Quality
- Adaptability & Quick Learning
- Confidence in the Room
- Professionalism
- Industry Awareness

From learning combinations under pressure to participating in mock auditions and performance-based exercises, dancers will gain valuable experience that prepares them for opportunities both inside and outside the studio.

The goal of The Next Step Intensive is simple:

To help dancers become confident, versatile, prepared artists who are ready for their next step.

A dark silhouette of a dancer in a dynamic pose, framed by a gold border. The dancer is captured in a mid-air or leaping position, with one leg extended upwards and the other bent. The background is black, and the text is centered in a gold, serif font.

WHAT WILL MY
DANCER EXPERIENCE?

WHAT WILL DANCERS EXPERIENCE?

Throughout the weekend, dancers will participate in immersive training experiences designed to challenge both their technical ability and professional growth. Each class and activity is intentionally structured to help dancers build confidence, adaptability, artistry, and real-world audition skills.

BALLET

Focused ballet training designed to strengthen technical foundations, alignment, placement, control, artistry, and movement quality while reinforcing the discipline and attention to detail essential for versatile dancers and performers.

COMMERCIAL JAZZ

High-energy commercial choreography focused on performance quality, musicality, style, confidence, and versatility commonly seen in professional entertainment settings.

CONTEMPORARY

Expressive contemporary training centered around movement quality, storytelling, dynamics, emotional connection, and artistic performance.

PERFORMANCE LAB

A focused environment where dancers work on projection, intention, stage presence, facial performance, and learning how to fully command the room as a performer.

TECHNIQUE & CONDITIONING

Training designed to strengthen technical foundations through alignment, control, flexibility, strength, turns, jumps, conditioning, and injury-conscious movement practices.

WHAT WILL DANCERS EXPERIENCE?

ACROSS THE FLOOR

Progressions and combinations focused on traveling movement, transitions, coordination, movement quality, and performance execution across multiple styles.

IN THE ROOM: AUDITION TRAINING

A signature Next Step experience focused on real audition expectations including quick choreography retention, adaptability, professionalism, confidence under pressure, and taking corrections effectively.

MOCK AUDITION EXPERIENCE

Dancers will participate in a realistic mock audition environment complete with audition numbers, group evaluations, callbacks, performance assessments, and professional-style expectations.

INTERVIEW PREPARATION

Training focused on communication skills, professionalism, confidence, introductions, personal presentation, and navigating conversations in audition and professional settings.

SPECIAL SKILLS SHOWCASE

An opportunity for dancers to present unique strengths such as tricks, improvisation, singing, acting, flexibility, choreography, or additional performance abilities in a supportive environment.



IN THE ROOM

IN THE ROOM

AUDITION TRAINING EXPERIENCE

“In the Room” is the signature training experience of The Next Step Intensive.

This class is designed to simulate the fast-paced, high-pressure environment dancers often encounter in real auditions, conventions, college programs, and professional settings. Dancers will be challenged to think quickly, adapt confidently, and perform with intention while learning how to navigate the expectations of the room professionally.

Because in today’s industry, talent matters but so does how you function under pressure.

Dancers won’t just learn combinations.

They’ll learn how to function in an audition environment.

DANCERS WILL WORK ON:

Learning Choreography Quickly

Training the ability to absorb movement efficiently while maintaining performance quality, confidence, and attention to detail.

Retaining Corrections

Learning how to apply feedback immediately, stay focused, and demonstrate growth and adaptability throughout the process.

Performance Under Pressure

Developing confidence while performing in front of instructors, peers, and evaluators in a realistic audition-style setting.

IN THE ROOM

Audition Etiquette

Understanding professionalism in the room including focus, presentation, spacing awareness, attitude, preparedness, and how to conduct yourself during auditions and classes.

Confidence & Presence

Building the ability to walk into a room with assurance, perform fully, and trust your training even when challenged.

Standing Out Professionally

Learning how to make an impression through work ethic, performance quality, adaptability, energy, and professionalism – not just technique alone.

Adaptability

Strengthening the ability to adjust quickly to different styles, directions, combinations, and environments while maintaining composure and artistry.

THE GOAL OF "IN THE ROOM" IS NOT PERFECTION.

IT IS PREPARATION.

PREPARATION FOR AUDITIONS.

PREPARATION FOR OPPORTUNITIES.

