

KIRA SOPHIA LLC - GUEST TEACHING INFORMATION

About Kira Sophia

Kira Sophia is a multidisciplinary dance artist, choreographer, and educator specializing in ballet, jazz, Broadway, contemporary, and musical theater. With training from Joffrey Ballet School in NYC, Conyers School of Ballet, and Covington Regional Ballet, she brings a strong technical foundation and a passion for storytelling through movement. Her professional experience includes teaching and choreographing for recreational, competitive, and pre-professional dancers, as well as developing inclusive programs for differently abled dancers.

Guest Teaching Offerings

Technique Classes:

- Ballet (all levels, including pointe)
- Jazz & Broadway Jazz
- Contemporary & Lyrical
- Tap (Beginner)
- Musical Theater (Dance & Vocal Integration)
- Acrobatics (Beginner through Intermediate)

Specialty Workshops:

- Audition Prep (Dance, Vocal, and Acting)
- Choreography Intensives (Competition or Showcase Pieces)
- Turns, Leaps, & Extensions Clinic
- Ballet Variations & Repertoire
- Improvisation & Performance Quality
- "iCan Dance" Inclusive Dance Workshops for dancers with disabilities

Teaching Style & Philosophy

Kira's approach combines technical precision with artistry, encouraging dancers to understand the 'why' behind movement. Her classes emphasize musicality, expression, and safe, progressive training that builds confidence and creativity. She tailors instruction to meet the needs of each group, ensuring every dancer leaves feeling challenged, inspired, and empowered.

Booking Information

Kira is available for single-day masterclasses, multi-day intensives, or ongoing guest instruction. Classes can be adapted for age, level, and program needs.

Contact:

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