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Lice Outbreak

We hope this message finds you and your little ones in good health and high spirits. As we navigate the joys and challenges of parenthood, there's one tiny intruder that can cause quite a stir - LICE! We understand that dealing with these little critters can be stressful, especially when they make their way into Nature School settings. Fear not, for we're here with some informative tips to help you prevent and tackle these unwelcome quests.

1. Educate and Communicate: Knowledge is power! Teach your children about the importance of not sharing personal items like hats, combs, and hair accessories. Encourage open communication with your child's Nature School providers about any potential outbreaks so that swift action can be taken.



- 2. Regular Check-Ups: Conduct routine head checks at home. A thorough inspection of your child's scalp can help you catch any signs of lice early on. Regular checks will also allow you to monitor the situation and take prompt action if needed.
- 3. Keep Hair Tied Up: Long hair is more susceptible to lice. Keeping your child's hair tied up in a ponytail, braid, or bun can reduce the risk of lice transmission.
- 4. Personal Belongings: Remind your child to keep their personal belongings separate from others. Label their items clearly, and encourage the habit of not sharing hats, scarves, or hairbrushes.
- 5. Tea Tree Oil Defense: Incorporate tea tree oil into your child's hair care routine. Lice dislike the scent, making it a natural deterrent. Mix a few drops with shampoo or conditioner and use regularly.
- 6. Regular Cleaning: Wash your child's bedding, hats, and personal items regularly in hot water. Vacuuming furniture and carpets can also help eliminate any stray lice or eggs.
- 7. Stay Informed: Keep yourself informed about any Nature School policies regarding lice. If there is an outbreak, follow the guidelines provided by the Nature School to ensure a coordinated effort in eradicating the issue.

Remember, dealing with lice is a shared responsibility, and open communication is key. By working together, we can create a lice-free environment for our little ones to thrive. Thank you for your cooperation and diligence in keeping our Nature School community healthy!

Wishing you and your family lice-free days ahead!

Best regards,

Lera Lucas

Director, Manager and ECE

Of Fern Flower – Nature School