PREPARATION FOR THE NEXT LEVEL OF TRAINING AND PERFORMANCE.

MOST IMPORTANTLY, PREPARATION TO WALK INTO THE ROOM READY.



THE MOCK AUDITION

MOCK AUDITION EXPERIENCE

One of the most unique parts of The Next Step Intensive is the full Mock Audition Experience – an immersive, industry-inspired opportunity designed to help dancers experience the structure, expectations, and energy of a real audition environment.

This experience allows dancers to apply everything they've learned throughout the weekend while gaining valuable insight into how professional auditions and casting settings often operate.

Rather than simply performing choreography in class, dancers will step into a realistic audition-style process focused on professionalism, adaptability, confidence, and presentation.

PROFESSIONAL HEADSHOTS & FULL-BODY SHOTS

(Optional Add-On)

Professional headshots and full body dance photos will be taken and used throughout the mock audition process to simulate real casting materials commonly requested for auditions, intensives, college programs, and professional opportunities.

Dancers will also receive digital copies for future personal and professional use.

MOCK AUDITION EXPERIENCE

AUDITION NUMBERS

Each dancer will receive an audition number and participate in the audition process using industry-style formatting and procedures.

This helps dancers become comfortable with:

- being identified by number
- performing in groups
- waiting for callbacks
- maintaining focus throughout long audition processes

MOCK CASTING ENVIRONMENT

The audition experience is designed to reflect the pace and structure of real audition settings while still remaining supportive and educational.

Dancers will experience:

- learning combinations under time constraints
- performing in smaller groups
- receiving direction and adjustments
- navigating multiple rounds of evaluation
- adapting quickly in the moment

MOCK AUDITION EXPERIENCE

INTERVIEW SECTION

Dancers will participate in a brief interview and introduction process focused on communication skills, confidence, professionalism, and personal presentation.

This portion helps dancers prepare for:

- college auditions
- convention interviews
- professional introductions
- scholarship opportunities
- networking situations

SPECIAL SKILLS SHOWCASE

Dancers will have the opportunity to present additional strengths and performance abilities in a supportive environment.

This may include:

- tricks or acro skills
- improvisation
- acting
- singing
- choreography
- flexibility
- other unique talents

The goal is to encourage dancers to embrace what makes them stand out as individual artists.

MOCK AUDITION EXPERIENCE

CALLBACKS

Selected dancers may participate in mock callbacks to further simulate the professional audition process and help dancers become more comfortable with high-pressure performance situations.

Callbacks are intended to be educational and growth-focused, not discouraging or exclusionary.

The Mock Audition Experience is designed to help dancers leave feeling more prepared, more confident, and more familiar with the expectations of professional environments – before they ever walk into a real audition room.

A dark silhouette of a ballerina in a dynamic, expressive pose, set against a black background. The ballerina is framed by a thin, double-lined gold border. The text 'PROFESSIONAL PHOTOS' is overlaid in a gold, serif font.

PROFESSIONAL
PHOTOS

PROFESSIONAL PHOTO ADD-ON

Elevate the full audition experience with professional audition-style photos designed specifically for dancers.

As part of the Professional Photo Add-On, dancers will receive high-quality images that can be used for future auditions, applications, intensives, college programs, theatre opportunities, conventions, portfolios, and professional submissions.

These photos also become part of the Mock Audition Experience throughout the weekend, helping create a more realistic industry-style environment.

INCLUDED IN THE ADD-ON

Professional Headshots

Clean, professional headshots focused on confidence, personality, presentation, and professionalism.

Perfect for:

- auditions
- applications
- theatre programs
- dance intensives
- resumes
- casting submissions

Full Body Dance Shots

Professional full body images designed to showcase lines, posture, movement quality, flexibility, and overall presentation as a dancer.

Digital Images Included

Dancers will receive digital copies of their selected images for future personal and professional use.

PROFESSIONAL PHOTO ADD-ON

Used During The Mock Audition Experience

Photos will be incorporated into portions of the audition simulation process to help dancers experience a more realistic casting and audition atmosphere.

WHY IT MATTERS

Professional materials are often one of the first impressions dancers make.

This add-on gives dancers the opportunity to leave not only with training and experience, but also with professional-quality materials they can continue using long after the intensive is over.

