

# Impetigo Outbreak

We hope this message finds you well. We're reaching out to inform you about a recent outbreak of impetigo within our Nature School community. As we prioritize the health and safety of our little ones, it's crucial to share important information and preventive measures to address and contain this skin infection.

## Recognizing Symptoms:

Impetigo symptoms include red sores or blisters that burst and form a yellow-brown crust. If your child exhibits any of these signs, please take precautionary measures and keep them at home until fully recovered.

## Preventive Measures:

- **Encourage Good Hand Hygiene:** Reinforce the importance of thorough handwashing, especially after touching the sores, and avoid picking or scratching.
- **Avoid Skin-to-Skin Contact:** Discourage children from direct skin contact with others, especially if sores are present.
- **Isolate Contaminated Items:** If your child is diagnosed with impetigo, ensure their personal items like towels, sheets, and clothing are kept separate to prevent the spread of the infection.
- **Keep Nails Trimmed:** Short nails reduce the risk of scratching and potentially spreading the infection.
- **Prompt Cleaning and Disinfection:** Increase the frequency of cleaning and disinfecting surfaces, toys, and common areas to minimize the risk of contagion.

## Our Commitment to Safety:

Our dedicated staff is implementing enhanced cleaning protocols, and we are closely monitoring the health of all children attending our Nature School. Should any child show symptoms of impetigo, immediate isolation will be ensured, and parents will be informed promptly.

## Your Cooperation Matters:

We request your cooperation in maintaining a healthy environment. If your child is experiencing symptoms, please keep them at home to prevent the further spread of the infection. Open communication is key; please inform us of any signs your child may be exhibiting.

## Seek Medical Attention:

If you suspect your child has impetigo, consult with a healthcare professional promptly. Follow their advice and treatment plan to ensure a swift recovery.

## Resources:

For any questions or concerns, feel free to reach out to 250-299-2054 or [fernfloweratureschool@gmail.com](mailto:fernfloweratureschool@gmail.com). Additional resources from health organizations can provide valuable information on impetigo.

Together, let's work towards a safe and healthy environment for our little ones.

Stay well,

Lera Lucas

Director, Manager and ECE

Of Fern Flower – Nature School

## Two types of impetigo

### Nonbullous impetigo

- Itching, usually associated with eczema
- Often a culture is needed to verify infection
- Red sores that quickly rupture and form a yellowish-brown crust



Photo courtesy of Joshua E. Lane, MD ©2016

### Bullous impetigo

- Itching
- Painless, fluid-filled blisters
- Wash with soap and water twice a day. If this is ineffective, a physician may recommend an antiseptic wash for older children and adults



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