

Fern Flower – Nature School Backpack First Aid:

A complete first aid kit is essential. This kit must be carefully prepared in order to treat the most common injuries, and maintained regularly. Furthermore, it must be accessible to those responsible for the team. Here is a checklist to keep in the first aid kit so that you can verify regularly that it is complete. Year: _____

Items:	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Surgical gloves												
Peroxide Liquide or Wipes												
Soft antiseptic soap												
Antiseptic wipes												
Band-aids												
Butterfly bandages												
Sterile gauze pads												
Self-adherent wrap												
Sliver Remover / Small Tweezers												
Triangular bandage												
Safety pins												
Reusable Ice Pack												
Scissors												
Tweezers												
First Aid Book												
Phone												
Emergency Contact Numbers												
Participants medical and contact information												



Fern Flower - Nature School
 Location: 3827 Charlton Dr, Qualicum Beach, BC V9K1Z3
 Phone Number: 250-299-2054
 E-mail: fernfloweratureschool@gmail.com

At the Fern Flower – Nature School Additional Equipment:

Items:	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Eye Washing Station												
Sliver Removal Kit												
Burn Kit												
Anti-Chocking Device												
Extra Band Aid												
Water												