TRAIN LIKE YOU'RE IN THE ROOM.
PRESENT YOURSELF LIKE YOU BELONG THERE.



WHO IS IT FOR?

WHO IS THE NEXT STEP FOR?

The Next Step Intensive is designed for dancers who are ready to grow beyond simply learning choreography and begin developing the confidence, professionalism, adaptability, and performance skills needed for real-world opportunities.

Whether dancers are already pursuing professional goals or simply looking to challenge themselves in a new environment, this intensive is designed to help them take meaningful steps forward in their training and artistry.

DANCERS WILL WORK ON:

Serious Dancers

Dancers who are passionate about training, growth, performance quality, and pushing themselves artistically and professionally.

Dancers Interested in College Dance or Theatre

Students preparing for future auditions, college programs, conservatories, musical theatre opportunities, or pre-professional training environments.

Competition Dancers

Dancers looking to strengthen performance quality, versatility, adaptability, confidence, and audition skills outside of the competition setting.

Dancers Wanting Industry Experience

Students interested in experiencing a more professional, audition-style environment while learning what is expected in real-world settings.

WHO IS THE NEXT STEP FOR?

Future Professionals

Dancers with goals in commercial dance, concert dance, musical theatre, teaching, choreography, conventions, entertainment, or other professional performance opportunities.

Dancers Wanting More Confidence in Auditions

Students who may feel nervous or uncertain in audition settings and want practical experience navigating pressure, learning quickly, and presenting themselves professionally.

AGES & PLACEMENT

Ages 10+

The Next Step Intensive is open to dancers ages 10 and up.

Grouped By Experience Level

To create the best possible training environment, dancers will be grouped based on experience level rather than age alone whenever possible.

This allows dancers to:

- feel appropriately challenged
- train alongside dancers with similar experience
- build confidence in a supportive environment
- receive age and level appropriate instruction

Our goal is to create an environment where every dancer can grow, feel encouraged, and succeed.

A dark silhouette of a woman in a dynamic, athletic pose, possibly a dancer or gymnast, set against a black background. The figure is framed by a thin, double-lined gold border. The woman's hair is flowing, and her body is arched, with one leg extended forward and the other bent. The overall aesthetic is elegant and artistic.

EXAMPLE SCHEDULE

SCHEDULE EXAMPLE

Below is a sample overview of what dancers can expect throughout The Next Step Intensive weekend. Exact schedules may vary slightly by city, faculty, and group placement. *Headshots taken during technique.*

DAY ONE:

8:30AM- Check-In

Dancers arrive, receive materials, audition numbers, and prepare for the weekend experience.

8:45AM- Technique Class 1

Technical training focused on strength, control, alignment, movement quality, flexibility, and foundational performance skills.

9:45AM- Technique Class 2

A movement-focused class designed to challenge coordination, movement quality, dynamics, and versatility through progressive combinations and traveling exercises.

10:45AM- Combo 1

11:30AM- Break

12:00PM- Combo 2

12:45PM- Performance Lab

Focused coaching designed to strengthen stage presence, projection, intention, confidence, and overall performance ability.

1:15PM- In the Room: Audition Prep

Preparation for Day 2's Mock Audition Experience including audition etiquette, quick learning exercises, professionalism, interview preparation, and performance coaching.

SCHEDULE EXAMPLE

DAY TWO:

8:30AM- Warm-Up

A focused warm-up designed to prepare dancers physically and mentally for the audition-style environment.

8:45AM- Interview Practice

Short interview and introduction sessions focused on communication skills, confidence, professionalism, and personal presentation.

9:30AM- Mock Audition 1

A realistic audition-style process where dancers participate in group auditions, evaluations, callbacks, and professional-style casting scenarios.

11:00AM- Break

11:30AM- Mock Audition 2

A realistic audition-style process where dancers participate in group auditions, evaluations, callbacks, and professional-style casting scenarios.

1:00PM- Special Skills

An opportunity for dancers to showcase additional talents such as tricks, improvisation, acting, singing, choreography, flexibility, or other unique abilities.

1:30PM- Mini Presentation

A final gathering focused on encouragement, reflection, growth, and celebrating the work dancers accomplished throughout the weekend.



WHAT TO BRING

WHAT TO BRING

To help dancers feel prepared and ready to fully participate throughout the weekend, please review the recommended items below before arriving at The Next Step Intensive.

