

Chickenpox Outbreak

We hope this message finds you and your families in good health. We are reaching out to inform you about a recent outbreak of Chickenpox within our Nature School community. As we prioritize the well-being of our little ones, it is crucial to share essential information and preventive measures to address and contain this contagious viral infection.

Recognizing Symptoms:

Chickenpox symptoms often begin with a fever, followed by itchy red spots that develop into blisters. If your child exhibits any of these signs, please take precautionary measures and keep them at home until fully recovered.

Preventive Measures:

- **Isolation and Quarantine:** If your child is diagnosed with Chickenpox, keep them at home until all blisters have scabbed over. This helps prevent the spread of the virus to others.
- **Good Hand Hygiene:** Reinforce the importance of thorough handwashing, especially after touching the affected areas. Encourage children to avoid touching their face and mouth.
- **Avoiding Close Contact:** Discourage close contact with others, especially pregnant women and those with weakened immune systems, as they are more vulnerable to complications.
- **Prompt Cleaning and Disinfection:** Increase the frequency of cleaning and disinfecting surfaces, toys, and common areas to minimize the risk of contagion.
- **Seek Medical Attention:** If you suspect your child has Chickenpox, consult with a healthcare professional promptly. Follow their advice and treatment plan to ensure a swift recovery.

Our Commitment to Safety:

Our dedicated staff is implementing enhanced cleaning protocols, and we are closely monitoring the health of all children attending our Nature School. Should any child show symptoms of Chickenpox, immediate isolation will be ensured, and parents will be informed promptly.

Your Cooperation Matters:

We request your cooperation in maintaining a healthy environment. If your child is experiencing symptoms, please keep them at home to prevent the further spread of the virus. Open communication is key; please inform us of any signs your child may be exhibiting.

Resources:

For any questions or concerns, feel free to reach out to 250-299-2054 or fernfloweratureschool@gmail.com. Additional resources from health organizations can provide valuable information on Chickenpox.

Together, let's work towards a safe and healthy environment for our little ones.

Stay well,

Lera Lucas

Director, Manager and ECE

Of Fern Flower – Nature School

Paediatric Pearls for Parents

Chicken pox is contagious from about 2 days before the rash starts until all the blisters are crusted over.

A chicken pox vaccine is available for children over 1 year (2 doses required)

CHICKEN POX

It is a highly contagious viral infection that causes fever & an itchy rash with spots all over the body.



Spread through the air by coughing/sneezing & by touching blisters/saliva/mucus of an infected person

Contact a doctor especially if:

- Younger than 1 year
- Older than 12 years
- Weakened immune system
- Pregnant
- Very ill



Paediatrics
Adolescents . Babies . Children



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