

Fifth Disease Outbreak

We hope this message finds you and your families in good health. We are reaching out to inform you about a recent outbreak of Fifth Disease (Parvovirus B19) within our Nature School community. As we prioritize the well-being of our little ones, it is crucial to share essential information and preventive measures to address and contain this viral infection.

Recognizing Symptoms:

Fifth Disease often starts with mild flu-like symptoms, followed by a distinctive "*slapped cheek*" rash and sometimes joint pain. If your child exhibits any of these signs, please take precautionary measures and keep them at home until fully recovered.

Preventive Measures:

- **Isolation and Quarantine:** If your child is diagnosed with Fifth Disease, keep them at home until they are no longer contagious. This helps prevent the spread of the virus to others.
- **Good Hand Hygiene:** Reinforce the importance of thorough handwashing, especially after coughing or sneezing. Encourage children to avoid touching their face and mouth.
- **Avoiding Close Contact:** Discourage close contact with others, especially pregnant women, as Fifth Disease can pose a risk to the unborn child.
- **Prompt Cleaning and Disinfection:** Increase the frequency of cleaning and disinfecting surfaces, toys, and common areas to minimize the risk of contagion.
- **Seek Medical Attention:** If you suspect your child has Fifth Disease, consult with a healthcare professional promptly. Follow their advice and treatment plan to ensure a swift recovery.

Our Commitment to Safety:

Our dedicated staff is implementing enhanced cleaning protocols, and we are closely monitoring the health of all children attending our Nature School. Should any child show symptoms of Fifth Disease, immediate isolation will be ensured, and parents will be informed promptly.

Your Cooperation Matters:

We request your cooperation in maintaining a healthy environment. If your child is experiencing symptoms, please keep them at home to prevent the further spread of the virus. Open communication is key; please inform us of any signs your child may be exhibiting.

Resources:

For any questions or concerns, feel free to reach out to 250-299-2054 or fernfloweratureschool@gmail.com. Additional resources from health organizations can provide valuable information on Fifth Disease.

Together, let's work towards a safe and healthy environment for our little ones.

Stay well,

Lera Lucas

Director, Manager and ECE

Of Fern Flower – Nature School