Being prepared is part of the professional experience, and arriving with the proper materials allows dancers to focus confidently on training and performance.

REQUIRED ITEMS:

Dance Clothes

Dancers should wear comfortable dance attire they can move confidently in.

Examples include:

- leotards
- fitted tops
- leggings
- dance shorts
- athletic wear appropriate for movement

Please avoid overly restrictive clothing or anything that limits movement.

Sneakers

Clean sneakers are required for portions of commercial choreography, conditioning, and movement classes.

Jazz Shoes / Turners/Ballet Flats

Dancers should bring jazz shoes, pirouette turners, or other preferred footwear appropriate for contemporary and jazz movement.

WHAT TO BRING

Water Bottle

Hydration is extremely important throughout the weekend. Dancers are encouraged to bring a refillable water bottle. Hydration is not optional.

Notebook & Pen

Dancers may want to take notes during audition preparation, interview training, corrections, and professional development discussions.

Lunch & Snacks

Dancers should bring lunch, snacks, and any additional items needed to stay energized throughout the day. Snacks are not optional.

Please be mindful of studio cleanliness and any facility food guidelines. NO NUTS ALLOWED!

APPEARANCE & PREPARATION

Hair Secured

Hair should be neatly secured away from the face throughout all classes and audition experiences.

Professional presentation matters.

Positive Attitude & Willingness To Grow

The most important thing dancers can bring is an open mind, strong work ethic, and willingness to step outside of their comfort zone.

OPTIONAL ITEMS

Resume & Headshot

Dancers who already have resumes or headshots are welcome to bring them for reference and professional development purposes.

These are not required.

TRAVEL & HOUSING



TRAVEL & HOUSING

At this time, The Next Step Intensive does not provide housing, hotel accommodations, or chaperone services for dancers attending the event.

Families traveling from outside the area will be responsible for arranging their own:

- hotel accommodations
- transportation
- supervision
- meals

We recommend booking accommodations early, especially for dancers traveling from out of town.

Additional studio location details, parking information, and nearby recommendations may be provided closer to the event date when applicable.

IMPORTANT NOTE:

All dancers under 18 must have a parent, guardian, or designated adult responsible for them outside of intensive hours. The Next Step Intensive staff is only responsible for dancers during scheduled event times.

A dark silhouette of a woman in a classical, contrapposto pose, standing on her right leg with her left leg raised and bent at the knee. Her right arm is raised, holding her left hand. The figure is positioned on the left side of the frame, facing right.

EXPECTATIONS &
ETIQUETTE

EXPECTATIONS & ETIQUETTE

At The Next Step Intensive, we believe strong dancers are built not only through training, but through professionalism, character, and the way they carry themselves both inside and outside the studio.

Our goal is to create an environment where dancers feel challenged, encouraged, respected, and inspired to grow.

We are building artists AND professionals.

PROFESSIONALISM

Dancers are expected to arrive prepared, focused, and ready to work throughout the weekend.

Professionalism includes:

- being attentive during instruction
- maintaining a positive attitude
- staying engaged in class
- presenting yourself respectfully
- taking corrections with maturity
- giving full effort throughout the experience

KINDNESS & RESPECT

The Next Step Intensive is a supportive environment rooted in encouragement and growth.

All dancers are expected to:

- treat peers with kindness
- support one another
- encourage fellow dancers
- communicate respectfully
- contribute positively to the environment

Bullying, disrespectful behavior, or intentionally discouraging others will not be tolerated.

EXPECTATIONS & ETIQUETTE

PUNCTUALITY

Being on time is part of professionalism.

Dancers should:

- arrive early when possible
- be fully ready when classes begin
- return promptly from breaks
- respect the time of instructors and fellow dancers

RESPECTING INSTRUCTORS & STAFF

Faculty and staff are here to challenge, support, and help dancers grow.

Dancers are expected to:

- listen during instruction
- remain respectful during corrections
- avoid side conversations during class
- follow studio and event guidelines

GROWTH MINDSET

This intensive is designed to challenge dancers.

Not every class or experience will feel easy – and that is okay.

We encourage dancers to:

- embrace challenges
- stay open to corrections
- push beyond comfort zones
- focus on progress over perfection
- allow themselves to learn and grow

EXPECTATIONS & ETIQUETTE

TRY NEW THINGS

Growth often happens outside of familiarity.

Dancers may be exposed to:

- unfamiliar movement styles
- new teaching approaches
- improvisation
- interview settings
- fast-paced learning environments

We encourage every dancer to approach new experiences with confidence, curiosity, and willingness to try.

SUPPORTING PEERS

One of the most valuable parts of any training environment is the community created within it.

At The Next Step Intensive, dancers are encouraged to celebrate each other's growth, accomplishments, and individuality.

We believe dancers grow stronger when they feel supported, safe, and inspired by the people around them.

IMPORTANT CONDUCT POLICY

The Next Step Intensive is committed to maintaining a safe, respectful, focused, and supportive environment for all dancers, faculty, staff, and families.

Any behavior that is consistently disrespectful, disruptive, unsafe, inappropriate, or unwilling to follow intensive expectations may result in a dancer being dismissed from classes, removed from portions of the event, or asked not to return for Day 2 at the discretion of event staff.

This includes, but is not limited to:

- *bullying or disrespect toward others*
- *repeated disruptive behavior*
- *refusal to follow instructor or staff direction*
- *inappropriate language or conduct*
- *behavior that negatively impacts the training environment*

In these situations, refunds will not be issued.

Our goal is always to create an environment where every dancer feels respected, encouraged, safe, and able to grow professionally and artistically.

A dark silhouette of a woman in a dynamic, athletic pose, possibly a dancer or gymnast, with one arm extended horizontally to the right and the other bent. She is wearing a leotard and ballet slippers. The silhouette is centered in the background of the page.

SCHOLARSHIPS &
PAY-IT-FORWARD

SCHOLARSHIPS & PAY-IT-FORWARD

At The Next Step Intensive, we believe access to quality training, mentorship, and artistic opportunities should not be limited by financial circumstances alone.

Dance education can be life-changing, and part of our mission is to help create opportunities for dancers who may not otherwise have access to experiences like this.

This is why we created our Pay-It-Forward initiative.

PAY-IT-FORWARD PROGRAM

During registration, families and supporters have the opportunity to contribute to our Pay-It-Forward Program through optional donations and sponsorship support.

These contributions help provide:

- partial scholarships
- reduced tuition opportunities
- support for dancers with financial need
- expanded access to training experiences

Every contribution, no matter the size, helps create opportunities for another dancer.

SCHOLARSHIP OPPORTUNITIES

Limited scholarship opportunities may be available for selected dancers based on need, potential, and availability.

Our goal is to help support dancers who are passionate about growing and training, regardless of financial barriers whenever possible.

SCHOLARSHIPS & PAY-IT-FORWARD

BUILDING COMMUNITY THROUGH SUPPORT

One of the most beautiful parts of the arts community is the ability to support and uplift one another.

The Pay-It-Forward Program allows dancers, families, studios, and supporters to directly contribute to creating opportunities for young artists.

This initiative is about more than tuition assistance.

It is about:

- encouragement
- access
- mentorship
- community
- believing in the next generation of artists

WHY THIS MATTERS

Many talented dancers never receive opportunities simply because access is limited.

The Next Step Intensive is committed to building an environment where dancers feel seen, encouraged, and supported – both inside and outside the studio.

Because sometimes one opportunity, one class, or one person believing in a dancer can change everything.

ABOUT KIRA SOPHIA



ABOUT KIRA SOPHIA



Kira Sophia is a dance educator, choreographer, and creative mentor passionate about helping dancers grow both artistically and professionally.

Her training background includes work in ballet, jazz, contemporary, musical theatre, and commercial styles, with additional training through programs including the Joffrey Ballet School. Throughout her career, she has worked with dancers of all ages in

studio, competition, theatre, and pre-professional training environments.

Kira's teaching approach focuses not only on technique, but also on confidence, professionalism, adaptability, performance quality, and preparing dancers for real-world opportunities both inside and outside the studio.

In addition to her teaching and choreography work, Kira is involved in international arts education initiatives, including educational work and collaborations connected to programs in Colombia and Nigeria focused on expanding access to arts education and creative opportunities.

She is also the founder of [Odori](#), a professional networking and hiring platform for the dance industry, and the Global Arts Access Project, an initiative centered around increasing accessibility to arts education and creative resources worldwide.

ABOUT KIRA SOPHIA

Through The Next Step Intensive, Kira hopes to create an encouraging, high-level environment where dancers feel challenged, supported, inspired, and more prepared to confidently take their next step forward.

A dark silhouette of a ballerina in a dynamic, expressive pose, with arms raised and legs extended, set against a black background. The figure is framed by a thin, double-lined gold border.

FREQUENTLY ASKED
QUESTIONS

FREQUENTLY ASKED QUESTIONS

WHERE & WHEN IS THE INTENSIVE?

Specific dates, session times, and location details for each city are listed on the registration page, promotional materials, and confirmation emails.

Please review your selected city carefully prior to registering. Dancers and families will also receive additional event details, check-in information, and any final updates closer to the intensive date.

For the most up-to-date information, visit:
www.kirasophia.com/nextstep

CAN PARENTS STAY AND WATCH?

To help create a focused, professional training environment, parents and guests are generally not permitted inside classes unless otherwise announced. Specific viewing opportunities may be provided at select times throughout the weekend if applicable.

WHAT LEVEL IS REQUIRED?

The Next Step Intensive is designed for dancers who are ready to work hard, grow, and challenge themselves in a supportive environment.

While dancers do not need professional experience, this intensive is best suited for dancers with prior training who are comfortable participating in full-length dance classes and audition-style experiences.

FREQUENTLY ASKED QUESTIONS

ARE THE PROFESSION PHOTOS INCLUDED?

Professional photos are available as an optional add-on during registration.

The add-on includes:

- professional headshots
- full body dance shots
- digital images
- integration into portions of the Mock Audition Experience

WHAT IS THE REFUND POLICY?

Registration fees are non-refundable unless the event is canceled by The Next Step Intensive.

Because space is limited and preparation begins prior to the event, we are unable to offer refunds for missed classes, scheduling conflicts, illness, or changes in personal availability.

In certain situations, transfers or credits may be considered at the discretion of event staff.

WHAT IF MY DANCER IS NERVOUS?

That is completely okay – and honestly very normal.

The Next Step Intensive was designed not only to challenge dancers, but also to help them build confidence in supportive, encouraging environments. Many dancers attend specifically to become more comfortable in auditions, fast-paced classes, and professional settings.

Growth happens through experience, and dancers are encouraged to come exactly as they are.

FREQUENTLY ASKED QUESTIONS

WHAT STYLES WILL BE TAUGHT?

Training may include:

- commercial jazz
- ballet
- contemporary
- performance-based movement
- technique & conditioning
- audition-focused combinations
- across the floor progressions
- improvisation and performance exercises

Class offerings may vary slightly by city and faculty.

IS LUNCH PROVIDED?

Lunch and snacks are not provided unless otherwise announced.

Dancers should bring:

- lunch
- snacks
- water
- any additional personal items needed throughout the day

HOW ARE GROUPS DIVIDED?

Whenever possible, dancers are grouped by experience level rather than age alone to help create the most effective training environment.

Placement considerations may include:

- years of training
- performance experience
- technical level
- overall class balance

Our goal is for every dancer to feel both challenged and supported.

FREQUENTLY ASKED QUESTIONS

DOES MY DANCER NEED AUDITION EXPERIENCE TO ATTEND?

Not at all.

This intensive is designed both for dancers who already audition regularly and dancers who are looking to gain confidence and experience in audition-style environments for the first time.

WHO CAN I CONTACT WITH ADDITIONAL QUESTIONS?

For additional questions, registration support, or event information, please contact:

Kira Sophia

✉ kirabuckner@gmail.com or kirasophiallc@gmail.com

🌐 [The Next Step Intensive Website](#)

www.kirasophia.com/contact

SEE YOU SOON!

Thank you for being part of The Next Step Intensive.

We are so excited to train, grow, and create with you this summer. Every part of this experience was designed to help dancers feel challenged, supported, inspired, and more prepared for the opportunities ahead.

As the intensive approaches, please continue checking your email for:

- final schedules
- group placements
- arrival information
- reminders and updates

Until then, keep training, keep growing, and come ready to step into the room confidently.

We cannot wait to see you there.

STAY IN THE KNOW

Instagram: @NextStepIntensive

Facebook: The Next Step Intensive

Website: www.kirasophia.com/nextstep